

Quick Guide To Use

Downloading the APP

Scan the following QR code, download and install the APP.

Da Fit



Download and install the APP

Connecting the watch

Open the APP and set up your profile



Go to the "Device", Click "Add Device"



Click on your device in the scanned devices list



Binding completed

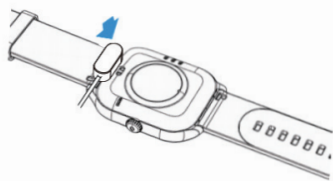
1. Make sure the Wireless of your cell Phone is turned on
2. Show the "MAC" address of your watch in "Settings" - "About".
3. When the watch is linked to the APP for the first time, wait for a pop-up message to allow the watch to use Wireless permission (if you have accidentally restored the factory settings of the watch, please repeat the above operation to connect the watch).
4. If the watch is turned on for more than 120 seconds without connecting to the APP, the watch will automatically turn off the Wireless. If you want to connect the APP at this time, you need to turn on the Wireless ON/OFF in the "Settings" - "Watch" of the watch, then do the above operation.



Charging and activation of the watch

Before first use, the watch needs to be charged and activated; Use the equipped magnetic charger to attach to the metal contacts on the back of the watch, and the other end of the charger can be plugged into a USB charging head or computer USB port.

"(Please use 5V 1A and below charger to charge the device)"



If your watch has LED light, please double click the on button, you can turn on the flashlight

Operating instructions for the watch



Introduction to the functions of the watch



Sports

Smart watch automatically tracks steps and calorie taken on the screen.

NOTE: Your movement stats reset to zero at midnight.



Wireless Call

Open the APP to link the Wireless of the watch, and after synchronizing the phone, you can make, answer or reject calls on the watch.



Drinking Water Reminder

The smart watch will remind you "Time to Drink Some Water" at the planned drinking time.

Note: You can set the feature in the APP



Weather

It could show the weather info of current and tomorrow on the weather page. Weather info is synced after connecting with the APP it will not be updated after a long disconnected.



Message Reminder

The watch can receive push notifications from the display phone, and you can set the push APP ON/OFF in DA FIT. The watch page stores the last 8 messages. (You can view messages, but the watch cannot edit or reply to them).



Remote Shutter

After connecting to your phone, the watch can remotely control your phone's camera to take photos. After opening the camera on your phone, tap on the watch camera control page to trigger the camera shutter to take a picture.



Music Players

After connecting the device, you can remote control the music player on your phone.



Alarm

Alarms can be set in the APP or the watch, up to 8 alarms can be set. The watch will display an alarm icon and vibrate at the set time



Stop Watch

Tap the start button on stopwatch page to start timing, and tap the stop button to stop timing

Why the watch can't receive push notifications?

Phone settings.

1. Make sure the message push on/off is turned on in your mobile Phone.
2. Make sure the message can be displayed in the notification bar of your Phone. The device information depends on whether the information can be read in the notification bar of the Phone. If there are no notifications on the Phone, the device will not be able to receive push messages. (You need to find the notification settings in your Phone to turn on/off the multimedia message alerts)
3. Turn on the accessibility settings of your device. (You will need to find the accessibility settings in your Phone settings and turn on the accessibility settings for your device)

Phone Settings

1. Make sure the message push on/off is turned on for your Phone.
2. Make sure the message can be displayed in the notification bar of your Phone. (You need to find the notification setting in your Phone and turn on/off the multimedia message alert)

Why can't wear a watch in a hot bath?

The temperature of the bath water is relatively high, and a lot of water vapor will be generated, and the water vapor is in the gas phase, and its molecular radius is small. It's easy to penetrate through the gap of the device case. When the temperature drops, it will condense into liquid water droplets again, which will easily cause a short circuit internal and damage the circuit board, and then damage the whole device.

Warning:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Important: Any change or modifications not expressly approved by the manufacturer responsible for compliance could void the user's authority to operate the equipment.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.