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# THICK PUZZLE EXERCISE MAT

## SQFT-BB25

# SQUATZ

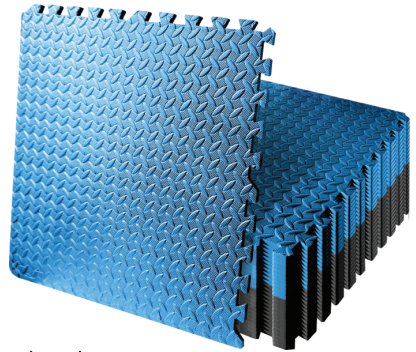
## USER GUIDE

### PRODUCT OVERVIEW

The Thick Puzzle Exercise Mat is designed to provide a durable, cushioned surface ideal for fitness, recreational, and playroom use. Made with high-density, textured EVA foam, it offers excellent support, water resistance, and sound reduction. The interlocking tile design ensures easy setup, breakdown, and portability.

### FEATURES:

- Durable, Non-Skid Textured Tiles
- Protective Workout Flooring
- Creates Comfortable Workout Space
- Easy to Assemble and Disassemble
- Lightweight Puzzle Pieces
- Water Resistant
- Noise Reducing Design
- Easy-to-Clean
- Thick from the Highest Point of the Texture
- Includes 25 Tiles and 50 End Borders for a Polished Look
- High-Density EVA Foam
- Provides Excellent Support and Cushion
- Contains No Toxic Phthalates
- Great to Use in Garages, Gyms, Home Fitness Rooms, or even Children's Play Areas



### WHAT'S IN THE BOX:

- (13) Blue Exercise Mat
- (12) Black Exercise Mat

### TECHNICAL SPECS:

- Construction Material: EVA
- Product Weight: 0.88 Lbs. (each)
- Foam Quality: ½" Thick Textured EVA Foam
- Product Dimensions (L x W x H): 24.2" x 24.2" x 0.47" -inches

### California Prop 65 Warning

#### ⚠️ WARNING:

This product may expose you to chemicals, which is known to the state of California to cause cancer, birth defects and other reproductive harm. Do not ingest.

For more info go to: [www.P65warnings.ca.gov](http://www.P65warnings.ca.gov)



### Questions or Comments

We are here to help!

Phone: 1.718.535.1800

[SQUATZ.com/ContactUs](http://SQUATZ.com/ContactUs)

## ASSEMBLY INSTRUCTIONS

1. **Prepare Surface:** Ensure the installation area is clean, dry, and level.
2. **Arrange Tiles:** Lay out tiles in your desired color pattern (e.g., alternating blue and black).
3. **Interlock Tiles:** Connect tiles using the puzzle-like edges.  
Press firmly to lock them together.
4. **Add Borders:** Use the provided end borders to give the mat a clean, finished look around the edges.
5. **Adjust as Needed:** Rearrange or trim tiles for custom-fit coverage if necessary (use a utility knife and straightedge carefully).

## DISASSEMBLY AND STORAGE

1. Detach each tile by gently pulling the interlocking edges apart.
2. Stack the tiles flat and place border pieces together to avoid loss.
3. Store in a dry, cool area away from direct sunlight or sharp objects.

## CLEANING AND MAINTENANCE GUIDE

### Cleaning

- Wipe the surface with a damp cloth or sponge.
- For a deeper clean, use mild soap with water. Avoid harsh chemicals.
- Allow to air dry completely before use or storage.

### Maintenance

- Inspect regularly for signs of wear or damage.
- Avoid heavy machinery or sharp objects that can puncture or deform the foam.
- Use only on flat, stable surfaces to maintain shape and durability.

### Storage

- Store flat in a dry, temperature-controlled environment.
- Avoid folding or rolling tiles to preserve shape and interlocking edges.
- Keep away from direct sunlight, extreme heat, or freezing temperatures.

## SAFETY INFORMATION

- Do not use near open flames or heat sources.
- Ensure the mat is fully assembled and flat to avoid tripping.
- Children should use the mat under adult supervision.

## REGISTER PRODUCT

Thank you for choosing SQUATZ. By registering your product, you ensure that you receive the full benefits of our exclusive warranty and personalized customer support. Complete the form to access expert support and to keep your SQUATZ purchase in perfect condition.

Start Here



Model Number:  
**SQFT-BB25**  
[SQUATZ.com/register](https://SQUATZ.com/register)