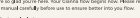


尺寸: 80mm X 115mm

折面





Gianna Sana

Press once. She's in flow.

Write so glad you're here. Your Gianna flow begins now. Please read this manual carefully before use to ensure better into you flow.

Package Includes

- Sana Device
- Sana Protective Pouch
- Power Adapter
- USB-C Charging Cable (1.5m)
- Quick Start Guide
- User Manual

Need help with set up?

- Connect us: market@giannashop.com
- Come up with a 1-Year Warranty
- Let's Begin This Journey Together
- Scan here to watch our visual guide. We'll walk you through every step of your setup.



Getting Star

- Power & Battery**
Fully charge Sana before use (the indicator turns green). Plug into power on automatically (recommended for the best experience). To save power, Sana will automatically shut down after 10 minutes of inactivity if unplugged, or when the battery reaches 3%.
- Download the GiannaFlow App**
Scan the QR code to download the GiannaFlow app from the App Store or Google Play.
Note: Please ensure you are connected to a 2.4GHz Wi-Fi network for setup.



- Power On**
Press the  button to power on.
- Pair**
Hold the Pairing button until the green light rotates.

Quick Pairing with GiannaFlow App



Power on/off
Tap the icon to manage your **Yoga Flow**, including adding, editing, or deleting **Yoga Flows** and rhythms. You can also set timed routines within this module.
(Note: Sana must be powered on for routines to play.)

Shows network availability and real-time signal strength.
Indicates remaining power and charging status.
Tap the module icon enter to manage your yoga flow. You can add, edit, or delete yoga flows and rhythms.

3. Connect Your Sana
Add the device to the GiannaFlow App. A solid green light (2S) confirms that Sana is ready to flow. Once personalized, you can use Sana offline anytime and anywhere.

Top view



- Relax Flow Control**
Tap Play your current relax playlist.
Tap again: Switch to your next flow.
Hold (2s) End playback.
- Volume Control**
Volume down (hold for rapid decrease)
Volume up (hold for rapid increase)
- Yoga Flow Control**
Tap Play your current yoga playlist.
Tap again: Switch to your next yoga flow.
Hold (2s) End playback.
- Yoga Flow Program Name**
Find yoga flow
Previous flow
Play / Pause
Next flow
- Sounds**
Preview and add sounds to your device, to delete a rhythm, first remove it from all associated sessions.
Custom sound library, find your flow
- Indicators**
Press and hold to pair
The indicator light is red while charging and turns green when fully charged.
Press and hold to power on/off
Volume up (hold for rapid increase)
Touch the panel with your palm to pause/resume

Light Indicators

Indicator	Meaning
Solid Warm White (2s)	Powering on
Rotating Green	Waiting to pair
Solid Green (2s)	Pairing successful
Rotating Pink	Flow paused
Clockwise White Ring (Increasing)	Volume up
Counter-clockwise White Ring (Decreasing)	Volume down

Keeping Your Device Safe.

- Please use the power adapter included in your box. It's specially designed to keep your player running smoothly and safely.
- Using the correct voltage helps protect the delicate internal components that bring your yoga music to life.

FCC Warning:
This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
• Reorient or relocate the receiving antenna.
• Increase the separation between the equipment and receiver.
• Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
• Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 4cm between the radiator and your body.

Product Specifications
Product Name: Gianna
Model: Sana
Input: 5V, 2A
Battery Capacity: 5.7V, 3300mAh (1.8AWH)
Battery Type: Lithium-ion Rechargeable Battery
Compliance & Safety

This device complies with the following regulatory standards:
FCC ID: Sana—This device complies with Part 15 of the FCC Rules.
Certifications: CE, UKCA, RoHS, WEEE

Join the Gianna Flow Community

- Share your meaningful moments and connect with our flow.
- Get in Touch: Need help to hear from you at market@giannashop.com
- Follow Us: [@giannashop](https://www.instagram.com/giannashop) | Explore the magic of Zen and Flow with us.