

1. Overview

The BrilliantHouse S5 is a fitness tracker designed to monitor daily activity and health metrics. It connects to your smartphone via Bluetooth to provide notifications and sync data.



The device features a 0.96-inch rectangular screen, a removable TPU band, and a touch-sensitive button on the bottom of the screen.

2. What's in the Box

- Fitness Tracker x 1
- Watch Band x 2
- Troubleshooting Tips x 1
- Instruction x 1


3. Key Features

3.1 Health Monitoring

The tracker automatically and continuously monitors key health data.

- **Heart Rate:** Tracks real-time heart rate.
- **Blood Pressure & Blood Oxygen:** Monitors these metrics.
- **Sleep:** Analyzes sleep stages (deep, light, awake) between 9 PM and 9 AM.
- **Temperature:** Monitors body temperature.

Charging Guidance



Step1
Remove the band from watch body (45° angle will be easier)

Step2
Find the metal piece

Step3
Plug the metal piece into any USB port. If the charging icon isn't show on screen, turn the watch to another face and plug again

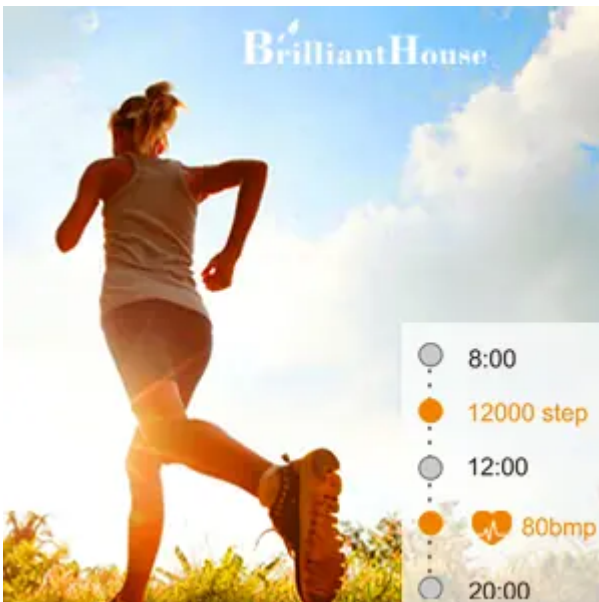
Note:

- Both 2 sides of watch band can be removed, but only one side with metal piece can be charged
- When it starts charging, it will vibrate once, and the charging icon will show on screen for some seconds, if not, please refer to Step3.

3.2 Activity Tracking

Records all-day activities and supports multiple sports modes.

- **Daily Metrics:** Tracks steps, distance, and calories burned.
- **Sports Modes:** Includes 17 pre-set sports modes.
- **Data Sync:** Syncs data with the companion app for comprehensive analysis.



3.3 Smart Notifications

Receives alerts from your paired smartphone.

- **Calls & Messages:** Displays caller ID and SMS notifications.
- **App Alerts:** Supports notifications from social media and messaging apps (Facebook, WhatsApp, Instagram, etc.).
- **Call Rejection:** Allows you to reject incoming calls from the tracker.



3.4 Reminders & Alerts

- **Sedentary Reminder:** Vibrates to remind you to move after prolonged inactivity.
- **Drink Water Reminder:** Vibrates to remind you to drink water at set intervals.
- **Schedule Reminder:** Alerts for calendar events.

3.5 Additional Functions

- Customizable watch faces.
- Remote camera shutter control.
- Find phone feature (makes phone vibrate).
- Raise-to-wake screen function.
- Google Fit support.
- Alarm clock.
- Female health tracking.

4. Use Guide

4.1 Initial Setup

1. **Charge the Device:** Before first use, fully charge the tracker. Remove the band from the watch body. Only the side of the band with metal contacts can be charged. Connect it to a USB port. The watch will vibrate once, and a charging icon will appear on the screen. If it doesn't, turn the watch to the other face and plug it in again.
2. **Power On:** Long press the touch button (rectangle on the bottom of the screen) for 5 seconds to turn on the device.
3. **Download the App:** On your smartphone, download the "Runmefit" app from the Apple App Store or Google Play Store.
4. **Pair with Phone:** Enable Bluetooth on your phone. Open the Runmefit app and follow the in-app instructions to pair the tracker. Ensure you grant all necessary permissions to the app (notifications, background activity, etc.) for full functionality.

Compatibility: Requires Android 4.4 or above / iOS 9.0 or above, and Bluetooth 5.0. Compatible with smartphones only, not with iPads, PCs, or Tablets.

4.2 Wearing the Tracker

For accurate data:

- Wear the watch close to your skin.
- The strap should be snug but comfortable, about one finger's width away from your wrist bone.

Raise-to-Wake Tip: To activate the screen by lifting your wrist, lift your hand naturally from your side, keeping the screen as horizontal as possible. While sitting, turn your wrist 90 degrees outward and then inward.

4.3 Navigating the Device

Use the touch-sensitive button on the bottom of the screen to:

- Turn on the screen.
- Navigate through menus (time, heart rate, steps, etc.).
- Select items.

Swipe vertically on the screen to scroll through different data screens.

4.4 Charging

1. Remove the band from the watch body.
2. Identify the side of the band with the metal charging contacts.
3. Plug the exposed USB connector directly into a USB port (e.g., on a computer, wall adapter).
4. A charging icon will appear on the screen. A full charge takes 1-2 hours.

4.5 Using the App

The Runmefit app is your central hub for data and settings.

- **View Data:** Check detailed history of your steps, heart rate, sleep, and other metrics.
- **Set Reminders:** Configure sedentary and drink water reminder intervals.
- **Customize Watch Face:** Select from available watch face designs.
- **Manage Notifications:** Choose which apps can send alerts to your tracker.

Important for Notifications: To receive notifications, you must allow the Runmefit app to run in the background and have permission to display notifications. Refer to the app's settings and your phone's system settings.

5. Specifications

Model	S5
Screen Size	0.96 Inches
Bluetooth Version	5.0 or later
Bluetooth Range	10 meters (32.8 feet)
Battery Capacity	105 mAh
Working Time	5-7 days (typical use)
Standby Time	Up to 30 days
Charging Time	1-2 hours
Water Resistance	IP68 (shower, swim, shallow water)
Band Material	TPU
Band Size (Adjustable)	Fits wrists 5 - 8 inches (approx. 4.7in x 7.9in band length)
Weight	0.84 oz (23.8g)
Memory Storage	32 MB

6. Care & Maintenance

- **Cleaning:** Wipe the device with a soft, dry cloth. Do not use chemicals or abrasives.
- **Water Exposure:** The device is IP68 rated for water resistance. It can withstand rain, hand washing, showering, swimming, and diving in shallow water. Do not press buttons underwater or expose it to high-velocity water (e.g., water skiing).
- **Storage:** Store in a cool, dry place away from direct sunlight and extreme temperatures.
- **Battery:** Use only the built-in USB connector to charge. Avoid completely draining the battery frequently.

7. Troubleshooting

Device won't turn on.

- Ensure the device is charged. Long press the touch button for 5 seconds. If it still doesn't turn on, connect it to a charger.

Time/Date is incorrect.

- The time syncs automatically when connected to the phone via Bluetooth. Ensure the tracker is connected to the app. If the time is wrong after the battery dies, fully charge the device and reconnect it to your phone.

No notifications are received.

- Ensure Bluetooth is enabled and the tracker is connected to the Runmefit app.
- On your phone, check that the Runmefit app has permission to send notifications and is allowed to run in the background.
- Within the Runmefit app, verify that notification settings are enabled for calls, messages, and other apps.
- If disconnected, try unbinding the device in the app and then re-pairing it.

Step count seems inaccurate.

- Wear the tracker snugly on your wrist, close to the skin.
- The step counter has an approximate 2% error margin. It may not count sequences of fewer than 20 steps to reduce false counts during sedentary periods.

Bluetooth connection is lost.

- The effective range is up to 10 meters (32.8 feet) without obstructions. Move closer to your phone.
- If the connection fails, unbind the device in the Runmefit app, then set up the pairing again. Your historical data will not be affected.

Charging icon doesn't appear.

- Ensure you are using the side of the band with the metal contacts. If the watch doesn't vibrate upon connection, turn the watch to the other face and plug it in again.

Warning

This content is compiled from multiple sources and is provided for reference purposes only. It may not be complete or fully applicable to all situations. If you are unable to resolve your issue, please contact the product manufacturer or an authorized service provider for official support.