

VIZACURE

LIGHT THERAPY MASK

USER MANUAL



Dermatologists, aestheticians, and spas use LED light therapy to smooth, soothe, and rejuvenate skin. Phototherapy is suitable for every skin conditions.

Light therapy is perfect for all skin types, even sensitive or irritated skin. Everyone can experience the benefits of red, blue, and amber light therapy from the comfort of their own home.

HELLO THERE.

Joel and I are athletes who suffered from severe ACL injuries a few months apart. We purchased multiple pieces of wellness equipment for our in-home rehab but were left disappointed and frustrated by wellness and recovery devices that made big promises but gave no support, no well-thought-out plan to follow, and no results. And that's how Lifepro came about, and why the Wellness Recovery collection was created — we've set out to change all of that. It's why every piece of equipment bearing our name not only undergoes rigorous scrutiny to make sure it delivers on power and efficacy, but also comes with built-in support from our 'guiding angels' and a built-in lifetime warranty so that you're never left hanging.

Welcome to Lifepro.
We're in this together now.

Abe & Joel



You don't need expensive trips to the spa to get smoother, softer, more supple skin. The LifePro VizaCure Light Therapy Mask provides professional-level LED light therapy treatments from the comfort of your own home. LED light therapy, also called phototherapy, is a highly-effective, non-invasive, chemical-free way to safely and painlessly repair and rejuvenate your skin. VizaCure provides three light therapy treatment options in one simple, hands-free face mask:

- **Red light therapy** improves blood circulation and boosts collagen and elastin production, reducing the appearance of fine lines and wrinkles up to 35%. Red light therapy also tightens pores, smooths skin tone, and reduces symptoms of eczema, psoriasis, and rosacea including redness, itching, flaking, swelling, and discomfort.
- **Blue light therapy** is very effective for the treatment of skin issues. It eliminates the bacteria that causes infection, regulates over-active oil/sebum glands, and soothes inflammation. Reduces pigmentation and sun damage.
- **Amber light therapy** boosts lymphatic drainage and flushes toxins. Amber light is particularly helpful for irritated or sensitive skin. It improves oxygen exchange in the cells, accelerates blood circulation, and softens skin. Amber light reduces redness and inflammation, as well as the small broken blood vessels that can be caused by rosacea.

Use the VizaCure Light Therapy Mask three to four times per week for 15–20 minutes and see results within three weeks. The transparent, hand-free VizaCure mask allows you to work, read, watch TV, and more while experiencing the benefits of light therapy. The VizaCure is lightweight and the rechargeable battery lets you take skincare on the go. Take your beauty regimen to the next level and enjoy smoother, softer skin anytime, anywhere!

Redefine wellness and beauty and experience the transformative power of the LifePro VizaCure:

- ▶ **Reduce lines and wrinkles:** boosts blood flow and collagen production.
- ▶ **Detoxification:** improves lymphatic drainage and flushes toxins.
- ▶ **Improve symptoms of eczema, psoriasis, rosacea:** reduces itching, flaking, swelling and inflammation, redness, and broken capillaries.

Check out the information in this manual for ways to get started using the VizaCure. Next, be sure to visit our website vizacure.lifeprofitfitness.com for access to our **FREE library of videos** which demonstrate how to easily incorporate the VizaCure into your health and wellness routine.

VIZACURE

LIGHT THERAPY MASK

GET STARTED

WHAT'S IN THE BOX

- Lifepro VizaCure Light Therapy Mask
- MicroUSB Charging Cable
- User Manual

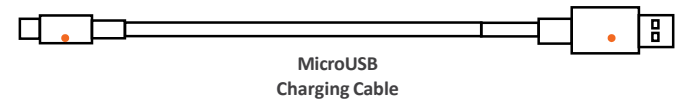
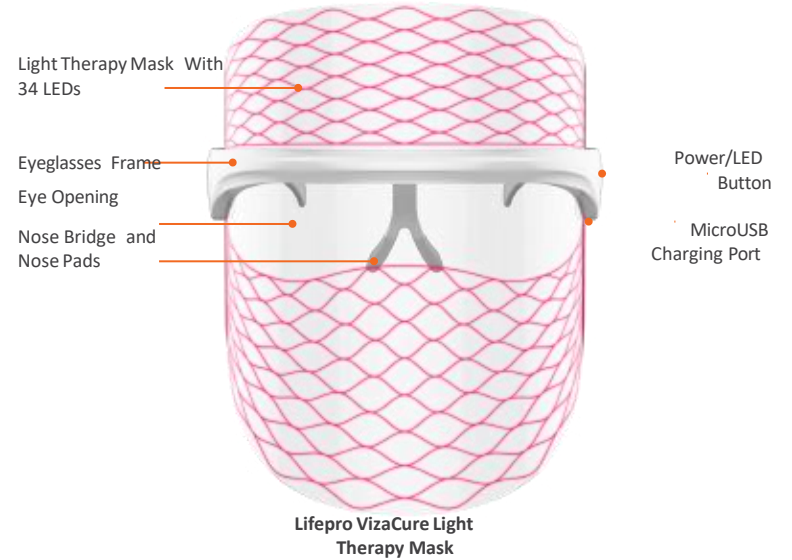
FIRST STEPS

1. Remove the VizaCure from the shipping box and remove all packaging from the unit and accessories. Inspect the device and accessories for shipping damage.
2. Carefully read all safety warnings and operating instructions before using the VizaCure.
3. Go to viza.cure.lifeprofitness.com and register your product within 14 days of purchase to activate your lifetime warranty.
4. Complete the steps in the EASY-START SETUP GUIDE on page 8 to begin using the VizaCure.

CUSTOMER SUPPORT

If you have any questions about setting up the VizaCure, we're here to help. Call or email us and an experienced customer support representative will be happy to assist you: (800) 563-6604 or support@lifeprofitness.com.

PARTS OF THE VIZACURE



Plug into the MicroUSB Charging Port on the side of the VizaCure

Plug into a USB Charging Adapter or USB Port



EASY-START SETUP GUIDE

PREPARING YOUR FACE FOR TREATMENT

1

- Gently wash your face to remove any dirt and oils.
- Carefully pat your face dry with a soft towel.
- Apply a light, soothing moisturizer to your face, if desired.

USING THE VIZACURE

2

- Place the VizaCure Light Therapy Mask in position on your face. Ensure the earpieces are in position over your ears and the nose bridge rests comfortably on your nose.
- Press and hold the Power/LED button on the left earpiece for three seconds to turn on the VizaCure.
- Your light therapy treatment will begin immediately.

TESTING FOR SKIN SENSITIVITY

Before your first treatment, it is important to perform a skin sensitivity test to ensure you won't experience any adverse reactions to light therapy. To do a sensitivity test:

1. Hold the belt to your inner arm, with the LEDs against your skin.
2. Press the On/Pulse/Off button to turn on the device. The treatment program will begin automatically. Allow the default 5-minute treatment program to run. The AlleveRed Pro will turn off automatically when the 5-minute program is complete.
3. If your skin feels uncomfortable or hot at any point during the test treatment, stop using the device immediately.
4. Wait at least 6 hours after the sensitivity test. If your skin becomes red and/or itchy, you may be sensitive to light therapy and you should not continue to use the device.

NOTE: Please see a list of contraindications (people who should not use this device) on page 12.

TIPS FOR USING THE VIZACURE

- Thoroughly wash and dry your face.
- Optionally, you may apply a light, soothing moisturizer before using the VizaCure.
- Place the VizaCure in position on your face before turning it on. Ensure the VizaCure is positioned properly on your face so your eyes are level with the eye opening to prevent light exposure to your eyes.
- Ensure the VizaCure is properly positioned on your face so that your eyes are level with the eye opening to prevent light exposure to your eyes.
- Check the treatment area frequently and stop immediately at the first sign of pain or discomfort.
- Do not use for more than 20 minutes per day.
- People with sensitive skin or skin conditions that can be exacerbated by heat, such as eczema and rosacea, may want to use the device only for short durations.
- While the VizaCure is transparent to allow you to complete tasks around the house, work, read, or watch TV during treatment sessions. You can also take this opportunity to practice 20 minutes of blissful, uninterrupted relaxation and self-care. We recommend sitting in a comfortable chair with your feet up and eyes closed. Listen to music or meditate to up the relaxation factor even further.

⚠ CAUTION

- Do not look directly into the LEDs, as this may result in damage to the eyes.
- Do not use this product in combination with ointments, salves, liniments, balms, or other topical pain-relievers that contain ingredients that produce heat (such as capsaicin), as this may result in burns.
- Do not use sheet masks or harsh products such as acids or retinols under the VizaCure.
- Do not wear metal jewelry or accessories in the treatment area, as metal may heat and cause burns.
- Do not use directly on swollen or inflamed skin or open wounds.
- Keep out of reach of children and pets.

OPERATING INSTRUCTIONS

Please read the operating instructions before using the VizaCure Light Therapy Mask. Keep this manual for reference.

CHARGING THE BATTERY

- Do not use the VizaCure while it is charging. Always ensure it is powered off before charging.
- To charge:
 - Plug the microUSB charging cable into the microUSB port on the underside of the left earpiece.
 - Plug the standard USB end of the charging cable into:
 - A USB port on a computer or laptop, OR
 - A 5V–1A USB charging adapter. Then, plug the charging adapter into a wall outlet.
- The VizaCure will typically take about 1 hour to charge.
- You may charge the battery at any time.
- The VizaCure will automatically power off when the battery is depleted.
- The average run-time is 30–60 minutes per charge.

USING THE CONTROL PANEL

- Power/LED Button:** Press and hold the button for three seconds to turn on the VizaCure. Your light therapy treatment will begin automatically with the red wavelength LEDs. Tap the button once to change the LEDs to blue or tap twice to change the LEDs to amber. Press and hold the button again to turn off the VizaCure.

USING THE VIZACURE LIGHT THERAPY MASK

- Place the VizaCure in position on your face. The mask has an eye glasses frame that sides onto your face just like a pair of eyeglasses.
- Press and hold the **Power/LED button** on the left earpiece for three seconds to turn on the VizaCure. Your light therapy session will begin immediately. 620–750nm red light is selected by default.

- Tap a second time to choose 590–620nm amber light.
- Tap a third time to return to the red light.
- Press and hold the **Power/LED button** for three seconds to turn off the VizaCure at any time.
- Always power off the VizaCure after each use.

CHOOSING AN LED LIGHT THERAPY TREATMENT

COLOR	WAVELENGTH	BENEFITS	EXCELLENT FOR
RED	620–750nm	Boost collagen and elastin production. Improve blood flow. Reduce appearance of fine lines and wrinkles.	Fine lines and wrinkles. Skin conditions such
		Reduce symptoms of eczema, psoriasis, and rosacea including redness, itching, flaking, and swelling.	as eczema, psoriasis, and rosacea.
BLUE	476–495nm	Manage oil/sebum production. Reduce the appearance of scars. Treat sun damage.	Every Skin type.
AMBER	590–620nm	Calm and rejuvenate irritated or sensitive skin. Reduce redness and inflammation. Reduce appearance of	Sensitive or irritated skin.

- Tap the button once to choose 476–495nm blue light.

capillaries. Boost lymphatic drainage.

PRO TIP: Alternate between red and blue light therapy to help manage skin problems. Alternate between red and amber light therapy to manage rosacea symptoms.

DETERMINING TREATMENT FREQUENCY AND DURATION

ISSUE/ SEVERITY			
Frequency <i>(How Often)</i>	2–3 times daily	1–3 times daily	2–4 times weekly
Duration <i>(How Long)</i>	15–20 minutes	10–20 minutes	10–15 minutes

NOTE: Do not use for more than 20 minutes per day.



SAFETY INSTRUCTIONS

Keep this manual in a safe place for future reference.

Before using this product, read all safety warnings and operating instructions. Failure to do so may result in burns, fire, electric shock, serious injury or death, or damage to the product or property.

CONTRAINDICATIONS

- Do not use this product over open or bleeding wounds.
- Do not use this product if you are, suspect you may be, or are planning to become pregnant, or if you are, or plan to begin, breastfeeding.
- Do not use this product if you have cancer or suspect you may have cancerous lesions. Do not use over malignant or benign tumors.
- If you or anyone in your household has ever had symptoms related to epilepsy (seizures or loss of consciousness) when exposed to flashing lights, consult your physician before using this product.
- Consult your physician before using this product if you:
 - Are under the care of a physician for a pre-existing health condition.
 - Take steroid medication, use a topical steroid, or receive steroid injections.
 - Have recently had surgery, LASIK or PRK eye surgery, or skin filler injections, if you have breast implants, or if you have a tattoo in the treatment area.
 - Have a condition that may make you sensitive to light or sunlight, such as Lupus, some forms of eczema, light-induced migraines, albinism, and rosacea.
 - Take a medication that may make you sensitive to light or sunlight, including some antibiotics, chemotherapy drugs, cold and allergy medications, pain medications, and diuretics.
 - Use products that may cause photosensitivity, such as citrus essential oils, St. John's Wart, antibacterial soap, and coal tar and petroleum products.
 - Are or may be sensitive to red light or near-infrared light.

DISCLAIMER

- This product is not a medical device. This product and the information in this manual are not intended to diagnose, treat, cure, or prevent any disease. The health benefits suggested or implied in this manual, other product literature, and company website are not certified or endorsed by any regulatory authority or medical institute.

- The use of this product is entirely at the user's discretion. Please read all instructions and safety information carefully before using this product. We assume no responsibility and expressly disclaim any and all liability for personal injury, death, or property damage or loss sustained through improper use, failure to follow the instructions and warnings in this manual, incorrect setup, or inadequate or incorrect maintenance or neglect of this product.
- It is the responsibility of the owner to ensure that all users of this product are adequately informed of all warnings and cautions.
- Use this product only as instructed in this manual.

⚠ WARNING

To reduce the risk of burns, fire, electric shock, serious injury or death, or damage to the product or property:

- Only use the provided charging cable at the specified voltage to charge the device. Using a charging cable other than the one provided may result in fire or explosion.
- Do not use the provided charging cable to charge other devices.
- Do not modify, tamper with, or damage the charging cable.
- Never unplug the charging cable by pulling on the cord.
- Never use a modified or damaged charging cable to charge the device.
- Do not modify, tamper with, damage, or attempt to disassemble the device. This device has no user-serviceable parts.
- Always inspect the device and charging cable for damage, wear and tear, or fraying before each use. Do not use if damaged, malfunctioning, or if the device has been exposed to water.
- Keep the device and charging cable away from flammable or explosive items, chemicals, fire, and heat sources, and direct sunlight at all times. Do not use or charge in high temperatures or in direct sunlight. Do not use or charge under a blanket or pillow. Excessive heat can cause battery explosion, fire, electrocution, serious injury, death, or damage to property.
- Do not operate or charge in the presence of aerosol (spray) products or corrosive gases, or where concentrated oxygen is being administered.
- Do not use in high temperatures or in direct sunlight. Do not operate under a blanket or pillow.
- Do not use the device while it is charging.
- Keep away from liquids. Do not use outdoors, in high-moisture environments or in any place where the device may become wet or damp. Do not immerse in water. If the device becomes wet, do not use.

- Do not plug in or unplug the charging cable with wet hands.
- Do not use the device over wet skin or clothing.
- Do not use outdoors. Do not use during electrical storms.
- Do not use the device while it is charging.
- Keep sharp objects away from the device and charging cable.
- Do not use the charging cable with an extension cord.
- Never leave the device unattended while running or charging. Unplug the charging cable as soon as the device is fully charged. Do not overcharge.
- Stop using the product immediately if you feel pain or discomfort.
- Do not operate the device while sleeping, driving, smoking, or under the influence of drugs or alcohol.
- Do not use this product on sleeping or unconscious people or infants.
- For adult-use only. Keep away from children and pets.
- This device is not intended for use by adults with diminished mental, sensory, or physical capacity, unless they are closely supervised by a responsible adult.

⚠ CAUTION

To reduce the risk of minor or moderate injury:

- Do not use this product in combination with ointments, salves, liniments, balms, or other topical pain-relievers that contain ingredients that produce heat (such as capsaicin), as this may result in burns.
- Do not use sheet masks or harsh products such as acids, Skin treatments, or retinols under the VizaCure.
- Do not wear metal jewelry or accessories in the treatment area, as metal may heat and cause burns.
- Do not look directly into the LED lights while the device is powered on.

CLEANING, STORAGE & MAINTENANCE

⚠ WARNING! Do not allow water or other liquids to come into contact with the device. Do not immerse the device in water or other liquids.

- Use only over clean skin to keep the device clean.
- Turn off, unplug, and allow to completely cool before cleaning or storing.
- Wipe the device with a soft, dry cloth after use.
- Do not use abrasive, corrosive, solvent, or chemical cleaners or harsh detergents to clean the device.

- Store the device in a cool, dry, indoor location. Store in the original box to prevent damage.
- Do not store other objects on top of the device.
- Do not attempt to disassemble or repair the device. This device contains no user-serviceable parts.

NOTICE

- Do not sit or stand on the device. Excessive force or weight applied to the device can damage it.
- Unplug the device immediately in the event of a power failure.
- This device is intended for in-home use only. Do not use in any commercial, rental, institutional, or therapeutic setting.
- Dispose of device and all accessories according to state and federal regulations.
- Do not use for more than 20 minutes a day.

FCC STATEMENT

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.



FREQUENTLY ASKED QUESTIONS

Q: WHAT IS RED LIGHT THERAPY

A: Light therapy, also called phototherapy, is a therapy that uses wavelengths of light to treat the body at and below the surface of the skin. The different wavelengths of light are beneficial for treating various areas of the body. Phototherapy is a highly-effective non-invasive, chemical-free therapy that can be used to safely and painlessly heal and rejuvenate many parts of the body.

Q: WHAT ARE THE BENEFITS OF RED LIGHT?

A: Red light improves blood flow, boosts collagen and elastin production and reduces the appearance of fine lines and wrinkles. It also reduces symptoms of eczema, psoriasis, and rosacea including redness, itching, flaking, and swelling.

Q: WHAT ARE THE BENEFITS OF AMBER LIGHT?

A: Amber light calms and rejuvenates irritated or sensitive skin. It reduces redness and inflammation, reduces appearance of capillaries, and boosts lymphatic drainage.

Q: WHAT ARE THE BENEFITS OF BLUE LIGHT?

A: Blue light treats mild to moderate skin issues and reduce the appearance of scars. It manages oil/sebum production and treats sun damage.

Q: WHO SHOULD NOT USE THE VIZACURE?

A: Please see the full list of contraindications on page 12 of this manual. We recommend everyone perform a skin sensitivity test before using this device.

Q: HOW OFTEN CAN I USE THE VIZACURE?

A: The recommended treatment time is 10–20 minutes. Do not use for more than 20 minutes a day.

Q: HOW DO I CLEAN THE VIZACURE?

A: Turn off and allow the device to cool before cleaning. Wipe down the device with a soft, slightly damp cloth after use. Allow the device to dry completely before using it again. **WARNING!** Do not allow water or other liquids to come into contact with the device. Do not immerse the device in water or other liquids. Do not use abrasive, corrosive, solvent, or chemical cleaners or harsh detergents.

Q: HOW SHOULD I STORE THE VIZACURE?

A: Always store the VizaCure in its box and do not store other objects on top of the device to prevent damage to the LED lights. Store the device in a cool, dry location.



LIFETIME WARRANTY

Lifepro Fitness creates quality, durable exercise products and we stand by that quality with a lifetime warranty on all of our products. If the VizaCure ever breaks (and we doubt it will), we'll send you replacement parts and show you how to repair it. If the VizaCure cannot be repaired, we'll replace it—free of charge. Register the VizaCure at vizacure.lifeprofitness.com to activate your warranty within 14 days of purchase.

PRODUCT SPECIFICATIONS

UNIT SPECS

Size: 8.3" L x 6.5" W x 4.9" H

Net Weight: 2.8 ounces

Total LEDs: 34

LED Wavelengths:

Red: 620–750nm

Blue: 476–495nm

Amber: 590–620nm

LED Life Expectancy: 50,000 hrs

Operating Temperature: -4–104° F

MICRO USB CHARGING CABLE

Rated Input: DC 5 V

Rated Output: DC 5V–1 A

WELLNESS RECOVERY

VIZACURE

LIGHT THERAPY MASK

MADE IN CHINA

BATTERY

Rated Voltage: 3.7 V DC

Type: Lithium-ion

Capacity: 155 mAh

Working Time: 30–60 minutes

Charging Time: 1 hour

TROUBLESHOOTING GUIDE

Troubleshoot simple issues you might experience with your VizaCure using the table below. Contact a customer support representative for additional assistance at: **(800) 563-6604** or **support@lifeprofitfitness.com**. Please do not attempt to repair the VizaCure on your own.

ISSUE	POSSIBLE REASON	HOW TO RESOLVE
VIZACURE IS NOT WORKING	VizaCure is not charged.	Charge the therapy mask.
	VizaCure is not turned on.	Press and hold the Power/LED button to turn on the VizaCure.

FROM OUR WELLNESS RECOVERY COLLECTION

BIOHEAL

RED LIGHT THERAPY PANEL

Use the Lifepro BioHeal Red Light Therapy Panel to add the benefits of red light therapy to your wellness program. With the BioHeal, you can experience the therapeutic benefits of red light therapy from the comfort of your own home—no need for expensive trips to the spa or doctor's office. Red light therapy provides a wide variety of benefits, including enhanced muscle growth and tone, pain relief, and accelerated workout recovery.

Together, red (660nm) and near-infrared (850nm) light treat both the surface of the skin and deep below the surface, helping cells make additional energy to repair themselves, improving skin health, and providing anti-aging and increased muscle tone and fat loss. The BioHeal also improves blood flow, sleep quality, mental clarity, and focus. The BioHeal comes with two pairs of protective eyeglasses, so you can safely treat your face or head.

The BioHeal therapy panel has 60 LEDs and multiple hanging options so that you may effectively target and treat any area of the body. It offers customizable treatment options for your wellness recovery, including pulsed red light therapy and adjustable treatment time from 1–30 minutes. Three modes, (1) red + near-infrared, (2) red light, and (3) near-infrared light, allow you to choose the perfect settings for each treatment session.



BIOHEAL BENEFITS

- Boost muscle growth and tone
- Speed up recovery
- Reduce joint pain and stiffness
- Boost blood flow
- Rejuvenate skin
- Lose fat and inches around the waist
- Reduce inflammation



Access Lifepro TV, our library of free personal training videos on the web at vizacure.lifeprofitness.com to learn how to get the most out of your Lifepro® VizaCure and achieve the results you want.



**YOU'VE
GOT
THIS**



Lifeprousa



Lifeprousa

support@lifeprofitness.com

