

Overview

The LIVIKEY Fitness Tracker Watch is a wearable device designed to monitor daily activity, health metrics, and provide smart notifications. It features a 1.3-inch square touchscreen display and connects to your smartphone via Bluetooth.



Features

Health & Activity Monitoring

- **Heart Rate Monitor:** Tracks heart rate automatically throughout the day. Manual mode is also available via the companion app.
- **Sleep Monitor:** Automatically analyzes sleep stages (deep sleep, light sleep, and awake time) to provide insights into sleep quality.
- **Activity Tracking:** Records daily steps, distance traveled, calories burned, and active minutes.
- **Multi-Sport Modes:** Supports 9 different sports modes, including running and walking, to track specific workout data.
- **Pedometer & Calorie Counter:** Continuously counts steps and estimates calories burned.

Smart Features

- **Smart Notifications:** Displays call, SMS, and app notifications (e.g., Facebook, Twitter, Gmail) from your paired smartphone on the watch screen. The watch cannot make calls or send texts.
- **Sedentary Alert:** Reminds you to move after prolonged periods of inactivity.
- **Breathing Guide:** Provides guided breathing exercises to help manage stress.
- **Alarm Clock:** Set alarms directly on the device.
- **Stopwatch:** Includes a stopwatch function for timing activities.

Design & Durability

- **IP68 Waterproof:** Resistant to sweat, rain, and handwashing. Suitable for swimming.
- **Long Battery Life:** Approximately 5-7 days of use on a single 2-hour charge.
- **Color Options:** Available in multiple colors including Black, Blue, Cyan, Gray, Light Pink, and Purple.

Use Guide

Getting Started

Charging the Device

1. Connect the provided charging cable to a USB power source.
2. Attach the magnetic end of the cable to the charging contacts on the back of the watch.

3. A charging icon will appear on the screen. A full charge takes approximately 2 hours.

What's in the box: Charging cable.

Powering On/Off

Press and hold the touch button on the side of the watch to turn the device on or off.

Pairing with Your Smartphone

1. Enable Bluetooth on your smartphone (Android 4.0 / iOS 8.0 or above, Bluetooth 4.0 or above required).
2. Download and open the "VeryFitPro" or associated companion app from the Google Play Store or Apple App Store.
3. Follow the in-app instructions to pair and sync the fitness tracker. The device will appear as "LIVIKEY Square" or similar in your Bluetooth settings.
4. **Note:** The device is not compatible with tablets or computers.

Using the Device

Navigating the Touchscreen

Swipe up, down, left, or right on the screen to navigate through menus and features. Tap to select an option.

Tracking an Activity

1. From the main watch face, swipe to find the "Exercise" or "Sport" mode.
2. Select your desired activity from the list of 9 sports modes.
3. Tap to start the workout. The watch will track duration, heart rate, and other relevant metrics.
4. Tap to finish and save the session. Data will sync to the app.

Viewing Notifications

When a call, message, or app alert is received on your paired phone, the watch will vibrate and display the notification. You can dismiss it with a swipe.

Setting Goals

Daily step goals and other targets can be set and monitored through the companion app. Progress is displayed on the watch.

Specifications

- **Model Name:** LIVIKEY Square
- **Screen Size:** 1.3 Inches
- **Display Resolution:** 240 x 240 pixels
- **Input Method:** Touchscreen
- **Water Resistance:** IP68
- **Battery Type:** Lithium Polymer (included)
- **Charging Time:** ~2 hours
- **Typical Usage Time:** 5-7 days
- **Compatibility:** iOS 8.0 / Android 4.0 & Bluetooth 4.0 or above
- **Connectivity:** Bluetooth
- **GPS:** No built-in GPS. Can use connected smartphone's GPS for route tracking.
- **Product Dimensions:** 6.8 x 3.3 x 0.6 inches
- **Item Weight:** 3.2 ounces

Care & Maintenance

- Clean the watch and band with a soft, dry cloth. Do not use chemicals or abrasive cleaners.
- Ensure the watch and charging contacts are dry before charging.
- The IP68 rating protects against water ingress but avoid exposing the device to high-velocity water, steam, or extreme temperatures.
- For long-term storage, charge the battery to approximately 50% and power off the device.

Troubleshooting

- **Device won't turn on:** Connect to the charger for at least 30 minutes, then try powering on again.
- **Cannot pair with phone:** Ensure Bluetooth is enabled, the watch is charged, and it is within range. Restart both the watch and your smartphone. Remove the device from your phone's Bluetooth paired list and try pairing again.
- **Data not syncing:** Open the companion app and ensure it is connected to the watch. Keep the app running in the background on your phone.
- **Inaccurate heart rate readings:** Wear the watch snugly on your wrist, about one finger's width above your wrist bone. Ensure the sensors on the back are clean and in contact with your skin.

- **Notifications not appearing:** Check the app settings to ensure notification permissions are granted. Verify the "Call & Message Reminder" or similar function is enabled in the device settings via the app.

Warranty and Support

For warranty information about this product, please [click here](#).

Safety Information

- The heart rate, sleep, and activity data are for general wellness and fitness purposes only. They are not intended for medical use or diagnosis.
- If you have a pacemaker or other internal medical device, consult your physician before using a device with wireless and magnetic charging capabilities.
- Discontinue use if you experience skin irritation. Keep the device and band clean and dry.
- Keep the device and charging cable away from small children.

Warning

This content is compiled from multiple sources and is provided for reference purposes only. It may not be complete or fully applicable to all situations. If you are unable to resolve your issue, please contact the product manufacturer or an authorized service provider for official support.