

Product: FONIE GPS Medical Alert System for Seniors – 4G Mini Phone with Real-Time Tracking, Fall Detection, Panic SOS Button, Two-Way Voice Talk – Wearable and Waterproof – Subscription Required

Brand: Fonie | **Model:** B0DR6CWHZ2

Overview

The FONIE GPS Medical Alert System is a compact, wearable 4G mini phone designed for seniors and individuals who need instant access to help and continuous location monitoring. It combines emergency alert functions with everyday communication features, all in a single device.



Key Functions at a Glance

- **Emergency SOS Button** – One-touch call to caregivers or 911.
- **Automatic Fall Detection** – Intelligent sensors trigger an alert if a fall is detected.
- **Real-Time GPS Tracking** – 4G GPS and Wi-Fi location with 10-second updates.
- **Two-Way Voice Calling** – Built-in speaker and microphone for hands-free conversation.

- **Health & Activity Tracking** – Step counter, distance, calorie tracking, and pill reminders.
- **Geo-Fencing** – Set safe zones and receive alerts when the user enters or leaves an area.
- **IPX67 Waterproof** – Resistant to showers, rain, and splashes.

What's in the Box

- Fonie Mini-Phone (device)
- Pre-installed SIM card
- Subscription Activation Information
- USB Charger & Charging Cable
- User Manual & Quick Start Guide
- Detachable lanyard
- Carabiner clip

Features

1. Emergency SOS & Fall Detection

Press the **SOS button** to immediately call your designated emergency contacts (two speed-dial lines for caregivers/family, one for 911 or any preferred number). The device also features **automatic fall detection**: when a fall occurs, sensors trigger an SOS alert, sending a distress notification via text to the caregiver app and alerting 911.



2. Real-Time GPS Tracking & Geo-Fencing

Advanced 4G GPS and Wi-Fi provide accurate real-time location tracking with updates every 10 seconds across the U.S. Caregivers can:

- View the user's location on a map via the Fonie mobile app.
- Set **geo-fence safe zones** and receive instant alerts when the user enters or leaves those areas.
- Access location history for up to one year.

3. Two-Way Voice Communication

The device functions as a real telephone. It supports:

- **Three speed-dial lines:** two for caregivers/family, one for 911 (or any number you prefer).
- **Auto-answer hands-free calling** – incoming calls are answered automatically after a few rings.
- Up to **10 pre-set contacts** that can call the device.
- Crystal-clear audio for daily conversations, not just emergencies.

4. Health & Activity Tracking

Built-in sensors record:

- Steps, distance walked, and calories burned.
- Energy usage tracking.
- **Pill reminders** – set audible alerts for medication times.
- **Talking clock** – announces the time on demand.
- **Over-speed alerts** – notifies caregivers if the user is driving above a set speed.

5. Waterproof & Wearable Design

The device has an **IPX67 waterproof rating**, meaning it is protected against immersion in water up to 1 meter for 30 minutes. It can be worn as a necklace using the included lanyard or attached to a belt/bag with the carabiner clip.

6. Subscription & Service

The device requires an active subscription for connectivity and monitoring services. The package includes **3 months of free service** and a **30-day risk-free trial**. After the trial, service starts at \$15.95/month (all taxes and fees included). The SIM card is pre-installed and activated through the Fonie app.

Device Layout & Indicators

Element	Description
SOS Button	Large red button on the front. Press and hold to trigger an emergency call.
Speed-Dial Buttons (2)	Programmable buttons for calling caregivers or family members.
Speaker	Built-in speaker for hands-free calls and alerts.
Microphone	Built-in microphone for two-way communication.
LED Indicator	Shows device status (power, charging, network connection).
Charging Port	Micro-USB or USB-C (refer to included cable) for charging the 1000 mAh battery.
Lanyard Loop	Attachment point for the included lanyard.



Use Guide

Getting Started

1. **Charge the device** fully before first use using the included USB charger and cable. Charging time is approximately 2–3 hours.
2. **Download the Fonie app** from the Apple App Store or Google Play Store on your smartphone.
3. **Create an account** and follow the in-app instructions to activate the pre-installed SIM card and subscription.
4. **Pair the device** with the app by scanning the QR code or entering the device ID (found in the packaging or on the device).
5. **Set up speed-dial contacts** (two caregiver numbers and one emergency number) and up to 10 approved inbound callers.
6. **Configure geo-fence zones** and other preferences (pill reminders, over-speed limits, etc.) in the app.

Making & Receiving Calls

- **To call a caregiver:** Press and hold one of the two speed-dial buttons. The device will automatically dial the assigned number.
- **To call 911 (or your emergency contact):** Press and hold the SOS button. The device will dial the emergency number and send an alert to the caregiver app.
- **To answer an incoming call:** The device will auto-answer after a few rings (hands-free). Alternatively, press any button to answer.
- **To end a call:** Press the SOS button or wait for the caller to hang up.

Using the SOS & Fall Detection

1. **Manual SOS:** Press and hold the SOS button for 2 seconds. The device will vibrate and start a countdown. If not cancelled, it will call the emergency number and send your location to caregivers.
2. **Automatic Fall Detection:** If the device detects a hard fall, it will automatically trigger the SOS sequence. The user can cancel the alert within a short window if it is a false alarm.
3. **Caregiver Notification:** When an SOS is triggered, the caregiver app receives a text notification with the user's real-time location.

Important: Fall detection may not detect all types of falls. Always test the device and ensure the user knows how to manually press the SOS button if needed.

Health Tracking & Reminders

- **Step counter:** Automatically tracks steps, distance, and calories. View data in the Fonie app.
- **Pill reminders:** Set reminders in the app. The device will beep and display a reminder at the scheduled time.
- **Talking clock:** Press the designated button (if configured) to hear the current time announced.
- **Over-speed alerts:** If the device detects travel above a set speed (e.g., while driving), it sends an alert to the caregiver app.

Charging & Battery

- The device uses a **1000 mAh rechargeable battery**.
- **Battery life:** Up to 7 days under typical usage (standby time may vary).
- **To charge:** Connect the USB cable to the charging port and plug into a standard USB power adapter. The LED indicator will show charging status.

- Low battery alerts will be sent to the caregiver app.

Caregiver App (Fonie App)

The Fonie mobile app (available for Android and iOS) allows caregivers to:

- View the user's real-time location on a map.
- Set and manage geo-fence safe zones.
- View location history (up to one year).
- Receive SOS, fall detection, and over-speed alerts.
- Manage contacts, speed-dial numbers, and device settings.
- View health tracking data (steps, distance, calories).
- Set pill reminders and other notifications.



Specifications

Feature	Details
Connectivity	4G Cellular (pre-installed SIM card), Wi-Fi
GPS Tracking	Real-time GPS + Wi-Fi, updates every 10 seconds
Fall Detection	Automatic intelligent sensor
SOS Button	Yes, with emergency call and notification
Two-Way Voice	Built-in speaker and microphone, auto-answer
Speed-Dial Lines	2 for caregivers/family, 1 for 911 (or any number)
Approved Callers	Up to 10 pre-set contacts
Geo-Fencing	Yes, with instant alerts
Location History	Up to 1 year
Health Tracking	Steps, distance, calories, pill reminders, talking clock
Over-Speed Alert	Yes
Waterproof Rating	IPX67 (shower, rain, splash resistant)
Battery	1000 mAh rechargeable, up to 7 days standby
Dimensions	2.26 x 1.57 x 0.65 inches
Weight	3 ounces
Compatible Devices	Android and iOS smartphones
Enclosure Material	Plastic

Troubleshooting

Issue	Possible Solution
Device not powering on	Charge the device for at least 30 minutes. Press and hold the SOS button for 5 seconds to reset.
No GPS signal	Move to an open area away from tall buildings or dense cover. Ensure the device has a clear view of the sky.
Cannot make calls	Check that the SIM card is activated and the subscription is active. Verify signal strength.
App not receiving alerts	Ensure the app has notification permissions enabled. Check that the device is connected to the cellular network.
Fall detection false alarms	Adjust sensitivity settings in the app (if available). Ensure the device is worn securely.
Battery draining quickly	Reduce GPS update frequency in the app settings. Turn off features not in use (e.g., continuous tracking).

Warranty & Support

Limited Lifetime Warranty – The FONIE device is covered by a limited lifetime warranty against manufacturing defects. For warranty claims or support, contact Fonie customer service.

Customer Support: U.S.-based personalized support is available during activation and for ongoing assistance. Contact details are provided in the product packaging and on the Fonie website.

Service Plans: Subscription starts at \$15.95/month. Includes 3 months free with purchase. Cancel anytime.

Note: This manual is for informational purposes only. Always refer to the official user manual included with your device for the most accurate and up-to-date instructions.

Warning

This content is compiled from multiple sources and is provided for reference purposes only. It may not be complete or fully applicable to all situations. If you are unable to resolve your issue, please contact the product manufacturer or an authorized service provider for official support.

