

## TEMPERATURE READINGS

Temperature readings vary from person to person. Although there is no one “normal” temperature reading, a temperature, taken orally, ranging between 36.1°C / 97°F and 37.7°C / 100°F is considered normal. A rectal temperature is generally 0.5°C / 1°F higher and an underarm (axillary) temperature will be 0.5°C / 1°F lower.

The best method to determine your own normal temperature is to use the thermometer when you are feeling well. Record your reading twice a day (early morning and late afternoon). Take the average of the two temperatures. This is considered your normal body temperature. Any variation from it may indicate some sort of illness and you should consult your physician.

## BEFORE USE

Your Vicks® Fever InSight® Thermometer is a 3-in-1 thermometer for oral, rectal, or underarm use. Whichever method is used, it is recommended that for 15 minutes prior to use, you avoid eating or drinking, exercising, taking showers or baths or smoking.



**Important:** Before first use, remove label from the display

## OPERATING YOUR VICKS® FEVER INSIGHT® THERMOMETER

### 1. TURNING THE THERMOMETER ON

- Turn thermometer on by pressing the On/Off button (Fig. 1).



Fig. 1

- A beep signal will sound and the display will flash Red/Yellow/Green for 1 second.
- Wait for the thermometer to get ready
- The display will show a test value (Fig. 2).



Fig. 2

– The display will show last measurement for 2 seconds (Fig. 3).



Fig. 3

– After about 5 seconds, the display will show it's ready (Fig. 4).

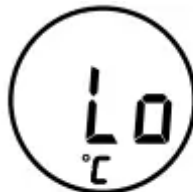


Fig. 4

## 2. SELECTING WHERE TO TAKE THE TEMPERATURE

### Oral Use

- It is important to place the tip of the thermometer well under the tongue to get a good, accurate reading. (Fig. 5) Place sensor tip in areas marked with “✓”. Keep mouth closed and sit still to help ensure an accurate measurement.
- When the peak temperature is reached (usually within 12 seconds), 5 beep signals will sound and the “°C/°F” sign will stop flashing. The temperature measurement is now ready to read and will not change when the thermometer is removed.
- Wash the thermometer as recommended



Fig.5

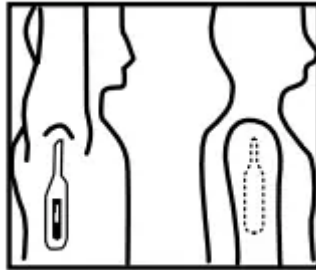
### Under-the-arm (Axillary) Use

This method can be used for babies and young children.

- Wipe the underarm with a towel.
- Place the probe tip under the arm so the tip is touching the skin and position the arm next to the body (Fig. 6). With a young child, it is sometimes helpful to hug the child to keep their arm next to their body. This ensures that the room air does not affect the reading.
- When the peak temperature is reached (usually within 11 seconds but sometimes longer for this method), 5 beep signals will sound and the “°C/°F” sign will stop flashing. The temperature measurement is now ready to read and will not change when the thermometer is removed.

**Note:** This method produces a temperature reading 0.5°C / 1°F lower than if the temperature were taken orally.

- Wash the thermometer as recommended.



**Fig.6**

### **Rectal Use**

Commonly used for babies, young children, or when it is difficult to take an oral or underarm temperature.

- Lay the patient on his/her side. For a baby, the proper position is to lay on its stomach with legs hanging down, either across your knees or at the edge of a bed or changing table. This positions the infant's rectum for safe and easy insertion of the thermometer.
- Gently insert the tip of the thermometer NO MORE THAN 1cm into the rectum. If you detect resistance, stop. Hold the thermometer in place during measurement.
- When the peak temperature is reached (usually within 10 seconds) 5 beep signals will sound and the "C/°F" sign will stop flashing. The temperature measurement is now ready to read and will not change when the thermometer is removed.

**NOTE:** This method produces a temperature reading 0.5°C / 1°F higher than if the temperature were taken orally.

- Wash the thermometer as recommended.

### **3. READING THE MEASUREMENT: FEVER INSIGHT® FEATURE**

The Vicks® Fever InSight® Thermometer comes with the patented “Fever InSight®” feature which offers a color indicator with the temperature reading. This feature will help you explain to your child the meaning of temperature. It also helps by distracting your child from possible fear associated with temperature taking, especially with young children.

- For readings between 36.1-37.1°C / 97-98.8°F, the screen will display green as the backlight color indicating the temperature is within the “normal” range.
- For readings between 37.2-38.2°C / 99-100.7°F, the screen will display yellow as the backlight color indicating a slight elevation in temperature.
- For readings 38.3°C / 101°F and above, the screen will display red as the backlight color indicating possible fever. The Fever InSight® feature continues for about 5 seconds.

### **4. TURNING THE THERMOMETER OFF**

Turn the thermometer off by pressing the On/Off button. If you forget to turn it off, the thermometer will automatically turn off after approximately 1 1/2 minutes.

## **CHANGING TEMPERATURE SCALE FROM °C TO °F OR °F TO °C**

When the power is off, press and hold the On/Off button for 4 seconds, when the “M” symbol disappears, release the button and press the button to switch from °C to °F or °F to °C . After 3 seconds idle, the thermometer enters into the ready-for-measurement mode.

## **CLEANING INSTRUCTIONS**

- Clean the thermometer by washing it with soap and warm water or rubbing alcohol (70% isopropyl alcohol).
- Wipe dry with soft cloth.
- DO NOT BOIL OR WASH IN DISHWASHER. This will cause the thermometer to no longer function and will void the warranty.
- Do not wash with any thinner or chemical solvent.

## **TEST PROTOCOL (Laboratory use only)**

1. Place thermometer into a stable liquid bath with temperature set above 35°C (95°F). The tip of the thermometer should be approximately 0.8 inches (2cm) below the surface.
2. Wait for 10 seconds, then turn thermometer on by pressing the blue “On/Off” button.
3. When the measurement is completed (approximately 8 seconds), record the temperature reading.

## CHANGING THE BATTERIES

The Vicks® Fever InSight® Thermometer features a long life battery. When the “**V**” appears and flashes in the center top of the display, the battery is exhausted and needs replacing.

1. Using a coin, unlock the battery cover and carefully remove the battery with a non-metallic instrument.
2. Replace the battery with a 3V, CR1225 lithium type or equivalent. Insert the new battery with the positive (+) side facing the battery cover.
3. Carefully put the battery cover back in place and, using a coin, tighten the cover.
4. Properly dispose of the old battery. Keep out of reach of young children, elderly and pets.

**WARNING** - KEEP BATTERIES OUT OF REACH OF CHILDREN. If you suspect a button battery has been ingested, call Poisons Information immediately on 13 11 26. Ensure battery compartment is correctly secured.

## LIFETIME WARRANTY

This product has been produced with the greatest care for normal, household use. Following directions carefully will ensure dependable operation. If for any reason (other than misuse or normal battery operation) you are dissatisfied with your Vicks® Fever InSight® Thermometer, we will repair or replace it, at our option, at no charge during the lifetime warranty period. Modification to the product by the consumer is not authorised and voids the warranty. If the thermometer does not function properly, first check the battery. Replace if necessary. Batteries and packaging are excluded from the warranty. If you experience unsatisfactory operation, please contact Felton Grimwade & Bosisto's. If repair is required under the warranty period, the product should be returned with proof of purchase to Felton Grimwade & Bosisto's service centre.

The purchaser assumes responsibility for the proper care and use of the product in accordance with the printed operating manual. The purchaser or user must make his or her judgment as to when to use the product and the length of use. Keep the operation manual available as it is your guide to safe, efficient operation. Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and for compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

## IMPORTANT SAFETY INFORMATION

- High, prolonged fever requires medical attention especially for young children. Please contact your physician.
- Do not allow children to take their temperatures unattended.

- Do not allow children to walk or run during temperature taking.
- The thermometer is only suitable for the measurement of body temperature. The use of this thermometer is not intended as a substitute for consultation with your doctor.
- The thermometer is initially calibrated at the time of manufacture. If this thermometer is used according to the use instructions, the accuracy of measurements will not be affected.

**Warning**

This content is compiled from multiple sources and is provided for reference purposes only. It may not be complete or fully applicable to all situations. If you are unable to resolve your issue, please contact the product manufacturer or an authorized service provider for official support.