

Smart ring Instructions for use -1-	Catalogue English 1~11 Chinese 12~21 -2-	Description of components Packing list -3-	Start When the charging cable is connected to the ring, the light flashes and it is turned on. -4-	Connect to the APP 1. Find and download the Luck Ring APP or scan the QR code on the right to select the appropriate APP version to download 2. Open the software and assign the ring according to the prompts. -5-	Light status The red light remains on constantly when charging., the light turns off , when fully charged, the green light fl ashes during the heart rate test, and the red light flashes during the blood oxygen test. -6-	How to wear Wear the ring on your suitable finger, choose a comfortable size, and it is recommended to wear it on the index, middle finger and ring finger, so that you can better monitor the data. -7-	Shake it to take a picture The mobile phone enters the APP to turn on the shake and take photos function. You can take photos with a hand shake and it will save the wake-up. -8-	Basic Function Introduction: Heart Rate/Blood Oxygen: This product uses a dynamic heart rate sensor for measurement. When in use, wear the smart ring on a finger with a suitable tightness. You can manually measure through the APP, and also set automatic measurements at different times according to your needs on the APP. The green light flashes during heart rate testing, and the red light flashes during blood oxygen testing. Skin temperature fluctuations: The previous temperature difference data is calculated based on the temperature sensing of the finger sensor worn by the user. Heart rate variability / stress / psychological state: The conclusions are drawn through specific algorithms and are for reference only. Psychological state / physiological cycle: Both require manual input of basic data by yourself, and the conclusions obtained through the unique algorithm are for reference only.	Sleep Monitoring: The sleep switch is set to the default on position. The ring will automatically determine the sleep status through heart rate analysis during the night, and also assess the sleep quality. Step counter: Once worn and successfully connected, it will automatically start monitoring steps, calculating calories, and measuring distance and mileage. Exercise Modes: Outdoor Running / Indoor Running / Outdoor Cycling / Indoor Cycling / Hiking / Basketball / Football / Badminton / Swimming / Jump Rope / Mountain Climbing / Yoga My device: Check real-time battery level of the ring, connection status, device update, data deletion, and shutdown. -10-	Sensory games: These are third-party software. Some of them are available for free trial. When choosing games that require payment, please be cautious. Family and Friends Care: You can access your friends' and relatives' health data at any time by adding their APP ID numbers. Search for device: When the device is connected to the phone via Bluetooth, click "Search". The device will turn on the red light. Automatic health monitoring: You can set different functions and timings according to your own needs. FCC label information: FCC ID: 2BPRT-HR05 Model No.: HR05 英语 -11-
智能戒指 使用说明书 -12-	目录 英语 1~11 中文 12~21 -13-	组件说明 包装清单 -14-	开机 充电线连接至戒指灯光闪烁即为开机 -15-	连接APP 1.搜索下载Luck Ring APP或扫描右方二维码选择合适的APP版本下载 2.打开软件并根据提示配对戒指 -16-	灯光状态 充电时红灯常亮，充满电时灯光关闭 心率测试时绿灯闪烁，血氧测试时红灯闪烁 -17-	佩戴方式 将戒指佩戴在自己适宜的手指上，选择舒适尺寸，建议佩戴在食指、中指、无名指上，能够更好的监测数据 -18-	摇一摇拍照 手机进入APP里打开摇一摇拍照功能，手摇一摇可以拍照并会保存动唤醒。 -19-	基本功能介绍: 心率/血氧:本产品是动态心率传感器来测量，使用时将智能戒指戴到 松紧度合适的手指上，进入APP可以手动测量，APP端也可以根据自己 的需求设置不同时间的自动测量，心率测试时绿灯闪烁 ，血氧测试时 红灯闪烁。 皮肤温度波动:通过所佩戴手指体表温度感应计算出以前的温差数据 心率变异性/压力/心理状态:均通过特有算法得出结论仅供参考 心理状态/生理周期:均需要自己手动输入基础数据，通过特有算法得出结论仅供参考 睡眠监测:睡眠开关是默认打开模式，戒指会在夜间自动通过心率算 法分析出睡眠状态，分析出睡眠质量 计步器:佩戴后且连接成功后即可自动进行计步器监测，卡路里计算、步数里程计算。	运动模式: 户外运动/室内跑步/户外运动/室内单车/健走/篮球/足球/羽毛球/游泳/跳绳/爬山/瑜伽 我的设备:查看戒指实时电量，连接状态，设备升级，清除数据，关机 体感游戏:为第三方软件，部分可以免费体验，需要收费的游戏选择时请慎重 亲友关怀:可以通过添加亲友的APP ID号随时了解对方的健康数据 查找设备:设备跟手机蓝牙连接时，点击查找，设备端会亮红灯 自动健康检测:可以根据自己的需要设定不同的功能及时间 -21-	中

FCC Warning Statement:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement.