

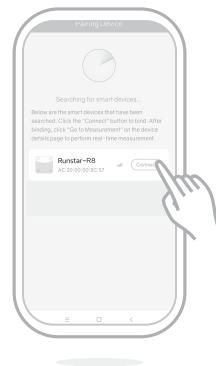
User Guide

Thanks for your support! This guide will help you quickly learn how to use this scale.

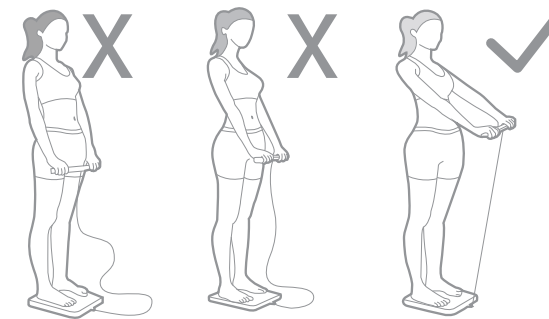
- 01 Download Starfit App
Scan the QR code below, or search [Starfit] in App store or Google play to download.



- 04 Connect Device
Keep the scale powered on, then tap [Searching Bluetooth for pairing] to find [Runstar-R8] to connect.



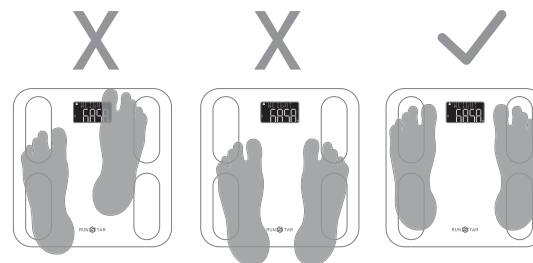
- 07 Attention Point 1
Straighten your arms and keep at 30°~45° angle from your body.



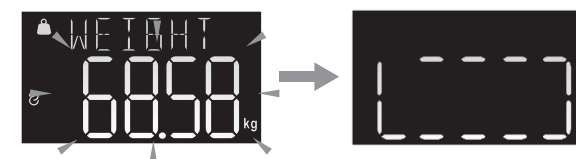
- 02 Register
After installing the APP, complete the registration using your email or log in directly using your Apple ID or Google account.



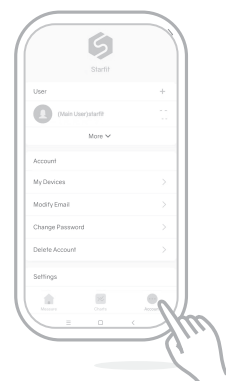
- 05 Start Measurement
Barefoot. Step on the scale until the display shows “0.0”, then stand on the scale. Make sure the soles of your feet are in full contact with the electrodes on the scale.



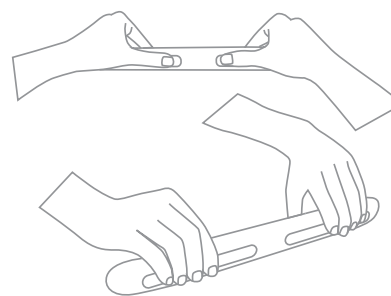
- 08 Attention Point 2
To get the most accurate data, make sure the scale is connected to the app and stand still on the scale for about 20s until you hear “Body Fat Measurement Completed.”



- 03 Search Device
Turn on the bluetooth of your phone, open Starfit APP→[Account]→[My Devices]→[+].

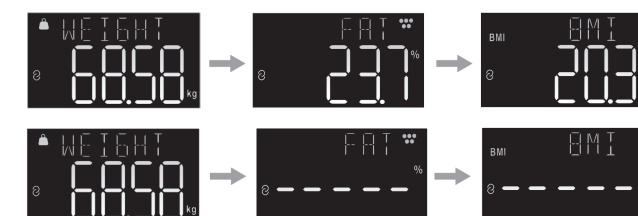


- 06 Grip Handel
Grip the handle and lift, making sure all fingers contact the corresponding electrodes.



- 09 Measurement Completed
Scale's display shows 3 key metrics – full 28 body measurements available in app. If measurement fails, only weight will display—other body data shows as “-----”.

Reconnect the scale again or contact support team for help.



○ If you have any question, please click [Account]–[FAQ] in the APP, or please contact us: service@runstar.com