



英文

Component Description (English)

Transparent resin inner support

ECG electrode contacts

Magnetic charging port

ECG electrode contacts

Power on

Align the charging port of the smart ring with the charging port of the charging compartment. When the red light of the ring flashes, it is turned on.

Charging compartment

Charging port

Connect APP

1. Search and download Healthwear APP, or scan the QR code on the right to select the appropriate APP version to download.

Go to the app store to search and download

● Xiaomi App Store

● Huawei App Market

● Apple App Store

● OPPO software store

● vivo app store

After scanning the QR code to download

Android system: After scanning, click the upper right corner-select Use Default

iPhone system: After scanning, click the upper right corner-select Use Default

Open the browser-direct download-open in App Store-download

2. Open the software and follow the prompts to pair the ring

Charging

Charging completed

blood oxygen test

Heart rate test

light status

When charging, the breathing red light of the charging compartment lights up, and the ring's red light lights up; after being fully charged, the breathing green light of the charging compartment lights up steadily. The green light on the ring will be on for five minutes when breathing; the red light will be on and the green light will flash during the blood oxygen test, and the green light will flash during the heart rate test.

Wearing method

Wear the ring on your suitable finger. Choose a comfortable size and it is recommended to wear it on the index finger, middle finger, and ring finger to better monitor data.

Heart rate, blood oxygen sensor

Function introduction

Electrocardiogram (ECG)

The finger needs to be close to the R/L pole of the back electrode of the ECG, and the other finger needs to be placed on the front electrode. Click "ECG Measurement" in the ECG test interface on the APP homepage to enter real-time detection, and the monitoring data can be updated to the APP simultaneously.

HRV heart rate variability

Evaluate the nervous system by collecting ECG or pulse signals, analyzing heart rate variability (HRV) functions, pressure status, and recorded data can be updated synchronously in the APP.

sleep monitoring

Wearing the ring when falling asleep will automatically enter sleep monitoring mode, detect deep sleep/light sleep/sleep duration throughout the night, and calculate your sleep quality; sleep data can be synchronized and updated to the APP.

my relatives and friends

Correlate the monitoring data of relatives and friends to pay attention to their health status.

APP function introduction

activity monitoring

You can view real-time exercise steps, distance, calorie consumption, time and other related data. The data is synchronized to the APP which contains a variety of sports mode assistants and can record a variety of sports data.

Multiple data monitoring (heart rate, blood oxygen, blood pressure, blood sugar, pressure)

Carry out blood oxygen measurement, and synchronize the data to the APP in real time. Switch to the blood oxygen saturation interface to view historical records of different periods; heart rate monitoring can view heart rate values and heart rate interval values; blood pressure monitoring records systolic and diastolic blood pressure data in real time, and generates detailed monitoring reports to help you fully understand blood pressure trends; blood sugar monitoring helps scientific sugar control and improves exercise and quality of life.

HRV heart rate variability

Evaluate the nervous system by collecting ECG or pulse signals, analyzing heart rate variability (HRV) functions, pressure status, and recorded data can be updated synchronously in the APP.

camera

After opening the camera in the APP you can control it through gestures and wave the ring you are wearing to achieve remote independent selfies.

sleep monitoring

Wearing the ring when falling asleep will automatically enter sleep monitoring mode, detect deep sleep/light sleep/sleep duration throughout the night, and calculate your sleep quality; sleep data can be synchronized and updated to the APP.

my relatives and friends

Correlate the monitoring data of relatives and friends to pay attention to their health status.

Things to note

1. Before using and operating the equipment, please read and comply with the following precautions to ensure optimal performance of the equipment, and avoid dangerous or illegal situations.

2. In daily use, please choose a size that suits your finger, avoid wearing it too tightly, and please keep the ring contact area it's dry, please wipe it dry in time when exposed to water. If symptoms such as redness or swelling appear at the contact area, please stop using it immediately and consult a doctor.

3. This product is not a medical device. The measurement results are for reference only and are not intended for any medical purpose or basis. Please follow your doctor's instructions and do not rely on this test result for self-diagnosis or treatment.

Safety

1. Please keep the charging cable and device in a dry environment when charging. Do not touch the charging cable with wet hands. Please avoid the charging cable being immersed in water or other liquids. Do not disassemble or modify the battery, insert foreign objects, or immerse it in water or other liquids to avoid battery leakage, overheating, fire or explosion.

2. Do not drop, crush or puncture the battery! Avoid subjecting the battery to large external pressure, which may cause internal short circuit and overheating of the battery.

FCC

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: —Reorient or relocate the receiving antenna. —Increase the separation between the equipment and receiver. —Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. —Consult the dealer or an experienced radio/TV technician for help. Important: Change or modifications not expressly approved by the manufacturer responsible for compliance could void the user's authority to operate the equipment.

FC

CE

RoHS

Recycling symbol

No fire symbol

合格证

QUALIFIER CERTIFICATE

型号: (MODEL)

检验员: (CHECKER)

出厂日期: (DATE)

QC PASS 检12

保修卡

产品名称: _____

型号规格: _____

客户名称: _____

联系电话: _____

地址: _____

经销单位: _____

联系电话: _____

销售日期: _____

中文

skyunion协立

智能戒指用户手册

透明树脂内托

ECG电极触点

磁极充电口

ECG电极触点

开机

将智能戒指充电口对齐充电仓的充电口放置,戒指红灯闪烁,即为开机.

充电仓

充电口

连接APP

1.搜索并下载 G Band 或扫描右方二维码选择合适的APP版本下载

前往应用商城搜索下载

● 小米应用商店

● 华为应用市场

● Apple App Store

● OPPO软件商店

● vivo应用商店

扫描二维码下载后

安卓系统:扫描后点击右上角-选择用默认浏览器打开-直接下载-下载

iphone系统:扫描后点击右上角-选择用默认浏览器打开-选择下载-在App Store中打开-下载

2.打开软件并根据提示配对戒指

充电中

充电完成

血氧测试

心率测试

灯光状态

充电时充电仓亮呼吸红灯,戒指红灯亮;充满电后充电仓呼吸绿灯常亮,戒指呼吸绿灯亮五分钟;血氧测试时红灯亮绿灯闪烁,心率测试时绿灯闪烁.

佩戴方式

将戒指佩戴在自己适宜的手指上,选择舒适尺寸建议佩戴在食指、中指、无名指上,能够更好的监测数据

Heart rate, blood oxygen sensor

功能介绍

心电图(ECG)

手指需贴紧心电背电极R/L极,另外一个手指需搭在正面电极,在APP主页在心电测试界面里点击"心电测量"即可进入实时检测,监测数据可同步更新到APP中.

HRV心率变异性

通过采集心电或脉搏信号,分析心率变异性(HRV),评估神经系统功能、压力状态,并记录数据可同步更新到APP中.

相机

打开APP里的相机后通过手势控制,挥一挥手腕的戒指,可实现远程独立自拍.

睡眠监测

入睡时佩戴戒指会自动判断进入睡眠监测模式,检测整晚、深睡/浅睡/睡眠时长,计算您的睡眠质量;睡眠数据可同步更新到APP中.

我的亲友

关联亲朋好友的监测数据,关注他们的健康状态.

*注意:本产品的测量结果仅供参考,不用于任何用于医疗目的.请遵医嘱,不要将测量结果用于自我诊断和治疗.

APP功能介绍

活动监测

可查看实时运动步数、距离、卡路里消耗、时间等相关数据.数据同步到APP中,内含多种运动模式,可记录多种运动数据.

多项数据监测(心率、血氧、血压、血糖、压力)

进行血氧测量,数据实时同步到APP,切换至血氧饱和度界面可查看不同时段的历史记录;心率监测可查看心率值心率区间值;血压监测实时记录收缩压和舒张压数据,生成详细的监测报告帮助您全面了解血压变化趋势;血糖监测有助于科学的控糖,改善运动和生活质量.

HRV 心率变异性

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我的亲友

关联亲朋好友的监测数据,关注他们的健康状态.

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RoHS

Recycling symbol

No fire symbol

注意事项

1. 在使用和操作设备之前,请阅读并遵守下面的注意事项,以确保设备性能最佳,并避免出现危险或非法情况.

2. 日常使用中请选择适合自己手指的尺寸,避免佩戴过紧,请保持戒指接触部位的干爽,遇水后请及时擦干.如接触部位出现红肿等状况时,请立即停止使用,并咨询医生.

3. 本产品非医学设备,测量结果仅供参考,不作为任何医疗用途及依据.请遵从医生指导,不可依此测试结果自我诊断及治疗.

安全

1. 充电时请保持充电线和设备处在干燥的环境中,请勿使用湿手触摸充电线,请避免充电线被水等液体浸入请勿拆解或改装电池、插入异物、或浸入水或其他液体中,以免引起电池漏液、过热、起火或爆炸.

2. 请勿跌落、挤压或穿刺电池!避免让电池遭受外部大的压力,从而导致电池内部短路和过热.

请扫码观看

使用教程

校准教程

请扫码观看