

Hurtle

USER MANUAL

HUFBAR5RPR - HUFBAR5RPK

Expandable Gymnastics Bars

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hurtleusa.com



Read all instructions carefully before using this product.
Retain this owner's manual for future reference.

Features

- 5 levels Adjustable Height from 34.65 to 51.2 Inches
- Stable Triangle Frame for Enhanced Balance
- Upgraded Spin-lock System
- Easy Assembly with Included Tools
- Includes Adjustable Hanging Rings and Foam Pad for Added Safety
- Foldable, Space-Saving Design for Easy Storage
- Durable Construction for Long-term Use
- EPE Bumper Pad for Shock Absorption
- Designed for Kids Ages 3–8
- Supports Multiple Exercises Like Pull-ups, Swings and Flips

What's in the Box

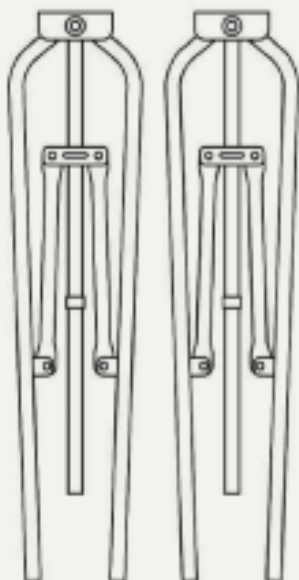
- (7) Gym Poles
- Screw Kits (PRTHUFBARSK)
- Hanging Rings (PRTHUFBARHR)
- Exercise Foam (PRTHUFBARFO5PR)

Technical Specs

- Construction Materials:
- Frame: High-strength Steel
- Bar: Steel with Non-slip Coating
- Bumper Pad: EPE for Shock Absorption
- Hanging Rings: Durable Plastic with Metal Attachments
- Item Weight: 19.8 lbs
- Weight Capacity: 143.3 lbs
- Adjustable Height Levels: 5 Levels
- Adjustable Height Range: 34.6 to 51.2 Inches
- Adjustable Strap Length: 19.6 Inches (Maximum Length)
- Folded Dimensions (L x W x H): 38.1 x 15.3 x 47.2 – 63.7 Inches
- Unfolded Dimensions (L x W x H): 38.1 x 58.6 x 34.6 – 51.2 Inches
- Ring Size (L x W x H): 4.33 x 6.9 x 5.9 Inches
- Foam Pad Dimensions (L x D): 9.84 x 2.75 Inches

PARTS LIST

Please check the parts list to ensure all pieces have arrived in good condition.
Follow the installation steps below carefully. If you have any questions, contact us anytime.



Main Frame ×2



Spring-detent Knob ×2



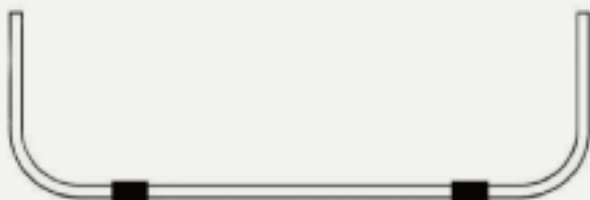
Adjustable Tube ×2



Adjustable Round Base ×2



Center Cross Support ×1



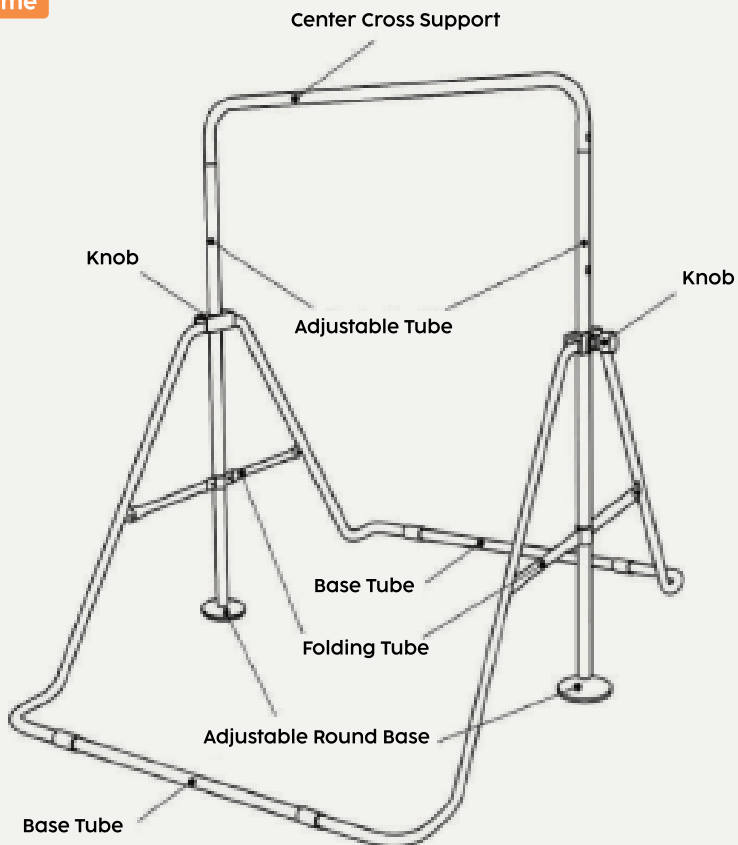
Base Tube ×2



M6 × 14 mm Screw ×6

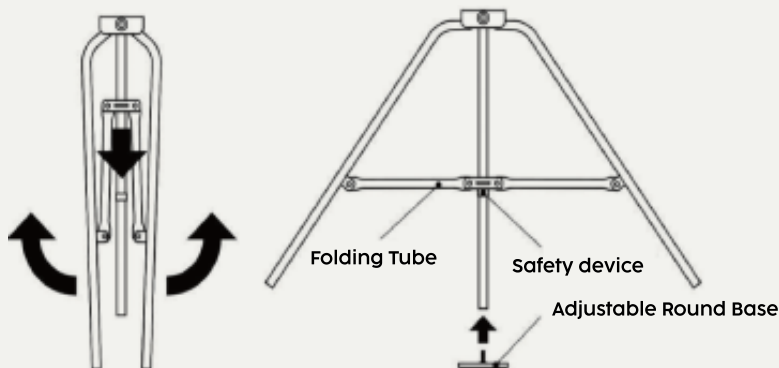
Allen Wrench ×1

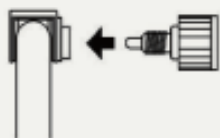
PARTS Name



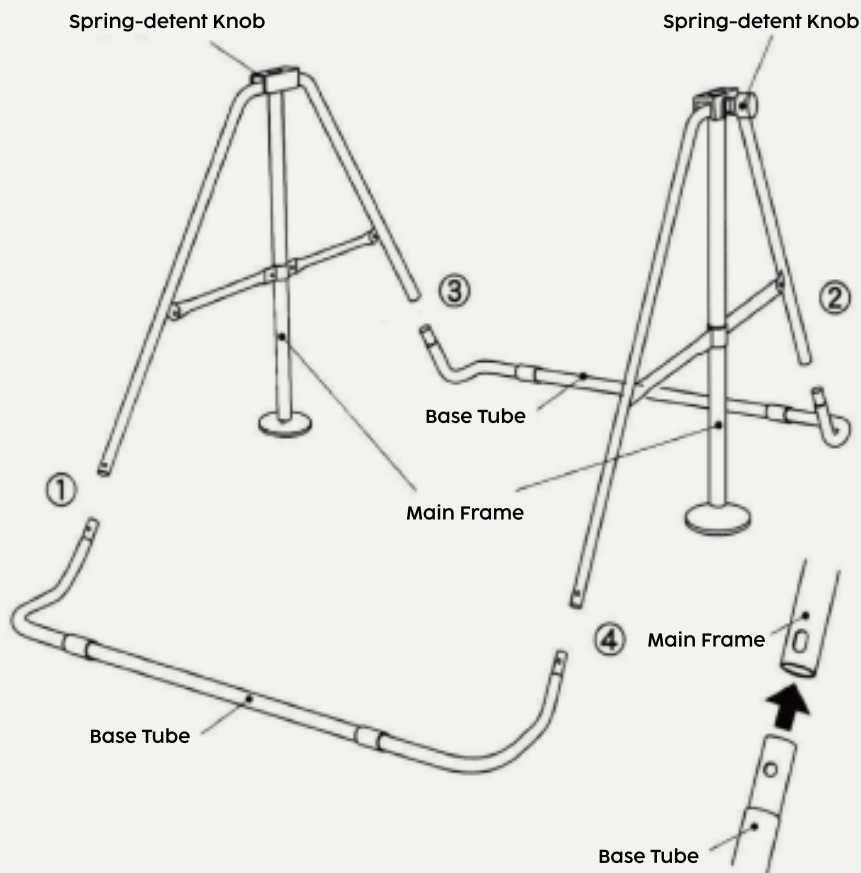
Assembly Instructions

For safer installation, we recommend two people assemble this gymnastics bar together. Open the main frame, then install the round base.





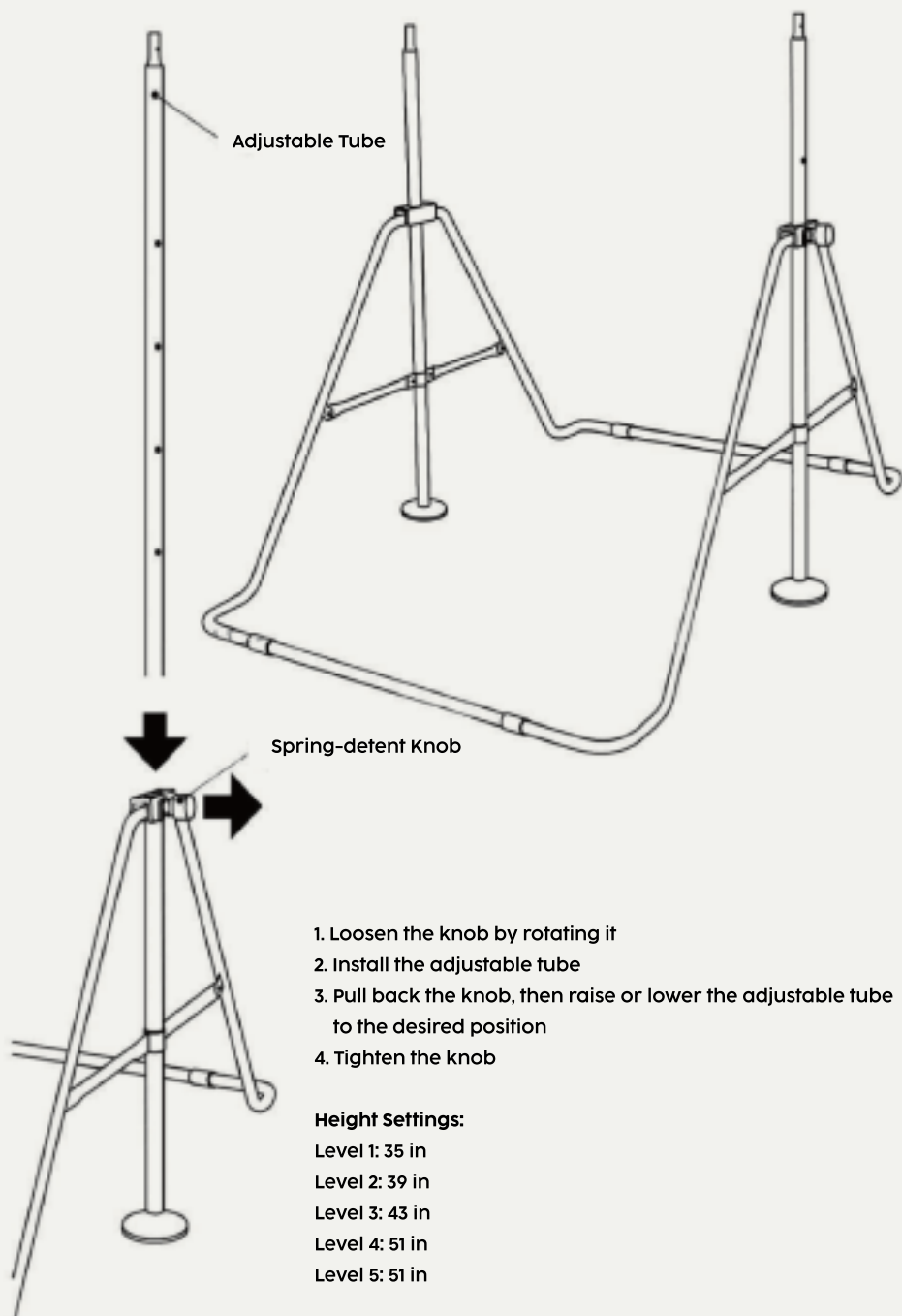
Install the Knob

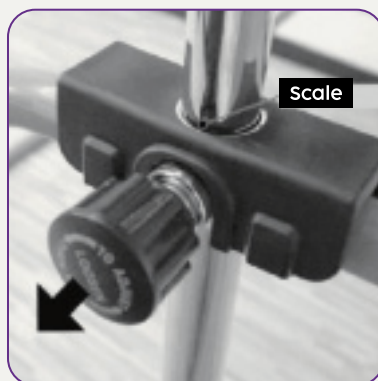
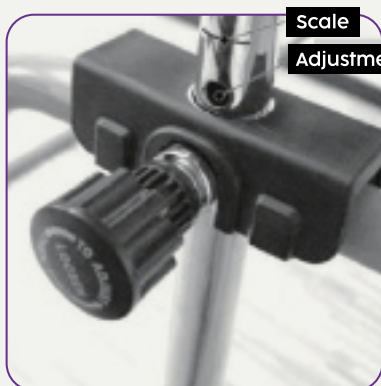


Note:

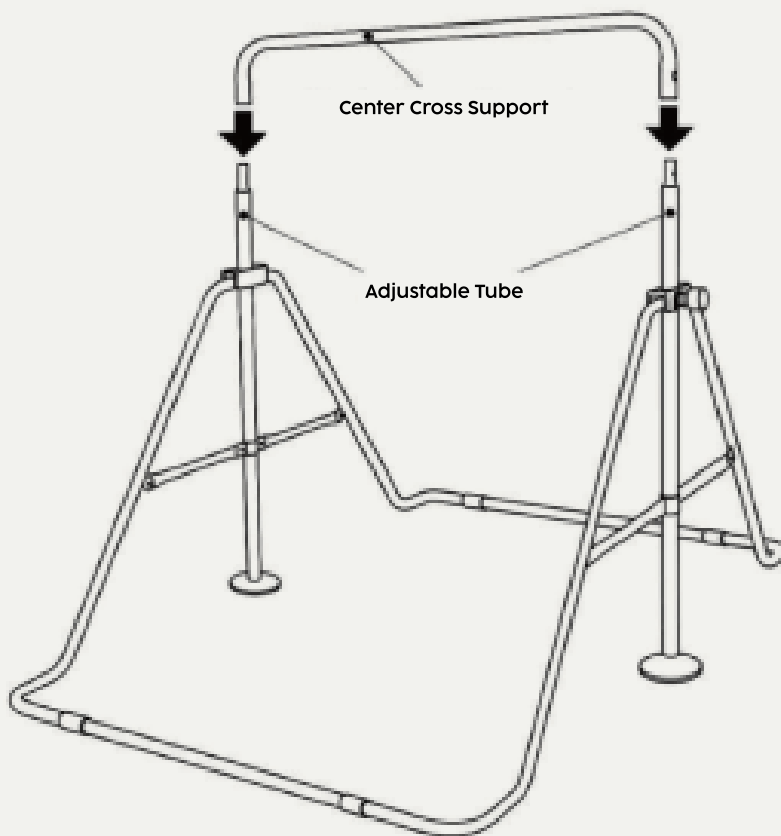
Please ensure the main frame and spring-detent knobs face outward. Otherwise, the adjustable tube cannot be installed.

Install the four parts in the following order: ① ② ③ ④



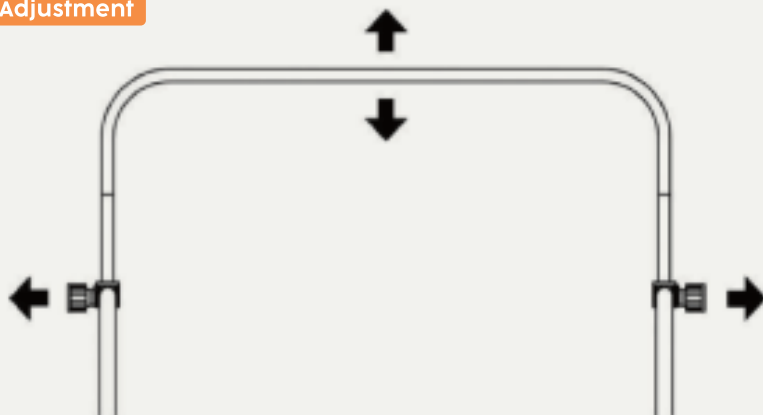


Loosen the knob, then pull it back to adjust the tube height. Push the knob back and tighten it to secure.



Connect the center cross support to the adjustable tube using screws.

Height Adjustment



Knobs: Release both knobs, then pull them when the adjustable tube can be turned.



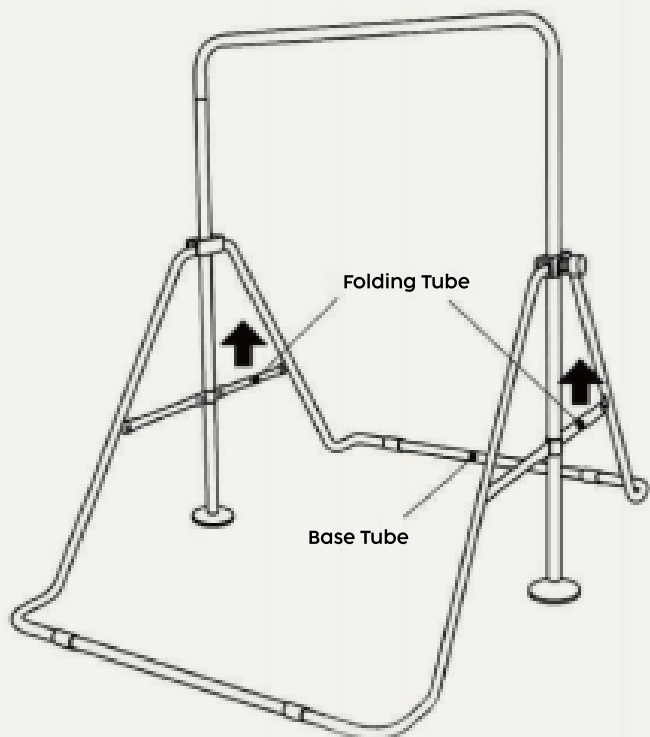
After both sides are adjusted to the same level (refer to scale), push the knobs back and tighten them.



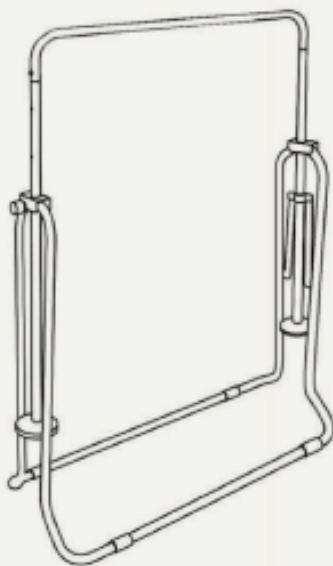
Adjustable round base:

If the ground is not flat, adjust the round base to improve stability of the gymnastics bar.

Folding



Hold both folding tubes and lift them upward until the gymnastics bar is fully folded.



Cleaning

- Wipe the frame and bars using a soft, damp cloth.
- Use mild soap if needed for dirt or stains.
- Do not use harsh chemicals, bleach, or abrasive cleaners as they may damage the coating.
- Dry all parts completely after cleaning to prevent rust or corrosion.
- Clean foam pads and accessories with a lightly damp cloth only.

Maintenance

- Regularly inspect all screws, knobs, and joints to ensure they remain tight and secure.
- Check the frame for signs of wear, cracks, or rust before each use.
- Lubricate moving or folding joints lightly if they become stiff.
- Replace any damaged or worn parts immediately before further use.
- Ensure the spin-lock system is functioning properly at all times.

Storage

- Fold the gymnastics bar properly when not in use to save space.
- Store in a cool, dry place away from direct sunlight and moisture.
- Avoid placing heavy objects on top of the product during storage.
- Keep the unit away from extreme temperatures and humid environments.
- Store all small parts and accessories in a safe container to avoid loss.

California Prop 65 Warning



WARNING:

This product may expose you to chemicals, which is known to the state of California to cause cancer, birth defects and other reproductive harm. Do not ingest.

For more info go to: www.P65warnings.ca.gov



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Questions? Comments?

We are here to help!

Phone: (1) 718-535-1800

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