



Information brochure

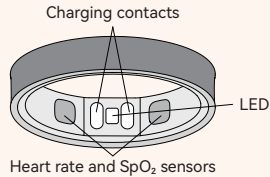
Stuff you should know



Get connected Connect your ring

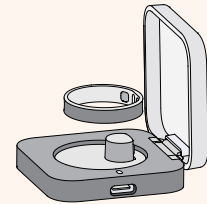
Overview and Packaging

Smart Ring, Charging Cable, Charging Case, User Manual.



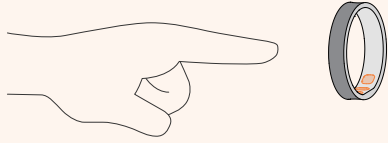
Power On

First-time Charging: Remove the insulating sticker from the ring. Align the ring's magnetic connector with the charging case's magnetic contact and place it inside. The device will charge and power on.



Wearing Method

Wear the ring on your suitable finger and choose a comfortable size. Suggest wear it on the index finger for better monitoring of data.



Please let the sensor on the inside of your fingers for more accurate measurement of heart rate and blood oxygen when wearing it.

Connection APP

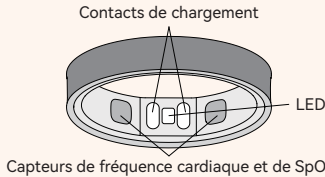
- Download the APP by scanning the QR code in the manual, or by searching for "QRing" in the App Store (iOS) or Google Play (Android).
- After installation, register and log in to your account, and grant the required permissions when prompted.
- Tap "Bind Now" on-screen to pair the device.



法语

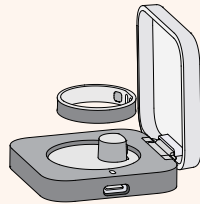
Présentation et emballage

Bague intelligente, Câble de chargement, Boîtier de chargement, Manuel d'utilisation.



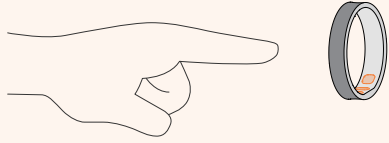
Mise sous tension

Première charge : Retirez l'autocollant isolant de la bague. Alignez le connecteur magnétique de la bague sur le contact magnétique du boîtier de charge et placez-la à l'intérieur. L'appareil se chargera et s'allumera.



Wearing Method

Portez la bague au doigt qui vous convient et choisissez une taille confortable. Nous vous suggérons de la porter à l'index pour une meilleure surveillance des données.



Portez le capteur à l'intérieur de votre doigt pour une mesure plus précise de la fréquence cardiaque et de l'oxygène dans le sang.

Application de connexion

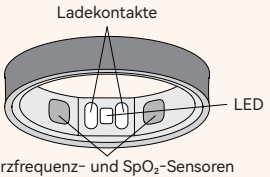
- Scannez le code QR du manuel ou recherchez « QRing » sur l'App Store (iOS) ou Google Play (Android) pour télécharger l'application.
- Après l'installation, inscrivez-vous et connectez-vous à votre compte, puis accordez les autorisations requises selon les invites.
- Appuyez sur « Lier maintenant » à l'écran pour apparier l'appareil.



德语

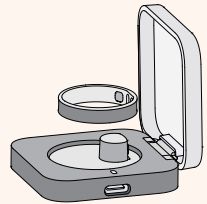
Übersicht und Verpackung

Intelligenter Ring, Ladekabel, Ladecase, Benutzerhandbuch.



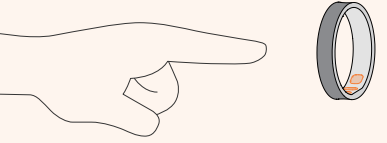
Einschalten

Erstes Aufladen: Entfernen Sie den Isolieraufkleber vom Ring. Richten Sie den magnetischen Anschluss des Rings am magnetischen Kontakt der Ladebox aus und legen Sie ihn hinein. Das Gerät lädt sich auf und schaltet sich ein.



Tragestil

Tragen Sie den Ring an einem passenden Finger und wählen Sie eine bequeme Größe. Wir empfehlen, ihn am Zeigefinger zu tragen, um die Daten besser zu überwachen.



Bitte tragen Sie den Sensor auf der Innenseite Ihres Fingers, um eine genauere Herzfrequenz- und Blutsauerstoffmessung zu erhalten.

Verbindungs-App

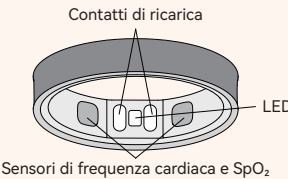
- Scannen Sie den QR-Code im Handbuch oder suchen Sie nach „QRing“ im App Store (iOS) oder Google Play (Android), um die App herunterzuladen.
- Registrieren und melden Sie sich nach der Installation bei Ihrem Konto an und erteilen Sie die erforderlichen Berechtigungen wie aufgeführt.
- Tippen Sie auf „Jetzt binden“ auf dem Bildschirm, um das Gerät zu koppeln.



意大利语

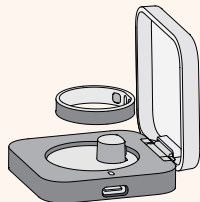
Panoramica e imballaggio

Anello intelligente, Cavo di ricarica, Custodia di ricarica, Manuale utente.



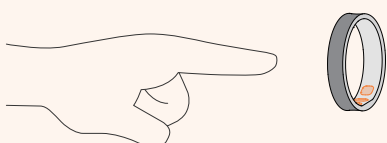
Accendi

Prima ricarica: Rimuovi l'adesivo isolante dall'anello. Allinea il connettore magnetico dell'anello con il contatto magnetico della custodia di ricarica e inseriscilo. Il dispositivo si caricherà e si accenderà.



Stile di utilizzo

Indossa l'anello sul dito adatto e scegli una misura comoda. Sugeriamo di indossarlo sull'indice per un migliore monitoraggio dei dati.



Per una misurazione più accurata della frequenza cardiaca e dell'ossigeno nel sangue, indossare il sensore sul lato interno del dito.

APP di connessione

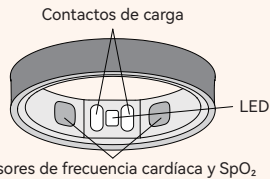
- Scansiona il codice QR presente nel manuale oppure cerca « QRing » su App Store (iOS) o Google Play (Android) per scaricare l'app.
- Al termine dell'installazione, registrati e accedi al tuo account, concedi le autorizzazioni richieste come indicato.
- Tocca « Associa ora » sullo schermo per abbinare il dispositivo.



西班牙语

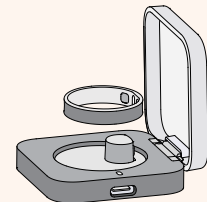
Descripción general y embalaje

Anillo inteligente, Cable de carga, Estuche de carga, Manual de usuario.



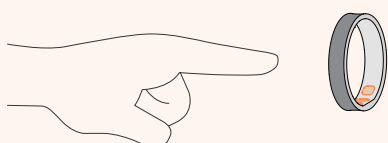
Encender

Primera carga: Retire la pegatina aislante del anillo. Alinee el conector magnético del anillo con el contacto magnético del estuche de carga y colóquelo dentro. El dispositivo se cargará y se encenderá.



Estilo de uso

Usa el anillo en el dedo que te resulte más cómodo y elige una talla adecuada. Sugerimos usarlo en el dedo índice para un mejor monitoreo de los datos.



Lleve el sensor en la parte interior del dedo para obtener una medición más precisa de la frecuencia cardiaca y el oxígeno en sangre.

APP de conexión

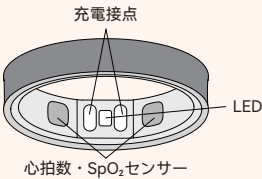
- Escanee el código QR del manual o busque «QRing» en App Store (iOS) o Google Play (Android) para descargar la aplicación.
- Tras la instalación, regístrese e inicie sesión en su cuenta y conceda los permisos necesarios según se solicite.
- Pulse «Vincular ahora» en pantalla para emparejar el dispositivo.



日语

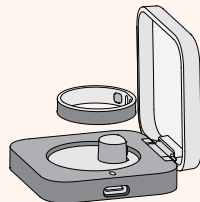
概要とパッケージ

スマートリング、充電ケーブル、充電ケース、取扱説明書。



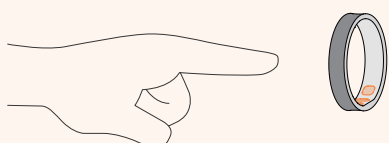
電源オン

初回充電：リングの絶縁シールを剥がします。リングのマグネット接続部を充電ケースのマグネット接点に合わせてケースに入れてください。デバイスが充電され、起動します。



装着方法

指輪は適した指にはめ、快適なサイズを選んでください。データをよりよくモニタリングするために、人差し指にはめることをお勧めします。



より正確な心拍数と血中酸素の測定結果を得るには、センサーを指の内側に装着してください。

接続する

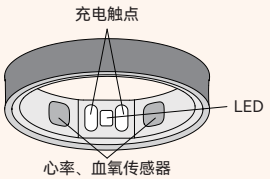
- 取扱説明書のQRコードをスキャンするか、App Store (iOS) または Google Play (Android) で「QRing」を検索し、アプリをダウンロードしてください。
- インストール完了後、アカウントを登録・ログインし、画面の指示に従って必要な権限を許可してください。
- 画面の「今すぐバインド」をタップし、デバイスをペアリングしてください。



中文

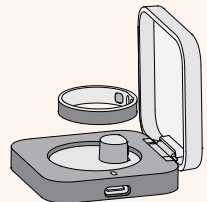
概览与包装清单

智能戒指、充电线、充电仓、说明书。



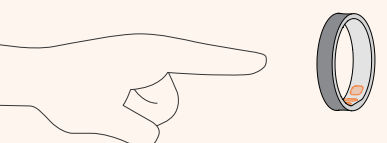
开机

首次充电，撕掉戒指绝缘贴纸，将戒指磁吸接口对准充电仓磁吸位放入仓内，设备即可充电开机。



佩戴方式

将戒指佩戴在自己适宜的手指上，选择舒适尺寸。建议佩戴在食指上，能够更好的监测数据。



请将传感器佩戴在手指内侧，心率、血氧测量结果更准确

APP 连接

- 扫描说明书中的二维码，在 App Store (iOS) 或 Google Play (Android) 中搜索“QRing”，下载 APP。
- 安装完成后，注册并登录您的账户，并按提示授予所需权限。
- 点击屏幕上的“立即绑定”配对设备。



Federal Communications Commission (FCC) Statement. This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received,

including interference that may cause undesired operation. Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide Reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Warning: Changes or modifications made to this device not expressly approved by Shenzhen YaWell Intelligent Technology Co., Ltd. may void the FCC authorization to operate this device. Note: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.

RF exposure statement:

This device complies with FCC RF radiation exposure limits set forth for an uncontrolled environment. The device is installed and operated without restriction.