



# AI健康管理指环产品说明书

AI Health Management Ring Product Manual

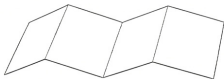
# 包装清单

## Packing List



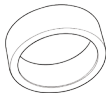
**充电仓\*1**

Charging Case\*1



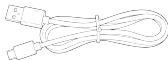
**产品说明书\*1**

Product Manual\*1



**智能戒指\*1**

Smart Ring\*1



**充电线\*1**

Charging Cble\*1

# 连接

## Connect



1. 扫码下载APP。

Scan the code to download the APP



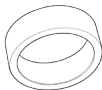
2. 将绝缘条取出，戒指放置在充电仓处于充电状态。

Remove the insulating strip and place the ring in the charging case while it is in the charging state.



3. 打开APP中戒指绑定界面  
搜索并添加戒指。

Open the ring binding interface in the app  
Search for and add the ring



4. 绑定过程中戒指会持续闪烁绿灯。

During the binding process, the ring will continuously flash a green light.

# 解绑

## Unpair

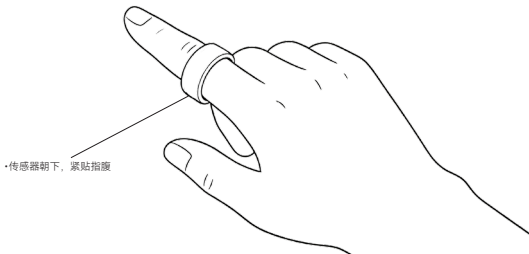
- 如需解绑，在APP的设置页面“设备信息”中点击“解绑设备”即可解绑。
- 如使用的是苹果手机，还需在手机的蓝牙设置中，手动将戒指从已配对的蓝牙设备列表中删除。
- To unbind the device, go to "Settings" > "Device Information" in the APP and tap "Unbind Device".
- If you are using an iPhone, after unbinding, please go to "Bluetooth Settings" on your phone and manually remove the ring from the list of paired devices.



# 佩戴戒指

Wear a ring

- 请确保戒指在手指上
- 感觉灵活且紧贴
- 灯光区对准指腹
- 开始健康监测并实时跟踪生命体征。
- Please ensure the ring is on your finger
- It should feel flexible yet snug
- Align the light sensor with your fingertip
- Start health monitoring and track vital signs in real tim.



• 传感器朝下，紧贴指腹

# 智能戒指充电

## Charge the Charging Case

- 将戒指按照图示放在充电仓上，戒指内圈指示灯亮起表示正在充电中，熄灭表示充满。
- Then place the ring on the charging case as shown in the diagram. A steady light on the inner ring indicates charging in progress. The light turns off when fully charged.

- 充电仓指示灯说明
- 充电中：指示灯亮起
- 充电完成：指示灯熄灭
- Charging Case Indicator Light
- Steady light: The indicator light is on
- Light off: Fully charged



# 特别说明

## Special Instructions

- 本手册依据现有信息制作，本着不断完善，持续发展的原则，公司保留产品规格和功能变更及对本手册中描述的任何产品进行修改和改进的权力。
- 本手册中的内容按产品制造时的状况提供，除非适用的法律另有规定，否则不对文档的准确性、可靠性和内容做任何类型的明确或默认的保证。任何以手册的数据、图文或文字描述为依据的索赔要求将不予接受
- 本产品非医学设备，所提供的数据和信息仅供参考。
- 若擅自拆卸本产品的外壳，产品将失去保修资格。
- 本手册中的图片用于用户指导操作，仅供参考，具体以实物为准。
- This manual is prepared based on current available information. Committed to continuous improvement, the company reserves the right to change product specifications and functions, as well as to modify or improve any product described in this manual without prior notice.
- The content of this manual is provided as of the product's manufacture date. Unless otherwise required by applicable law, no explicit or implied warranty is made regarding the accuracy, reliability, or completeness of the content. Any claims based on the data, illustrations, or descriptions in this manual will not be accepted.
- This product is not a medical device. All data and information provided are for reference only.
- Unauthorized disassembly of the product's outer casing will void the warranty.
- The images in this manual are for user guidance and reference only.  
The actual product shall prevail.

# 扫码查看

Scan the code to view



- 如您对本产品的功能使用有任何疑问，欢迎扫描上方二维码  
获取详细的操作指引与功能说明
- If you have any questions about the usage of the functions of this product, please scan the  
QR code above to obtain detailed operation instructions and function descriptions.

## FCC Requirement

Any changes or modifications not expressly approved by the party responsible for compliance could void the user ' s authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

**Note:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy, and if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.