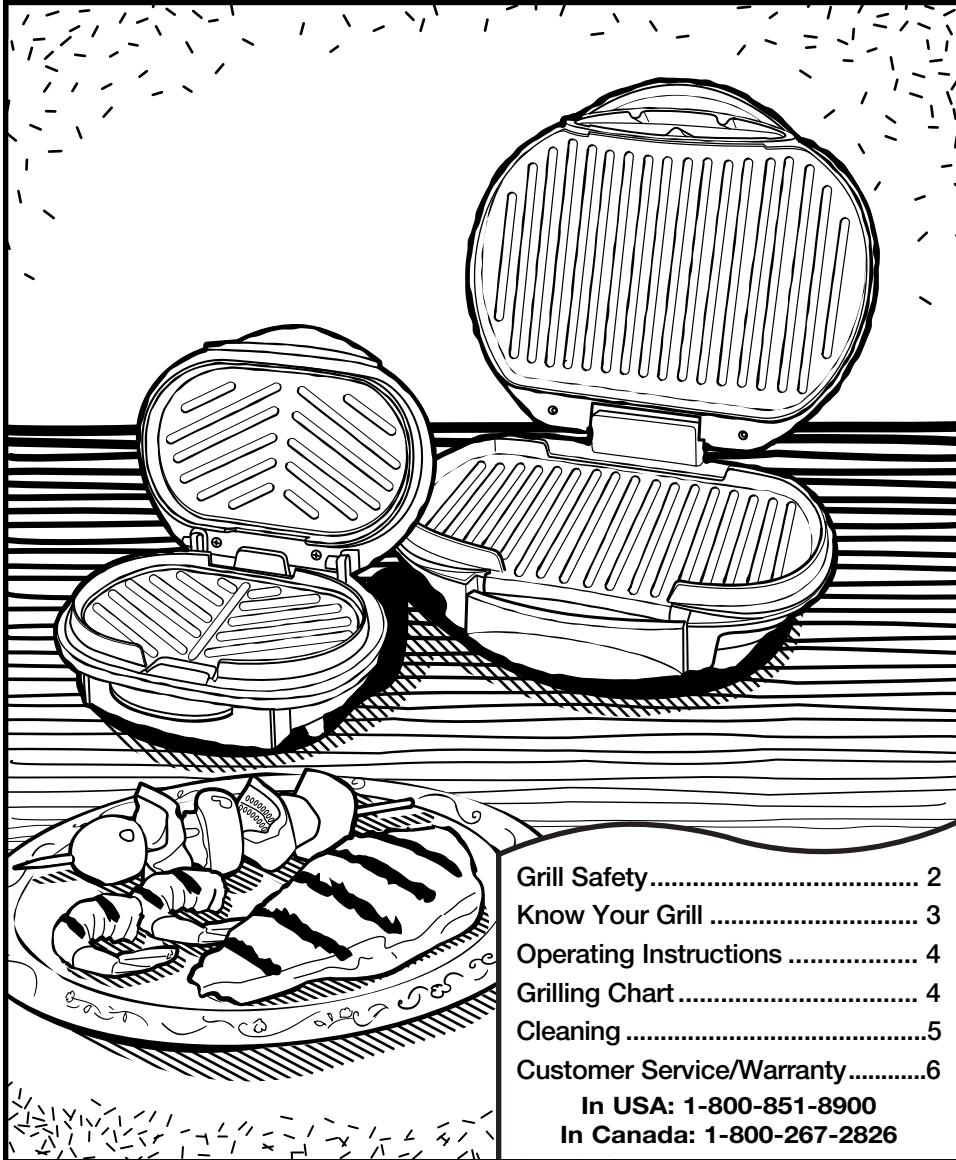


**Hamilton Beach®**

*HealthSmart™ Contact Grill*



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**In USA: 1-800-851-8900**  
**In Canada: 1-800-267-2826**

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# Grill Safety

## IMPORTANT SAFEGUARDS

In order to prevent the risk of fire, electric shock, burns or other injury or damage, follow these instructions carefully. When using electrical appliances, basic safety precautions should always be followed including the following:

1. Read all instructions.
2. Do not touch hot surfaces. Use handles or knobs.
3. To protect against risk of electrical shock, do not immerse appliance, cord or plug in water or other liquid.
4. Close supervision is necessary when this appliance is used by or near children.
5. Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts, and before cleaning the appliance.
6. Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or is dropped or damaged in any manner. Call our toll-free customer service number for information on examination, electrical repair, mechanical repair, or adjustment.
7. The use of accessory attachments not recommended by Hamilton Beach/Proctor-Silex, Inc. may cause injuries or serious damage to the unit.
8. Do not use outdoors.
9. Do not let cord hang over edge of table or counter, or touch hot surfaces, including stove.
10. Do not place on or near a hot gas or electric burner, or in a heated oven. Do not use this unit near oven, heater or fireplace.
11. Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
12. To disconnect, turn any control to "OFF," then remove plug from wall outlet.
13. Do not use appliance for other than intended purpose.

## SAVE THESE INSTRUCTIONS!

### Consumer Safety Information

This appliance is intended for household use only.

This appliance is equipped with a grounded-type 3-wire cord (3-prong plug). This type of plug will only fit into an electrical outlet made for a 3-prong plug. This is a safety feature intended to help reduce the risk of electrical shock. If the plug should fail to fit contact a qualified electrician to replace the obsolete outlet. Do not attempt to defeat the safety purpose of the grounding pin by modifying the plug in any way.

**To reduce risk of electrical shock, do not immerse the grill in water.**

To avoid an electrical circuit overload do not use another high wattage appliance on the same circuit with the grill.

The length of the cord used on this appliance was selected to reduce the hazards of becoming tangled in, or tripping over a longer cord. If a longer cord is necessary an approved extension cord may be used. The electrical rating of the extension cord must be equal to or greater than the rating of the grill. Care must be taken to arrange the extension cord so that it will not drape over the countertop or tabletop where it can be pulled on by children or accidentally tripped over.

An extension cord should be connected to the appliance first, before it is plugged into the outlet.

Always use a hot mitt to protect hand when opening the grill.

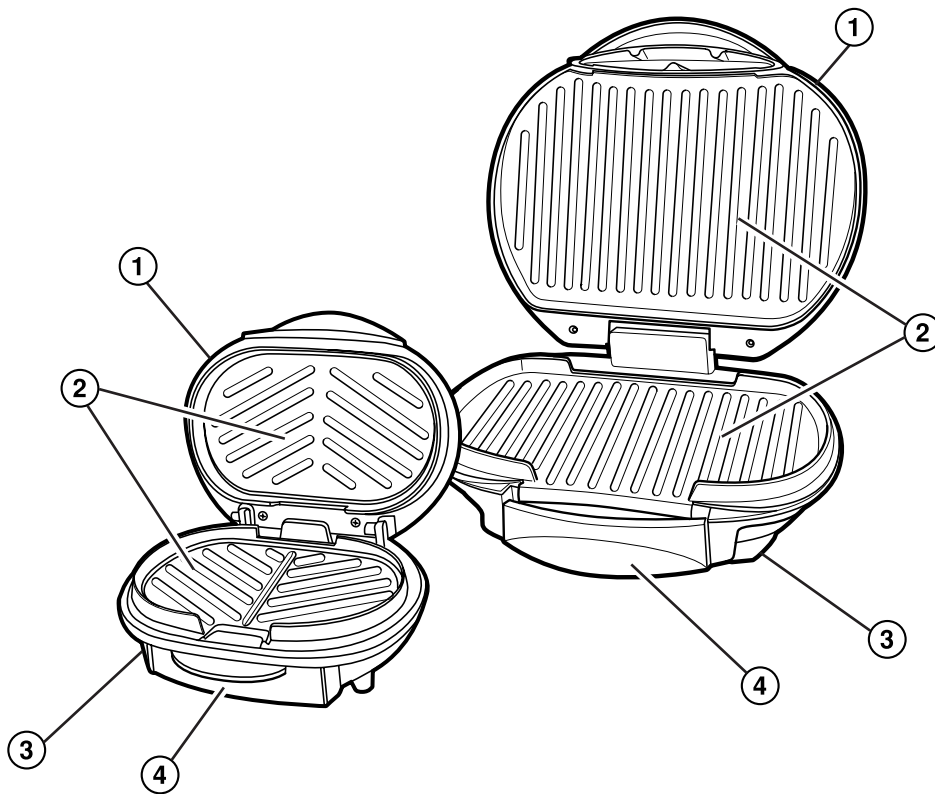
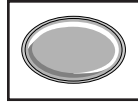
**CAUTION:** Escaping steam may cause burns.

# Know Your Grill

## Parts and Features

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- 1. Cover
- 2. Nonstick Grill Surfaces
- 3. Base
- 4. Drip Cup
- 5. On Light (not shown - located on cover)

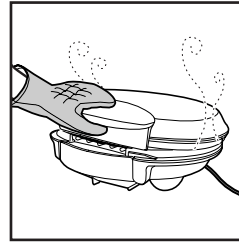


# Operating Instructions

**BEFORE FIRST USE:** Please wash the cooking surfaces of the grill as instructed under "Cleaning."

1. Plug into 120 volt AC outlet. The ON light comes on when the grill is plugged in.
2. Brush grilling surfaces with oil or spray with nonstick cooking spray.
3. Preheat 6 minutes with cover closed.
4. When preheated, raise grill cover. Place food to be cooked onto grill and lower grill cover. Always use grill with drip cup in place.

5. Use a hot mitt and carefully lift grill cover and



check food to see if cooked to desired degree. Do not cut food on nonstick grilling surface.

6. When food is cooked to desired degree, remove the food and unplug the grill. Let cool slightly before cleaning.

## Grilling Chart

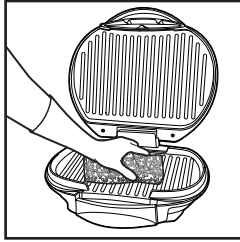
**REMEMBER to preheat grill 6 minutes with cover closed.**

The following times are guidelines.

FOOD	COOK TIME	DONENESS
Beef strip steak, boneless, fresh (8 oz.)	5 min.	Slightly pink in center; brown on outside
Chicken breast, boneless, fresh (4-6 oz.)	5-8 min.	No longer pink in center
Chicken breast, boneless, frozen (4 oz.)	10-12 min.	No longer pink in center
Fish fillet squares, frozen (about 2 oz.)	6-8 min.	Fish looks white
Frankfurter (hot dog)	5 min.	Heated through
Hamburger (beef or turkey), fresh (4 oz.)	5-7 min.	No longer pink in center
Hamburger (beef or turkey), frozen (4 oz.)	10-12 min.	No longer pink in center
Pork chops, boneless, fresh (4 oz., 3/4" thick)	6-8 min.	No longer pink in center
Pork chops, boneless, frozen (4 oz.)	10-12 min.	No longer pink in center

# Cleaning

1. Unplug grill from electrical outlet and allow to cool slightly.
2. Wipe grilling surfaces with a paper towel to remove drippings. Empty grease or drippings from drip cup.
3. Use a damp sponge with a small



amount of dishwashing detergent to scrub grilling surfaces. See illustration. Rinse out sponge and wipe surfaces

clean. Use a clean, damp cloth to wipe surfaces again.

4. Wash drip cup in hot, soapy water. Rinse and dry. (The drip cup can also be put in dishwasher.)
5. Do not use steel wool or any type of abrasive cleaner to clean the grill, as it will damage the nonstick grilling surface.
6. Use a clean, damp cloth to wipe clean the outside of grill.

**DO NOT IMMERSE THE GRILL IN WATER. DO NOT CLEAN THE GRILL IN THE DISHWASHER.**

# *Customer Service/Warranty*

Call our toll-free customer service numbers. Please note the model, type, and series number on the grill, or have the grill close by when you call. This will help us answer your question.

## **TWO YEAR LIMITED WARRANTY**

Hamilton Beach/Proctor-Silex, Inc. warrants this appliance to be free from defects in material and workmanship for a period of two (2) years from the date of original purchase, except as noted. There is no warranty with respect to the following, which may be supplied with this appliance: glass parts, glass containers, cutter/strainer, blades and/or agitators. This warranty extends only to the original consumer purchaser and does not cover damage from abuse, neglect, use for commercial purposes, or any other use not found in the printed directions. HAMILTON BEACH/PROCTOR-SILEX, INC. EXPRESSLY DISCLAIMS ALL RESPONSIBILITY FOR CONSEQUENTIAL DAMAGES OR INCIDENTAL LOSSES CAUSED BY USE OF THIS APPLIANCE. Some states or provinces do not allow this exclusion or limitation of incidental or consequential losses, so the foregoing disclaimer may not apply to you. If you have a claim under this warranty, DO NOT RETURN THE APPLIANCE TO THE STORE! Please call our CUSTOMER SERVICE NUMBER. (For faster service please have model, series, and type numbers ready for operator to assist you.)

### **CUSTOMER SERVICE NUMBERS**

In the U.S. 1-800-851-8900

In Canada 1-800-267-2826

**Web site address: [www.hamiltonbeach.com](http://www.hamiltonbeach.com)**

### **KEEP THESE NUMBERS FOR FUTURE REFERENCE!**

This warranty gives you specific legal rights, and you may also have other legal rights which vary from state to state, or province to province.

HAMILTON BEACH ♦ PROCTOR-SILEX, INC.

Washington, North Carolina 27889

PROCTOR-SILEX CANADA, INC.

Picton, Ontario K0K 2T0

840059500

Web site address: [www.hamiltonbeach.com](http://www.hamiltonbeach.com)

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