

Overview

The LIVIKEY Fitness Tracker Watch is a wearable device designed to monitor daily activity, health metrics, and provide smart notifications. It features a 1.3-inch square touchscreen display and connects to your smartphone via Bluetooth.



Features

Health & Activity Monitoring

- **Heart Rate Monitor:** Tracks heart rate automatically throughout the day. Manual readings can also be initiated via the companion app.
- **Sleep Monitor:** Automatically analyzes sleep stages (deep sleep, light sleep, and awake time) during the night.
- **Activity Tracking:** Records daily steps, distance traveled, calories burned, and active minutes.
- **Multi-Sport Modes:** Includes 9 pre-set sport modes such as running and walking for more detailed activity tracking.

Smart Features

- **Smart Notifications:** Displays alerts for incoming calls, SMS messages, and app notifications (e.g., Facebook, Twitter, Gmail) from your paired smartphone.
- **Sedentary Alert:** Reminds you to move after prolonged periods of inactivity.
- **Breathing Guide:** Provides guided breathing exercises to help manage stress.
- **Other Tools:** Includes a stopwatch and alarm clock.

Design & Durability

- **IP68 Waterproof:** Resistant to sweat, rain, and handwashing. Suitable for swimming.
- **Battery Life:** Provides 5-7 days of use on a single charge. Charging time is approximately 2 hours.
- **Color Options:** Available in multiple colors including Black, Blue, Cyan, Gray, Light Pink, and Purple.



Use Guide

Getting Started

1. **Charging:** Fully charge the device using the provided USB cable before first use.
2. **Power On/Off:** Press and hold the side button to turn the watch on or off.

3. **Wearing the Device:** Secure the watch band comfortably on your wrist, ensuring the sensors on the back are in contact with your skin for accurate readings.

Pairing with Your Smartphone

1. Enable Bluetooth on your smartphone (Android 4.0 / iOS 8.0 or above required).
2. Download and install the "VeryFitPro" or compatible app from the Google Play Store or Apple App Store.
3. Open the app and follow the in-app instructions to pair with your LIVIKEY fitness tracker.
4. Grant the app necessary permissions for notifications and health data.

Using the Touchscreen

The main screen displays the time and date. Swipe up, down, left, or right to navigate through different functions:

- **Swipe Left/Right:** Cycle through widgets showing heart rate, steps, weather, etc.
- **Swipe Down:** Access the notification center.
- **Swipe Up:** View quick settings or menu options.
- **Tap:** Select an item or enter a sub-menu.

Initiating Activity Tracking

1. Navigate to the sport mode menu on the watch.
2. Select the activity you are about to perform (e.g., Running, Walking).
3. The watch will begin tracking specific metrics for that activity. For outdoor workouts, ensure your phone's GPS is active and connected for route tracking.
4. View detailed post-workout summaries in the companion app.

Managing Notifications

To receive notifications on your watch:

1. Ensure the watch is successfully paired with your phone via Bluetooth.
2. Within the companion app, enable notifications for calls, messages, and other desired apps.
3. When a notification arrives, it will vibrate and display on the watch screen. Swipe to dismiss.

Note: This watch cannot make calls or send text messages independently.

Specifications

- **Display:** 1.3-inch touchscreen
- **Compatibility:** iOS 8.0 / Android 4.0 & Bluetooth 4.0 or above. Not compatible with tablets or PCs.
- **Connectivity:** Bluetooth
- **Water Resistance:** IP68 rated
- **Battery:** Lithium Polymer. 5-7 days usage, 2-hour charge time.
- **Sensors:** Heart rate monitor, accelerometer
- **Dimensions:** 6.8 x 3.3 x 0.6 inches
- **Weight:** 2.08 ounces
- **Included in Box:** Watch Band

Care and Maintenance

- Clean the device and band with a soft, dry cloth. Do not use chemicals or abrasives.
- While IP68 waterproof, avoid exposing the device to high-velocity water, hot water, or steam (e.g., saunas, hot showers).
- Ensure the charging port is dry before connecting the charger.
- For long-term storage, charge the device to approximately 50% and power it off.

Troubleshooting

- **Watch won't turn on:** Connect to the charger for at least 30 minutes, then try powering on again.
- **Cannot pair with phone:** Ensure Bluetooth is enabled on your phone. Restart both the watch and your phone. Delete the watch from your phone's Bluetooth paired devices list and try pairing again.
- **Inaccurate heart rate data:** Wear the watch snugly on your wrist, positioned about a finger's width above your wrist bone. Ensure the sensors on the back are clean and in contact with skin.
- **Notifications not appearing:** Verify notification permissions are granted in the companion app and your phone's system settings.
- **Battery drains quickly:** Reduce screen brightness, turn off constant heart rate monitoring, or disable unnecessary notifications via the app.

Warranty and Support

For warranty information about this product, please [click here](#).

Warning

This content is compiled from multiple sources and is provided for reference purposes only. It may not be complete or fully applicable to all situations. If you are unable to resolve your issue, please contact the product manufacturer or an authorized service provider for official support.

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