USER MANUAL

HUHOPP39YL - HUHOPP39OR - HUHOPP39PR
HUHOPP39PK - HUHOPP39BL - HUHOPP39RD
HUHOPP39TL - HUHOPP39GR

Anti-Burst Peanut Exercise Ball

Visit Our Website
SCAN ME
hurtleusa.com

PLEASE READ THE MANUAL CAREFULLY BEFORE USE AND KEEP IT FOR FUTURE REFERENCE

⚠ WARNING
Read this manual carefully before use. Improper use may result in injury.

Unique Features

- Designed for straddling and gentle bouncing
- Unique cradling shape enhances safety, comfort, and fun for children and adults
- Peanut-shaped design allows side-to-side and backward-forward movement
- More stable than round exercise balls-ideal for therapy and sensory seating
- High 661 lb weight capacity supports children, teens, and adults

Features

- Constructed with a durable anti-burst compound that prevents sudden or violent bursting
- Center cradle design enhances comfort during seated and straddle use
- Encourages healthy posture, strengthens core muscles, and increases blood flow
- Supports active seating that may help with attention and reduce fidgeting during seated activities
- Includes pump and spare plugs-ready to use out of the box
- Ideal for kids who enjoy gentle bouncing
- Suitable for strength training, yoga, stretching, rehabilitation, or casual workouts

What's in the Box

- Peanut Bounce/Balance Sitting Ball
- Hand Pump
- (2) Plugs

Technical Specs

- Construction Materials: PVC
- Shape Design: Peanut Anti-Burst Ball
- Anti-Burst Design: Yes
- Weight Capacity: 661.4 lbs.
- Wall Thickness: 0.06 inches (1.52 mm)
- Inflation Method: Hand Pump
- Inflation/Deflation Time: About 12 minutes (inflate) / About 6 minutes (deflate)
- Age Compatibility: Recommended for children ages 3+ with adult supervision and suitable for teens and adults
- Indoor/Outdoor Use: Indoor
- Item Weight: 3.08 lbs.
- Deflated Product Dimensions (L x W x H): 9.5 x 7 x 5.5 inches
- Inflated Product Dimensions (L x W x H): 39 x 19 x 19 inches

California Prop 65 Warning

⚠ WARNING:
This product may expose you to chemicals, which is known to the state of California to cause cancer, birth defects and other reproductive harm. Do not ingest.
For more info go to: www.P65warnings.ca.gov

Questions? Comments?
We are here to help!
Phone: (1) 718-535-1800
PyleUSA.com/ContactUs

Product Description

The Peanut Exercise Ball is a multifunctional fitness and rehabilitation product.
Its unique peanut-shaped design provides enhanced stability compared to a traditional round exercise ball. This makes it especially suitable for balance training, rehabilitation exercises, posture correction, and muscle strengthening.

It is widely used for:

- Physical therapy and rehabilitation
- Yoga and Pilates
- Core strength training
- Balance and coordination exercises

Safety Precautions

- Do not place the ball near sharp objects or rough surfaces.
- Keep away from heat sources and open flames.
- Do not exceed recommended weight limits.
- This product is not intended as a toy.
- Stop using immediately if damage or air leakage is detected.

Inflation Instructions

1. Remove the product from the packaging and allow it to rest at room temperature for 1–2 hours before inflation.
2. Insert the pump nozzle into the air valve.
3. Inflate the ball slowly and gradually.
4. Do not overinflate; allow some flexibility for comfort and safety.
5. After inflation, remove the pump and firmly insert the air stopper.
6. If necessary, adjust the air volume after several hours, as the material may stretch naturally.

Usage Instructions

- Use the ball on a flat, clean surface.
- Wear appropriate sports or exercise clothing during use.
- Beginners and children should use the product under supervision.
- Follow proper exercise techniques and guidance to avoid injury.

Suitable For

- Home fitness use
- Rehabilitation centers
- Yoga studios
- Schools and clinics

Safety Instructions

- Do Not: Overinflate or expose the product to sharp objects
- Keep Away: Heat sources and open flames
- Supervision: Required when used by children

Cleaning and Storage

- Clean with a soft cloth and mild detergent as needed.
- Do not use corrosive or abrasive cleaning agents.
- Store in a cool, dry place away from direct sunlight.

Register Product

Start Here

PyleUSA.com/pages/register

Thank you for choosing PyleUSA. By registering your product, you ensure that you receive the full benefits of our exclusive warranty and personalized customer support. Complete the form to access expert support and to keep your PyleUSA purchase in perfect condition.