

Hurtle

USER MANUAL

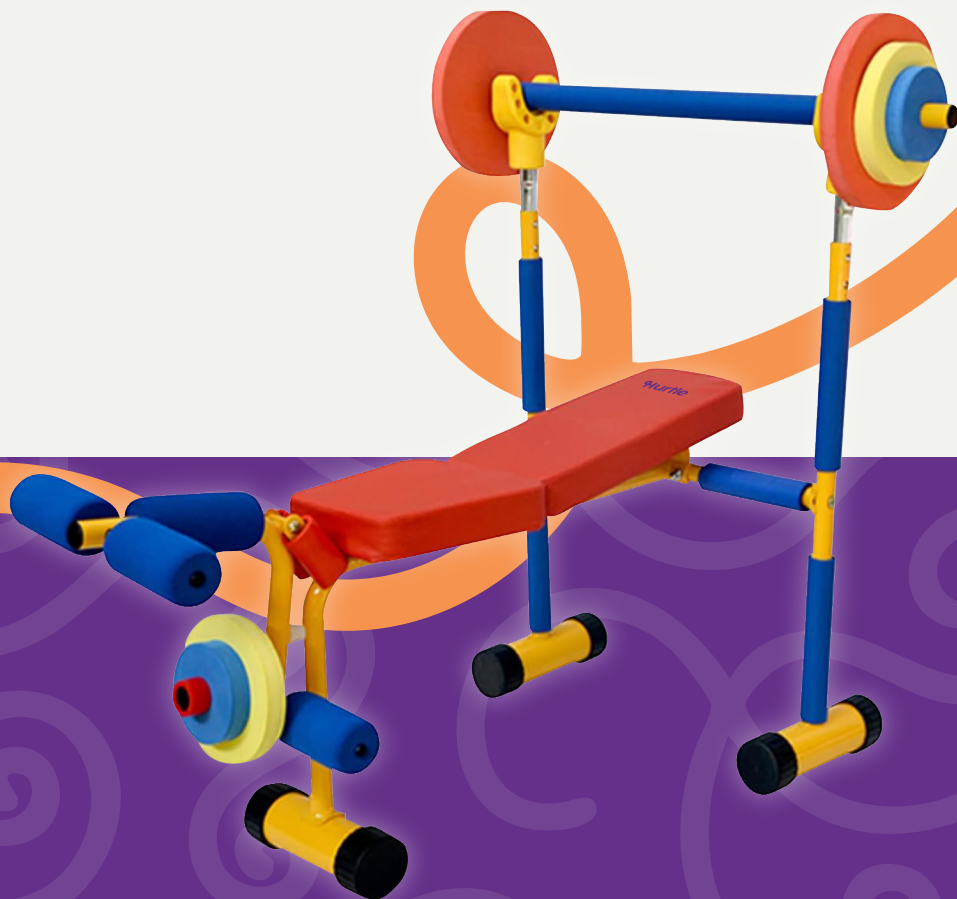
HUKBST3P

Kids Exercise Bench Set

Visit Our Website



SCAN ME
hurtleusa.com



**Read all instructions carefully before using this product.
Retain this owner's manual for future reference.**

Unique Features

- Designed like real gym equipment for fun, imaginative play
- Soft, padded parts for safe and comfortable use
- Lightweight and easy for kids to handle
- Adjustable barbell rack to grow with your child
- Durable construction for everyday play
- Supports up to 110 lbs

Features

- Encourages active play and basic exercise habits
- Helps improve coordination, balance, and strength
- Includes a barbell with removable lightweight plates
- Can be used for simple exercises like presses and leg lifts
- Comfortable bench support for safe play
- Suitable for indoor use (playrooms, bedrooms, or home gyms)

What's in the Box

- Kids exercise bench
- Adjustable barbell rack
- Barbell
- Weight plates (various sizes)
- Leg lift attachment
- Assembly tools

Technical Specs

- Recommended age: 3–8 years
- Maximum weight capacity: 110 lbs (50 kg)
- Materials: Durable plastic, foam, and metal parts (iron + EVA + NBR + PP)
- Adjustable height for growing children

California Prop 65 Warning



WARNING:

This product may expose you to chemicals, which is known to the state of California to cause cancer, birth defects and other reproductive harm. Do not ingest.

For more info go to: www.P65warnings.ca.gov

GENERAL WARNINGS & SAFETY INSTRUCTIONS

- Adult assembly required
- Adult supervision required during use
- For indoor use only
- Use on a flat, stable, dry surfaces away from stairs, slopes, and water
- Do not exceed weight limit
- Stop use if any part is damaged
- Keep small parts away from young children
- Allow only one user at a time
- Children should wear shoes during use

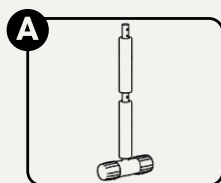
WARNING:

- Never leave a child unattended while using this product.
- Keep these instructions for future reference.
- Adult assembly required.
- Read all instructions before use.

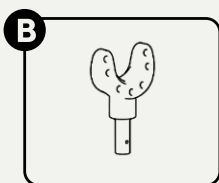


PARTS LIST

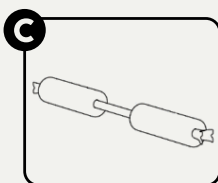
Main Components



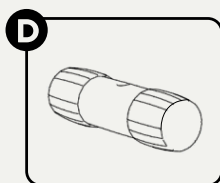
Uprights x 2



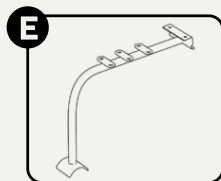
Weight Bar Rack x 2



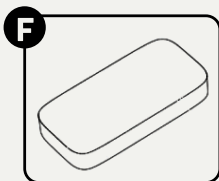
Rear Bracer Tube x 1



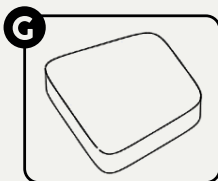
Front Floor Tube x 1



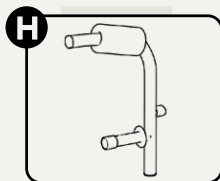
Bench Frame x 1



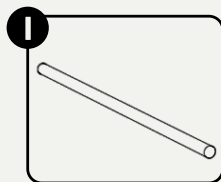
Back Rest x 1



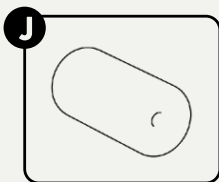
Seat x 1



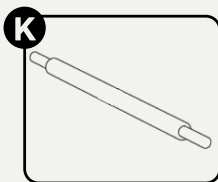
Leg Lift x 1



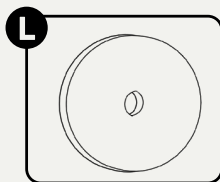
Cross Bar x 2



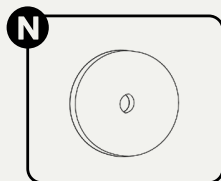
Cross Bar Foams x 4



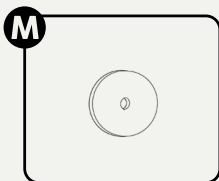
Weight Bar x 1



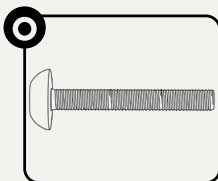
Weight Plate (Large) x 2



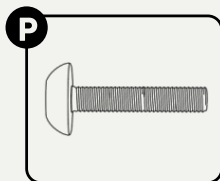
Weight Plate
(Medium) x 3



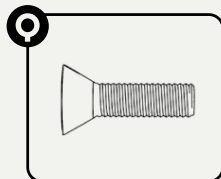
Weight Plate
(Small) x 3



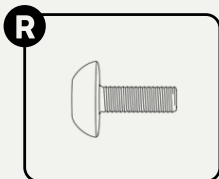
M8 x 75 mm Round
Head Bolt x 1



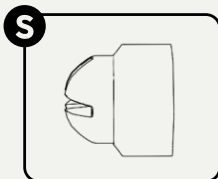
M8 x 50 mm Round
Head Bolt x 1



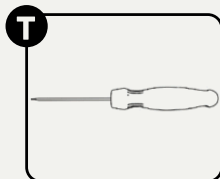
M8 x 35 mm Round
Head Bolt x 4



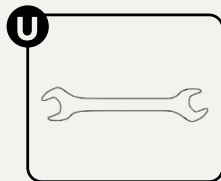
M6 x 12 mm Round
Head Bolt x 8



M8 Cap Nut x 3



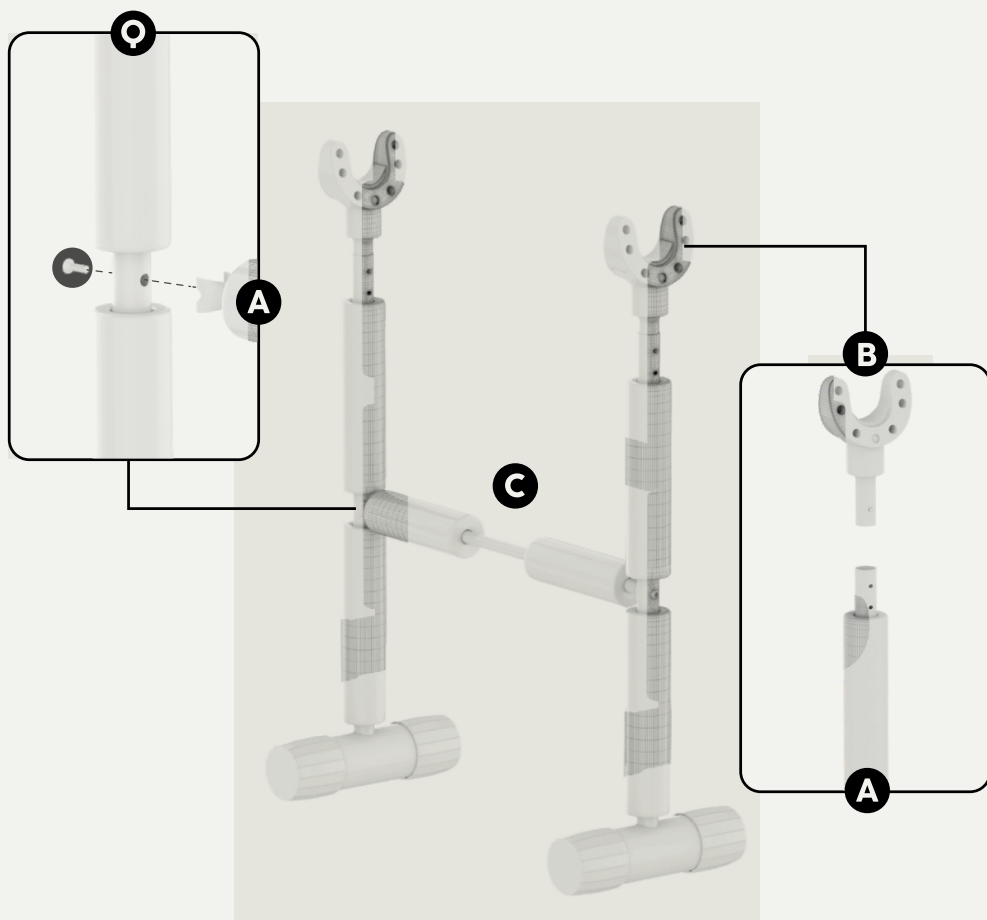
Screwdriver



Allen Wrench

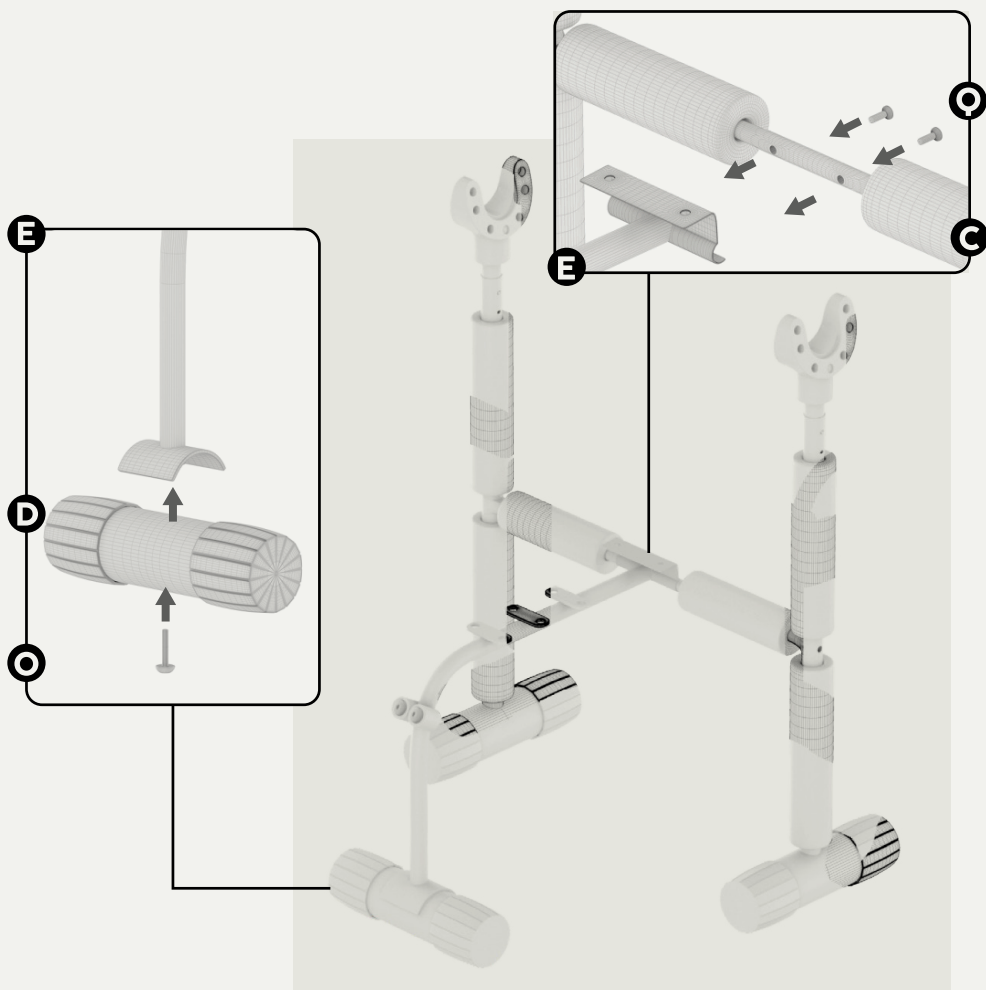
Step One

- Insert the Weight Bar Rack (B) into the Uprights (A). Press the spring pin before insertion; it will automatically pop into place when aligned with the hole.
- Attach the Uprights (A) to the Rear Bracer Tube (C) using 2 × M8 × 35 mm Round Head Bolts (Q). Use the Screwdriver (T) to tighten the bolts through the dimpled holes on the uprights. Ensure the side with the dimpled holes faces outward.



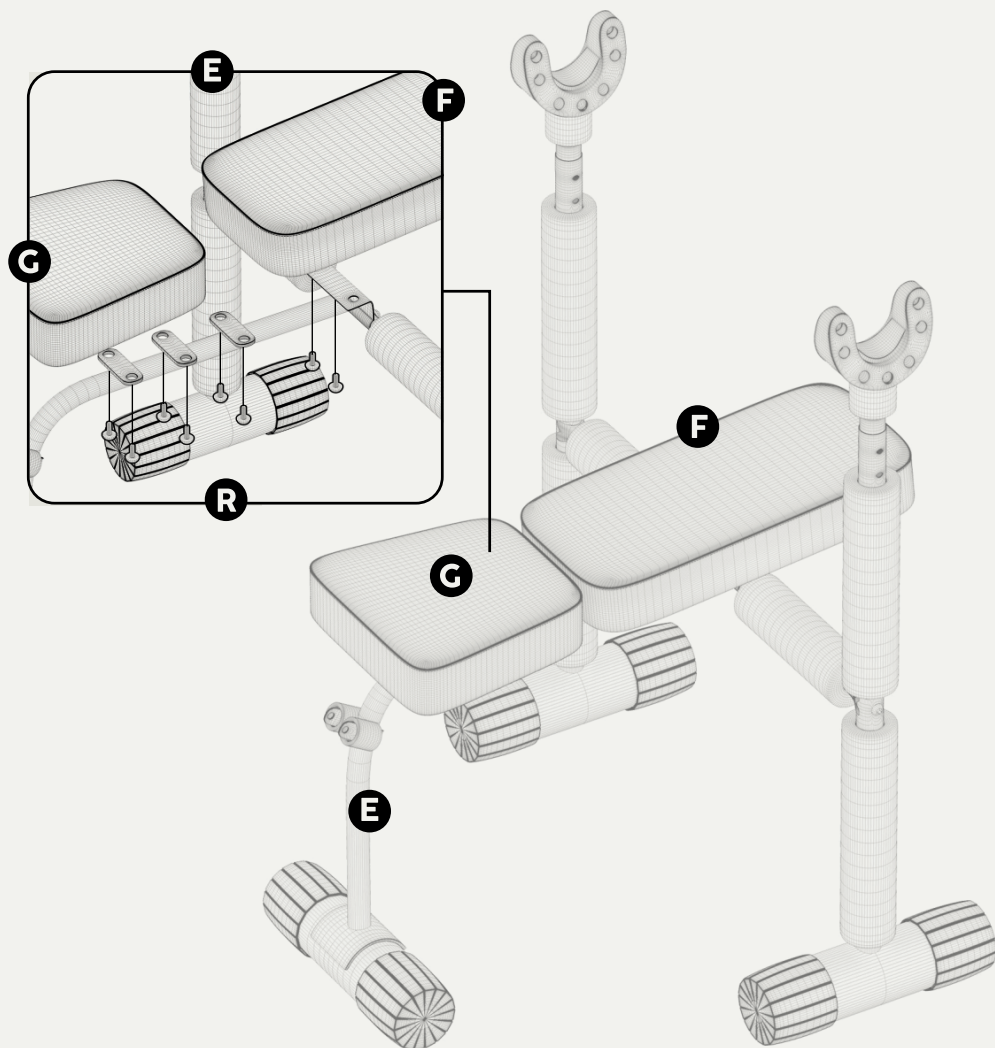
Step Two

- Attach the Front Floor Tube (D) to the Bench Frame (E) using 1 × M8 × 75 mm Round Head Bolt (O).
- Secure the Rear Bracer Tube (C) to the Bench Frame (E) using 2 × M8 × 35 mm Round Head Bolts (Q) and M8 Cap Nuts (S). Tighten using the Allen Wrench (U).



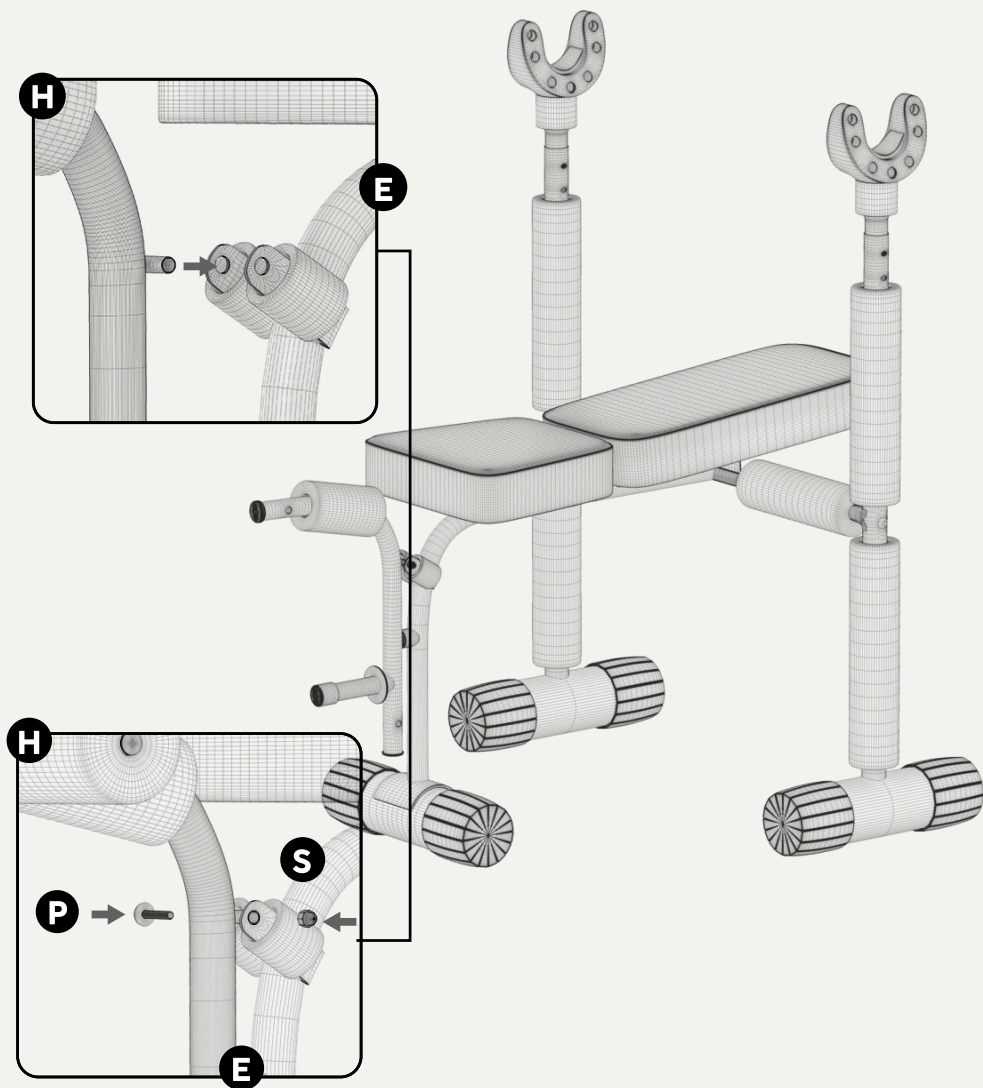
Step Three

- Attach the Back Rest (F) and Seat (G) to the Bench Frame (E).
- Secure them using 8 × M6 × 12 mm Round Head Bolts (R). Tighten the bolts with the Screwdriver (T).



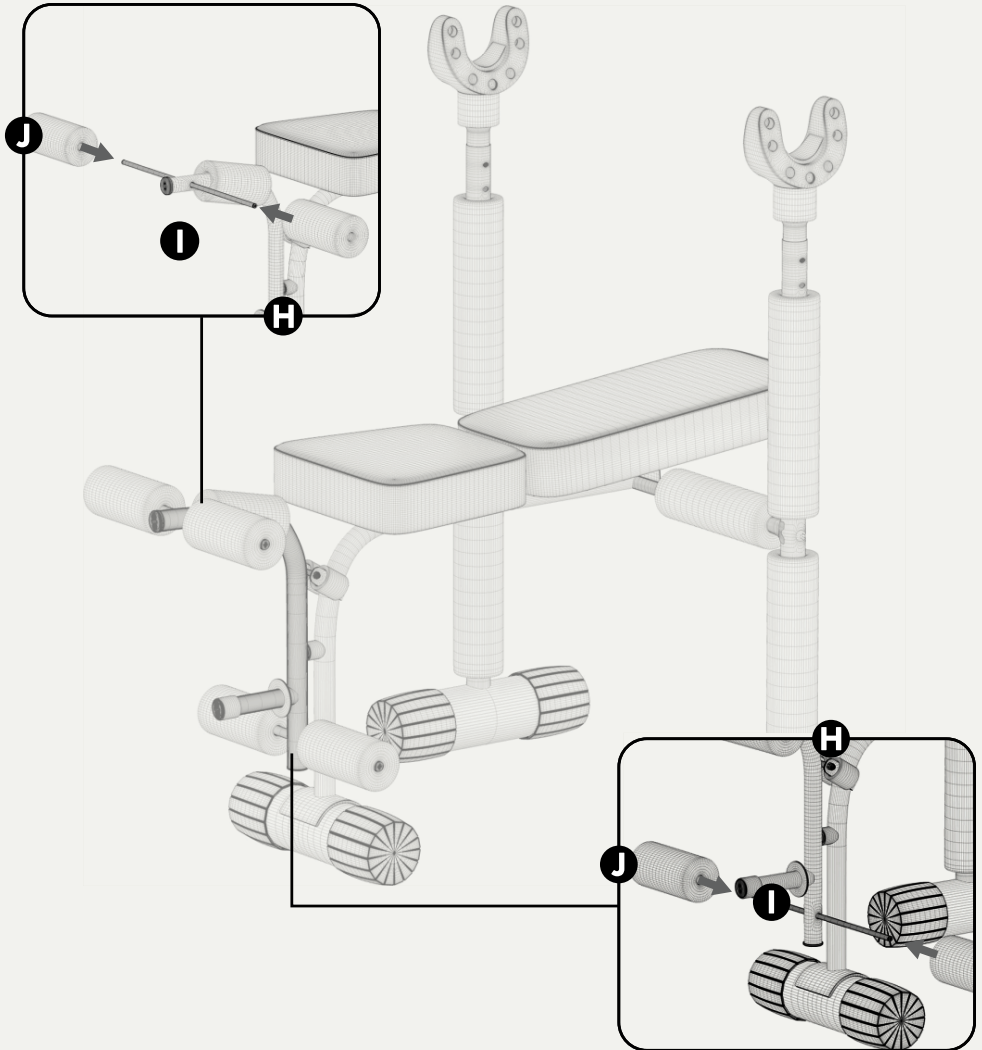
Step Four

- Insert the Leg Lift (H) into the bracket on the Bench Frame (E).
- Secure it using 1 × M8 × 50 mm Round Head Bolt (P) and M8 Cap Nut (S).
- Tighten using the Screwdriver (T) and Allen Wrench (U).



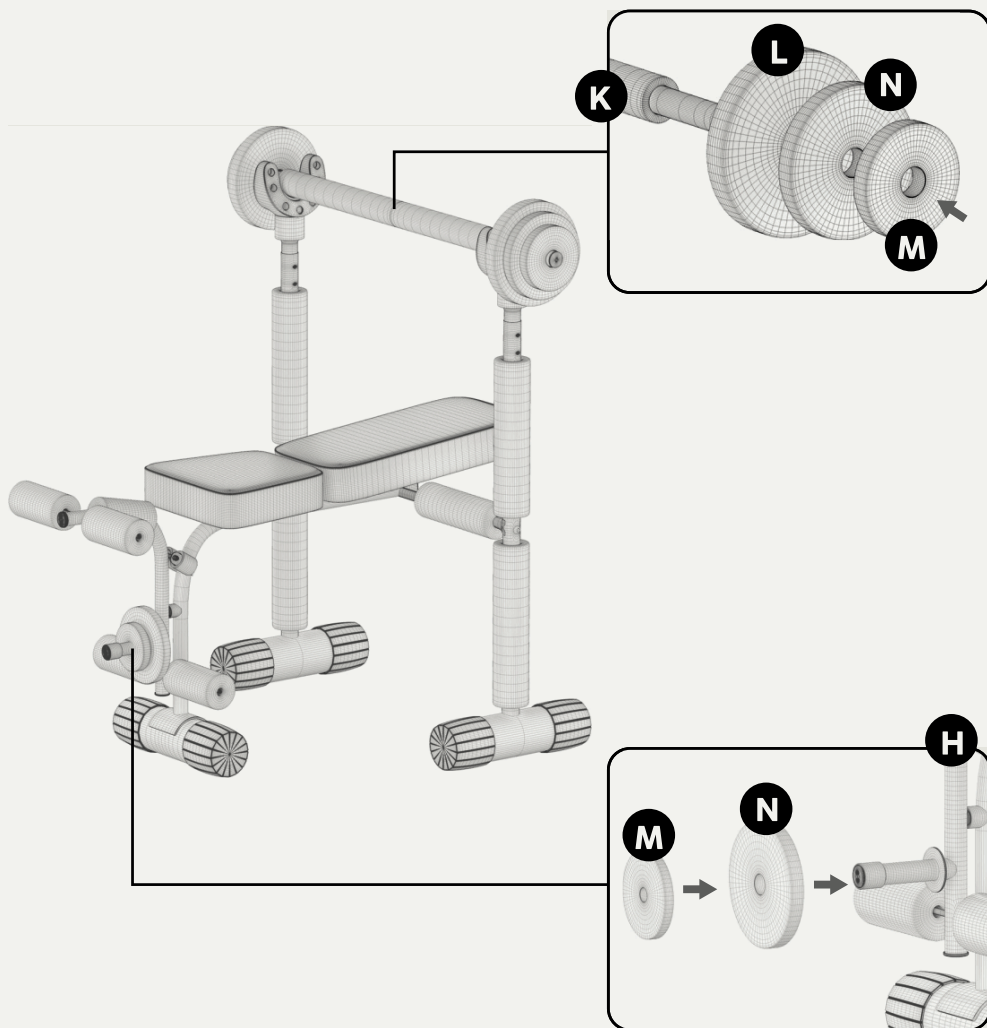
Step Five

- Insert one Cross Bar Foam (J) onto one side of the Cross Bar (I).
- Insert the assembled bar into the hole on the Leg Lift (H), as shown.
- Slide another Cross Bar Foam (J) onto the other side.
- Repeat this step to install the remaining Cross Bar (I) and the remaining 2 Cross Bar Foams (J) into the other hole on the Leg Lift (H).



Step Six

- Slide 2 × Large Weight Plates (L), 2 × Medium Weight Plates (M), and 2 × Small Weight Plates (N) onto both sides of the Weight Bar (K) in sequence.
- Insert additional Medium (M) and Small (N) Weight Plates onto the Leg Lift (H) as desired.
- The number of weight plates can be adjusted freely at each position based on your needs.



CLEANING, MAINTENANCE, AND STORAGE

Cleaning

- Wipe all metal parts with a clean, dry cloth after each use.
- Use a slightly damp cloth with mild soap to remove dirt or sweat buildup.
- Dry all parts thoroughly to prevent rust or corrosion.
- Do not use harsh chemicals, abrasive cleaners, or solvents.

Maintenance

- Check and tighten screws regularly to ensure they are secure
- Inspect for loose or damaged parts before use

Storage

- Store the product in a clean, dry indoor area.
- Keep away from moisture, direct sunlight, and extreme temperatures.
- Ensure all parts are dry before storing to prevent rust.
- Keep out of reach of children when not in use.



Register Product

Thank you for choosing PyleUSA. By registering your product, you ensure that you receive the full benefits of our exclusive warranty and personalized customer support. Complete the form to access expert support and to keep your PyleUSA purchase in perfect condition.

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