USER MANUAL
SMART BRACELET

Downloading the App

Scan the following QR code to download and install the App.

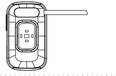
Google play

App Store

Scan QR Code and Download

Charging and Active

Charge the device fully to activate before first use.
To charge you must plug the charging cable into the adapter or USB port on your computer or wall.



Pairing

Open the App and set up your profile

↓

Go to the [Device], Click [Add a Device]

↓

Choose your device on the scanning list

↓

Finish

The MAC address on the "Setting"-"About" page could help you identify your device on the scanning list.

Use the Touch Screen

- **Phone Call**

After connecting your Smart Watch to the phone, you can use the watch to make outgoing calls and answer phone calls.

You can also view call history of the watch.

You need to keep the connection between the watch and the phone stable when using the Phone Call function.

- **Heart Rate Test**

The Smart Watch can record your heart rate all day.
You can also tap on the page to start measuring heart rate.

- **Blood Pressure**

Tap on the blood pressure page to start measuring your blood pressure. On the blood pressure page, it will show blood pressure history of previous records.

- **SpO2 Test**

Tap the SpO2 page to start measuring your SpO2 levels.On the SpO2 page, it can show the SpO2 history previous records.

- **Sports**

The Smart Watch automatically tracks Steps taken on the screen.

Note: Your movement statistics reset to zero at midnight.

- **Training**

Tap the training icon on the menu to start a new training session recording. There are 8 sport modes to be chosen.
The last training recording will be shown on the training page.

- **Sleep**

If you keep wearing your Smart Watch while sleeping, it can measure the hours slept and quality of sleep statistics on both the screen and the App.

Note: Sleep stats reset to zero at 8:00 PM.

- **Player Shutter**

After connecting the device, you can remotely control the music player on your phone.

- **Remote Shutter**

After connecting the device, you can remotely control the camera on your phone.

- **Messages Reminder**

The device can sync incoming notifications from Twitter, Facebook, Whatsapp, Instagram & other Apps. Recent 5 messages can be stored.

Note: You can switch on/off the incoming notifications in the App.

- **Weather**

Weather data of current day and tomorrow can be viewed on the weather page.
Weather data is synced after connecting with the App, it will not be updated after a long disconnected.

- **Period Reminder**

Click on the menstrual period interface through the management cycle calendar to predict victory cycles.
On the period reminder page, It can show the history of previous period reminder data.

- **Other Features**

Other features include Stopwatch, Alarm, Timer, Word clock,Find phone, Settings,etc.

- **Movement Reminder**

The device will vibrate to remind you to take relaxation after 1 hour of sitting.

Note: You can switch the feature on/off in the APP.

- **Water Intake Reminder**

The smart watch will remind you to drink Water at the planned intervals.

Note: You can set the feature in the APP.

Getting to Know Your Device

1.Using in Wet Conditions
Your device is water-resistant, which means it is rain-proof and splash-proof and can withstand the sweatiest workout.

Note: We do not recommend swimming with your Smart Watch or showering with it.Although the water won't hurt the device, wearing it 24/7 does not give your skin a chance to breathe. Whenever you get your bracelet wet, dry it thoroughly before putting it back on.

2.Using Quick View
With Quick View you can check the time or message from your phone on your Smart Watch without tapping. Just turn your wrist towards you and the time screen will appear for a few seconds.

General Info & Specifications

1.Environmental Conditions
Operating temperature: 14°F to 122°F(-10°C to 50°C)
Non-operating temperature: -4°F to 140°F(-20°Cto 60°C)
2.Wrist size
Fits a wrist between 5.5 and 7.7 inches in circumference
3.Disposal and Recycling
Please kindly be aware that it is the consumer's responsibility, to properly dispose and recycle the Smart Watch and accompanying components.
Do not dispose the Smart Watch with common household waste, as it is considered electronic waste and should be disposed of at your local electronic equipment collection facility. For more information, please contact your local electronic equipment waste management authority or the retailer where you bought the product.

Safety warnings

Important Safety Information: Handle the Smart Watch with care.
They contain sensitive electronic components, including batteries, and may malfunction, affect performance, or cause damage if dropped, burned, punctured, crushed, disassembled, or exposed to excessive heat, liquid, or high-pressure environments. concentrations of industrial chemicals, including nearly evaporated liquified gases such as helium.
Important Safety Information: Handle the Smart Watch with care.
Do not use the Smart Watch if it is damaged.
Batteries: Do not try to replace the battery of the Smart Watch by yourself.
Charge: Charge the Smart Watch with the charging cable and a power adapter or a computer that meets relevant national, international and regional safety standards.
Other adapters may not meet applicable safety standards and their use to charge the Smart Watch may present the risk of injury.
Using damaged cables or chargers, or charging the device if they are wet, may cause fire, electric shock, injury, or damage to the watch or other belongings.
Avoid prolonged exposure to heat, prolonged skin contact with the device, power adapter, charging cable and its connector, or the wireless charger when connected to a power source, as this may cause discomfort or injury.
Choking hazard: The Smart Watch and its small parts included may present a choking hazard to small children or cause other injuries. Please keep away from children.

FCC Warning

This device complies with Part 15 of the FCC Rules.
Operation is subject to the following two conditions:
(1) This device may not cause harmful interference,
and(2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE 1: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-Reorient or relocate the receiving antenna.
-Increase the separation between the equipment and receiver.
-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-Consult the dealer or an experienced radio/TV technician for help.

NOTE 2: Any changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

The device has been evaluated to meet general RF exposure requirement.

The device can be used in portable exposure condition without restriction.