

## USER MANUAL Foot Massager Machine



### Heat Button

When the Cloud Massager is activated with the power button, the heat button will be red when activated. Press it once to go from heat on (red) to heat off (faint purplish blue). The heat is a purposeful low intensity heat designed to slowly encourage blood flow while experiencing your massage. As your feet are slowly warmed, they become acclimated. This may feel like there is no heat. If you would like to check how much heat there actually is please try the following steps:

1. While your Cloud Massager is off unzip part of the cover.
2. Power on without your feet in the massager. (note it will sound louder without your feet in the massager, this is normal)
3. Carefully look below the unzipped pad, you will see a light.
4. Let your massager run for 10 minutes or so without your feet in the massager.
5. Power off, feel the webbing below the unzipped pad above the light source. It should be noticeably warmer.

### Vibration Button (second from the top)

The vibration button has 3 choices. Simply press the button to navigate your choices.

Off- This will appear as a very faint purple/blue color.

Low Vibration- This will appear as blue

Higher Vibration - This will appear as red.

The vibration is designed to focus on your heel (the most dense difficult to penetrate part of your foot) The vibrations will flow through the inflatable cuffs to be felt on the sides and top of your feet during a massage.

## **Intensity Button (opposing arrows)**

This button is one button, meaning it is not designed to be able to press the up or down arrow on the button. The opposing arrows is a symbol indicating pressure can go up or down.

Each time you press the opposing arrows button (middle button 3rd from the top and bottom) a color change will indicate a changing intensity of your massage.

- (a) Solid Blue Least Intense (recommended to start)
- (b) Flashing Blue More Intense
- (c) Green Solid More Intense
- (d) Flashing Red More Intense
- (e) Solid Red Most Intense

## **Mode Button (swirling arrows above the power button)**

GREEN MODE BUTTON SOLID - AIR PRESSURE AND VIBRATION NO ROLLERS. Note the pressure can be adjusted with the opposing arrow button above.

GREEN MODE BUTTON FLASHING - ROLLERS AND VIBRATION NO AIR PRESSURE (NOTE THE INTENSITY OF THE ROLLERS CANNOT BE ADJUSTED JUST THE PRESSURE WHEN PRESSURE MODE IS ENGAGED)

BLUE FLASHING - SWAYING MESSAGE MODE WITH AIR PRESSURE, ROLLERS AND VIBRATION. (Note , while in this mode the pressure can be adjusted with the opposing arrow button above) The air bags will adjust inflation on either side of each foot feeling like a swaying motion

BLUE SOLID - Same as blue flashing but with increased swaying motion

RED SOLID - NO SWAYING (Note the pressure can be adjusted with the opposing arrows button above)

POWER BUTTON: Simply press on or off. Note\* It is normal for the button to remain flashing illuminated even when the massager is off.

## Adjustable Bar

The adjustable bar (not a handle) is designed to position your Cloud Massager at the perfect angle for an optimum massage.

CAUTION: The adjustable bar is secured to each side of the machine with a steel pin. For the adjustable bar to become dislodged from the side of the machine, it would require an unnatural force outward from the inside of the machine. This can occur by dropping your massager, using the adjustable bar as a handle or pushing into the massager with your feet excessively

### ADJUSTING YOUR BAR ANGLE

1. Unplug the plug from the side of the Cloud Massager.
2. Slide the release button located at the center of the bar in either direction to release the locked adjustable bar. Then rotate it to the desired angle.

Note\* The adjustable bar has a built in safety mechanism to prevent it from unlocking during a massage. If you have trouble sliding the the toggle in the center of the bar , simply “jiggle” the bar while sliding your thumb to release the locked bar.

## Weight

- Your Cloud Massager weighs 24 pounds. It is heavy. This is necessary so it can have a powerful enough motor to deliver an intense enough massage to truly get to the root of your foot issue. Other lightweight massagers on the market do not have an intense enough massage to help you with any foot issues and will simply feel nice but will do little to nothing to remedy a foot disorder.

## Guidance

- First we would like to say we are not doctors, and do not make any medical claims. However, we listen intensely to our customers. While all feet, and foot disorders are different, years of reporting by Cloud Massage customers and testing has allowed us to develop a best practices guide.

## Best Practices

(a) Occasional User: If you have some discomfort in your feet (general soreness) after a long day of work or exercise but in general do not have foot pain on a day where you do not exert yourself then simply use the Cloud Massager as needed for a cycle (programmed for 15 minutes.)

(b) Ongoing Pain: If you have discomfort in your feet daily whether at work or rest then consider using the Cloud Massager 2-3 times a day. The best times to encourage blood flow/

circulation is first thing in the morning and before bed. If you want to use it a 3rd time throughout the day then 6-8 hours into your day or after work is optimal for a 3rd massage.

(c) Intense Pain: Intense pain associated with Neuropathy , Diabetes , Plantar Fasciitis or other will require working up a tolerance while working on the issue at the same time. This will require a level of commitment. It should be noted on occasion customers have returned a Cloud Massager citing it was too intense for their disorder. If you consider that there is low intensity settings, no pressure setting, no rollers settings your Cloud Massager should never be too intense to help you. Also you can wrap your feet with a towel for even less pressure. If you are committed to significantly reducing/eliminating your discomfort , we want you to know if you take your time you can literally set your Cloud Massager from zero intensity to extreme intensity.

In short , we take a lot of pride in the vast amount of success stories the Cloud Massager has, and we are passionate about the Cloud Massager helping you. You can call us anytime (704)-219-9311. We are based in Charlotte , North Carolina. We answer our phones, and we return our messages. We have even answered calls on Christmas morning. As you become more tolerant, work up to 2 sessions a day, then 3. Then work up the intensity level from the blues, to green to red.

## Perfect Foot Massage

(a) Select the angle that is best for you.

(b) Place the massager far enough from you while sitting so that your legs and feet are extended far enough that they just rest in the massager. If you have the massager too close to you, this will result in the rollers giving you a massage on the bottom of your feet that is too intense as a results of the weight of your legs and feet putting pressure on them.

(c) Let the massager do the work. There is no need to push your feet into the massager. Simply rest them in the saddle and let the Cloud Massage do it's magic.

(d) Select the intensity that is best for you. We recommend starting out at the blue level. Most people find that the Cloud Massagers massage is relaxing, and it has been reported on several occasions that people have fallen asleep during their massage.

A few people have reported a “nervous discomfort” . This is where there is no significant pain, but because the users foot is intensely held during parts of their massage they worry that it may hurt. This is normal. The bottom of your massager, has high grade molded nodules. The only pressure from these nodules is from the weight of your extended feet. The pressure on the sides and top “grabbing” your feet is air pressure. While this air pressure can be intense, it pales when matched up against the flesh, bone and tendons of your foot as well as the pressure your entire body puts on your feet daily

## Calf Massage

The optimum calf massage can be achieved while lying in bed or sitting on a chair/couch with your foot massager on an ottoman.

Caution\* The Cloud Massager weighs 24 pounds. During the massage the massager may move slightly as a result of all of the dynamics of the massager. While the Cloud Massager features rubberized gripping feet (to prevent sliding) be sure that the massager is not close to the edge of a ottoman/footrest while in use.

(a) Note\* When using the Cloud Massager for a calf massage, the heel cuffs do not need to be considered. Meaning you can orientate your massager either way you like and simply rest your calves in the foot sleeves.

(b) When lying flat and receiving a Cloud Massage calf massage the weight of your legs provides ample weight to “push into the rollers” for a deep penetrating massage.

While you can also achieve a calf massage at different angles , as the angle increases the pressure on the molded nodules will decrease. For example, if you want a calf massage while sitting in a chair, your calves will be exerting no pressure on the nodules and the amount of exposure your calves receives to the massage area will be limited by the floor. (not recommended)

## Customer Care

First, we want you to know those words “Customer Care” mean something to us. As you may have experienced in your life , far too often companies fail in servicing their customers needs. We are baffled by this, and strive for excellence. In fact at the time of the creation of this document the Cloud Massager is the highest rated (with genuine reviews) massager on Amazon.

In all honesty from time to time a customer will report a negative experience with their Cloud Massager. 99.9% of the time it will be the result of using the massager incorrectly and not reaching out to us through any one of the many contact places we have provided. This includes Amazon messaging, our company phone number, our email address, our website.

The Cloud Massage 100% full warranty is real. We will service , repair or replace your Cloud Massager for a full year for anything whether the issue is user error or a defect. All we ask is that you give us a chance to give you a positive experience by reaching out to us.

Thank you so much for choosing Cloud Massage. We are excited to hear your story.

While we have testimonials from NFL professional athletes such as Brett Favre, lead Broadway musical stars such as Ginna Claire Mason (Glinda from “Wicked”), the Atlanta ballet company, doctors, reflexologists, RN's and many more no testimonial is more important to us than yours. Feel free to reach out to us anytime.

**Warning**

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