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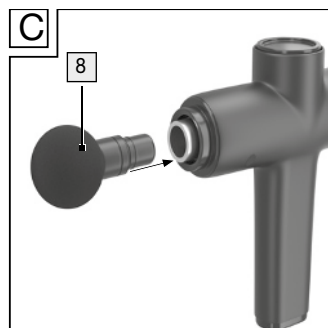
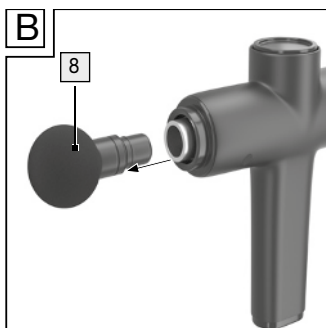
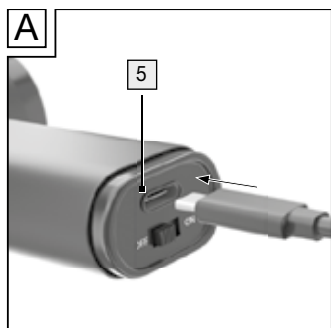
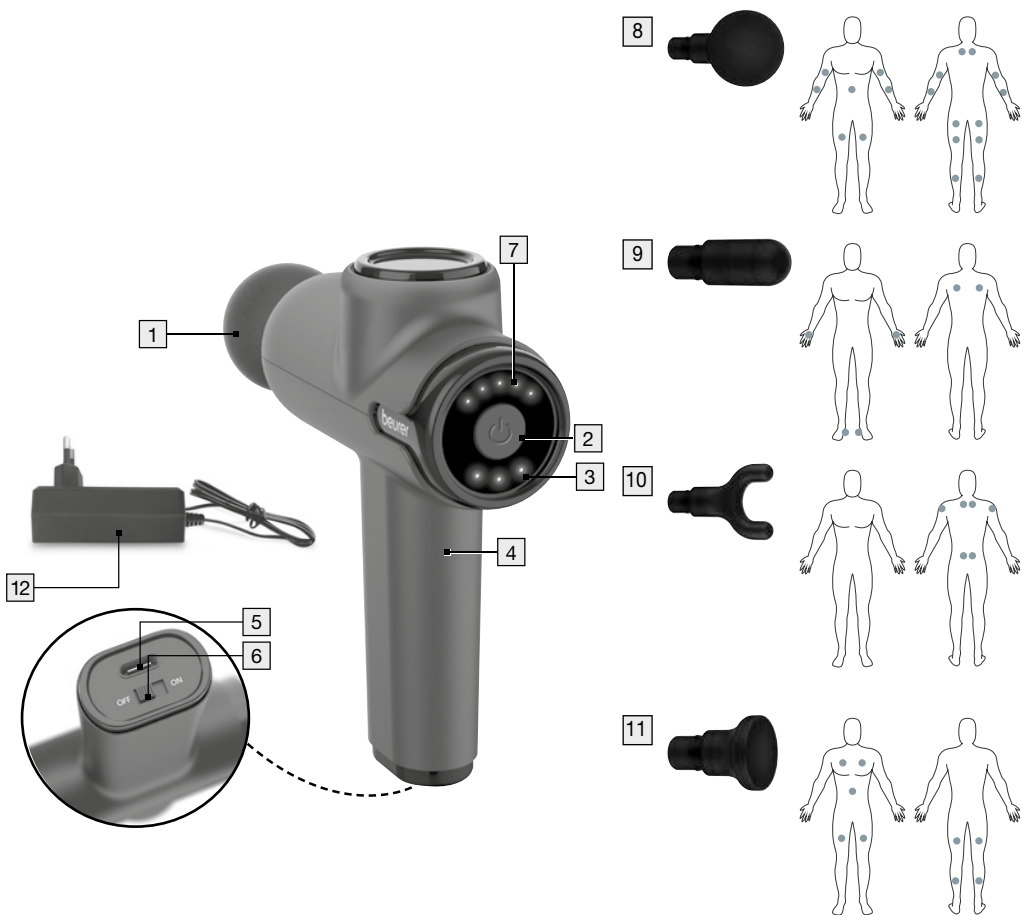
## MG 99 Massage Gun „Compact“



**EN** Deep Tissue Massager  
Instructions for use

CE







**Read these instructions for use carefully and keep them for later use, be sure to make them accessible to other users and observe the information they contain.**

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## 1. INCLUDED IN DELIVERY

Check that the exterior of the cardboard delivery packaging is intact and make sure that all contents are present. Before use, ensure that the Deep Tissue Massager and the attachments show no visible damage.

- 1 x Deep Tissue Massager
- 4 x Attachments
- 1 x Mains adapter
- 1 x Set of these instructions for use
- 1 x Warranty leaflet

## 2. WARNINGS AND SAFETY NOTES

### WARNING

- The device is only intended for domestic/private use, not for commercial use.
- This device may be used by children over the age of 8 and by people with reduced physical, sensory or mental skills or a lack of experience or knowledge, provided that they are supervised or have been instructed on how to use the device safely, and are fully aware of the consequent risks of use.
- Children must not play with the device.
- Cleaning and user maintenance must not be performed by children unless supervised.
- If the mains connection cable of this device is damaged, it must be disposed of. If it cannot be removed, the device must be disposed of.
- Under no circumstances should you open or repair the device yourself, as faultless functionality can no longer be guaranteed thereafter. Failure to observe this will invalidate the warranty.
- Do not insert any objects into the opening in the device or into the moving parts. Ensure that the moving parts can move freely at all times.
- Do not force or jam any part of your body, in particular your fingers, between the moving massage elements or their holder in the device.

### Proper use

#### WARNING

Only use the Deep Tissue Massager with the attachments included in delivery. The Deep Tissue Massager and the attachments are not medical devices, but massage treatment devices. The Deep Tissue Massager is only suitable for personal use, not for medical or commercial purposes. The device may only be used for the purpose for which it is designed and in the manner specified in the instructions for use. Any form of improper use can be dangerous. The manufacturer is not liable for damage resulting from improper or careless use. Do not use the massager if one or several of the following warnings and safety notes applies to you. If you are unsure whether the massager is suitable for you, please consult your doctor.

Do not use the device

- if you suffer from a medical abnormality or injury in the area to be massaged (e.g. slipped disc, open wounds).
- if you wear a pacemaker.
- for massaging the area around the heart.
- on swollen, burnt, inflamed or injured skin and body parts.

- on cuts, capillaries, varicose veins, acne, couperose, herpes or other skin diseases.
- during pregnancy.
- on the head.
- on the face (eyes), the larynx or other particularly sensitive body parts.
- on the spine.
- in the pubic area.
- while sleeping.
- Make sure that the massager is not rolled directly over your bones.
- on animals.
- after the consumption of medicines or alcohol (reduced cognition!).
- in a vehicle.

## **You should consult your doctor before using the device, especially**

- if you suffer from a severe illness
- if you have a pacemaker, implant or other aids
- if you suffer from thrombosis
- if you suffer from diabetes
- if you are suffering from pain, the cause of which is unknown



## **⚠ WARNING**

- Keep packaging material away from children. Choking hazard!
- Keep the attachments away from children. Choking hazard!
- Make sure that the device does not come into contact with water or other liquids.
- Never reach for a device that is submerged in water.
- Children must be supervised at all times whilst using the device.
- There is a risk of fire if the device is used improperly or these instructions for use are ignored.

## **The following rules apply when using the device:**

- Always supervise the device when it is in use, especially if there are children nearby.
- Never use the device underneath a cover, such as a blanket, pillow, etc.
- Never use the device near petrol or other highly flammable substances.
- Only use the device in dry interior rooms (e.g. never in the bath or sauna).

## **⚠ IMPORTANT**

- Before use, ensure that the device and the attachments show no visible damage. If you have any doubts, do not use the device and contact your retailer or the specified Customer Service address.
- Never open the housing.
- Keep the device away from pointed or sharp objects.
- If the device has been dropped or has suffered any other damage, it must no longer be used.
- Switch off the device after every use and before cleaning.
- Never use the device for periods of longer than 15 minutes (risk of overheating). Allow the device to cool down for at least 15 minutes before using it again.
- Only use the device with the supplied accessories.
- Protect the device and the attachments from knocks, dust, chemicals, drastic changes in temperature, electromagnetic fields and nearby sources of heat (ovens, heaters).

## **WARNING**

### Repairs

- Never attempt to repair the device yourself!
- Only specialist personnel may perform repairs on electrical devices. Under no circumstances should you open or repair the device yourself, as faultless functionality can no longer be guaranteed thereafter. Improper repairs may subject users to considerable danger. For repairs, please contact Customer Services or an authorised retailer. Failure to observe this will invalidate the warranty.









## **WARNING**
















### Notes on handling batteries

- If your skin or eyes come into contact with fluid from a battery cell, flush out the affected areas with water and seek medical assistance.
- Choking hazard! Small children may swallow and choke on batteries. Therefore, store batteries out of the reach of small children.
- If a battery has leaked, put on protective gloves to dispose of the device.
- Protect batteries from excessive heat.
- Risk of explosion! Never throw batteries into a fire.
- Do not disassemble, split or crush the batteries.
- Only use chargers specified in the instructions for use.
- Only charge the device using the supplied mains adapter.
- In order to achieve as long a battery service life as possible, fully charge the battery at least 2 times a year.
- Always switch the device off in advance of charging.
- Batteries must be charged correctly prior to use. The instructions from the manufacturer and the specifications in these instructions for use regarding correct charging must be observed at all times.

## 3. SIGNS AND SYMBOLS

The following symbols are used on the device, in these instructions for use, on the packaging and on the type plate for the device:

	<b>Warning</b> Warning instruction indicating a risk of injury or damage to health		Manufacturer
	<b>Important</b> Safety note indicating possible damage to the device/ accessory		<b>CE labelling</b> This product satisfies the requirements of the applicable European and national directives.
	<b>Product information</b> ote on important information		<b>United Kingdom Conformity Assessed Mark</b>
	Only use indoors.		The products demonstrably meet the requirements of the Technical Regulations of the EAEU.

	Observe the instructions for use		Energy efficiency level 6
	Do not use the Deep Tissue Massager on people with implanted electrical devices (e.g. a pacemaker)		Polarity of d.c. power connector
	Green dot (Der Grüne Punkt): German dual waste collection system	<b>IP 20</b>	Protected against solid foreign objects 12.5 mm in diameter and larger
	Marking to identify the packaging material. A = Material code, B = Material number: 1-6 = Plastics, 20-22 = Paper and cardboard		Power supply unit, switch mode; switch mode power supply unit; SMPS
	Protection class 2 device		Safety isolating transformer, short-circuit proof
	Disposal in accordance with the Waste Electrical and Electronic Equipment EC Directive – WEEE	ta=40 °C	Rated ambient temperature Maximum operating temperature
	Do not dispose of batteries containing harmful substances with household waste		Do not use the power adapter if the plug is damaged.
	Direct current/voltage		Separate the product and packaging elements and dispose of them in accordance with local regulations.
	Importer symbol		

## 4. DEVICE DESCRIPTION

### 4.1 Deep Tissue Massager

The associated drawings are shown on page 3.

**1 Attachment**

4 different attachments are available

**2 ON/OFF button / Intensity level**

**3 Battery state indicator (3 LEDs)**

3 LEDs = Battery state at 100%

2 LEDs = Battery state at 70%

1 LED = Battery state at 30%

**4 Handle**

**5 Connection for mains adapter**

**6 ON/OFF switch**

**7 LED Intensity level display**

5 LEDs, starting from the left and increasing from left to right

### 4.2 Attachments

**8 Ball head**

Best suited for treating large areas and large muscle groups (e.g. the upper arm or calf).

**9 Spiral head**

Best suited for treating deep muscle tissue and for targeted spot massages (e.g. on the sole of the foot).

**10 U-shaped head**

Best suited for treating deep muscle tissue in the lower back area (excluding the spine) or the Achilles tendon.

**11 Flat head**

Best suited for treating large areas on the entire body (e.g. the thigh).

**12 Mains adapter**

## 5. INITIAL USE

### 5.1 Initial use

#### USAGE

The massage must always feel comfortable. The appearance of light haematoma is a positive effect of treatment and quite likely, as circulation can be promoted in a targeted way by applying the device. Isolated erythema may also occur. If you develop excessive skin irritation, discontinue the application of the device and consult a doctor. Depending on the extent of the muscle tension, an application duration of approx. 10 minutes is recommended for the desired area (neck, shoulder, back, arms, buttocks and legs).

Before using the Deep Tissue Massager for the first time, charge it first for a minimum of 3.5 hours. To do so, proceed as follows:

1. Remove all packaging material from the device.

2. Connect the supplied mains adapter to the Deep Tissue Massager. The connection for the mains adapter is located on the bottom of the handle of the Deep Tissue Massager **A**.
3. Then insert the mains adapter into a suitable socket. The current battery charge level is displayed on the battery charge level display **3**.
4. The LED for the relevant current battery charge level flashes during the charging process. As soon as the Deep Tissue Massager is fully charged, all 3 LEDs will light up permanently. The battery will last for approx. 5 hours of operation when fully charged. If, during operation, the left LED of the battery charge level display **3** starts to flash, the device must be charged, as otherwise it will automatically switch off.

## 5.2 Selecting/changing the attachment

Choose the suitable attachment before you begin massaging.



To change an attachment, proceed as follows:


1. Pull the existing attachment horizontally off the Deep Tissue Massager **B**.
2. Slide your desired attachment firmly into the Deep Tissue Massager until you feel it click securely into place **C**.

## 5.3 Switching the device on/selecting the vibration level

### Note

The Deep Tissue Massager comes with an automatic switch-off function. This means that the Deep Tissue Massager automatically switches off after a period of use of 10 minutes.

1. Slide the ON/OFF switch **6** on the underside of the handle **4** to the "ON" position. The LEDs on the battery charge level display **3** will begin to light up.
2. Press the ON/OFF button  **2** to switch the device on. The left LED of the intensity level display **7** starts to light up. The massage starts at intensity level 1.
3. To change between the five intensity levels, briefly press the ON/OFF button  **2** :
 

Intensity level 1:	approx. 1800 rpm/30 Hz
Intensity level 2:	approx. 2100 rpm/35 Hz
Intensity level 3:	approx. 2400 rpm/40 Hz
Intensity level 4:	approx. 2700 rpm/45 Hz
Intensity level 5:	approx. 3000 rpm/50 Hz
4. You can switch off the device at any time during use by pressing and holding the ON/OFF button (approx. 2 seconds). If you press the ON/OFF button  **2** again on the fifth intensity level, the device will switch off. The device is in standby operation.
5. Slide the ON/OFF switch **6** on the underside of the handle **4** to the „OFF“ position after application. The device is completely switched off.
 

**Note:** If the device stops during application, this may be a result of excessive exertion of pressure. Therefore, ensure that you do not exert too much pressure while applying the device.

## 6. CLEANING AND MAINTENANCE

### Cleaning

#### WARNING

- Switch off the device each time before cleaning.
- Do not clean the device in the dishwasher.

- Only clean the device with a slightly dampened cloth and a non-abrasive detergent. For hygienic cleaning, clean the attachments **11** / **8** / **9** / **10** with water and a non-abrasive cleaning agent.
- Clean the device only in the manner indicated. Under no circumstances must any liquid be allowed to enter the device.
- When using massage oils (recommended for attachment **9** / **10** / **11** only), ensure that all residue is completely removed and cleaned.
- You can use the device and the attachments again when all components are completely dry.

## Care

If you do not plan to use the Deep Tissue Massager for a long period of time, we recommend that you store it in the original packaging in a dry environment, ensuring it is not weighed down by additional items.

## 7. WHAT IF THERE ARE PROBLEMS?

Problem	Solution
The Deep Tissue Massager stops during use.	Make sure that you do not exert too much pressure on the Deep Tissue Massager when using it. If you exert too much pressure, the device will stop briefly.

## 8. DISPOSAL

### Battery disposal

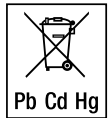
The empty, completely flat batteries must be disposed of through specially designated collection boxes, recycling points or electronics retailers. You are legally required to dispose of the batteries.

The codes below are printed on batteries containing harmful substances:

Pb = battery contains lead

Cd = battery contains cadmium

Hg = battery contains mercury



Defective or used rechargeable batteries must be recycled according to Directive 2006/66/EC and its amendments. Return rechargeable batteries and/ or the device to the recycling facilities provided.

For environmental reasons, do not dispose of the device in the household waste at the end of its useful life.

Dispose of the device at a suitable local collection or recycling point in your country. Dispose of the device in accordance with EC Directive – WEEE (Waste Electrical and Electronic Equipment). If you have any questions, please contact the local authorities responsible for waste disposal.



## 9. TECHNICAL SPECIFICATIONS

Mains operation: Input Output	100-240 V~, 50/60 Hz, 0.4 A 5.0 V $\overline{\text{---}}$ 2.0 A, 10.0 W
Average efficiency during operation	$\geq 81.30 \%$
No-load power consumption	$\leq 0.082 \text{ W}$
Dimensions	approx. 16.4 x 5.8 x 18.4 cm (without attachments)
Weight	approx. 620 g (without attachments, without adapter)
Battery: Capacity Nominal voltage Type designation	2400 mAh 7.2 V Lithium-ion


## 10. WARRANTY/SERVICE

Further information on the warranty and warranty conditions can be found in the warranty leaflet supplied.

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