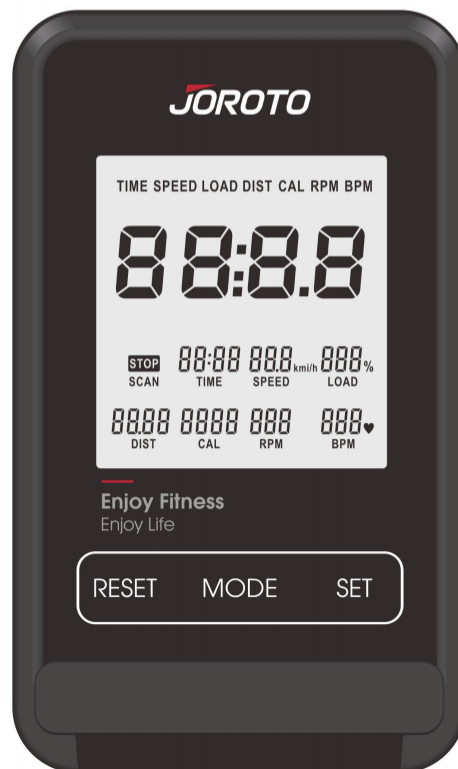


MONITOR INSTRUCTION MANUAL



Display function

ITEM	DESCRIPTION
SCAN	● In SCAN mode, press MODE key to choose functions ● Automatically scan through each mode in sequence every 6 seconds. ● The sequence of display : TIME→ SPEED→LOAD→DIST→CAL→RPM→BPM.
TIME	● Without setting the target value, time will count up. ● When setting the target value, time will count down from your target time to 0 and alarm will sound (BIBI*6), then the time will switch to count up. ● Without any signal put into the console for 4 seconds, the console displays STOP. ● Range: 0:00 ~ 99:59
SPEED	● Range: 0.0 ~ 99.9. ● Without any signal put into the console for 4 seconds, SPEED will display "0.0". ● When the current value over the range 99.9, the console still displays 99.9.

ITEM	DESCRIPTION
LOAD	● Range: 0~100% ● Adjust the resistance value and display its value.
DIST	● Without setting the target value, DIST will count up. ● When setting the target value, DIST will count down from your target DIST to 0 and alarm will sound (BIBI*6). ● Range: 0.00 ~ 99.99
CAL	● Without setting the target value, CAL will count up. ● When setting the target value, CAL will count down from your target CAL to 0 and alarm will sound (BIBI*6), then the Calories will switch to count up. ● Range: 0~9999
RPM	● Range: 0 ~ 999. ● Without any signal put into the console for 4 seconds, RPM will display "0". ● When the current value over the range 999, the console still displays 999.
BPM	● With any signal put into the console for 4 seconds, the console displays its value. ● Without any signal put into the console for 4 seconds, the console displays "P". ● When the current pulse goes over the target value, the alarm will sound BIBI. ● Range: 0/30~230

Key Function

After pressing the key, the back lights turn on for 5 seconds and then goes off.

ITEM	DESCRIPTION
MODE	● Pressing this key to confirm the selection. ● Press this key to scan the other display function during workout.
SET	● Press this key to increase value. ● Hold this key to increase value faster.
RESET	● In setting mode, press RESET key once to reset the current function figures. ● Press RESET key and hold for 2 seconds to reset all function figures.

OPERATION PROCEDURE

Power On

The LCD will display all the segments after powers on, the wheel diameter is displayed in the window of DIST and meantime the console sounds long BI and enter into SCAN mode.

Without any signal put into for 4 seconds, the console will enter into standby mode and display STOP.



Power Off

Without any signal put into for 3 minutes, IC enters into sleeping mode.

When start riding or any button is pressed (no function but only to wake up the display), the display will wake up.

OPERATION

The LCD will display all the segments after power on, enter into KM/ML selection mode and pressing SET to select KM/ML, then press MODE key to confirm and enter into SCAN mode.

1. TIME

A. Without setting target value by pressing SET key, the signal input directly and the console counts up.

B. When setting target value by pressing SET key, each pressing increases 1 minute.

The console counts down (when the value is 0, there will sound BIBI*6, then switch to count up).

2. SPEED

It can't set target value, the console displays its current speed when there is signal input.

3. LOAD

Display the adjustment of resistance.

4. DIST

A. Without setting target value by pressing SET key, the signal input directly and the console counts up.

B. When setting target value by pressing SET key (the highest setting value is 99.50), each pressing increases 0.5.

The console counts down (when the value is 0, there will sound BIBI*6, then switch to count up).

5. CAL

A. Without setting target value by pressing SET key, the signal input directly and the console counts up.

B. When setting target value by pressing SET key (the highest setting value is 9999), each pressing increases 10.

The console counts down (when the value is 0, there will be sound BIBI*6, then switch to count up).

6.RPM

It can't set target value, the console displays its current RPM when there is signal input.

7.BPM

A. Without setting target value by pressing SET key, the pulse signal input directly and the console displays current pulse value.

B. When setting target value by pressing SET key (range is 0/30~230), each pressing increases 1. When the current pulse over the target value, the console will sound BIBI*6.

Factory Pattern

1. Press down MODE+REST for 3 seconds to enter Factory Pattern.

2. Press SET and select F01/F02/F03, then press MODE to set the functions.

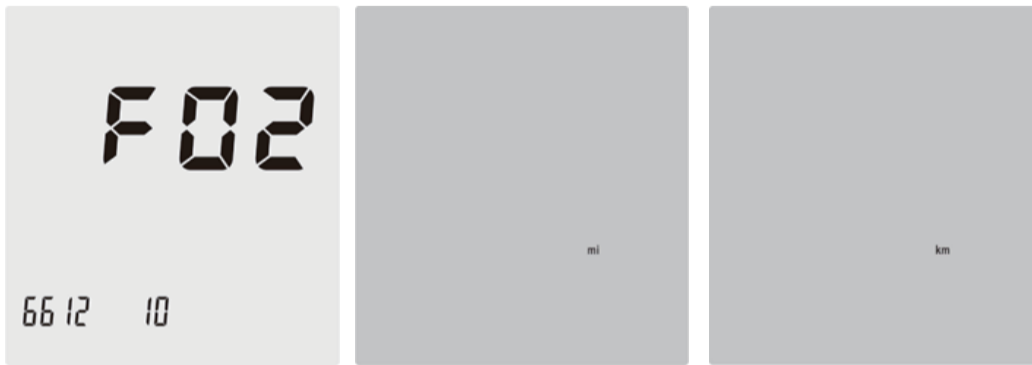
3. F01: Resistance Adjustment

When it shows L_AD, rotate the resistance knob and adjust the resistance to the lowest, press MODE to confirm. Then it shows H_AD, rotate the resistance knob will adjust the resistance to the highest, press RESET. Setting accomplished.



F02: Switch (KM/MI)

Press MODE, select KM/MI, press RESET to confirm.



F03: Background light control (01: Light on for 5 seconds 02: Lights on)

Press MODE to select 01/02, then press RESET to confirm.



Trouble shooting

When the display of LCD is dim, it means the batteries need to be changed.

If there is no signal when you pedal, please check if the cable is well connected.

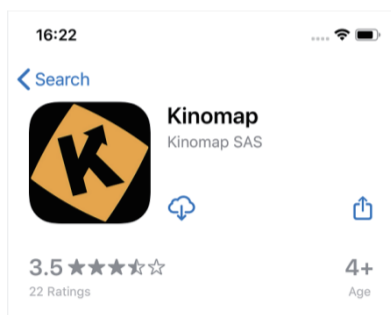
NOTE

1. When stop training for 3 minutes, the main screen will be off.
2. If the console displays abnormally, please re-install the batteries and try again.

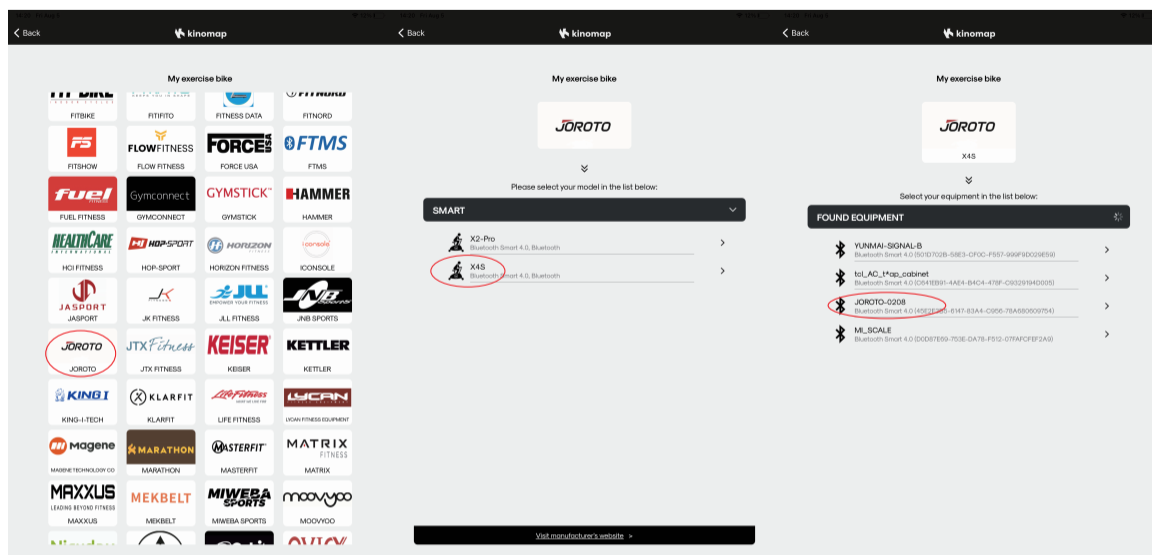
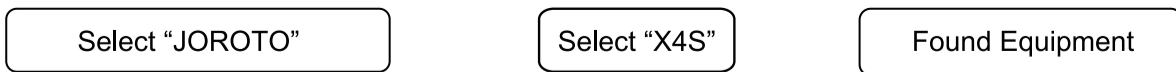
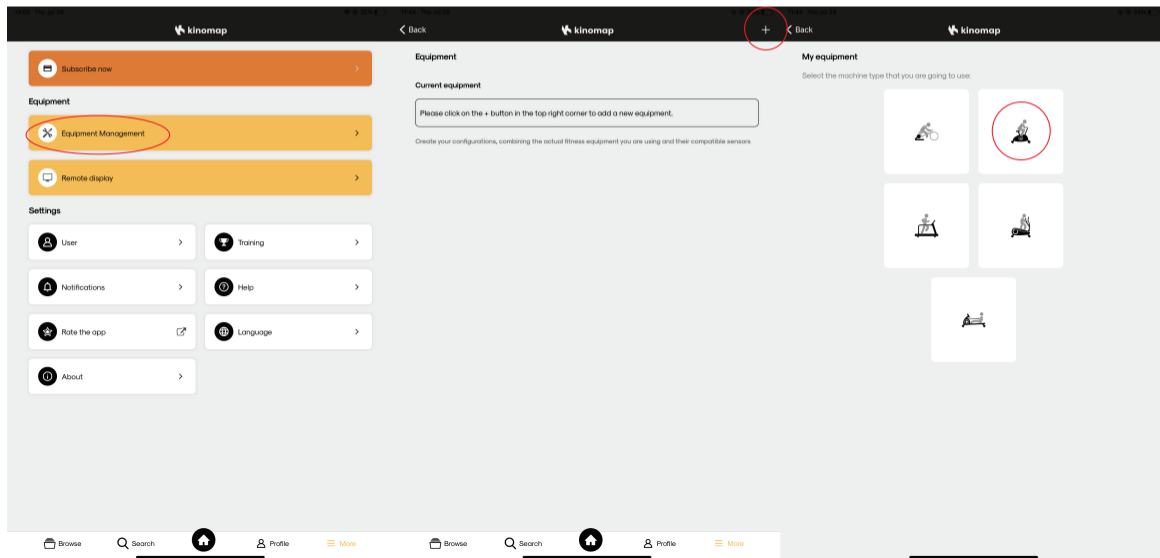
APP

1. This console can connect APP on the smart device by Bluetooth.
2. Once console is connected to smart device via Bluetooth, the console will display load %.

- 1) Search "KINOMAP" in the mobile app store to download the app.



- 2) After the download is complete, open the APP and register your personal information, turn on the Bluetooth of your mobile phone, and make sure that the monitor is powered on and awake.
- 3) Add sports equipment, the specific operations are as follows:



- 4) After the equipment is connected, choose the scene you like and start your workout!