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User Manual for
AI Health WatchPad



Appearance

Please read this manual carefully before using this product.

Heart rate
blood oxygen PD

Body
Temperature

Tri-color light

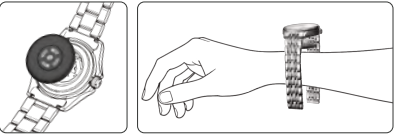
Charging Method

Place the product onto the charging dock and connect the charging cable until the charging indicator light turns on.



Wearing Method

Wear the smart bracelet on your wrist and adjust the strap to a comfortable length.



First peel off the adhesive backing of the product and stick it to the back of the watch, then put the watch on your wrist and adjust it to a comfortable position.

Connection APP

Search and download the app, open and pair rings.

Android app on
Google Play

Download on the
App Store



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Apparence

Veillez lire attentivement ce manuel avant d'utiliser le produit.

Fréquence
cardiaque,
saturation en
oxygène du sang

Température
corporelle

Voyant tricolore

Mode de chargement

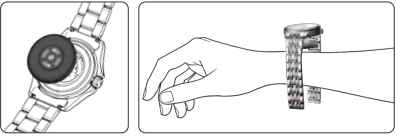
Posez le produit sur la station de chargement et branchez le câble de chargement jusqu'à l'allumage du voyant de charge.



Mode de port

Portez le bracelet connecté au poignet et réglez le bracelet à une longueur confortable.

Décollez d'abord le papier adhésif du produit, collez-le au dos de la montre, puis portez la montre au poignet et ajustez-la à une position confortable.



Connexion à l'application

Recherchez et téléchargez l'application, lancez-la puis associez le bracelet.

Android app on
Google Play

Download on the
App Store



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Aussehen

Bitte lesen Sie dieses Handbuch vor der Verwendung des Produkts sorgfältig durch.

Herzfrequenz,
Blutsauersto
ffsättigung (PD)

Körpertemperatur

Dreifarbige Leuchte

Lademethode

Legen Sie das Produkt auf die Ladestation und schließen Sie das Ladekabel an, bis die Ladeanzeige leuchtet.



Trageweise

Tragen Sie das Smart-Armband am Handgelenk und stellen Sie das Band auf eine angenehme Länge ein.

Zuerst die Klebefolie des Produkts abziehen und auf die Rückseite der Uhr kleben, dann die Uhr am Handgelenk anlegen und in eine angenehme Position einstellen.

APP-Verbindung

Suchen Sie die App, laden Sie sie herunter, öffnen Sie sie und koppeln Sie das Armband.

Android app on
Google Play

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App Store



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User Manual for
AI Health WatchPad



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Aspetto

Leggere attentamente questo manuale prima di utilizzare il prodotto.

Frequenza cardiaca,
saturazione
dell'ossigeno nel
sangue

Temperatura
corporea

Luce tricolore

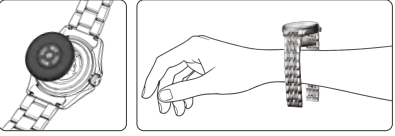
Modalità di ricarica

Posizionare il prodotto sulla base di ricarica e collegare il cavo di ricarica finché il led di ricarica non si accende.



Modalità di indossamento

Indossare il bracciale intelligente al polso e regolare il cinturino a una lunghezza confortevole.



Staccare prima il supporto adesivo del prodotto, applicarlo sul retro dell'orologio, poi indossare l'orologio al polso e regolarlo in posizione confortevole.

Connessione APP

Cercare e scaricare l'app, aprirla e associare il bracciale.

Android app on
Google Play

Download on the
App Store



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Aspecto

Lea atentamente este manual antes de usar el producto.

Frecuencia cardíaca,
saturación de
oxígeno en sangre
(PD)

Temperatura
corporal

Luz tricolor

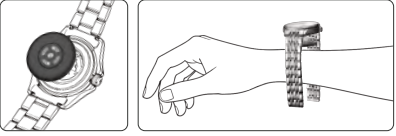
Modo de carga

Coloque el producto en la base de carga y conecte el cable de carga hasta que se encienda el indicador de carga.



Forma de uso

Use la pulsera inteligente en la muñeca y ajuste la correa a una longitud cómoda.



Retire primero la lámina adhesiva del producto, péguela en la parte trasera del reloj, luego póngase el reloj en la muñeca y ajústelo a una posición cómoda.

Conexión de la APP

Busque y descargue la APP, ábrala y sincronice la pulsera.

Android app on
Google Play

Download on the
App Store



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外觀

本製品をご使用になる前に、本取扱説明書をよくお読みください。

心拍数、
血中酸素濃度（PD）

体温

三色ライト

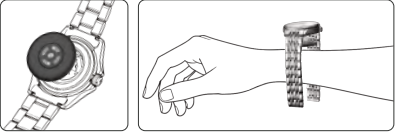
充電方法

製品を充電スタンドに置き、充電ケーブルを接続し、充電表示ライトが点灯するまで待ってください。



装着方法

スマートブレスレットを手首に装着し、ベルトを快適な長さに調整してください。



まず製品の裏面の粘着シートをはがし、時計の裏側に貼り付けてから、手首に装着して快適な位置に調整してください。

APP 接続

APP を検索してダウンロードし、アプリを起動してブレスレットをペアリングしてください。

Android app on
Google Play

Download on the
App Store



QRing

外观介绍

使用产品前请仔细阅读本说明书。

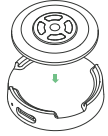
心率、血氧PD

体温

三色灯

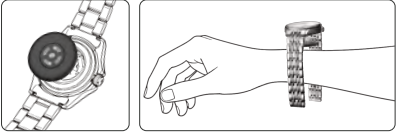
充电方法

将产品放置在充电座上，并连接充电线，直到充电指示灯亮起。



佩戴方法

将本产品贴在手表背面，在将手表佩戴至手腕上。



首先撕下产品背面的背胶，将其贴在手表背面，然后将手表佩戴在手腕上，并调整至舒适的位置。

APP连接

搜索下载QRing，打开并配对本产品。

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Google Play

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Federal Communications Commission (FCC) Statement. This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and

(2) this device must accept any interference received,

including interference that may cause undesired operation. Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide Reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Warning: Changes or modifications made to this device not expressly approved by

may void the FCC authorization to operate this device. Note: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.

RF exposure statement:

This device complies with FCC RF radiation exposure limits set forth for an uncontrolled environment. The device is installed and operated without restriction.