

# ZEPHYR AIR BIKE

SF-B2715

USER MANUAL

IMPORTANT! Please retain owner's manual for maintenance and adjustment instructions. Your satisfaction is very important to us. PLEASE DO NOT RETURN UNTIL YOU HAVE CONTACTED US: support@sunnyhealthfitness.com or 1- 877 - 90SUNNY (877-907-8669).

## IMPORTANT SAFETY INFORMATION

We thank you for choosing our product. To ensure your safety and health, please use this equipment correctly. It is important to read this entire manual before assembling and using the equipment. Safe and effective use can only be achieved if the equipment is assembled, maintained, and used properly. It is your responsibility to ensure that all users of the equipment are informed of all warnings and precautions.

1. Before starting any exercise program, you should consult your physician to determine if you
2. Be aware of your body's signals. Incorrect or excessive exercise can damage your health.

Stop exercising if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheadedness, dizziness, or feelings of nausea. If you do experience any of these conditions, you should consult your physician before continuing with your exercise program.

3. Keep children and pets away from the equipment. The equipment is designed for adult use
4. Use the equipment on a solid, flat level surface with a protective cover for your floor or carpet.

To ensure safety, the equipment should have at least 2 feet (60 CM) of free space all around it.

5. Ensure that all nuts and bolts are securely tightened before using the equipment. The safety of
6. Always use the equipment as indicated. If you find any defective components while
7. Wear suitable clothing while using the equipment. Avoid wearing loose clothing that may
8. Do not place fingers or objects into the moving parts of the equipment.
9. The maximum weight capacity of this unit is 240 pounds (110 kg).
10. The equipment is not suitable for therapeutic use.
11. To avoid bodily injury and/or damage to the product or property, proper lifting and moving are
12. Your product is intended for use in cool and dry conditions. You should avoid storage in
13. This equipment is designed for indoor and home use only; it is not intended for commercial

The bike is not intended to be used standing up. Please remain seated with your feet on

## PARTS LIST

No.

Description Spec.

Qty.

No.

Description Spec.

Qty.

Main Frame

Washer  $\Phi 6 \times \Phi 12 \times 1.2$

Front Stabilizer

Cross Head Screw M6\*8

Rear Stabilizer

Cross Head Screw M5\*10

Left Handrail

Nylon Nut M5

Right Handrail

Hexagon Bolt M8\*40

Left Foot Bar

Cross Head Tapping Screw ST4.2\*19

Right Foot Bar

Circlip

Meter Post

Hexagonal Bolt M6\*48

Right Handrail Arm

Nylon Nut M6

Left Handrail Arm

Eyebolt M6\*40

Axle Sleeve

Hexagon Nut M10\*P1\*H8

Chain Pulley with Crank

Flat Washer  $\Phi 28 * \Phi 10 * \delta 2$   
Left Nylon Nut Hexagon Bolt M10\*18  
Belt Pulley  
Spring Washer d10  
Gear  
U Shape Bracket  
Rotation Rod  $\Phi 15.8 * 342 * M10 * 22$  Right Nylon Nut  
Bushing  $\Phi 28 * \Phi 16 * 16$  Movable Wheel  
Plastic Bushing  $\Phi 32 * 1.5$  Left Pedal  
End Cap Bushing  $\Phi 21 * \Phi 17 * \Phi 12.7$   
End Cap Washer  $\Phi 34 * \Phi 17.5 * 2.0$   
Bearing  $\Phi 12.8 * \Phi 29 * 11$  Bushing  $\Phi 18 * \Phi 14 * \Phi 10.1$   
Axle  $\Phi 10 * 142$  Handrail Arm End Cap  
Adjustment Knob  $\Phi 56 * M16 * 1.5$  Plug  
Flywheel  $\Phi 415 * 77$  Belt PJ370/J4  
Axle Sleeve  
Adjustment Knob M8\*L36  
Seat Post  
Washer  $\Phi 28 * \Phi 16 * \delta 5$   
Seat Post Plastic Bushing  $50 * 25 * 1.5$  Computer  
Seat  
Needle Sensor Holder  
Hexagon Bolt M8\*50 Needle Sensor  
Nylon Nut M8 Cross Countersunk Head Tapping Screw ST4.2\*19  
Flat Washer  $\Phi 16 * \Phi 8 * 1.5$  Handrail Arm Foam Grip  
Hexagon Bolt M8\*30 Flange Nut M10\*P1.0  
Bolt M8\*57 Sensor L=500mm  
Cap Nut M8 Corrugated Gasket  $\Phi 26 * \Phi 16 * \delta 0.3$   
Curve Washer  $\Phi 16 * \Phi 8 * 2.0$  Cross Head Screw M5\*10  
End Cap

Left Cover

Locking Nut-Right 7/8"-24-R Right Cover

No.

Description Spec.

Qty.

No.

Description Spec.

Qty.

Crank Cover Hexagonal Bolt M6\*20

Hexagon Flat Nut 7/8" Extension Wire 1

Flat Washer  $\Phi 35 \times 2.0$  Chain

Locking Nut-Left 15/16"-24-L Right Pedal

Open Face Bearing  $\Phi 44.5$  Spanner S13-17-19

Bearing Housing  $\Phi 55.6 \times 16$  Spanner S13-14-15

Flat Washer  $\Phi 40 \times \Phi 24 \times 2.8$  Allen Wrench S6

Left Cover for Flywheel

Extension Wire 2

Right Cover for Flywheel

Spring Washer D6

Bearing

Spacer  $\Phi 34 \times \Phi 28.6 \times 4.5$

Ordering Replacement Parts (U.S. and Canadian Customers only)

Please provide the following information in order for us to accurately identify the part(s) needed: ✓

The model number (found on cover of manual) ✓ The product name (found on cover of manual) ✓

The part number found on the "EXPLODED DIAGRAM" and "PARTS LIST" (found near the

Please contact us at [support@sunnyhealthfitness.com](mailto:support@sunnyhealthfitness.com) or 1- 877 - 90SUNNY (877-907-8669).

## **BATTERY INSTALLATION AND REPLACEMENT**

BATTERY INSTALLATION:

1. Take out 2 AAA batteries from computer box.
2. Press the buckle of battery cover on the back of the Computer (No. 64). then remove battery

3. Install 2 AAA batteries into the battery case on the back of the Computer (No. 64). Pay
4. Press the buckle of battery cover. then put the battery cover back to the back of the Computer (No. 64).

The installation is complete!

## **BATTERY REPLACEMENT:**

1. Press the buckle of battery cover on the back of the Computer (No. 64). then remove battery
2. Remove the 2 old AAA batteries in the battery case and install 2 new AAA batteries into the
3. Press the buckle of battery cover. then put the battery cover back to the back of the Computer (No. 64).

The replacement is complete!

NOTE: Always change both batteries at the same time. Do not mix battery types and do not mix old and new batteries. Dispose batteries according to your state and regional guidelines.

Battery

Battery Cover

## **MAINTENANCE & ADJUSTMENT GUIDE**

### **ADJUSTING THE SEAT HEIGHT**

Turn the Adjustment Knob (No. 23) counter-clockwise to release Seat Post (No. 26) and then slide the Seat Post (No. 26) up or down for a suitable height. Lock the Seat Post (No. 26) in place by turning the Adjustment Knob (No. 23) clockwise until tightened.

### **ADJUSTING THE HANDRAIL ARM HEIGHT**

Turn the Adjustment Knobs (No. 62) counter-clockwise to release the Right & Left Handrail Arms (No. 9 & No. 10) and then slide the Right & Left Handrail Arms (No.

9 & No. 10) up or down for a suitable height. Lock them in place by turning the Adjustment Knobs (No. 62) clockwise until tightened.

### **MOVING THE AIR BIKE**

To move the air bike. hold the Right & Left Handrail Arms (No. 9 & No. 10) and tilt the air bike until the movable wheels on the Front Stabilizer (No. 2) touch the ground. With the wheels on the ground. you can transport the air bike to the desired location with ease.

## **ADJUSTING THE BALANCE**

To achieve a smooth and comfortable ride, you must ensure that the stability of the air bike is secured. If you notice that the air bike is unbalanced during use, adjust the End Caps (No. 20) located on the Rear Stabilizer (No. 3) until the air bike becomes levelled with the floor surface.

### **CLEANING**

The air bike can be cleaned with a soft, clean, and damp cloth. Do not use abrasives or solvents on plastic parts. Please wipe your perspiration off the air bike after each use. Be careful not get excessive moisture on the computer display panel as this might cause electrical hazards or electronics failure.

Please keep the air bike, especially the computer, out of direct sunlight to prevent screen damage.

Please inspect all assembly bolts and pedals on the air bike for proper tightness every week.

### **STORAGE**

Store the air bike in a clean and dry environment, away from children.

## **EXERCISE COMPUTER**

### **FUNCTION BUTTONS:**

**MODE:** Press the button to select TIME, DISTANCE, and CAL to

Press the button for selection function display value on LCD

Press the button and hold for 3 seconds to reset all values

(When user replaces the batteries, all the values will reset to

ZERO automatically).

**SET:** To set up the target value of TIME, DISTANCE, and CAL. Press the button and hold for 2 seconds to speed up the increment.

**RESET:** Press the button to reset function value when setting.

Press the button and hold for 3 seconds to reset all values except odometer to zero (When the user replaces batteries, all the values will reset to ZERO automatically).

## **FUNCTIONS & OPERATIONS:**

### **1. BATTERY INSTALLATION:**

Please install 2 AAA 1.5V batteries in the battery case on the back of computer. (Whenever batteries are removed, all the function values will be reset to zero.)

### **2. AUTO ON/OFF:**

Once the user begins to exercise, the computer will show the workout value automatically.

After about 4 minutes of inactivity, the computer will turn off. Odometer value does not reset to 0 when the computer turns off. When the user starts to exercise again, the workout value of odometer will accumulate continuously.

### **3. AUTO SCAN:**

After the computer is powered on, press Mode button, the LCD will display all functions values from TIME-SPEED-DISTANCE-CALORIES-ODOMETER. Each value will be held for 6 seconds.

#### **4. SPEED:**

Displays the current training speed from 0.0 to 99.9 MPH (Miles per hour).

#### **5. DISTANCE:**

Accumulates total distance from 0.0 up to 9999 M (Mile). The user may preset target time by pressing the SET & MODE button. Each increment is 0.1 M (Mile). Automatically counts down from targeting value during exercise.

### **6. TIME:**

Accumulates total time from 00:00 up to 99:59. The user may preset target time by pressing SET & MODE button. Each increment is 1 minute.

Automatically count down from targeting value during exercise.

### **7. CALORIES:**

Accumulates calories burned during training from 0 to 9999 cal. The user may also preset the target calorie before training by pressing the SET & MODE button. Each setting increment is 1 cal. Automatically counts down from targeting value during exercise.

Note : This data is a rough guide which cannot be used in medical treatment.

#### **8. ODOMETER:**

Displays the total accumulated distance from 0 to 9999 M (Mile). User can also press MODE button to display the odometer value.

#### **9. RESET:**

Press the button and hold for 2 seconds to reset all value except odometer to zero.

NOTE: 1. If the computer display is abnormal, please re-install the new batteries and try again.  
Always

2. Battery Spec: 1.5V UM-4 or AAA (2PCS).

3. Dispose the batteries safely, according to your state and regional guidelines.

## TROUBLESHOOTING

### PROBLEM SOLUTION

There is no display on the computer.

1. Remove the computer and verify the wire that comes from the
2. Check if the batteries are correctly positioned and battery
3. The batteries in the computer may be unresponsive. If this

The air bike wobbles when in use.

Turn the end caps on the rear stabilizer as needed to level the air bike.

The air bike makes a squeaking noise when in use.

The bolts may have become loose on the air bike. Please inspect all the bolts and tighten any loose bolts.

Version: 4.2

#### **Warning**

This content is compiled from multiple sources and is provided for reference purposes only. It may not be complete or fully applicable to all situations. If you are unable to resolve your issue, please contact the product manufacturer or an authorized service provider for official support.