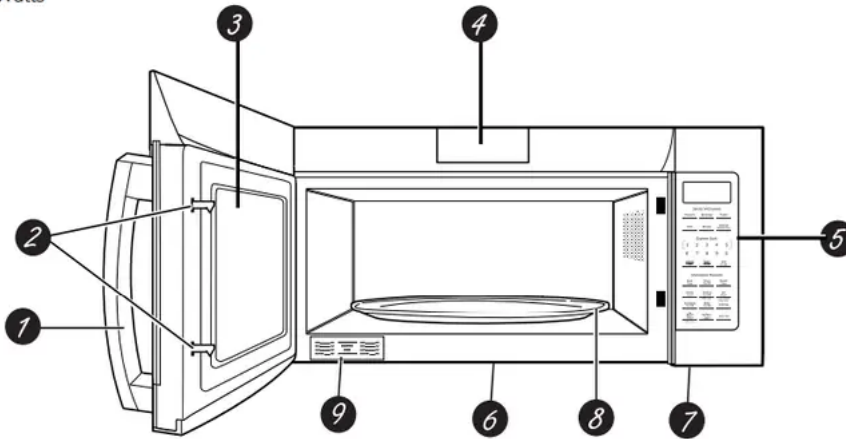


## OPERATING INSTRUCTIONS

### About the features of your microwave oven.

Throughout this manual, features and appearance may vary from your model.

1000 Watts



### Features of the Oven

#### 1 Door Handle.

Pull to open the door. The door must be securely latched for the microwave to operate.

#### 2 Door Latches.

#### 3 Window with Metal Shield.

Screen allows cooking to be viewed while keeping microwaves confined in the oven.

#### 4 Charcoal Filter Door.

Push down two button to open the door. You can change charcoal filter easily.

#### 5 Touch Control Panel.

#### 6 Cooktop Light.

#### 7 Grease Filter .

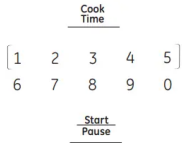
#### 8 Removable Turntable.

Turntable and support must be in place when using the oven. The turntable may be removed for cleaning.

#### 9 Rating Plate.

NOTE: Oven vent(s) and oven light are located on the inside walls of the microwave oven.

## About the time features.

 <p>The diagram shows a control panel with a display area labeled 'Cook Time' containing five digits (1, 2, 3, 4, 5) and a button labeled 'Start/Pause' with digits 6, 7, 8, 9, 0.</p>	<h3>Cook Time I</h3> <p>Allows you to microwave for any time up to 99 minutes and 99 seconds.</p> <p>Power level 10 (high) is automatically set, but you may change it for more flexibility.</p> <ol style="list-style-type: none"><li>1. Press Cook Time.</li><li>2. Enter cooking time.</li><li>3. Change power level if you don't want full power. (Press Power Level. Select a desired power level 1–10.)</li><li>4. Press Start/ Pause.</li></ol> <p>You may open the door during Cook Time to check the food. Close the door and press Start/Pause to resume cooking.</p>	<h3>Cook Time II</h3> <p>Lets you change power levels automatically during cooking. Here's how to do it:</p> <ol style="list-style-type: none"><li>1. Press Cook Time.</li><li>2. Enter the first cook time.</li><li>3. Change the power level if you don't want full power. (Press Power Level. Select a desired power level 1–10.)</li><li>4. Press Cook Time again.</li><li>5. Enter the second cook time.</li><li>6. Change the power level if you don't want full power. (Press Power Level. Select a desired power level 1–10.)</li><li>7. Press Start/ Pause.</li></ol> <p>At the end of Cook Time I, Cook Time II counts down.</p>
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[ 1 2 3 4 5 ]

### **Express Cook**

*This is a quick way to set cooking time for 1 –5 minutes.*

Press one of the Express Cook pads (from 1 to 5) for 1 to 5 minutes of cooking at power level 10. For example, press the 2 pad for 2 minutes of cooking time.

The power level can be changed as time is counting down. Press POWER LEVEL and enter 1–10.

**Add  
30 Sec**

---

### **Add 30 Sec**

You can use this feature two ways:

- It will add 30 seconds to the time counting down each time the pad is pressed.
- It can be used as a quick way to set 30 seconds of cooking time

### Melt

Use the Melt feature to melt certain preprogrammed foods:

1. Press Melt.
2. Press one of the Express Cook Pads (from 1 to 4) to select the food you wish to melt.

Press Pad	Food to melt
1	Butter
2	Caramel
3	Chocolate
4	Marshmallows

3. Enter an amount (from 1 to 4) for food selected:

Press Pad	Amount of food to melt
1	Butter
2	1/2 Stick
3	1 Stick 2 Sticks
1	Caramel
2	4 Oz.
3	8 Oz.
4	12 Oz. 16 Oz
1	Chocolate
2	4 Oz.
3	8 Oz.
4	12 Oz. 16 Oz.
1	Marshmallows
2	5 Oz.
3	8 Oz.
4	10 Oz. 16 Oz.

4. Press Start/Pause to start cooking.

The amount can be changed as time is counting down. Enter Express Cook pads (from 1 to 4).

Defrost Weight/Time				
1	2	3	4	5
6	7	8	9	0
Start Pause				

## Weight Defrost

The Defrost Weight/Time feature gives you two ways to defrost food.

Press Defrost Weight/Time once for weight defrost or twice for Time Defrost.

Use Weight Defrost for meat, poultry and fish up to 6 pounds. Use Time Defrost for most other frozen foods.

Weight Defrost automatically sets the defrosting times and power levels to give even defrosting results for meats, poultry and fish.

1. Press Defrost Weight/Time once.
2. Using the conversion guide, enter food weight. For example, press pads 1 and 2 for 1.2 pounds (1 pound, 3 ounces).
3. Press Start/Pause.

(Time Defrost is explained in the Time Features section.)

- Remove meat from package and place on microwave-safe dish
- When the oven signals, turn the food over. Remove defrosted meat or shield warm areas with small pieces of foil.

## Conversion Guide

If the weight of food is stated in pounds and ounces, the ounces must be converted to tenths (.1) of a pound.	
Ounces	Pounds
1-2	.1
3	.2
4-5	.3
6-7	.4
8	.5
9-10	.6
11	.7
12-13	.8
14-15	.9

- After defrosting, most meats need to stand 5 minutes to complete defrosting. Large roasts should stand for about 30 minutes.



Defrost  
Weight/Time  
 [ 1 2 3 4 5 ]  
 6 7 8 9 0  
  
Start  
Pause

Time Defrost allows you to defrost for a selected length of time. See the Defrosting Guide for suggested times. (Weight Defrost is explained in the Auto Feature section.)

1. Press Defrost Weight/Time twice.
2. Enter defrosting time.
3. Press Start/Pause.
4. Turn food over when the oven signal
5. Press Start/Pause.

When the oven signals, turn food over and break apart or rearrange pieces for more even defrosting. Shield any warm areas with small pieces of foil. The oven will continue to defrost if you don't open the door and turn the food.

A dull thumping noise may be heard during defrosting. This is normal when oven is not operating at High power.

### Defrosting Tips


- Foods frozen in paper or plastic can be defrosted in the package. Closed packages should be slit, pierced or vented AFTER food has partially defrosted. Plastic storage containers should be partially uncovered.
- For more even defrosting of larger foods, such as roasts, use Defrost Weight. Be sure large meats are completely defrosted before cooking.
- Foods that spoil easily should not be allowed to sit out for more than one hour after defrosting. Room temperature promotes the growth of

		<p>harmful bacteria.</p> <ul style="list-style-type: none"> <li>• When defrosted, food should be cool but softened in all areas. If still slightly icy, return to the microwave very briefly, or let it stand a few minutes counts down.</li> </ul>
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## About other features.

### Cooking Complete Reminder

To remind you that you have food in the oven, the oven will display “Food is Ready” and beep once a minute until you either open the oven door or press Cancel/Off.

	<p><b>Set Clock</b></p> <p>Press to enter the time of day or to check the time of day while microwaving.</p> <ol style="list-style-type: none"> <li>1. Press Set Clock.</li> <li>2. Enter time of day.</li> <li>3. Press Start or Set Clock.</li> </ol> <p>To check the time of day while microwaving, press Set Clock.</p>	<p><b>Child Lock-Out</b></p> <p>You may lock the control panel to prevent the microwave from being accidentally started or used by children.</p> <p>To lock or unlock the controls, press and hold Set Clock for about three seconds. When the control panel is locked, LOCKED will appear on the display</p>
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## **Display On/Off**

**Hold 3 Sec**

### **Display On/Off**

To turn the clock display on or off, press and hold Display On/Off button for about 3 seconds. The Display On/Off feature cannot be used while a cooking feature is in use.

## **Timer On/Off**

### **Timer On/Off**

Timer On/Off operates as a minute timer and can be used at any time, even when the oven is operating.

1. Press TIMER ON/OFF.
2. Enter time you want to count down.
3. Press TIMER ON/OFF to start.

When time is up, the oven will signal. To turn off the timer signal, press TIMER ON/OFF.

NOTE: The timer indicator will be lit while the timer is operating

## **Start Pause**

### **Start/Pause**

In addition to starting many functions, Start/Pause allows you to stop cooking without opening the door or clearing the display. Press Start/Pause again to restart the oven.

## Steam Clean

### Steam Clean

Use Steam Clean for easy wiping inside with steam.

1. Press the Steam Clean button.
2. Put steam bowl with 1/4 cup of water.
3. Press the dial or Start/Pause to start.
4. After Steam Clean, remove Turntable and Turn Table Support and wipe out inside of oven cavity with paper towel or soft cloth

## Turntable On/Off

### Turntable

For best cooking results, leave the turntable on. It can be turned off for large dishes. Press TURNTABLE to turn the turntable on or off.

Sometimes the turntable can become too hot to touch. Be careful touching the turntable during and after cooking.

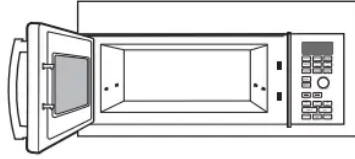
## CARE AND CLEANING

### Helpful Hints

An occasional thorough wiping with a solution of baking soda and water keeps the inside fresh.

Be sure the power is off before cleaning any part of this oven.

### How to Clean the Inside



#### Walls, Floor, Inside Window, Metal and Plastic Parts on the Door

Some spatters can be removed with a paper towel; others may require a damp cloth. Remove greasy spatters with a sudsy cloth, then rinse with a damp cloth. Do not use abrasive cleaners or sharp utensils on oven walls.

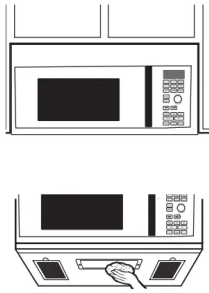
Never use a commercial oven cleaner on any part of your microwave.



#### Removable Turntable and Turntable Support

To prevent breakage, do not place the turntable into water just after cooking. Wash it carefully in warm, sudsy water or in the dishwasher. The turntable and support can be broken if dropped.

Remember, do not operate the oven in the microwave mode without the turntable and support seated and in place.



## How to Clean the Outside

*We recommend against using cleaners with ammonia or alcohol, as they can damage the appearance of the microwave oven. If you choose to use a common household cleaner, first apply the cleaner directly to a clean cloth, then wipe the soiled area.*

### Case

Clean the outside of the microwave with a sudsy cloth. Rinse and then dry. Wipe the window clean with a damp cloth.

### Control Panel

Wipe with a damp cloth. Dry thoroughly. Do not use cleaning sprays, large amounts of soap and water, abrasives or sharp objects on the panel—they can damage it. Some paper towels can also scratch the control panel.

### Door Panel

Before cleaning the front door panel, make sure you know what type of panel you have. Refer to the eighth digit of the model number. “S” is stainless steel, “L” is CleanSteel and “B”, “W” or “C” are plastic colors.

### Stainless Steel (on some models)

The stainless steel panel can be cleaned with Stainless Steel Magic or a similar product using a clean, soft cloth. Apply stainless cleaner carefully to avoid the surrounding plastic parts. Do not use appliance wax, polish, bleach or products containing chlorine on Stainless Steel finishes.

### Plastic Color Panels

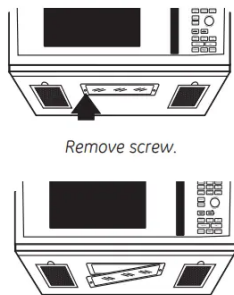
Use a clean, soft, lightly dampened cloth, then dry thoroughly.

### Door Seal

It's important to keep the area clean where the door seals against the microwave. Use only mild, non-abrasive detergents applied with a clean sponge or soft cloth. Rinse well.

## Bottom

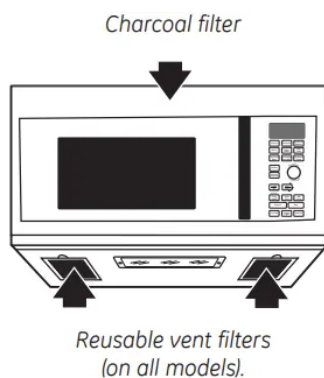
Clean off the grease and dust on the bottom often.  
Use a solution of warm water and detergent.



## Cooktop Light/Nite Light

Replace with a 120 volt, 40 watt (max.) halogen bulb. Order WB08X10051 from your GE Appliances supplier.

1. To replace the cooktop light/nite light, first disconnect the power at the main fuse or circuit breaker panel, or pull the plug.
2. Remove the screw from the side of the light compartment cover and lower the cover until it stops.
3. Be sure the bulb is cool before removing. Break the adhesive seal by gently unscrewing the bulb.
4. Screw in the new bulb, then raise the light cover and replace the screw. Connect electrical power to the oven.



## Vent Fan

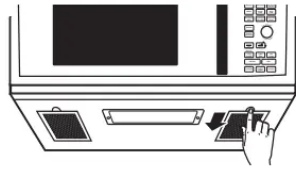
The vent fan has two metal reusable vent filters.

Models that recirculate air back into the room also use a charcoal filter.

## Reusable Vent Filters

The metal filters trap grease released by foods on the cooktop. They also prevent flames from foods on the cooktop from damaging the inside of the oven.

For this reason, the filters must always be in place when the hood is used. The vent filters should be cleaned once a month, or as needed.



### Removing and Cleaning the Filters

**To remove**, slide them to the rear using the tabs. Pull down and out.

To clean the vent filters, soak them and then swish around in hot water and detergent. Don't use ammonia or ammonia products because they will darken the metal. Light brushing can be used to remove embedded dirt.

Rinse, shake and let dry before replacing.

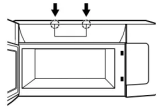
**To replace**, slide the filters into the frame slots on the back of each opening. Press up and to the front to lock into place.

### Charcoal Filter

The charcoal filter cannot be cleaned. It must be replaced. Order Part No. JX81H from your GE Appliances supplier.

If the model is not vented to the outside, the air will be recirculated through a disposable charcoal filter that helps remove smoke and odors.

The charcoal filter should be replaced when it is noticeably dirty or discolored (usually after 6 to 12 months, depending on usage). See "Optional kit" page 7, for more informations

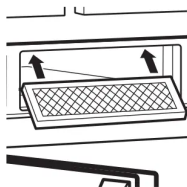
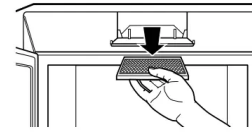


### To Remove the Charcoal Filter

To remove the charcoal filter, first disconnect power at the main fuse or circuit breaker, or pull the plug. Push down 2 buttons on the filter door.

The charcoal filter should be replaced every 7 months when LED is on. See “optional kit” page 7.

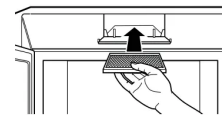
Lift the filter at the bottom until it comes free of the tabs. Slide the filter down and out.



### To Install the Charcoal Filter

To install a new charcoal filter, remove plastic and other outer wrapping from the new filter.

Insert the top of the filter up. Push the bottom of the filter in until it rests in place behind the tabs. Close filter door.



# TROUBLESHOOTING



<b>Problem</b>	<b>Possible Cause</b>	<b>What to Do</b>
Oven will not start	A fuse in your home may be blown or the circuit breaker tripped.	<ul style="list-style-type: none"> <li>• Replace fuse or reset circuit breaker</li> </ul>
	Power surge.	<ul style="list-style-type: none"> <li>• Unplug the microwave oven, then plug it back in.</li> </ul>
	Plug not fully inserted wall outlet.	<ul style="list-style-type: none"> <li>• Make sure the 3-prong plug on the into oven is fully inserted into wall outlet.</li> </ul>
	Door not securely closed.	<ul style="list-style-type: none"> <li>• Open the door and close securely.</li> </ul>
Floor of the oven is warm, even when the oven has not been used	Heat from the cooktop light may make the oven floor get warm.	<ul style="list-style-type: none"> <li>• This is normal.</li> </ul>
“ LOCKED ” appears on display	The control has been locked	<ul style="list-style-type: none"> <li>• Press and hold SET CLOCK for about 3 seconds to unlock the control.</li> </ul>
You hear an unusual low-tone beep	You have tried to start the Reminder without a valid time of day.	<ul style="list-style-type: none"> <li>• Start over and enter a valid time of day</li> </ul>
	You have tried to change the power level when it is not allowed.	<ul style="list-style-type: none"> <li>• Many of the oven’s features are preset and cannot be changed.</li> </ul>
“SENSOR ERROR” appears on display	When using a Sensor feature, the door was	<ul style="list-style-type: none"> <li>• Do not open door until steam is sensed and</li> </ul>

	opened before steam could be detected.	time is shown counting down on display.
	Steam not detected in maximum amount of time.	<ul style="list-style-type: none"> <li>• Use Time Cook to heat for more time.</li> </ul>
Food amount too large for Sensor Reheat	Sensor Reheat is for single servings of recommended foods.	<ul style="list-style-type: none"> <li>• Use Time Cook for large amounts of food.</li> </ul>

### Things That Are Normal With Your Microwave Oven

- Steam or vapor escaping from around the door.
- Light reflection around door or outer case.
- Dimming oven light and change in the blower sound at power levels other than high.
- Dull thumping sound while oven is operating.
- TV/radio interference might be noticed while using the microwave. Similar to the interference caused by other small appliances, it does not indicate a problem with the microwave. Plug the microwave into a different electrical circuit, move the radio or TV as far away from the microwave as possible, or check the position and signal of the TV/radio antenna.

#### Warning

This content is compiled from multiple sources and is provided for reference purposes only. It may not be complete or fully applicable to all situations. If you are unable to resolve your issue, please contact the product manufacturer or an authorized service provider for official support.