1100W MICROWAVE OVEN with INVERTER Technology



CHILD SAFETY LOCK

UL 923 Compliant

In compliance with new UL 923 requirements, the Safety Standards for Microwave Cooking Appliances, this unit is equipped with a **NEW** childproof two-step door opening feature.

Please reference the manual instructions for feature functions and operation.

OWNER'S MANUAL

MWICO15

Visit our web site at "www.emersonradio.com"

UNAUTHORIZED MODIFICATIONS TO THIS DEVICE COULD VOID MANUFACTURER'S WARRANTY.

PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY

(a) Do NOT attempt to operate this oven with the door open since open-door operation can result in harmful exposure to microwave energy.
It is important not to defeat or tamper with the safety interlocks.
(b) Do NOT place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces. Wipe the sealing area frequently with a mild detergent, rinse and wipe dry. Never use abrasive powders or pads.
(c) Do NOT operate the oven if it is damaged.
It is particularly important that the oven door close properly and that there is no damage to the: (1) Door (bent), (2) Hinges and Latches (broken or loosened), (3) Door seals and sealing surfaces.
(d) The oven should not be adjusted or repaired by anyone except properly qualified service personnel.
(e) For more safety tips, visit following FDA website:
https://www.fda.gov/consumers/consumer-updates/5-tips-using-your-microwave-oven-safely

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FOR HOUSEHOLD USE ONLY.
SAVE THESE INSTRUCTIONS

IMPORTANT SAFETY INSTRUCTIONS

When using electrical appliances basic safety precautions should be followed, including the following:

WARNING – To reduce the risk of burns, electric shock, fire, injury to persons, or exposure to excessive microwave energy:

1. Read all instructions before using this appliance.
2. Read and follow the specific **"PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY"** section.
3. This appliance must be grounded. Connect only to properly grounded outlet. See **"GROUNDING INSTRUCTIONS"** section.
4. Install or locate this appliance only in accordance with the provided installation instructions.
5. Some products such as whole eggs and sealed containers (for example, closed glass jars) may explode and should not be heated in this oven.
6. Use this appliance only for its intended use as described in this manual. Do NOT use corrosive chemicals or vapors in this appliance. This type of oven is specifically designed to heat, cook, or dry food. It is not designed for industrial or laboratory use.
7. HOT CONTENTS CAN CAUSE SEVERE BURNS. DO NOT ALLOW CHILDREN TO USE THE MICROWAVE. Use caution when removing hot items.
8. Do NOT operate this appliance if it has a damaged cord or plug, if it is not working properly, or if it has been damaged or dropped.
9. This appliance should be serviced only by qualified service personnel. Contact the nearest authorized service facility for examination, repair, or adjustment.
10. Do NOT cover or block any openings on this appliance.
11. Do NOT store or use this appliance outdoors. Do NOT use this product near water, for example, near a kitchen sink, in a wet basement, or near a swimming pool, or similar locations.
12. Do NOT immerse cord or plug in water.
13. Keep cord away from heated surfaces.
14. Do NOT let cord hang over edge of table or counter.
15. When cleaning surfaces of door and oven that come together when closing the door, use only mild, non-abrasive soaps, or detergents applied with a sponge or soft cloth.
16. To reduce the risk of fire in the oven cavity:

(a) Do NOT overcook food. Carefully attend appliance if paper, plastic, or other combustible materials are placed inside the oven to facilitate cooking.

(b) Remove wire twist-ties from paper or plastic bags before placing bag in oven.

(c) If materials inside the oven ignite, keep oven door closed, turn oven off, and disconnect the power cord, or shut off power at the fuse or circuit breaker panel.

(d) Do NOT use the cavity for storage purposes. Do NOT leave paper products, cooking utensils, or food in the cavity when not in use.

17. Do NOT use this microwave oven to heat corrosive chemicals (for example, sulfides and chlorides). Vapors from such corrosive chemicals may interact with the contact and springs of the safety interlock switches, thereby rendering them inoperable.
18. Keep the spatter shield (waveguide cover) clean at all times. Wipe the oven interior with a soft damp cloth after each use. If you leave grease or fat anywhere in the cavity it may overheat, smoke or even catch fire when next using the oven.
19. Liquids, such as water, coffee, or tea are able to be overheated beyond the boilingpoint without appearing to be boiling. Visible bubbling or boiling when the container is removed from the microwave oven is not always present. THIS COULD RESULT IN VERY HOT LIQUIDS SUDDENLY BOILING OVER WHEN THE CONTAINER IS DISTURBED OR A UTENSIL IS INSERTED INTO THE LIQUID.
20. Notice for extension cord

a) A short power-supply cord is provided to reduce the risks resulting from becoming entangled in or tripping over a longer cord.

b) Longer cord sets or extension cords are available and may be used if care is exercised in their use.

c) If a long cord or extension cord is used:

1) The marked electrical rating of the cord set or extension cord should be at least as great as the electrical rating of the appliance;

2) The extension cord must be a grounding-type 3-wire cord; and

3) The longer cord should be arranged so that it will not drape over the counter top or tabletop where it can be pulled on by children or tripped over unintentionally.

SAFETY PRECAUTIONS

General Use

1. Do NOT attempt to tamper with or make any adjustments or repairs to door, control panel or any other part of the oven. Do NOT remove outer panel from oven. Repairs should only be done by qualified service personnel.
2. Do NOT operate the oven empty. The microwave energy will reflect continuously throughout the oven if no food or water is present to absorb energy.
3. If a fire occurs in the oven, touch the STOP/Clear button and LEAVE THE DOOR CLOSED. Disconnect the power cord, or shut off power at the fuse

or circuit breaker panel.

4. Do NOT attempt to dry clothes, newspapers or other materials in the oven. They may catch on fire.
5. Do NOT use recycled paper products. Recycled paper towels, napkins and waxed paper can contain metal flecks which may cause arcing or ignite. Paper products containing nylon or nylon filaments should be avoided, as they may ignite.
6. Some styrofoam trays (like those that meat is packaged on) have a thin strip of metal embedded on the bottom. When microwaved, the metal can burn the floor of the oven or ignite a paper towel.
7. Avoid inserting nails, wire, etc. through any holes in the unit during operation. Never insert a wire, nail or any other metal objects through the holes on the cavity or any other holes or gaps, because such objects may cause electric shock and microwave leakage.
8. This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
9. The appliances are not intended to be operated by means of an external timer or separate remote-control system.
10. The temperature of accessible surfaces may be high when the appliance is operating.



CAUTION: HOT SURFACE

Utensils

1. METAL CONTAINERS or dishes with metallic rims should not be used. Arcing may occur.
2. METAL TWIST-TIES may not be used in the microwave oven.
3. Do NOT use SEALED JARS or NARROW NECK bottles for cooking or reheating. They may shatter.
4. Do NOT use CONVENTIONAL THERMOMETERS in the microwave oven. They may cause arcing.
5. Remove PLASTIC STORE WRAPS before cooking or defrosting foods in the oven.
6. For FURTHER INFORMATION on proper cooking utensils, refer to the **COOKING GUIDE** section.

Food

1. Never use your microwave oven for HOME CANNING. The oven is not designed to permit proper canning. Improperly canned food may spoil and be dangerous to consume.
2. COOKING TIMES given in the cooking guide are approximate. Factors that

may affect cooking are starting temperature, altitude, volume, size and shape of food and utensils used. As you become familiar with the oven, you will be able to adjust for these factors.

3. It is better to UNDERCOOK RATHER THAN OVERCOOK foods. If food is undercooked, it can always be returned to the oven for further cooking. If food is overcooked, nothing can be done. Always start with minimum cooking times.
4. SMALL QUANTITIES of food or foods with LOW MOISTURE content can burn, dry out or catch on fire if cooked too long.
5. Do NOT boil eggs in their shell. Pressure may build up and the eggs may explode.
6. Potatoes, apples, egg yolks, whole acorn squash and sausage are some examples of foods with NONPOROUS SKINS. These must be pierced before cooking to prevent bursting.
7. POPCORN must be popped in a microwave corn popper. Microwave popped corn produces a lower yield than conventional popping. Do NOT use oven for popcorn unless popped in a microwave approved popcorn utensil or unless it's commercially packaged and recommended especially for microwave ovens. Do NOT use oil unless specified by the manufacturer.
8. Do NOT attempt to deep fat fry in your oven.
9. HEATED LIQUIDS can ERUPT if not mixed with air. Do NOT heat liquids in your microwave oven without first stirring.
10. **Do NOT use paper towels to cover food as they can ignite.**

FEDERAL COMMUNICATIONS COMMISSION RADIO FREQUENCY INTERFERENCE STATEMENT

WARNING: This equipment generates and uses ISM frequency energy and if not installed and used properly, in strict accordance with the manufacturer's instructions, may cause interference to radio and television reception.

It has been type-tested and found to comply with limits for an ISM Equipment pursuant to part 18 of FCC Rules, which are designed to provide reasonable protection against such interference in a residential installation.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment Does cause interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following:

* Reorient the receiving antenna of radio or television.
* Relocate the Microwave oven with respect to the receiver.
* Move the microwave oven away from the receiver.

* Plug the microwave oven into a different outlet so that microwave oven and receiver are on different branch circuits.

THE MANUFACTURER is not responsible for any radio or TV interference caused by UNAUTHORIZED MODIFICATION to this microwave oven. It is the responsibility of the user to correct such interference.

ARCING
If you see arcing, press the “STOP/Clear” button and correct the problem.
Arcing is the microwave term for sparks in the oven.
Arcing is caused by:

* Metal or foil touching the side of the oven.
* Foil not molded to food (upturned edges act like antennas).
* Metal, such as twist-ties, poultry pins, or gold rimmed dishes, in the microwave.
* **Recycled paper towels containing small metal pieces being used in the microwaves.**
* **Burnt (carbonized) food residue or grease spattered inside of cabinet.**

DO NOT LEAVE OVEN UNATTENDED WHILE COOKING!

GROUNDING INSTRUCTIONS

This appliance must be grounded. In the event of an electrical short circuit, grounding reduces the risk of electric shock by providing an escape wire for the electric current. This appliance is equipped with a cord having a grounding wire with a grounding plug. The plug must be inserted into an outlet that is properly installed and grounded.

WARNING – Improper use of the grounding can result in a risk of electric shock. Consult a qualified electrician or serviceman if the grounding instructions are not completely understood, or if doubt exists as to whether the appliance is properly grounded, and either:
1) If it is necessary to use an extension cord, use only a 3-wire extension cord that has a 3-blade grounding plug, and a 3-slot receptacle that will accept the plug on the appliance. The marked rating of the extension cord shall be equal to or greater than the electrical rating of the appliance, or
2) Do not use an extension cord. If the power supply cord is too short, have a qualified electrician or serviceman install an outlet near the appliance.

INSTALLATION

1. **Steady, flat location:** When positioning the microwave oven, it should be set on a steady, flat surface.

2. **Ventilation:** DO NOT BLOCK AIR VENTS. If they are blocked during operation, the oven may overheat and eventually cause oven failure. For proper ventilation, **KEEP THREE INCHES OF SPACE** BETWEEN THE OVENS TOP, SIDES, REAR AND THE AREA WHERE THE UNIT IS TO BE INSTALLED.

3. **Radio and TV reception:** Poor television reception and radio interference may result if the oven is located close to a TV, radio, antenna, or antenna wire. Position the oven as far from them as possible.

4. **Temperature and moisture:** Keep the oven away from hot air, steam or splashing liquids when choosing a place to locate it, otherwise, the unit's operation may be adversely affected, causing it to break down.

5. **Power supply:**
   * Check your local power source. This microwave oven requires a 120V, 60Hz ,15Amp power supply.
   * Use a receptacle that will accept the ground prong.

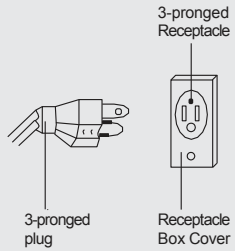
   (a) A short power supply cord is provided to reduce the risks resulting from becoming entangled in or tripping over a longer cord.

   (b) Longer cord sets or extension cords are available and may be used if care is exercised in their use.

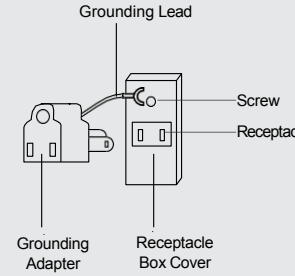
   (c) If a long cord or extension cord is used, (1) the marked electrical rating of the cord set or extension cord should be at least as great as the electrical rating of the appliance, (2) the extension cord must be a grounding-type 3-wire cord, and (3) the longer cord should be arranged so that it will not drape over the counter top or tabletop where it can be pulled on by children or tripped over unintentionally.

6. **Examine the oven for any damage such as:** Dents, a misaligned door, broken door or a dent in the cavity. If any of the above are visible, DO NOT INSTALL THE UNIT. Notify the dealer immediately.

When using a 3-pronged plug



When using a grounding adapter, make sure the receptacle box is fully grounded.

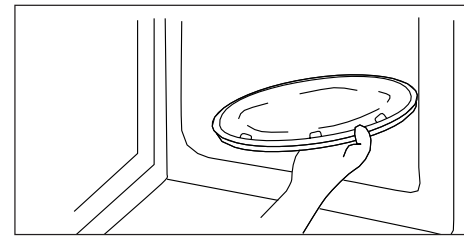


CARE OF YOUR MICROWAVE OVEN

1. Disconnect the AC plug from the outlet before cleaning.
2. The oven should be cleaned regularly and have any food scraps removed.
3. Keep the inside of the oven clean. When food spatters or spilled liquids adhere to oven walls, wipe with a damp cloth. Mild detergent may be used if the oven gets very dirty. The use of harsh detergent or abrasives

is not recommended.

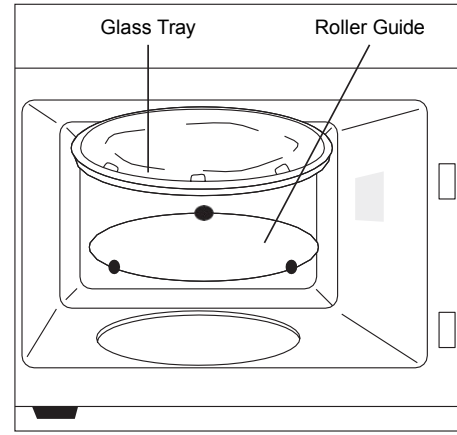
4. The outside oven surface should be cleaned with soap and water. Then wiped dry with a soft cloth. To prevent damage to the operating parts inside the oven, water should not be allowed to seep into the ventilation slots. If the Control Panel becomes dirty or wet, clean with a soft, dry cloth. Do NOT use harsh detergents or abrasives on Control Panel.
5. If steam accumulates on both sides of the oven door, wipe with a soft cloth. This may occur when the microwave oven is operated under high humidity conditions and this is not an indication of a malfunction in the unit.



6. It is occasionally necessary to remove the glass tray for cleaning. Wash the tray in warm, sudsy water or in a dishwasher.
7. The roller guide and oven cavity floor should be cleaned regularly to avoid excessive noise. Simply wipe the bottom surface of the oven with mild detergent water or window cleaner and dry. The roller guide may be washed in mild, sudsy water or in the dishwasher.

Roller Guide

1. The ROLLER GUIDE and oven floor should be cleaned frequently to prevent excessive noise.
2. The ROLLER GUIDE MUST ALWAYS be used for cooking together with the Glass Tray.



Glass Tray

1. Do NOT operate the oven without the Glass Tray in place.
2. Do NOT use any other Glass Tray with this oven.
3. If the Glass Tray is hot, ALLOW IT TO COOL before cleaning it or placing in water.
4. Do NOT cook directly on the Glass Tray.

HOW TO USE YOUR MICROWAVE OVEN SAFELY

Although your oven is provided with safety features, it is important to observe the following:

a) It is important not to defeat or tamper with safety interlocks.

b) Do NOT place any object between the oven face and the door or allow residue to accumulate on sealing surfaces. Wipe the sealing area frequently with a mild detergent, rinse and wipe dry. Never use abrasive powders or pads.

c) When opened, the door must not be subjected to strain, for example, a child hanging on an open door or any load which could cause the oven to fall forward and cause injury and damage to the door. Do NOT operate the oven if it is damaged, until it has been repaired by a qualified person. It is particularly important that the oven door close properly and that there is no damage to the following:
   (1) Door (bent), (2) Hinges and Latches (broken or loosened), (3) Door seals and sealing surfaces.

d) The oven should not be adjusted or repaired by anyone except properly qualified service personnel.

PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY

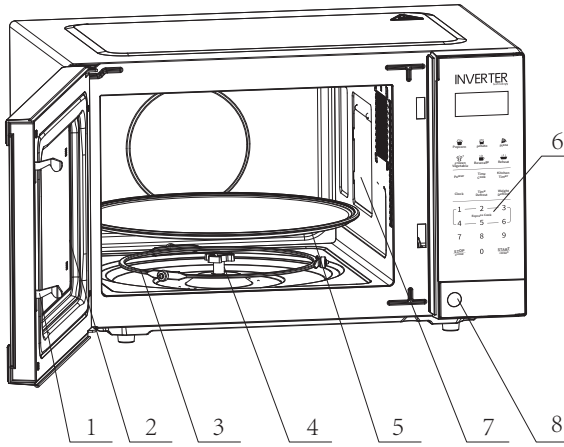
(a) Do not attempt to operate this oven with the door open since open-door operation can result in harmful exposure to microwave energy. It is important not to defeat or tamper with the safety interlocks.

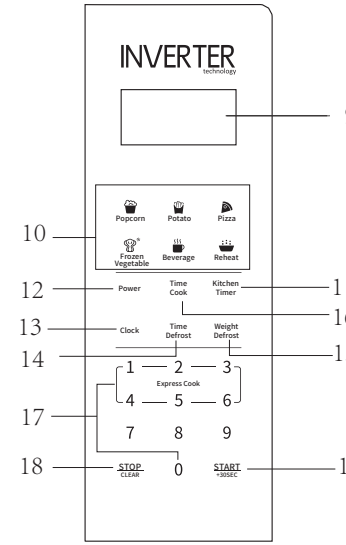
(b) Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.

(c) Do not operate the oven if it is damaged. It is particularly important that the oven door close properly and that there is no damage to the: (1) door (bent), (2) hinges and latches (broken or loosened), (3) door seals and sealing surfaces.

(d) The oven should not be adjusted or repaired by anyone except properly qualified service personnel.

LOCATION OF CONTROLS





1. **Door Latches** – When the door is closed, they will automatically lock shut. If the door is opened while the oven is operating, the magnetron will automatically shut off.
2. **Door Screen** – Allows viewing of food. The screen is designed so that light can pass through, but not the microwaves.
3. **Roller Guide** – Supports the glass cooking tray. Must always be in proper position before operating the oven.
4. **Rotating Axis/Coupler** – The glass cooking tray (turntable) sits on the axis, which coupled with the motor underneath to rotate the glass cooking tray.
5. **Glass Cooking Tray (Turntable)** – Made of special heat resistant glass. The tray must always be in proper position before operating the oven. Do NOT cook food directly on the tray.
6. **Control Panel** – The control buttons are shown on the right.
7. **Spatter Shield Waveguide Cover) (Do NOT remove)** – Protects the microwave outlet from splashes of cooking foods.
8. **Door Open Button** – Press the left side of the button to open the door.
9. **Display**
10. **Auto Cook Menu Buttons** – Used to select an Auto Cook program.
11. **Kitchen Timer Button** – Used to set the kitchen timer function.
12. **Power Button** – Used to set a power level.
13. **Clock Button** – Used to set the clock.
14. **Time Defrost** – Used to set the oven to estimate the defrosting time.
15. **Weight Defrost** – Used to set the oven to estimate the defrosting time by the food weight entered.
16. **Time Cook**– Used to set the cooking time 99 mins. 99 secs. max.
17. **Number Button** – Used to enter the cooking time, kitchen timer, etc. Number buttons 1 to 6 are also used for Express Cook function.
18. **Stop/Clear Button** – Used to stop and/or clear a cooking program.
19. **START/+30SEC Button** – Used to start or add 30 seconds cooking time for each press of the button.

Alert: Please clean microwave oven often. Failure to do so may create a fire hazard and void the warranty.

OPERATION

1. SETTING THE CLOCK (12-hour format)

After the unit is connected to mains, the display shows a full test screen, and then enters standby mode and displays **1:00**.
To set the clock time, please follow the steps below:

(1) In standby mode, press the **CLOCK** button to enter clock setting process;
(2) Press the **Number** button 0~9 directly to enter the clock time;
(3) Press the **START/+30SEC** button to confirm the clock time and exit the clock setting process.

2. TIME COOK

Ten microwave power levels (100P, 90P, 80P, 70P, 60P, 50P, 40P, 30P, 20P, 10P) are available for selection.

(1) If full power (100P) is preferred for microwave cooking, press the **TIME COOK** button, and then press the Number buttons 0~9 to set the desired cooking time, that can be set as high as 99 minutes and 99 seconds (99:99); Press the **START/+30SEC** button to start cooking.

(2) If a different power level is desired, Press the **POWER** button repeatedly to select the power level as indicated on the display, or, while in standby mode, press the **POWER** button to enter power level setting mode; press the Number button 1~10 correspondingly to the 10P~100P power level; press the **TIME COOK** button, and then press the Number buttons 0~9 to set the desired cooking time, that can be set as high as 99 minutes and 99 seconds (99:99).

(3) After setting cooking time, press the **START/+30SEC** button to start cooking. The oven beeps when cooking completed.

High Power	100% (100P) and 90% (90P) power output (Applicable for quick and thorough cooking)
Medium High Power	80% (80P) and 70% (70P) power output (Applicable for medium express cooking)
Medium Power	60% (60P) and 50% (50P) power output (Applicable for steaming food)
Medium Low Power	40% (40P) and 30% (30P) power output (Applicable for defrosting food)
Low Power	20% (20P) and 10% (10P) power output (Applicable for keeping warm)

⚠ CAUTION

a. The max. time which can be set is 99 minutes and 99 seconds.
b. Never use the grill rack for microwave cooking.
c. Never operate the microwave oven while empty.
d. At the maximum microwave power, the oven will automatically lower the power after a certain time of cooking to lengthen the service life.
e. To turn the food during operation, press the **STOP/CLEAR** button to pause the cooking process. After turning the food and closing the door , press the **START/+30SEC** button to resume the previous cooking process.
f. To remove the food before the preset time ends, press the **STOP/CLEAR** button once to pause, or press it twice to cancel the cooking program and open the door.

3. TWO STAGE COOKING

It enables cooking at multiple power levels and cooking times automatically.

SET STAGE 1 COOKING:

1) Place the food into the oven cavity and close the door. Press the **Time Cook** button;
2) Use the Number buttons to set the cooking time for the first stage;
3) Press the **Power** button;
4) Use the Number buttons to enter the power level;

SET STAGE 2 COOKING:

5) Press the **Time Cook** button;
6) Use the Number buttons to set a cooking time for the second stage;
7) Press the **Power** button;
8) Use the Number buttons to enter the power level;
9) Press the **START/+30SEC** button to start cooking. The oven will beep when completed.

4. DEFROST

WEIGHT DEFROST:

1) Press the **Weight Defrost** button to select Weight Defrost function, the display shows “dEF1”, prompting to enter the food weight;
2) Use the Number buttons to enter the food weight, the input range is 4~98 oz;
3) Press the **START/+30SEC** button to start defrosting. The oven will beep when completed.

TIME DEFROST:

1) Press the **Time Defrost** button to select Time Defrost function, the display shows “dEF2”, prompting to enter the defrosting time;
2) Enter the defrosting time by pressing the desired Number buttons 0~9; the longest time you can set is 99 min. 99 sec;
3) Press the **START/+30SEC** button to start defrosting. The oven will beep when completed.

⚠ CAUTION

a. It is necessary to turn over the food during operation to obtain uniform effect.

b. Usually defrosting will need longer time than that of cooking the food.

c. If the food can be cut by knife, the defrosting process can be considered completed.

d. Microwave penetrates around 4cm into most food

e. Defrosted food should be consumed as soon as possible, **it is NOT recommended to refreeze defrosted food.**

5. AUTO COOK

There are six Auto Cook Menus buttons, namely Popcorn, Potato, Pizza, Frozen Vegetable, Beverage and Reheat. The specific operation steps are as follows:

(1) In standby mode, select the desired auto cook menu;

(2) Press the corresponding Auto Cook Menu button to select the weight of the food shown on the display;

(3) After selecting the food weight, press the **START/+30SEC** button to start cooking. The oven will beep after cooking completed.

No.	Food/Type	Weight/Portion
A.1	Popcorn	1.75 oz, 3.0 oz, 3.5 oz
A.2	Potato	9.0 oz, 18.0 oz, 27.0 oz
A.3	Pizza	4.0 oz, 8.0 oz, 14.0 oz
A.4	Frozen Vegetable	7.0 oz, 14.0 oz, 21.0 oz
A.5	Beverage	1, 2, 3 cup, each one about 250ml
A.6	Reheat	7.0 oz, 14.0 oz, 21.0 oz, 28.0 oz, 35.0 oz

⚠ CAUTION

The temperature, weight and shape of food will largely influence the cooking effect. If any deviation has been found to the factor noted on above menu, you can adjust the cooking time for best result.

6. KITCHEN TIMER

Kitchen timer can be operated as follows:

(1) In standby mode, press the **KITCHEN TIMER** button to enter the kitchen timer setting process. The display shows the timer function icon and
"0:00" at the same time;
(2) Press the **Number** button 0~9 to enter the countdown time. The maximum countdown time that can be set is 99:99;
(3) Press the **START/+30SEC** button to start the kitchen timer. When the countdown completed, a buzzing sound can be heard.

7. EXPRESS COOK

Express Cook feature allows users to quickly set cooking time. There are two express cook setting methods. The specific operation steps are as follows:

Method One:

(1) In standby mode, directly press the **Number** button 1 to 6 to start the microwave, and the cooking time is 1 to 6 minutes respectively; that is, press 1 to cook for 1 minute, press 2 to cook for 2 minutes, and so on;
(2) The oven will beep when cooking completed.

Method Two:

(1) In standby mode, after placing food and closing the door, press the **START/+30SEC** button to quickly start the microwave. The default cooking time is 30 seconds;
(2) During the cooking process, each time you press the **START/+30SEC** button, 30 seconds will be added. The maximum time allowed for the **START/+30SEC** function is 99 minutes 59 seconds. The oven will beep when cooking completed.

8. STOP/CLEAR

(1) During the cooking setting process, you can press the **STOP/CLEAR** button to cancel the setting and resume to standby mode;
(2) During cooking, you can press the **STOP/CLEAR** button to make a pause;
(3) In the pause mode, you can press the **STOP/CLEAR** button again to cancel the function and resume to standby mode.

9. START/+30SEC

(1) After setting the cooking time or food weight, press the **START/+30SEC** button to start cooking;
(2) In the cooking state, press this button to increase the cooking time. Press it once to increase the cooking time by 30 seconds. However, the cooking time cannot be adjusted in the menu mode or the Defrost by Weight mode;
(3) In the pause mode, press this button to let the microwave oven continue the previous cooking process.

10. CHILD LOCK

The Child Lock prevents unwanted oven operation by small children.

(1) Locking method: In standby mode, press and hold the **STOP** button for 3 seconds, the child lock function is activated, and all buttons of the microwave oven are inoperable;
(2) Unlocking method: In the child lock state, press and hold the **STOP** button for 3 seconds to release the child lock function;

11. CHILDPROOF TWO-STEP DOOR OPENING

1. Two-step door opening method:

There are two situations:

(1) In the cooking state or after cooking is completed: the first step is to press the **STOP** button to pause the microwave cooking or return to standby mode; the second step is to open the oven door.
(2) When not in cooking state or 30 minutes after cooking is completed: you can open the oven door directly.

2. Setting of two-step door opening function:

In standby mode, use your left thumb to press and hold the **STOP** button first, with your left index finger press and hold the **POWER** button at the same time. Then with your right finger briefly press the **START/+30SEC** button to turn this function on/off; the display will show "On" or "OFF" accordingly.

Note:

(1) When this function is turned on, the oven door cannot be directly opened during cooking; a two-step door opening operation is required;
(2) Turning off this function, you can directly open the oven door in any state;
(3) The childproof two-step door opening function is enabled by default after the product is powered on.

12. MUTE FUNCTION

This function allows you to turn the beep sound ON or OFF:

To Mute: In standby mode, press and hold the **"9"** button for 3 seconds until the display shows **"OFF"**.

To Unmute: In standby mode, press and hold the **"9"** button for 3 seconds until you hear a "beep" and the display shows **"ON"**.

NOTE: When the mute function is activated, there will be no sound when buttons are pressed, during cooking, or after cooking has ended.

COOKING GUIDE

THE PRINCIPLES OF MICROWAVE COOKING

Microwaves are a form of high frequency radio waves similar to those used by a radio including AM, FM and CB. Electricity is converted into microwave energy by the magnetron tube. From the magnetron tube, microwave energy is transmitted to the oven where it is reflected, transmitted and absorbed by the food.

Reflection: Microwaves are reflected by metal just as a ball is bounced off of a wall. For this reason, metal utensils are not suitable for use in the microwave. A combination of stationary interior walls and a rotating metal turntable or stirrer fan helps assure that the microwaves are well distributed within the oven cavity to produce even cooking.
Transmission: Microwaves pass through some materials such as paper, glass and plastic much like sunlight shining through a window. Because these substances do not absorb or reflect the microwave energy, they are ideal materials for microwave oven cooking containers.
Absorption: During cooking, microwaves will be absorbed by food. They penetrate to a depth of about 3/4 to 1 1/2 inches. Microwave energy activates the molecules in the food (especially water, fat and sugar), and heat is produced. If you vigorously rub your hands together, you will feel heat produced by friction. The internal cooking of larger foods is done by conduction as the heat which is produced by friction is conducted to the middle of the food. Foods also continue to cook by conduction during standing time.

FOOD CHARACTERISTICS

Quantity: The amount of food placed in a microwave oven has a direct effect on the cooking time. Small amounts of food or liquid require less cooking time than larger amounts of the same substance. As quantity increases, concentration decreases.
Size: Small pieces cook faster than large ones. To speed cooking, cut pieces smaller than two inches (5 cm), so microwaves can penetrate to the middle from all sides. Pieces which are similar in size and shape cook more evenly.
Shape: Many foods are uneven, like a chicken, ribs or broccoli. The thin parts will cook faster than the thick parts, while uniformly thick foods cook evenly. To compensate for irregular shapes, place thin pieces toward the center of the dish and thicker pieces toward the edge of the dish.
Starting Temperature: Frozen or refrigerated foods take longer to cook than foods at room temperature.
Bone and Fat: Because bones conduct heat, the side of the meat the bone is on will cook first, while boneless cuts cook slower but more evenly. Fat attracts microwaves. The middle of these foods is cooked by heat conduction.
Moisture Content: Microwaves are attracted by moisture. Naturally moist foods absorb microwaves better than dry ones. Add a minimum of liquid to moist foods, as excess water slows cooking.
Density: The density of food determines how easily the microwaves can penetrate and how quickly it will cook. Porous foods, like chopped beef or mashed potatoes, microwave faster than dense ones like steak or whole potatoes.
Piercing: Steam builds up pressure in foods which are tightly covered by a skin or membrane. Pierce potatoes, egg yolks and chicken livers to prevent bursting.

MICROWAVE TECHNIQUES

Stirring: Stir foods from outside to center of dish once or twice during cooking to equalize heat and speed microwaving. Foods will not burn or stick, so there's no need to stir constantly as you do in conventional cooking.
Arrangement: Arrange foods with thin or delicate ends, like drumsticks or asparagus spears, with the thick or tougher portions to the outside of the dish. The parts which need more cooking will receive more energy, so food will microwave evenly.
Spacing: Individual foods, such as baked potatoes and cupcakes will cook more evenly if placed in the oven an equal distance apart. When possible, arrange foods in a circular pattern. Similarly, when placing foods in a baking dish, arrange around the outside of the dish, not lined up next to each other. Food should not be stacked on top of each other.
Rearrangement: Rearrange overlapping areas, like tails of long fish fillets, from top to bottom, and closely packed pieces, like meatballs, from the outside to the center of the dish.
Standing Time: Standing time is especially important in microwave cooking. Microwave energy creates heat in the outer layers of the food. As a result of normal conduction, the food continues to cook for a few minutes after removal from the oven. Letting roasts, large whole vegetables, casseroles and cakes stand to finish cooking

allows the middles to cook completely without overcooking, drying or toughening the outsides.
Covering: Covering speeds cooking time, retains moisture, tenderizes, insures even cooking and prevents spattering. Casserole lids or plastic wrap are used for a tighter seal. Vent plastic by turning back one edge at the side of dish to form a narrow slot where excess steam can escape. Various degrees of moisture retention are also obtained by using wax paper or microwave-safe paper towels.
Browning: Microwave energy cooks some foods so quickly that the fats and sugars within the food do not have time to caramelize and give a "browned" appearance. Browning agents do not affect the quality of microwaved foods, but can add color and flavor. For meats and poultry, use bouquet sauce diluted with water or melted butter, soy, Worcestershire, barbecue or steak sauce, a sprinkling of paprika or dry gravy mix; jelly glaze or crumb coating. Frosting and topping finish cakes and breads. Top casseroles at the end of microwaving with grated cheese or crumbs.

Some Foods Do Not Microwave Well
Eggs in Shells and hard boiled eggs can burst.
Pancakes do not crust, but they reheat well. Fully-prepared, frozen pancakes are available for microwaving.
Deep Fat Frying can cause burns.
Bottles with narrow necks may shatter if heated.
Pop Popcorn only in special microwave poppers. Do NOT use oil unless specified by the manufacturer, or heat longer than recommended. Never pop popcorn in paper bags or glass utensils or directly on the glass tray.

HOT SNACKS AND APPETIZERS

Hot appetizers can be prepared very quickly in the microwave oven.
Many appetizers may be cooked on the serving platter, provided the platter does not have metal trim. A time saving tip – prepare these foods ahead of time, refrigerate or freeze, and refresh in the oven at serving time. A plate of appetizers will take only seconds to refresh.
Cheese melts very rapidly and will toughen if overcooked, so watch foods combined with cheese closely so that overcooking will not occur. As soon as cheese starts to bubble, cooking is completed.
Appetizers that have a crisp pastry exterior are best prepared in a conventional oven.
To prepare appetizers wrapped in bacon, it will be necessary to precook the bacon and then wrap around the foods. Oysters wrapped in bacon are easier to prepare in the broiler of your conventional oven.
Seafood mixtures can be prepared in serving shells as microwave energy will pass through the seafood shells without heating. Aluminum foil should not be used for shells.
If spreads are placed on crackers, care should be taken not to overcook as moisture from the food will cause crackers to become soggy. Crackers used for spreads should be very dry and crisp. This helps avoid sogginess. Heat only until spread is at serving temperature.
The time required to heat all appetizers will depend on the amount of food, and the number and the type of dish selected. Remember the food will become very hot even if the dish is cool. Cheese mixtures retain heat longer when heated with microwave energy.

SEAFOOD

Guide for Cooking Seafood
Microwaving is one of the easiest and most efficient ways of preparing fish and seafood, which stay delicate and tender with quick, moist cooking. Overcooking dries out and toughens seafood, so you should check it after the minimum time. If thick pieces like fish steaks or lobster tails are done on the outside, but still slightly translucent in the middle, let them stand for a few minutes; internal heat will complete the cooking.

Food	Power Level	Cooking Time	Standing Time	Special Notes
Whole Fish (1 lb. to 1 1/2 lbs.)	100	7 - 8 min.	5 min.	Turn over after half the time.
Fish Fillet (1 lb.)	100	6 - 7 min.	4 - 5 min.	Turn over after half the time.

Fish Steak 1 inch thick (1 lb.)	100	5 - 6 min.	5 - 6 min.	Turn over after half the time. Cover with microwaveable cover.
Shrimp (1 lb.)	100	3 - 4 min.	5 min.	Rearrange once during cooking. Cover with microwaveable cover.
Sea Scallops (1 lb.)	80	7 - 8 min.	5 min.	Rearrange once during cooking. Cover with microwaveable cover.

MEATS

Guide for Cooking Meats

Roasts, chops, hamburgers and small cuts of tender meat cook beautifully in the microwave oven. Most roasts can be cooked rare, medium rare or even well done in less than one hour. Less tender cuts of meat such as pot roast can be simmered fork-tender in a sauce or gravy. Tough cuts that require slow cooking will do better in a conventional oven. A large piece of meat, especially if the shape is uneven, should be turned over occasionally for uniform roasting.

Meat	Power Level	Cooking Time (per lb)	Standing Time	Special Notes
Beef Roast				
Rare	80	6 - 8 min.	5 - 7 min.	
Medium	80	8 - 10 min.	10 - 15 min.	Turn over after half the time.
Well	80	10 - 12 min.	10 - 15 min.	
Pork Roast				
Bone-in	80	13 - 16 min.	10 min.	Cover with microwaveable cover.
Boneless	80	17 - 19 min.	10 - 15 min.	Turn over after half the time.
Lamb Roast				
Bone-in Medium	80	7 - 9 min.	10 - 12 min.	
Well	80	10 - 12 min.	10 - 15 min.	Turn over after half the time.
Boneless Medium	80	9 - 11 min.	10 - 12 min.	
Well	80	12 - 14 min.	10 - 15 min.	
Beef Patties (3 1/2 oz) each				
2 patties	100	3 - 5 min.	5 - 7 min.	Turn over and rearrange after
4 patties	100	4 - 6 min.	5 - 7 min.	half the time.
Meat Loaf				
(2 lbs.)	100	18 - 20 min.	10 - 12 min.	Cover with microwaveable cover.
Bacon				
Slices (4 strips) (1 slice; weight: 1 oz., length: 11 in.)	100	6 - 7 min.	—	Cover with microwaveable cover.
Ham				
Slices (1 in. thick) 4 slices	80	6 - 7 min.	5 - 7 min.	Cover with microwaveable cover.

POULTRY (To obtain a browned skin result – please see instructions for GRILL/COMBI cooking)

Guide for Cooking Poultry

Chicken is one of the most popular foods and microwaving chicken is one of the best uses of your microwave oven. Chicken stays juicy and tender in the microwave oven. However, juiciness prevents browning because chicken crisps and browns only when the skin dries out enough to change color. Standing time is important, because it allows the interior to finish cooking without toughening the delicate breast meat.

Poultry	Power Level	Cooking Time (per lb.)	Standing Time	Special Notes
Chicken whole	100	8 - 10 min.	10 - 15 min.	Place breast side up on roasting rack. Let stand,
Chicken cut up	100	8 - 9 min.	7 - 10 min.	

Turkey	80	9 - 11 min.	10 -15 min.	covered, before serving.
Cornish Hens	100	9 - 11 min.	7 - 10 min.	
Turkey Breast	80	9 - 10 min.	5 - 7 min.	Rearrange once during cooking. Cover with microwaveable cover.

EGGS & CHEESE

Guide for Cooking Eggs & Cheese

- **CHEESE**

  Cheese melts quickly and smoothly. When serving cheese as an appetizer, flavor is at peak when served at room temperature. Use a low power level for melting. Cheese melts best when shredded and heated with milk or other liquids. Stir cheese mixtures several times for even heating.

- **EGGS**

  Eggs cook differently by microwave. The high fat content of egg yolks absorbs energy, so yolks cook faster than whites. It's easy to poach eggs in a microwave oven, but if you want soft yolks, remove eggs from the oven before whites are completely cooked. A brief standing time allows whites to set without overcooking yolks. Check eggs for completion of cooking early, they toughen when overcooked.

  When eggs and yolks are mixed together for omelets, scrambled eggs or custards, they cook more evenly and need less stirring than during conventional cooking methods.

  Do not try to cook eggs in the shell. Steam can build up inside the shells, causing them to burst.

Scrambled Eggs

Eggs	Butter	Milk or Water	Cook on Power 100	Procedure
2	1 Tbsp.	2 Tbsp.	1 - 2 min.	Place butter in small casserole and melt. Add eggs and milk, scrambling with fork. Cook as directed in chart, breaking up and stirring eggs twice. Let stand, covered, before serving.
4	1 Tbsp.	2 Tbsp.	2 - 3 min.	
6	2 Tbsp.	4 Tbsp.	3 - 4 min.	

Poached Eggs

Eggs	Water	Cook Water on Power 100	Cook Eggs on Power 80	Standing Time	Procedure
1	1 1/2 cups	4 - 6 min.	1 min.	2 min.	Place water into medium casserole. Cook at High until boiling. Break eggs, one at a time, into separate dish, pierce yolk once with wooden pick and slip egg carefully into hot water, cook as directed in chart.
2	1 1/2 cups	4 - 6 min.	1 1/2 - 2 min.	2 min.	
4	2 cups	6 - 7 min.	2 1/2 - 3 min.	2 min.	

SOUPS

Guide for Cooking Soups

Satisfy appetites with savory soups prepared in your microwave oven. Adapt your favorites by using similar cooking times and techniques.

Food	Power Level	Cooking Time	Standing Time	Special Notes
Canned Condensed Cream style, Bean, Pea or Mushroom (10 1/2 - 11 1/2 oz)				
With Water	100	5 - 6 min.	2 - 3 min.	Stir halfway through cooking time. Cover with microwaveable cover.
With Milk	80	6 - 7 min.	2 - 3 min.	
Dry Soup Mix	100 then	6 - 8 min.	2 - 3 min.	Add water. Cover with microwaveable cover.
1 envelope (10 1/2 oz.)	50	3 - 4 min.		Stir twice.
Broth (10 1/2 oz.)	100	5 - 6 min.	2 - 3 min.	Stir twice. Cover with microwaveable cover.

VEGETABLES

Guide for Cooking Fresh Vegetables

Nutrition research indicates that many microwaved vegetables and fruits lose less water soluble vitamin C than when cooked conventionally. This is due to shorter cooking time and to the fact that less cooking water is needed when microwaving fruits and vegetables. Best of all, vegetables keep their fresh color, texture and flavor. Vegetables should be microwaved covered with vented plastic wrap or a casserole lid. Vegetables cooked in their skins, such as potatoes, are already so tightly covered that they should be pricked with a fork before cooking in order to release excess steam. To assure even cooking, vegetables should be cut in uniform pieces and stirred during the cooking time. Always add salt to water before adding vegetables. Reduce time a minute or two for crisp-tender texture. Increase time for very soft texture. Remember to allow standing time of two to five minutes after cooking because, as most foods do, vegetables will continue to cook after they are removed from the microwave oven.

Food	Water Amount	Cook on Power 100	Standing Time	Special Notes
Asparagus				
Spears (1 lb.)	1/4 cup	7 - 8 min.	2 min.	Medium Casserole. Rearrange once.
Cuts (1 lb.)	1/2 cup	7 - 8 min.	2 min.	
Fresh green beans (1/2 lb.)	1/4 cup	6 - 7 min.	2 min.	Stir twice.
Frozen green beans (1/2 lb.)	2 Tbsp.	7 1/2 - 8 1/2 min.	2 min.	Stir twice.
Green Peas (2 cups)	1/4 cup	6 - 7 min.	2 min.	Small casserole. Stir twice.
Broccoli (2 cups)	1/4 cup	6 - 7 min.	2 min.	Medium casserole. Rearrange once during cooking.
Brussels Sprouts (1 lb.)	1/4 cup	8 - 9 1/2 min.	2 - 3 min.	Medium casserole. Stir once.
Cabbage (1 lb.)	1/4 cup	7 - 8 min.	2 - 5 min.	Rearrange once during cooking.
Cauliflower pieces (1 head)	1/4 cup	8 - 9 min.	2 - 5 min.	Cover with microwaveable cover. Stir once.
Mushroom slices (1/2 lb.)	2 Tbsp.	5 - 6 min.	2 - 3 min.	Small casserole. Stir once.

CASSEROLES

Casseroles may require occasional stirring to distribute heat. They cook more evenly when made with ingredients of similar size and shape. Because of their shorter cooking time, casseroles cooked in the microwave

oven generally need less liquid. Casseroles with cream and cheese sauces, or meats which need slower cooking to tenderize, cook best on power level 40.
When cooking a favorite casserole, make two and freeze the second for future use. Line a casserole or baking dish with plastic wrap. Transfer the cooked food to the lined container and freeze. As soon as the food is frozen in the shape of the dish, remove it and wrap with freezer paper. Later it can be unwrapped and returned to the container for defrosting and heating.

Dry Casserole Mixtures

Many prepared box type casseroles are available on the grocery shelves. Many have freeze dried foods or evaporated foods included. Cooking periods are so short there may not be time for the foods to absorb the moisture sufficiently and reconstitute the foods. To prepare this type, boil the amount of water recommended on the package. Add the noodles (when included), cover and cook for approximately 10 minutes. Allow noodles to stand covered for an additional 10 minutes, rinse with warm water and drain. Then follow package directions for preparing the mix. Reheat four to six minutes before serving.

SAUCES

Guide for Cooking Sauces

Sauces boil over rapidly, especially those that contain milk. As soon as the door is opened, cooking stops. If ingredients are not taken directly from the refrigerator, cooking time will be less than given in the recipe. Stir sauce quickly, about every 30 seconds to eliminate lumps. Be sure to use a container twice the size of the amount of liquid to prevent boiling over.
A wooden spoon may be left in the dish while sauce is cooking for easy stirring. If sauce is stirred slowly, cooking time may require about 15 seconds longer. If desired, a one-quart glass measure may be used to prepare some sauces.

Brown Gravy

Amount		Fat from Drippings	Flour	Liquid or Drippings	Cook on Power 100	Special Notes
1 cup,	thin	1 Tbsp	1 Tbsp	1 cup	2 1/2 - 3 1/2 min.	Cook on Full power as directed or until thickened, stirring once. Let stand, covered, before serving.
	med.	1 Tbsp	1 Tbsp	1 cup	3 - 4 min.	
	thick	1 Tbsp	1 Tbsp	1 cup	3 - 4 min.	

White Sauce

Amount		Butter	Flour	Milk	Cook Butter	Cook Sauce	Special Notes
1 cup,	thin	1 Tbsp	1 Tbsp	1 cup	30 sec.	2 1/2 - 3 1/2 min.	Cook on Full power as directed or until thickened, stirring once. Let stand, covered, before serving.
	med.	2 Tbsp	2 Tbsp	1 cup	1 min.	2 1/2 - 3 1/2 min.	
	thick	3 Tbsp	3 Tbsp	1 cup	1 min.	3 - 4 min.	

SANDWICHES, INCLUDING HAMBURGERS AND HOT DOGS

Guide for Heating Sandwiches

Sandwiches heat very quickly because, being porous, they have a low density. Since the filling is usually more dense than the bread or rolls, the filling determines the heating time. Surprisingly, the filling will always be hotter than the bread feels. Care must be taken not to overcook as the bread will become tough. Use several thin slices of meat. Thin slices heat more quickly and are better than one thick slice. The slow heating thick slice often causes the bread to overcook before the meat is hot. Sandwiches may be placed on a paper plate, napkin or paper towel to be warmed. The sandwich should be covered with a microwave-safe paper towel. Remove wrapping immediately after warming. Already-baked frozen breads and rolls may be used for sandwiches. The filling, however, should be thawed first. Toasted bread is fine for sandwiches and provides a firm base. The toast is warmed only; no further browning occurs.

Food	Amount	Cook on Power 100	Special Notes
Sandwich (6 oz.)	1 2 4	1 min. 1 1/2 - 2 min. 3 - 4 min.	Place on microwaveable plate.
Hamburger (4 oz.)	1 4	1 min. 3 - 4 min.	Cover with microwaveable cover.
Hot Dog (2 oz.)	4	1 1/2 - 2 min.	Cover with microwave-safe paper towel.
Sloppy Joe	4	4 min.	Place on microwaveable plate.

PASTA & GRAINS

Guide for Cooking Pasta and Grains

Raw long grain rice takes time to rehydrate. Microwaving time is a little shorter than conventional, but the greatest advantage is the ease with which you can prepare fluffy rice without sticking or burning. Cooked rice and pasta reheat easily in the microwave oven without loss of flavor or texture. No extra water is needed to prevent sticking or drying, so there's no danger of overcooking rice and pasta or thinning sauces.

Food	Hot Water	Salt	Oil or Butter	Power Level	Cooking Time	Standing Time
Pasta (8 oz)						
Egg Noodles	4 cups	1 tsp.	1 Tbsp.	100	6 1/2 - 7 1/2 min.	2 - 5 min.
Macaroni	4 cups	1 tsp.	1 Tbsp.	100	8 - 10 min.	2 - 5 min.
Spaghetti	4 cups	1 tsp.	1 Tbsp.	100	8 - 10 min.	2 - 5 min.
Lasagna Noodles	4 cups	1 tsp.	1 Tbsp.	100	12 - 14 min.	2 - 5 min.
Rice, Long Grain						
White Rice (1 cup)	2 cups	1 tsp.	1 tsp.	100 then 80	6 - 7 min. 10 - 13 min.	5 - 7 min.
Brown Rice (1 cup)	2 cups	1/2 tsp.	1 tsp.	100 then 80	6 - 7 min. 23 - 28 min.	5 - 7 min.

CEREALS

Microwaveable hot cereals can be cooked directly in the cereal bowl and make cleaning up easy.

CONVENIENCE FOODS

Frozen Foods

A large variety of frozen foods, special dishes and dinners are available and the selections continue to increase. The market is changing rapidly, therefore it is impossible to list the foods and types available and recommend cooking procedures. In this book we can only give general directions to assist you.

T.V. Dinners

To prepare a T.V. dinner, follow the maker's instructions for use with microwave ovens. To cook a T.V. dinner will require approximately five to seven minutes for the food to thaw and heat to serving temperature (depending on the types of food). Allow plastic wrap to remain over the dish for two minutes to allow heat to equalize. Dinners that contain mashed potatoes have presented a bit of a problem due to the large compact mass of this particular food. You may want to remove about half the mashed potatoes after defrosting is started, then spread the remaining potatoes over the individual section of the tray. Heat the removed mashed potatoes in an individual dish. For foods that should be crisp when cooking is completed, remove the plastic wrap and use the broiler of a conventional oven to crisp the food.

Individual Frozen Foods
These may be commercially prepared or frozen at home. Place the container of frozen food in the oven and heat only until the food starts to defrost and can be removed easily. Empty contents into a casserole or serving dish and continue to defrost and heat. Do not heat foods in deep foil containers. To crisp and brown special toppings, use the broiler of a conventional oven. If allowed to heat to serving temperature in a plastic container, the container will warp or melt from the high heat of food.

Frozen Foods in Cooking Pouches or Boilable Bags
To prepare these foods, slit the plastic bag. An X-type cut will help remove the food at the end of cooking time. Place the cut side down on a serving dish (with no metal trim). Heat foods other than vegetables for about three minutes. Frozen vegetables require about eight to nine and a half minutes of cooking time. Allow the pouch bag to remain over the food for about two minutes to allow time for the heat to equalize. Foods prepared in cheese or white sauce should be removed from the pouch and placed in a glass casserole dish and stirred to prevent overcooking of the sauce around the edges of the dish.

Complete Meals from Table Leftovers
Complete meals from leftovers can be prepared in advance. Foods can be frozen and ready for quick heating in the oven at any time. Choose foods suitable for freezing and put serving portions on paper, glass or china (no metal trim) plates. Wrap with recommended freezer paper and freeze quickly. When apportioning the servings of food on the plate, use approximately the same amount of each kind of food for more even heating. Mashed potatoes will heat quicker if spread slightly and hollowed, with a pat of butter in the center. To prevent small pieces of vegetables, corn, peas, etc., from dehydrating during heating, mound well near the center of the plate.

DESSERTS
There's always time to make dessert with a microwave oven. Fruit desserts have a remarkably fresh flavor and texture. Microwaved cakes are higher and more tender than conventionally baked; since cakes are usually frosted, browning is unimportant. Microwaved pie crusts are exceptionally tender and flaky, while delicate custards and puddings are easy to prepare.

Guide for Cooking Cakes

Food	Power Level	Cooking Time	Standing Time	Special Notes
Cake, round (Mixed9 inch)	100 80	4 - 6 min. 5 - 7 min.	2 - 5 min.	Pour into greased and wax paper lined cake dish.
Ring or Angel Food Cake	80	6 - 7 min.	2 - 5 min.	Cover with wax paper.
Muffin (6 muffins)	40	5 - 7 min.	2 - 5 min.	Rearrange once.
Custard (6 servings)	40	11 - 13 min.	5 - 7 min.	Rearrange once.

Baking
- Bar cookies work best. Greasing or lining of the microwaveable baking dish is optional.
- If insufficient browning disturbs you, frost, glaze or add food coloring to white or yellow batters.
- A microwaveable cookie sheet can be made by covering cardboard with waxed paper.
- Round glass baking dishes, and fluted or smooth microwaveable ring molds work best for cakes. You can make a microwaveable ring mold of your own by placing a medium-size glass in the center of a round glass baking dish.
- Because your cakes will rise higher in microwave cooking, never fill microwaveable cake pans more than half full.
- Reduce baking powder and soda by approximately one-fourth when converting a conventional recipe.
- Fill paper-lined muffin cups to only half full which allows for muffins to rise more than normal.
- You can prepare your own "brown 'n serve" breads and rolls by baking them ahead of time in the microwave oven. Then, place them in a conventional oven to brown prior to serving.
- Breads and rolls should be reheated to the point where they are warm to the touch. Overheating or overcooking makes bread tough and rubbery.
- When making yeast bread in a microwave oven, choose a recipe with cornmeal, whole wheat flour, or rye flour to achieve a richer color.

SPECIFICATIONS

Item	Rating Specification
Power Supply	120V~ 60Hz
Power Consumption	1550W (14.4A)
Output Power	1100W
Oven Capacity	1.5 cubic feet
Outside Dimensions	21.3(W) x 16.3(D) x 13.3(H) inches
Net Weight	27 lb

BEFORE YOU CALL FOR SERVICE

Refer to the following checklist before you call for service.

If the oven Does not work:

1. Check that the power cord is securely plugged in.
2. Check that the door is firmly closed.
3. Check that the cooking time is set.
4. Check for a blown circuit fuse or tripped main circuit breaker in your house.
5. Check that the Child Lock feature is not engaged.

If there is sparking in the cavity:

Check the containers, dishes or utensils in the oven and make sure they are not metal or have metal trim.

Emerson

SERVICE

FOR ADDITIONAL SET-UP OR OPERATING ASSISTANCE
PLEASE CALL:
1-800-898-9020 OR 1-800-695-0098

FOR CUSTOMER SERVICE, PLEASE E-MAIL TO:
internet@emersonradio.com

OR WRITE TO:

Emerson Radio Corp.
Consumer Affairs Dept.
959 Route 46 East
Suite 210, 2nd Floor
Parsippany, NJ 07054

LIMITED WARRANTY

Emerson Radio Corp. warrants this product to be free from manufacturing defects in original material, including original parts, and workmanship under normal home use and conditions ("manufacturing defect") for a period of one (1) year from date of original purchase in, and if used in the United States. Should service be necessary under this warranty, Emerson will provide the following at our Return Repair Facility provided the manufacturing defect is verified along with the date of purchase:

- Repair service for one (1) year from date of original purchase at no charge for labor and parts.
- Replacement of a defective magnetron for seven (7) years from date of original purchase (labor not included after initial twelve (12) months).

To Receive Authorization to Return a Defective Item, please contact Emerson Customer Service at 1-800-898-9020. Have your Model number, Serial Number and dated Proof of Purchase with you when you call.

In the event the product must be returned to Emerson:

- Pack the unit in a well-padded heavy corrugated box. Please insure the item is well padded to avoid damage while in transit back to our facility. If the item incurs damage, it will NOT be replaced and the consumer will be responsible for return freight costs to receive their same unit back.
- Enclose your check or money order payable to Emerson Radio in the amount of $15 to cover return shipping and handling costs.
- Enclose a note with your name, address, phone number, Return Authorization number and brief reason for returning the unit.
- Enclose a copy of your proof of purchase (warranty service will not be provided without dated proof of purchase).
- Ship the unit prepaid via UPS or parcel post (SHIP INSURED and obtain a tracking number).

NOTE: This warranty Does not cover:

(a) Damage to equipment not properly connected to the product.
(b) Cost incurred in the shipping of the product to and from Emerson's Return Facility.
(c) Damage or improper operation of unit caused by customer abuse, misuse, negligence or failure to follow operating instructions (including cleaning instructions) provided with the product.
(d) Ordinary adjustments to the product which can be performed by customer as outlined in the owner's manual.
(e) Products not purchased in the United States.
(f) Damage to product if used outside the United States.

THIS WARRANTY IS NON-TRANSFERABLE AND APPLIES ONLY TO THE ORIGINAL PURCHASER AND DOES NOT EXTEND TO SUBSEQUENT OWNERS OF THE PRODUCT. ANY APPLICABLE IMPLIED WARRANTIES, INCLUDING THE WARRANTY OF MERCHANTABILITY, ARE LIMITED IN DURATION TO A PERIOD OF THE EXPRESSED WARRANTY AS PROVIDED HEREIN BEGINNING WITH THE DATE OF ORIGINAL PURCHASE AT RETAIL AND NO WARRANTIES, WHETHER EXPRESSED OR IMPLIED, SHALL APPLY TO THE PRODUCT THEREAFTER. EMERSON MAKES NO WARRANTY AS TO THE FITNESS OF THE PRODUCT FOR ANY PARTICULAR PURPOSE OR USE.

THE EXTENT OF EMERSON RADIO CORP'S LIABILITY UNDER THIS LIMITED WARRANTY IS THE REPAIR OR REPLACEMENT PROVIDED ABOVE AND, IN NO EVENT, SHALL EMERSON RADIO CORP'S LIABILITY EXCEED THE PURCHASE PRICE PAID BY THE PURCHASER OF THE PRODUCT. UNDER NO CIRCUMSTANCES SHALL EMERSON RADIO CORP. BE LIABLE FOR ANY LOSS, DIRECT, INDIRECT, INCIDENTAL, SPECIAL, OR CONSEQUENTIAL DAMAGE ARISING OUT OF OR IN CONNECTION WITH THE USE OF THIS PRODUCT. THIS WARRANTY IS VALID ONLY IN THE UNITED STATES OF AMERICA.

THIS WARRANTY GIVES YOU SPECIFIC LEGAL RIGHTS. HOWEVER, YOU MAY HAVE OTHER RIGHTS WHICH MAY VARY FROM STATE TO STATE. SOME STATES DO NOT ALLOW LIMITATIONS ON IMPLIED WARRANTIES OR EXCLUSION OF CONSEQUENTIAL DAMAGE, THEREFORE THESE RESTRICTIONS MAY NOT APPLY TO YOU.

15-01-1402M

The serial number can be found on the back cabinet. We suggest that you record the serial number of your unit in the space below for future reference.

Model Number: MWICO15

Serial Number: _____



EMERSON
PART NO.: MWICO15-20260611-00

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