

ELÄHRING

Welcome Guide

Elah Ring S1

Getting started, care, safety, and important
product information

Welcome to Elah Ring

Elah Ring is designed to help you stay gently aware of your body, your daily rhythm, and your spiritual life.

*Elah Ring is not a medical device and should not be used to diagnose, treat, cure, monitor, or prevent any disease or medical condition.

What's in the Box

Inside the box, you should find:

- ❶ Elah Ring S1
- ❷ Elah Ring S1 Charging Case
- ❸ USB-C Charging Cable
- ❹ Welcome Pack



❶



❷



❸



❹

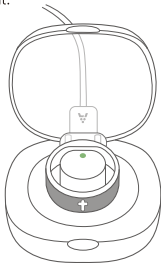
If anything appears missing, damaged, or incorrect, please contact us before using the product.

Get Started

1

Charge your ring

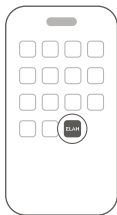
Before first use, remove the insulation film from the ring. Then place the ring in the charging case to charge and wake it.



2

Download the Elah App

Scan the QR code to download the Elah App and continue setup.

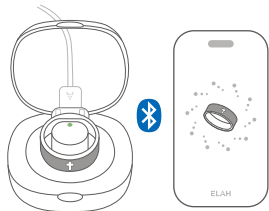


Get Started

3

Pair your ring

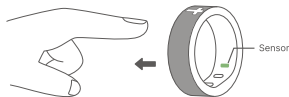
Open the Elah App and follow the on-screen steps. Keep the ring close to your phone while pairing.



4

Start wearing

Wear the ring on your index, middle, or ring finger. Make sure the sensors face the palm side of your hand. For fit guidance, see "How to Wear."



How to Wear

For the best experience, choose a finger where Elah Ring feels secure and comfortable.

Good fit

The ring should feel snug, but not tight. It should stay in place without spinning freely.



Too tight

Remove the ring if it causes pain, numbness, deep pressure marks, or becomes difficult to remove.

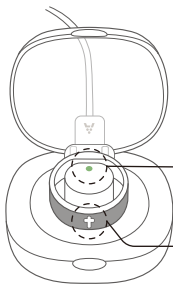
Too loose

If the ring rotates often or loses contact with your skin, readings may be less consistent.

Keep the ring and your skin clean and dry. Remove the ring if your finger becomes swollen or feels uncomfortable.

Charging Your Ring

Place the ring in the charging case, making sure the charging contacts are aligned. Use only approved charging accessories and a compliant power adapter.



Charging Case Light

- Charging Case Low battery
- Charging Case Normal battery
- Charging Case Fully charged

Ring Light & Vibration

Charging: Slow breathing light; no vibration

Fully charged: Solid light that fades out, with one short, gentle vibration

Dry the ring before charging. Do not charge if the ring is wet or damaged.
Use a compliant 5V=1A power adapter only.

Disconnect the charging case once fully charged. Stop charging if the ring or case becomes unusually hot, changes shape, emits odor, or shows signs of damage.

Care & Comfort

Water resistance

Elah Ring is water resistant according to its rated conditions. Water resistance is not permanent and may decrease over time due to normal wear, impact, or damage.

Avoid hot water, saunas, steam rooms, seawater, chemical cleaners, and high-pressure water. Dry your ring before charging.



Water resistant



Avoid hot water

Care

Wipe the ring with a soft, dry cloth. Keep the inner sensor area and charging contacts clean and dry. Avoid abrasive cleaners.



Wipe clean

Comfort

Stop wearing the ring if you experience redness, swelling, numbness, itching, pain, irritation, or an allergic reaction.



Dry before charging

Product Specifications

Elah Ring

Product name	Elah Ring
Model	Elah Ring S1
Ring sizes	7, 8, 9, 10, 11, 12, 13
Color	Clear Silver, Dawn Gold, Matte Black, Rose Gold
Material	Titanium alloy, inner resin
Sensors	PPG sensor, motion sensor
Wireless	Bluetooth 5.2
Battery	3.7V, 14.5-20.5mAh (depends on Elah Ring size)
Water resistance	IP68

Charging Case

Battery	200mAh
Input	5V==1A
Output	5V==500mA
Charging port	USB-C

Specifications are provided for general product identification only and may be updated, corrected, or may vary by model, configuration, or production batch.

For the latest product information, visit elahring.com.

Troubleshooting

The ring will not pair

- Make sure Bluetooth is turned on
- Keep the ring close to your phone
- Place the ring in the charging case
- Close and reopen the Elah App

Data is missing or delayed

- Make sure the ring was worn correctly
- Open the Elah App to sync
- Check the ring battery level
- Make sure the app is up to date

The ring will not charge

- Check that the ring is seated correctly
- Clean and dry the charging contacts
- Check the cable and charging case for damage

Unusual heat

- If the ring or charging case becomes unusually hot, stop using it immediately and contact support.

Still need Help?

Setup Tutorials,
FAQ & Support



support.elahring.com/s1

Privacy Policy



elahring.com/privacy-policy

Warranty &
Liability Terms



elahring.com/terms-and-conditions

Returns, Warranty & Liability

RETURNS POLICY

We want your Elah Ring to arrive safely and match what you ordered.

We do not accept returns or exchanges for change of mind, except where required by applicable law. This policy does not affect your statutory rights. If your product arrives damaged, defective, incorrect, missing items, or materially different from its description, please contact us within 7 days of delivery.

Eligible returns must be unused, unopened, and in the original packaging. For returns due to product defects or our shipping error, return shipping will be provided at no cost to you. For all other eligible returns, return shipping is the customer's responsibility.

Elah Ring includes a 1-year limited warranty covering defects in materials and workmanship under normal use. If a covered defect is confirmed during the warranty period, we will, at our option, repair or replace the product, or refund the purchase price. Refunds are processed within approximately 14 business days after review.

LIMITATION OF LIABILITY

To the fullest extent permitted by applicable law, ElahRing and its affiliates shall not be liable for any indirect, incidental, punitive, special, or consequential damages arising from your use of Elah Ring, the Elah App, related services, products, or content. In no event shall our total aggregate liability exceed the amount you paid for the product.

Nothing in this section excludes or limits liability for (a) death or personal injury caused by negligence, (b) fraud or fraudulent misrepresentation, or (c) any liability that cannot be excluded or limited under applicable law.

The information above is provided as a simplified overview. For the complete terms governing returns, warranty coverage, and limitations of liability, please review our Terms and Conditions at elahring.com/terms-and-conditions or scan the QR code in the Help section.

LIMITED WARRANTY

Warranty coverage is provided as stated below and under the Company's Limited Warranty. For the complete Limited Warranty, including coverage, exclusions, and instructions for obtaining warranty service, please visit elahring.com/terms-and-conditions or contact support@elahring.com to request a free copy.

Coverage does not apply to damage caused by misuse, accident, unauthorized repair or modification, improper charging, normal wear, or cosmetic damage that does not affect product functionality.

TO THE EXTENT PERMITTED BY APPLICABLE LAW, ANY IMPLIED WARRANTIES, INCLUDING THE IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE, ARE LIMITED IN DURATION TO THE PERIOD OF THIS LIMITED WARRANTY. Some states do not allow limitations on how long an implied warranty lasts, so the above limitation may not apply to you.

This warranty gives you specific legal rights, and you may also have other rights that vary from state to state.

Safety, Medical & Compliance

IMPORTANT NOTICE

Elah Ring and the Elah App are general wellness products only. They are not medical devices, medical apps, or medical services.

IMPORTANT SAFETY

Use only approved charging accessories and a compliant 5V=1A power adapter. Do not use damaged cables, adapters, rings, or charging cases.

Do not charge the product if it is wet. Keep it away from fire, excessive heat, crushing, puncturing, burning, or disassembly. Do not attempt to replace the battery.

This product contains a lithium-ion battery. Dispose of or recycle the product and battery in accordance with applicable local laws and regulations.

Stop use if the product becomes unusually hot, emits odor, changes shape, or shows signs of damage.

Remove the ring if it causes pain, numbness, swelling, irritation, or discomfort. Keep the product away from small children and pets.

If you use a pacemaker, implanted medical device, or other electronic medical equipment, consult your physician or device manufacturer before using Elah Ring.

MEDICAL DISCLAIMER

Elah Ring and the Elah App are not intended to diagnose, treat, cure, monitor, or prevent any disease or medical condition.

Data, insights, reminders, and suggestions are provided

for general wellness awareness only and should not be used as medical advice or a basis for medical decisions. Do not disregard professional medical advice or delay seeking medical treatment based on information provided by Elah Ring or the Elah App. Always consult a qualified healthcare professional regarding any questions about your health or before making medical decisions.

If you believe you are experiencing a medical emergency, call 911 (or your local emergency services) immediately.

FCC STATEMENT

This device complies with Part 15 of the FCC Rules. Operation is subject to two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and

receiver.

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Warning: Changes or modifications made to this device not expressly approved by Everblessed Technology Inc. may void the FCC authorization to operate this device.

Note: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.

RF EXPOSURE STATEMENT

This device complies with FCC RF radiation exposure limits set forth for an uncontrolled environment. The device is installed and operated without restriction.

CONTACT INFORMATION

For warranty service, returns, or product support, please contact support@elahring.com.

For privacy information and how we handle your data, please see our Privacy Policy at elahring.com/privacy-policy

Knows Your Body. Serves Your Faith.

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