

KIESLECT

Smart Watch K10

User Manual



Scan the QR code with your mobile phone
to get the manual in more languages

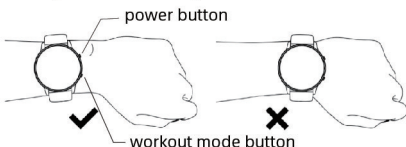
Please refer to this manual before using the product.
V1.0

Notes:

- 1.The company reserves the right to modify the contents of this manual without any further notification. It is normal that some functions may vary in different software versions.
- 2.Please charge the smart watch with configured charger for no less than 2 hours before use.
- 3.Please install and connect to suggested App and set personal information before use. Please refer to below guidance and use the smart watch properly.

01 Wearing method

Please wear the device on your wrist horizontally, about one finger from the carpal and adjust to a comfortable position. Below picture for reference. Note: Please wear the device a bit tighter when making heart rate testing.

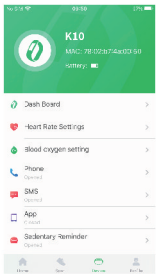
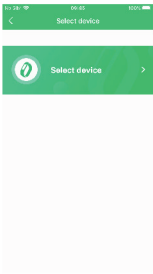


02 Download App and Pairing

1.Long press the power button to turn on the device, slide down from main interface, open setting- App QR code, and use the mobile phone to scan the code. Or you can also scan below QR code or search for "GloryFit" in App store.



2. Open the App and BT, search and select the corresponding device on App as guided.



Notes:

1. Please keep BT on during pairing to ensure successful connection.
2. Please long press power button 3s to reboot the device if couldn't find the device during pairing. Or choose reset on the device and search the device again.

03 Operation

a. Shortcut Setting Page: Swipe down from homepage.



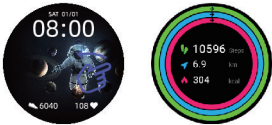
b. Message: Swipe up from homepage.



c. Main Menu: Swipe right from homepage.



d.Function Shortcut Interface: Swipe left from homepage.



e.Watch Dial Setting: Long press dial for 3s and slide left or right to choose.



f.Power ON/OFF: Long press power button for 3s to power on; From home page, long press power button 3s, and tap√ to power off.



g.Return Previous Menu/ Screen On or Off: Press power button.

h.Sports Shortcut key: Press the below side button to quickly switch to training interface.

04 Functions



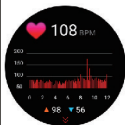
Training:
13 sports modes
Running, Walking, Cycling, Climbing, Spinning Bike, Yoga, Skipping, Gymnastic, Badminton, Ping-pong, Boating, Sit-ups and Free training.
Sports records are visible on the App.



Pedometer:

Record daily steps, distance, and calories.

Historical data are visible on the App.



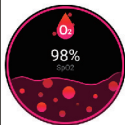
Heart Rate Monitor:

Click and show real-time heart rate.

Auto test open on App.

Intermittent automatic detection generate histogram, interval unit is 10 minutes.

Historical data and analysis are visible on the App.



Blood Oxygen Monitor:

Test the blood pressure.

Historical data and analysis are visible on the App.

(K10 blood oxygen test takes 45 seconds to show real data, and data cannot be used for medical purpose)



Weather:

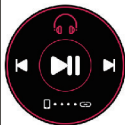
After connected with App, Show daily weather and next 4 days' weather forecast.



Sleep Monitor:

Record daily sleep time and deep or light sleep duration.

History records are visible on the App.



BT Music Control:

Remote control the music player of mobile phone, Play/ Pause/ Switch to previous or next song.

	Message: Notifications push sync, show 8 latest messages on watch. Turn on/off SMS reminder and SNS App reminder on App.
	More: Find Phone, Stopwatch, Timer.
	Settings: Power off/ Reset/ Brightness /Dial / App download/ About the watch.

05 Other functions

Sedentary reminder, Smart alarm clock, Low battery Reminder, Call reminder, Find the device, Watch face push/ Customize watch face, 12H/ 24H time format, Metric/ Imperial unit setting, Raise hand to activate display, Physiological cycle reminder, Goal achieved reminder.

06 Charging

- 1.Attach the charging cable to the watch charging port, ensuring the metal pins fully connected.
- 2.Please use the correct charging adapters which are 5V 1A .

Note: If smart watch can not be powered on after being left unused for long time, please clean up the charging metal pins to make sure connecting well.

07 Warranty

1. One year warranty for default hardware defectives, half of year for battery and charging cable.
2. Below reasons cause to defectives are not included in free warranty service:
 - 1) Personal assemble or disassemble.
 - 2) Falling damage during use.
 - 3) All man-made damage or due to the third party's fault, improper use(such as: water in the smart watch, external force shattering, scratch during use etc.
3. Please provide a warranty card with the details filled when request for after selling service.
4. Please contact with direct dealers for warranty service.
5. Please note all functions of the product are based on physical objects.

Notes:

- 1.To ensure waterproof, please DO NOT:
 - 1)Wear the watch during hot shower or in hot spring.
 - 2)Remove any screws or buttons.
- 2.Products with batteries cannot be disposed with household waste. Please send this product to WEEE collecting points near you.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in



RoHS

accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Tips:

- (1) Please use original charging cable.
- (2) Do not wear the watch while taking a bath.
- (3) For the first use, the battery must be used up before charging, and make sure it is full charged at the first charge.

Warranty Certificate			
Client Info			
Product Type		Vendor	(Stamp)
Client Name		Contact Info	
Vendor's Contact		Purchase Date	
Product IMEI Code			
Client's Address			
Vendor's Address			
	Warranty Record		
Date	Problems	Diagnosis	More Info