



GB Body analysis scale BS 465

- 1 ▲ Up button
- 2 SET button
- 3 ▼ Down button
- 4 Electrodes
- 5 Battery compartment (on underside)
- 6 Delete user data (restore factory settings)

Explanation of symbols:



This instruction manual belongs to this device. It contains important information about starting up and operation. Read the instruction manual thoroughly. Non-observance of these instructions can result in serious injury or damage to the device.



WARNING!
These warning notes must be observed to prevent any injury to the user.



LOT number



Manufacturer

GB Safety Information



Read the instruction manual carefully before using this device, especially the safety instructions, and keep the instruction manual for future use. Should you give this device to another person, it is vital that you also pass on these instructions for use.

These scales are not suitable for people with pacemakers or other medical implants. The body fat information may be inaccurate in people with diabetes or other medical/physical limitations. The same also applies to very highly trained athletes.

This device is not suitable for pregnant women!

Any treatment or diet for people who are underweight or overweight requires the qualified advice of a professional (doctor, dietician). The values determined with the scales may be source of useful support.

Risk of tipping over! Do not place the scale on an uneven surface. Never step onto a corner of the scales. When weighing yourself, do not stand on one side or the edge of the scales.

Risk of slipping! Do not stand on the scale with wet feet. Do not stand on the scale wearing socks.

Use the device only according to its intended purpose as specified in the instruction manual. The warranty will be invalidated if the device is used for purposes other than those for which it is intended.

The scale has been manufactured for domestic use. It is not suitable for commercial use in hospitals or other medical institutions.

Do not use the device if it is not working properly, if it has been dropped or submerged in water, or if it has been damaged.

The scales have a measuring range up to 180 kg, 396 lb / 28 st 4 lb. Do not overload the scales.

Place the scales on a firm, level base. Soft, uneven surfaces are unsuitable for the measuring process and lead to incorrect results.

Do not use the scale in a location where extremely high temperatures or humidity may occur.

Keep the scale away from water.

Handle the scale with care. The scale must not be subjected to impacts or vibration. Do not drop the scale.

Stand carefully on the scale. Do not jump or hop onto the standing area. This could lead to defects of the weighing mechanism.

Do not attempt to dismantle the scale, otherwise the warranty will be invalidated. This unit contains no user-maintainable or user-replaceable parts. Do not attempt to repair the device yourself in the event of a malfunction since this will invalidate the warranty. Repairs should only be carried out by authorised service centres.

BATTERY SAFETY INSTRUCTIONS

Do not disassemble batteries!

Remove discharged batteries from the device immediately! Increased risk of leakage!

Avoid contact with skin, eyes and mucous membranes! If battery acid comes in contact with any of this parts, rinse the affected area with copious amounts of fresh water and seek medical attention immediately!

If a battery has been swallowed seek medical attention immediately!

Insert the batteries correctly, observing the polarity!

Always keep the battery compartment well closed!

Remove the batteries from the device if it is not going to be used for an extended period!

Keep batteries out of children's reach!

Do not attempt to recharge these batteries! There is a danger of explosion!

Do not short circuit! There is a danger of explosion!

Do not throw into a fire! There is a danger of explosion!

Keep unused batteries in their packaging away from metal objects in order to prevent short circuiting!

Scope of supply

Please check first of all that the unit is complete and is not damaged in any way. If in doubt, do not use

the appliance. Send it to a service point. The following parts are included:

- 1 medisana Body analysis scale **BS 465**
- 4 Batteries (Type AAA, 1.5 V)
- 1 Instruction manual



The packaging can be reused or recycled. Please dispose properly of any packaging material no longer required. If you notice any transport damage during unpacking, please contact your dealer without delay.



WARNING

- Please ensure that the polythene packing is kept away from the reach of children! Risk of suffocation!
- The percentage of body fat, body water, muscle mass, bone weight, as well as body mass index (BMI), the values of the basal metabolic rate (KCAL) are to be considered only as approximate data. For any further information, refer to a doctor or to a dietician.
- Self-measuring means control, it does not mean diagnosis or treatment. Any unusual levels should always be discussed with your doctor. Under no circumstances must you change the dose of medicines prescribed by your doctor.

Prerequisites for correct measuring results

Always weigh yourself under the same conditions.

Always weigh yourself at the same time of day.

Stand up straight and stand still.

Weigh yourself preferably in the morning, after showering or bathing, and with dry feet.

It is possible to obtain a reliable indication of body weight development from the results if measurements are carried out consistently.

Initialise the scales

Make sure the scales are on a firm, level surface. If you only want to weigh yourself but have moved the scales just before, you must first initialise the scales. To do this, press your foot on the middle of the surface of the scales. "0.0 kg" appears in the display. When the scales switch off, they are ready for the step-on function. This procedure is not necessary if you have not moved the scales.

Weighing

1. Step onto the scales and stand still. The device switches on automatically and the display briefly shows „0.0 kg“.
2. Your weight is measured, flashes twice and is then finally displayed.
3. Step down from the scales. The scales switch off automatically after 8 seconds.

Weighing and measuring the body analysis values

The scales can store data for up to 8 persons: sex, age, height.

1. Step on the middle of the surface of the scales. „0.0 kg“ appears in the display.
2. Press the SET button 2. The last used personal data is flashing in the display.
3. Now press - button 1 or - button 3 to select the desired memory location (P1-P8) for the user profile. P0 is Guest mode, which does not store any data.
4. Press the SET-button 2 to confirm the selection. Now the symbol for the sex is flashing in the display.
5. Set your sex by pressing the - button 1 or - button 3 to select the appropriate symbol in the display.
6. Press the SET-button 2 to confirm the selection. The preset height starts flashing in the display.
7. Select your height using the - button 1 and - button 3.
8. Press the SET-button 2 to confirm the selection. The preset age starts flashing in the display.
9. Set your age by pressing the - button 1 or - button 3.
10. Press the SET-button 2 to confirm the setting. The preset target weight starts flashing in the display.
11. Select target weight by pressing the - button 1 or - button 3.
12. Press the SET-button 2 to confirm the setting.
13. The settings are now concluded. „0.0“ appears in the display. Step barefoot onto the scales and stand still.

Place your feet on the electrodes 4. First, your weight is displayed.

The values measured for body fat [fat], body water [water], bonesmass value [bones], muscle mass [muscle] and KCAL are shown one after another in the display. The series of measured values is repeated twice in the display. The scales then switch off automatically. Step off the scales.

Target weight function

Blue color – Weight is +/-0.5kg different than the input target weight

Green color – Weight is over -0.5kg less than the input target weight

Red color – Weight is over +0.5kg more than the input target weight

Change the unit of weight

Press your foot on the middle of the surface of the scales shortly to activate the device. Then press 1 or 3 to select the unit.

Delete user data

Press your foot on the middle of the surface of the scales shortly to activate the device. "0.0" appears in the display. Press button 6 on underside for 4 seconds until "E5" is shown. All user data will be deleted.

Error messages

O-Ld = The scale is overloaded.

LO = The battery is low and must be replaced.

ERR2 = Body analysis values cannot be calculated.

P1P2 or other combinations of memory locations = The scale recognizes users already saved based on their weight. In this case, two users have a similar weight. To select the correct user press the UP key for the left value (example "P1") and the DOWN key for the right value (example "P2"). If your personal scales do not function to your satisfaction, check the following before contacting a service centre:

- Check whether the batteries have been inserted correctly.
- Check whether the correct unit of weight has been selected.
- Check whether the scales are freestanding on a solid and even surface. They must not be touching a wall or any other object.
- Weigh yourself again.

Care and maintenance

Never use aggressive cleaning agents or stiff brushes. Clean the scale using a soft and lightly moistened cloth. Never use abrasive cleaning agents or alcohol. Do not allow any water to get into the unit. Do not use the unit again until it is completely dry.

Disposal

This product must not be disposed of together with domestic waste. All users are obliged to hand in all electrical or electronic devices, regardless of whether or not they contain toxic substances, at a municipal or commercial collection point so that they can be disposed of in an environmentally acceptable manner. Please remove the battery before disposing of the device/unit. Do not dispose of old batteries with your household waste, but at a battery collection station at a recycling site or in a shop.

Technical specifications

Name and model: medisana body analysis scale **BS 465**

Voltage supply: 6 V (4x 1,5 V, AAA)

Measuring range: up to 180 kg/ 396 lb

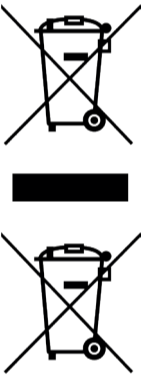
Graduation: 0.1 kg/0.2 lb

Dimensions: 319 x 319 x 23 mm

Weight: 1.95 kg

Item number: 48843

EAN number: 40155 88 48843 6



In accordance with our policy of continual product improvement, we reserve the right to make technical and optical changes without notice.

Warranty and repair terms

Please contact your dealer or the service centre in case of a claim under the warranty. If you have to return the unit, please enclose a copy of your receipt and state what the defect is. The following warranty terms apply:

1. The warranty period for **medisana** products is one year from date of purchase. In case of a warranty claim, the date of purchase has to be proven by means of the sales receipt or invoice.
2. Defects in material or workmanship will be removed free of charge within the warranty period.
3. Repairs under warranty do not extend the warranty period either for the unit or for the replacement parts.
4. The following is excluded under the warranty:
 - a. All damage which has arisen due to improper treatment, e.g. non-observance of the user instructions.
 - b. All damage which is due to repairs or tampering by the customer or unauthorised third parties.
 - c. Damage which has arisen during transport from the manufacturer to the consumer or during transport to the service centre.
 - d. Accessories which are subject to normal wear and tear (batteries etc.).
5. Liability for direct or indirect consequential losses caused by the unit are excluded even if the damage to the unit is accepted as a warranty claim.



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