正面

510 mm

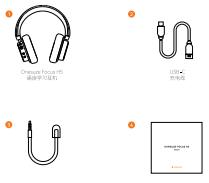
255 mm

onesuze FOCUS H5
诵读学习耳机

使用指南

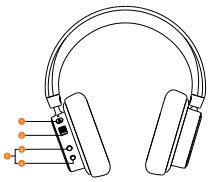
onesuze

包装清单



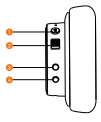
01

产品介绍



02

按键使用方法



1 多功能键/蓝牙按键：

功能一　进入配对
开机后长按5秒进入蓝牙，耳机进入配对。
开机状态已连接/未连接情况下，长按"多功能键"3秒进入配对状态。（已连接情况下耳机会马已连接的设备将不连接）

功能二　接听/挂断/指断电话
接听电话：来电时，单击"多功能键"可接听电话。
挂断电话：通话中，单击"多功能键"可挂断电话。
拒接电话：来电时，长按"多功能键"1秒将无提示音拒绝来电。

2 按钮开关：
将按动开关按到"ON"位置，开机。
将按动开关按到"OFF"位置，关机。

3 音量加键：
音量增加：播放音乐或通话时，单击"音量加键"可增加音量。
长一档，在播放音乐状态下，长按音量"+"按键。

4 音量减键：
音量减小：播放音乐或通话时，单击"音量减键"可减小音量。
长一档，在播放音乐状态下，长按音量"-"按键。

03

蓝牙配对

功能	使用场景	操作
默认	待机模式/刚激模式/音乐模式	单击
骨传模式	接听 / 挂断电话	单击
	拒接电话	长按2s
二方通话	接听新来电并保持当前通话	单击
	接听新来电并保持当前通话	双击
	拒接新来电并保持当前通话	长按2s
	切换当前三方通话	双击
语音唤醒	唤醒手机语音助手（需手机支持）	三击

04

蓝牙配对与设备连接 操作说明

步骤一
开机配对

配对方法：关机状态，将按动开关按到"ON"位置，红灯常亮2秒后开机。

步骤二
蓝牙连接

连接方法：打开手机蓝牙开启搜索，找出您"Onesuze Focus H5"开机后配对连接。

连接成功状态：连接成功后蓝灯慢闪，手机上显示"Onesuze Focus H5"已连接，此时可通过耳机听音乐或接听电话。

步骤三
接听挂断

可通过蓝牙耳机上的多功能键，音量加键，音量减键，控制电话的接听（挂断和拒绝）和音乐（暂停、上下曲、音量加减等功能。

步骤四
连接配对

清除方法：同时长按"音量加键"和"音量减键"5秒，即可清除配对。

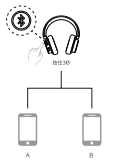
05

蓝牙功能 使用方法

开机状态下长按"蓝牙按键"3 秒，进行对码并进入可配对状态。
打开手机并开启蓝牙，搜索"Onesuze Focus H5"蓝牙设备，搜索到"Onesuze Focus H5"点击"Onesuze Focus H5"；
打开手机自带音乐播放器，按耳机上的音乐按键，音量加键，音量减键，可控制手机或连接蓝牙播放器软件播放。如音量大小（如手机未有下载安装的音乐播放器，则部分播放器不支持耳机控制手机播放器软件播放，没有音乐播放）
手机有来电时单击"蓝牙按键"接听电话，亦可长按 1 秒"蓝牙按键"拒接电话，通话中可单击"蓝牙按键"挂断电话。

06

一拖二功能 操作说明



步骤一
设备连接

与 Onesuze Focus H5 连接的手机分为 A 号机与 B 号机两台。

步骤二
连接A号机

关闭耳机开机后，长按"蓝牙按键"3 秒进入配对状态，搜索到蓝牙设备"Onesuze Focus H5"并点击连接，连接成功后将 A 号机设置为首要，Onesuze Focus H5 将开始默认连接 A 号机配对模式。

步骤三
连接B号机

再 B 号机加 Onesuze Focus H5 连接，连接成功后，再打开 A 号机连接关闭 Onesuze Focus H5 蓝牙设备，（就连接手机各有差异，部分手机可能会自动连接多次）

*注意
已经连接在双的 A 号机与 B 号机的一个设备进行断开后，耳机将优先连接无近边的双设备连接，若想连接另一个设备属性，需先暂停或关闭当前设备的蓝牙播放。

07

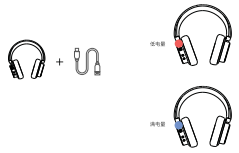
充电说明

充电方法

将充电线(USB一侧连接电源，一侧连接插入耳机 USB-C口)。

充电提醒指示

红灯常亮：充电中
绿灯常亮：充满
充满大约需要2小时。
充满提醒：当红灯熄灭，蓝灯常亮时，表示电池电量已充满。



*注意
当耳机不使用时，请每2个月最少充电一次

08

指示灯 状态说明

蓝灯每4秒闪烁1次	待机状态/使用状态
红灯常亮2秒	开机状态
红灯常亮2秒	关机状态
红灯常亮	充电中
蓝灯快闪	配对状态
红灯每4秒闪一次	低电量提醒
蓝灯常亮	充满电

09

TTS语音 提示说明

开机 Power On	关机 Power Off
连接成功 Connected	断开连接 Disconnected
配对模式 Pairing	普通/降噪/通话模式 Recke Mode / Focus Mode / Music Mode
电池电量低于30% Battery level high	电池电量低于20% Battery level low

10

产品规格

*电池续航能力取决于设备设置、环境、使用情况及诸多其他因素，通以实际使用情况为准。

产品名称：Onesuze Focus H5 通话学习耳机	产品型号：Focus H5
耳机净重：约198g	耳机尺寸：175.3*164.7*70mm
输出输入：5v⎓400mA	充电时间：约2小时
蓝牙版本：5.0	电池类型：3.7v 600mAh 锂离子聚合物电池
频率范围：2.402~2.483GHz	使用范围：最远10米范围
支持CODEC：AAC SBC	续航时间：约6小时
支持协议：HFP A2DP AVRCP	环境温度：-10~55℃

11

重要注意事项

○请不要把耳机和充电线放在潮湿、灰尘多、油烟、热度高的地方。
○确保耳机和充电线不会被水、雨、雪、液体等浸湿。
○请勿巨大冲、火烤及类热暴晒下的车内等高温场所使用、保管、储藏本产品。
○请避免在有线下强的环境中使用本产品，以免静电影响导致耳机损坏和发热。
○请不要拆开和改造本产品，可能会导致故障或触电，请勿使用损坏的耳机和充电线。
○由于无线电波可能会对心脏起搏器产生影响，请远离心脏起搏器至少距 22 厘米以上使用本产品。
○对于体内植入的医疗器械有无影响请咨询医生。
○请勿在飞机操作、医疗器械附近使用，可能会干扰设备引发设备内风险。

○充电完成后，请及时拔下充电线。
○请不要长时间接触充电中的本产品，以免皮肤接触导致低温烫伤。
○耳机防泼洒无风雨，充电耳机会上时整水和水珠，会导致故障，请擦拭或甩掉水分。
○如果使用本产品导致感觉不清时，以及发生异常或故障时请立即停止使用。
○请远离婚纸或消去产品，如果请消不当，可能会对皮肤产生刺激。
○在蓝牙通信过程中若发生信息泄露，我们不承担任何责任，敬请谅解。
○即使在蓝牙可连接范围内，连接也可能因外部无线电波环境、连接环境等原因中断。
○根据设备及耳用程序的不同，操作可能会有所不同，并不是保证所有到达操作都能作用。
○本机可对应通常的电话、不一定对应所有智能手机或电脑上的通话应用软件。
○本机如果在用已或周边重量的情况下长时间放置，可能会造成变形。
○请避免对本产品的强烈撞击和摔落。

12

产品所用物质含有情况标示

部件名称	铅(Pb)	汞(Hg)	镉(Cd)	六价铬(Cr(VI))	多溴联苯(PBB)	多溴二苯醚(PBDE)
主机	×	○	○	○	○	○

○ 表示该有害物质在该部件所有均质材料中的含量均在 GB/T 26572—2011规定的限量要求下。

× 表示该有害物质至少在该部件的某一均质材料中的含量超出 GB/T 26572—2011规定的限量要求。

10

根据中国电子行业标准SJ/T 11364—2014和相关的中国政府法规，本产品及其某些内部组件所组件上可能有环保使用期限标识，取决于组件和组件制造商。产品及其组件上的使用期限标识可能有所不同，组件上的使用期限标识优先于产品上任何与之相冲突的或不同的环保使用期限相识。

13

产品售后服务

望舒薄膜守中国的三包法律法规，依据保修卡上的有关条款，给予消费者产品保修服务。请您妥善保管购买发票、保修卡、产品外包装，在申请维修时请出示。

保修政策
本产品从消费者购买之日算起以消费者有效购买凭证为准为您提供保修服务。在保修期间内的产品出现故障非能需要遵厂维修的情形，经由我司售后部件中心检测确实后，可以免费获得加下保修服务。
注意：保修不能补上门维修服务，且除其机外，其他配件属于消耗品，不在保修范围内，尤须保。

保修时间
所有产品享有自购买之日起一年的保修服务

保修条款注意事项
出现以下情况，保修条款失效，消费者将无法享有我司提供的保修服务：
○ 消费者未按说明书要求，错误安装、保管及使用而造成的产品故障或损坏；
○ 客户申请退换货，送修途中由于运输、装卸所导致的损坏；
○ 外保因素或人为因素导致的产品技坏(如输入不合法电压、雨雪、机械碰坏、摔坏以及处于不正确的环境)；
○ 自行或非我司授权的机构人员拆卸而造成的产品故障或损坏；
○ 正常使用引起的产品老化、磨损、但不影响产品的正常使用；
○ 产品购买凭证日期早于首件、有涉改迹人为造成的伪造模糊无法辨认。
○ 超过保修期不提供免费保修服务，但保修期满后，消费者仍可享受首偿制的有偿维修服务；
○ 本保修政策的最终解释权，修改权归广州望舒薄智能科技有限公司所有。

14

产品保修凭证

用户信息
*用户姓名：
*联系电话：
*用户地址：
电子邮件：

产品及购买信息
*产品名称：
*产品型号：
*产品序列号：
发票号码：
*购机日期：
注意：以上填写内容，带*为必填项

维修记录
第一次维修：
第二次维修：
送修日期：
送修日期：
故障描述：
故障描述：
维修备件：
维修备件：
交付日期：
交付日期：
维修中心/维修人员签字：
维修中心/维修人员签字：

特别声明：本凭证为望舒产品售后服务的重要依据，请妥善保管。

15

售后服务支持

微信客服

扫描二维码关注望舒官方微信公众号为您提供在线服务，售后申请等功能
工作时间：周一至周五09:00-12:00 14:00-18:00

制造商：广州望舒声智能科技有限公司
地址：广州市天河区大观路10号1楼02-402
保修期限：自购买之日起，保修12个月

16

onesuze FOCUS H5
使用指南

背面

510 mm

255 mm

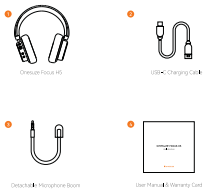
onesuze FOCUS H5
Headphone

FCC ID：2BTV9-H5

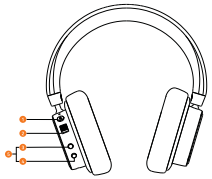
User Instructions

onesuze

Package Contents

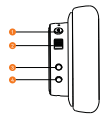


Product Overview



1. Multi-Function / Bluetooth Button
2. Power Switch
3. Volume Up Button
4. Volume Down Button
5. Combination Keys

Button Usage



1 Multi-Function / Bluetooth Button

Function 1: Enter Pairing Mode
When the headset is manually disconnected on the phone, the headphones enter pairing mode.
When powered on, the headset automatically enters pairing mode with the voice prompt "Pairing".
When the headset is connected, press and hold the Multi-Function Button for 3 seconds to enter pairing mode (if currently connected, it will disconnect and enter pairing).

Function 2: Answer / End / Reject Call
Answer a call: Press the Multi-Function Button once during an incoming call.
End a call: Press once during a call to hang up.
Reject a call: Press and hold for 1 second during an incoming call (three prompt sounds).

2 Power Switch
Switch to ON: Power on
Switch to OFF: Power off

3 Volume Up Button
Increase volume: Press once during music playback or call.
Previous track: Press and hold "+" during music playback.

4 Volume Down Button
Decrease volume: Press once during music playback or call.
Next track: Press and hold "−" during music playback.

Bluetooth Button Functions

Default Functions	Scenario	Operation
Default	Recite Mode / Focus Mode / Music Mode	Single press
Recite Mode	Incoming 和Reject call	Single press
	Reject call	Press & hold 2s
Three-way calling	Accept new call / Reject current call	Single press
	Accept new call / Keep current call on hold	Double press
	Reject new call / Keep current call on hold	Press & hold 2s
	Switch call	Press & hold 2s
voice assistant	Activate voice assistant (device dependent)	Triple press

Bluetooth Pairing & Device Connection

Step 1: Power On & Enter Pairing Mode

To power on, switch the Power Button to ON. The headset will automatically enter pairing mode on startup. A steady red light for 2 seconds, followed by rapid blue flashing indicates pairing mode.

Step 2: Bluetooth Connection

Connection Method: Turn on the phone's Bluetooth, search for "Onesuze Focus H5", and tap to connect.

When connected, blue indicator flashes slowly; device shows as connected.

Step 3: Button Operations

The onboard buttons allow control of calls, music playback, and volume adjustments.

Step 4: Clear Pairing Records

Press and hold "+ Volume Up + Volume Down" for 5 seconds to clear pairing history.

Bluetooth Functions & Usage

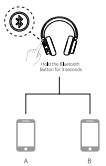
Press and hold the Bluetooth Button for 3 seconds in power-on state to enter pairing mode (blue light flashing).

Enable Bluetooth on your phone and connect to "Onesuze Focus H5".

Open your music player, playback and volume can be controlled from the headset. (Some third-party apps may not fully support headset controls.)

For calls, single press to answer; press & hold 1s to reject; single press during call to hang up.

Dual-Device Connection



Step 1: Preparation
Power on the headset and press & hold the Bluetooth Button for 3 seconds to enter pairing.

Step 2: Connect Device A
Enable Bluetooth on Device A and connect to Onesuze Focus H5.
After connecting, turn off Bluetooth on Device A. The headset will enter pairing mode.

Step 3: Connect Device B
Enable Bluetooth on Device B and connect to the headset. Turn Bluetooth back on for Device A to reconnect.

Notes:
Only one of the two connected devices can output audio at a time.
To switch devices, pause playback on the current device first.

Charging Instructions

Charging Method

Connect the USB-C cable to a power source and plug the other end into the headset.

Low Battery & Full Charge Notifications

Low battery: Red light flashes, 1 tone recharge prompt.
Fully charged: Red light turns off, blue stays on.

Charging Safety Notes
When not in use, recharge at least once every 2 months.

Charging Indicators

Blue light flashes every 4s	Standby / In use
Red light steady for 2s	Power on
Red light steady for 2s	Power off
Solid red	Charging
Blue light flashing rapidly	Pairing mode
Red flash every 4s	Low battery alert
Solid blue	Fully charged

TTS Voice Prompts

Power On	Power Off
Connected	Disconnected
Pairing	Recite Mode / Focus Mode / Music Mode
Battery level high	Battery level low

Product Specifications

Battery life depends on device settings, environment, and usage conditions.

Product Name：Onesuze Focus H5 Headphones	Model Number：Focus H5
Net Weight：≈198 g	Dimensions：175.3 × 164.7 × 90 mm
Rated Input：5v⎓400mA	Charging Time：≈2 hours
Bluetooth Version：Bluetooth 6.0	Battery Type：3.7V, 680mAh Li-ion polymer battery
Frequency Range：2.400~2.4835GHz	Operating Range：Up to 10 meters
Supported CODEC：AAC SBC	Battery Life：≈65 hours
Supported Profiles：HFP A2DP AVRCP	Operating Temperature：-10~55℃

Important Safety Information

- Do not place the headphones or charging cable in humid, dusty, smoky, or high-temperature environments.
- Ensure the headphones and charging cable are kept away from water, rain, snow, or any form of liquid exposure.
- Do not use or store this product near fire, heat sources, or inside vehicles under direct sunlight.
- Avoid extremely dry environments to prevent static electricity buildup that may cause minor static discharge.
- Do not disassemble, modify, or use damaged headphones or cables. This may cause malfunction or electric shock.
- Keep the device at least 22 cm away from pacemakers, as radio waves may interfere with medical implants.
- If you have implanted medical devices, consult your physician before use.
- Do not use the product onboard aircraft or near medical equipment, as it may cause interference.

- Unplug the charging cable once charging is complete.
- Avoid prolonged skin contact with the product while charging to prevent low-temperature burns.
- If moisture or sweat around the microphone or charging contacts may cause malfunction—wipe dry promptly.
- If the product causes discomfort, abnormal behavior, or malfunction, discontinue use immediately.
- Clean the product regularly. Improper cleaning may cause skin irritation.
- We are not liable for information leakage during Bluetooth transmission.
- Bluetooth connection may not be interrupted due to external interference, even within range.
- Certain operations may vary depending on connected devices and apps; compatibility is not guaranteed.
- Compatible with most standard phones, but may not work with all communication apps.
- Prolonged pressure or heavy load may cause deformation.
- Avoid strong impacts or dropping the product.

FCC Statement

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) this device may not cause harmful interference,

(2) this device must accept any interference received, including interference that may cause undesired operation.

FCC RF Exposure Warning Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment can be used in portable exposure conditions.

After-Sales Service & Warranty

Onesuze complies with China's "Three Guarantees Policy" and provides warranty service according to the terms stated on the warranty card. Please keep the following items properly: Purchase invoice, Warranty card, Product packaging. These documents must be presented when requesting service.

Warranty Policy

The product is covered by warranty from the date of purchase, based on valid proof of purchase. During the warranty period, if the product is confirmed by the After-Sales Service Center to require repair, free warranty service will be provided.

Note: On-site repair service is not available. Accessories (e.g., charging cable) are consumables and are not covered under warranty.

Warranty Duration

All products come with a 1-year (12-month) warranty from the date of purchase.

Warranty Exclusions

Warranty Will Be Void in the Following Cases:

- Damage caused by incorrect installation, storage, or use not following this manual.
- Damage occurring during transportation or handling when returning/repairing the product.
- Damage due to external or human factors (e.g., incorrect voltage, high temperatures, impact, dropping, etc.).
- Malfunction or damage due to disassembly/modification by unauthorized personnel.
- Normal wear and aging that do not affect product functionality.
- Lost, altered, or illegible purchase invoice or warranty card.
- Products beyond warranty period do not receive free service (paid repair service available).

The final interpretation of this policy belongs to Guangzhou Onesuze Intelligent Technology Co., Ltd.

Warranty Certificate

User Information

*Customer Name: _____ *Phone Number: _____

*Email Address: _____ Address: _____

Product & Purchase Information

*Product Name: _____ *Product Model: _____

*Serial Number: _____ Invoice Number: _____

*Date of Purchase: _____

Fields marked * are required

Maintenance Record

First Repair: _____ Second Repair: _____

Inspection Date: _____ Inspection Date: _____

Issue Description: _____ Issue Description: _____

Parts Used: _____ Parts Used: _____

Return Date: _____ Return Date: _____

Technician Signature: _____ Technician Signature: _____

This certificate is an important document for after-sales service. Please keep it properly.

After-Sales Support

WeChat Support

Scan the QR code to follow the official Onesuze WeChat account for online support and service requests.
Service Hours: Monday–Sunday 09:00–12:30 / 14:00–18:00

Service Email：onesuze@onesuze.com.cn
Manufacturer: Guangzhou Onesuze Intelligent Technology Co., Ltd
Address: Building 1, Room 501–02, No. 18 Daling Mountain Road, Tianhe District, Guangzhou, China
Warranty Period: 12 months from the date of purchase

onesuze FOCUS H5
User Instructions