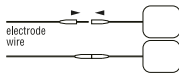


## TT 200 Quick Start Guide 快速使用指南

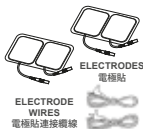
You may use either one channel with one pair of electrodes or two channels with two pairs of electrodes according to your physical condition. With two pairs of electrodes, you may enjoy different stimulations on two different body areas.

連接纜線之前，確保 TT 200 已完全關閉。  
先將一對電極貼與連接纜線連接，然後將纜線與 TT 200 連接。



You may use either one channel with one pair of electrodes or two channels with two pairs of electrodes according to your physical condition. With two pairs of electrodes, you may enjoy different stimulations on two different body areas.

您可根據個人需要決定使用一對或兩對電極。若使用兩對電極，您可以同時刺激兩個不同的身體部位。



Before applying the electrodes, remove body lotion or ointment on skin. The skin surface has to be clean and dry without fatty or dirt. Do not place the electrodes on injured or inflamed skin areas (wounds, pimples, skin rash, reddening etc.).



貼附電極貼前，應先清除殘留在皮膚的乳液或藥膏，確保皮膚表面清潔乾爽。請勿將電極貼貼於受傷或發炎的皮膚（傷口、丘疹、皮疹、發紅等）。

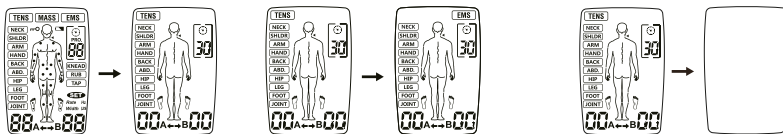
Place the electrodes according to doctor's instructions or area that you want to apply treatment before you switch on the device.



開啟 TT 200 前，按醫生指示或身體需要治理部位，將電極貼貼於皮膚表面。

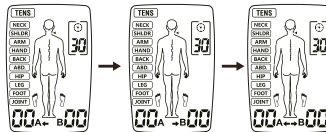
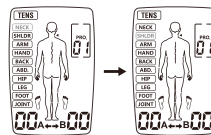
Shortly press the M-button until LCD backlight lights up. TT 200 enters standby mode. And press M-button to select TENS, MASS or EMS mode.

短按 M 按鈕至顯示屏背光燈亮起，此時 TT 200 進入待機模式。再按 M 按鈕以選擇 TENS、MASS 或 EMS 模式。



Press B-button to select the body area to be stimulated (diagram on display screen for reference).

按 B 按鈕，選擇需要刺激的身體部位（顯示屏有圖示作參考）。

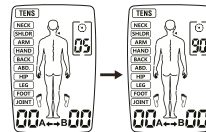


Now choose the channel A, B or both channels with pressing the CH-button.

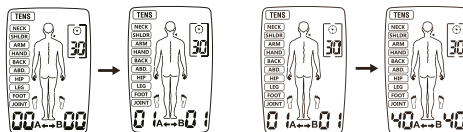
按 CH 按鈕，選擇頻道 A、頻道 B 或同時兩個頻道。

Use default timer or adjust treatment duration by pressing the T-button (not applicable for MASS mode).

直接使用模式預設時間或按 T 按鈕選擇所需時間（不適用於 MASS 模式）。

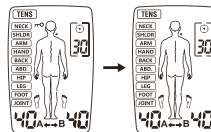


Press +/- button to adjust the intensity level. 再按 +/- 按鈕以慢慢調整所需強度。



During treatment, press and hold B-button to switch on or off the lock function.

過程中，長按 B 按鈕可開啟或關閉鎖定功能。



Press M-button to end the treatment program. Press and hold M-button again to switch off the TT 200.

按一下 M 按鈕可結束護理模式，再長按 M 按鈕關閉 TT 200。

## TT 200 Quick Start Guide 快速使用指南

### Recommendation of electrode positioning 建議的電極貼位置

#### TENS mode TENS 模式



Neck 頸部



Shoulder (SHLDR) 肩膀



Hand 手部



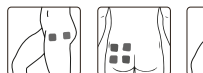
Arm 手臂



Back 背部



Abdomen (ABD.) 腹部



Hip 臀部



Foot 腳部



Legs 腿部



Knee joint 膝關節



Elbow joint 肘關節

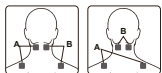


Ankle joint 踝關節

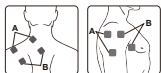


Wrist joint 腕關節

#### EMS mode EMS 模式



Neck 頸部



Shoulder (SHLDR) 肩膀



Hand 手部



Arm 手臂



Back 背部



Abdomen (ABD.) 腹部



Legs 腿部



Hip 臀部



Foot 腳部