



- 1 ON-/OFF-button
- 2 Hooking nose for massage pad attachment (totally 4 noses)
- 3 Massage heads (totally 3 massage heads)

### Explanation of symbols

**IMPORTANT**  
Failure to follow these instructions may result in serious injury or damage to the device.

**WARNING**  
These instructions must be followed to prevent possible injury to the user.

**CAUTION**  
These instructions must be followed to prevent possible damage to the device.

**NOTE**  
These instructions provide useful additional information regarding installation and operation.

**LOT** LOT number

**Manufacturer**

**WARNING**  
Please ensure that the polythene packing is kept away from the reach of children!  
Risk of suffocation!

## GB Safety Instructions



Please read these instructions carefully before using the device, in particular the safety instructions. Keep the instructions in a safe place for future reference. If you pass the device on to third parties, be sure to include these instructions for use.



- The device is intended for private use only. If you have any health concerns, consult your doctor before use.
- The device must only be used for its intended purpose as described in the instruction manual. In case of misuse, the warranty claim expires.
- If you experience any pain or discomfort during the massage, stop immediately and consult your doctor.
- Do not use the unit if you suffer from one or more of the following illnesses and complaints: Circulatory disorders, varicose veins, open wounds, bruises, skin tears, phlebitis or thrombosis.
- Do not use the unit if you are pregnant. Special care is necessary when the appliance is used on, by or near children, sick and helpless persons.
- This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.
- Children shall not play with the appliance.
- Cleaning and user maintenance shall not be made by children without supervision.
- Do not use this unit to supplement or replace medical treatment. Chronic complaints and symptoms may be made worse.
- Do not use the appliance near your eyes or near any other sensitive areas.
- Very long periods of use can lead to overheating. So after continuously operating for 15 minutes, user should stop it for **at least** 15 minutes before using it again.
- Do not use the appliance if it shows signs of damage, if it is not in perfect working order, or if it has been dropped or dipped into water. In order to prevent hazards, always send the unit in to the service centre.
- Only use accessories intended for the appliance and supplied by the manufacturer.
- Do not immerse the device in water or other fluids.
- Do not insert objects into the openings of the device.
- Do not operate the unit where aerosol (spray) products are being used or where oxygen is being administered.
- If the unit is not going to be used for a long period, please remove the batteries.

### Scope of delivery

Please first check whether the scope of delivery is complete and that the item is not damaged in any way. If in doubt, do not operate the appliance and contact your If in doubt, do not operate the unit and contact your dealer or service centre. The scope of delivery includes:

- 1 **medisana** Mini massager with massage pad attachment **HM 300**
- 2 Batteries 1.5V, type AAA/LR03
- 1 Instruction manual

Packaging is recyclable or can be returned to the raw material cycle. Please dispose of packaging material that is no longer required properly. If you notice any transport damage when unpacking, please contact your dealer immediately.

### Advantages of the massage pad attachment

The 2 in1 massage pad attachment is made of natural loofah material (a pumpkin plant equipped with fibrous netting) for intensive exfoliation and soft microfibre material for a pleasant massage. It allows flexible use on legs, shoulders, neck, arms, feet and other parts of the body. The device is splash-proof and suitable for use on wet skin after shower or bath.



**CAUTION**  
Make sure that the maximum operating time of 15 minutes is not exceeded.

### Insert / replace batteries

1. Turn the bottom of the unit so that the two arrows on the bottom and top of the unit are aligned to each other.
2. Remove the bottom of the unit. Note: There is a seal between the two parts of the appliance to prevent water from entering, which makes removing the bottom of the appliance difficult.
3. Open the battery compartment cover and remove the batteries. Insert two new AAA (1.5 V) batteries. Make sure that the polarity (+/-) is correct.
4. Close the battery compartment cover.
5. Put the bottom of the unit back to the top and turn the unit parts against each other to close them securely.



### WARNING - BATTERY SAFETY INFORMATION

- **Do not disassemble batteries!**
- **Clean the battery / item contact points before inserting the batteries if necessary!**
- **Remove discharged batteries from the device immediately!**
- **If a battery has been swallowed seek medical attention immediately!**
- **Increased risk of leakage, avoid contact with skin, eyes and mucous membranes! If battery acid comes in contact with any of this parts, rinse the affected area with copious amounts of fresh water and seek medical attention immediately!**
- **Replace all of the batteries simultaneously!**
- **Only replace with batteries of the same type, never use different types of batteries together or used batteries with new ones!**
- **Insert the batteries correctly, observing the polarity!**
- **Remove the batteries from the device if it is not going to be used for an extended period!**
- **Keep batteries out of children's reach!**
- **Do not attempt to recharge these batteries! There is a danger of explosion!**
- **Do not short circuit! Do not throw into a fire! Danger of explosion!**
- **Do not throw used batteries into the household refuse; put them in a hazardous waste container or take them to a battery collection point, at the shop where they were purchased.**

### The correct way of massage

The 3 massage heads 3 start to vibrate after pressing the ON/OFF button 1 (vibration massage). You can perform the massage on yourself or on a partner. You have the option of hooking the massage pad attachment included in the scope of delivery either with the loofah side or the microfibre side facing outwards into the 4 hooking tongues on the unit 2. If the loofah side is facing downwards, the skin contact of the loofah fabric in combination with the vibration massage causes a massage with peeling effect (removal of unsightly skin flakes and stimulation of blood circulation).

The microfibre side is suitable for soft and soothing skin cleansing. The massage should always be performed with a moist massage pad attachment in circular movements all over the body. The effect is enhanced if the massage is performed on wet skin (e.g. after showering or bathing). With the appliance switched on, hold the massage heads 3 with gentle pressure on the part of the body to be massaged. Do not concentrate on the same part of the body for too long during the massage, but change the massage area more frequently during the application. You can decide which effect you want to achieve by the direction of the massage: A massage towards the heart relaxes, a massage away from the heart stimulates. Press the ON/OFF button 1 again to switch the unit off.



### WARNING

**Only hold the appliance with gentle pressure on the part of the body to be massaged! Excessive pressure can cause injuries and/or impair the function of the unit!**

### Cleaning and care

- Remove the batteries before cleaning the unit.
- Clean the unit with a soft cloth lightly moistened with a mild soap solution. Never use harsh cleaning agents or alcohol.
- Do not expose the unit to direct sunlight, protect it from dirt and moisture.
- Store the unit in a clean and dry place.

### Cleaning the massage pad attachment

After use, the massage pad attachment should be cleaned to remove bacteria and skin particles left behind from the application. Soaking in a solution of warm water and household vinegar (approx. 1 tablespoon of vinegar to 1 glass of water) is very suitable for this. Soak for a few minutes and then rinse! You can also wash the attachment in the washing machine at 60°C (do not use fabric softener!). The attachment must dry completely after cleaning to prevent bacteria from multiplying in the wet tissue. To do this, squeeze out the moisture thoroughly with your hands and hang the attachment up, preferably outside of damp rooms, until it is completely dry.

### Replacing the massage pad attachment

The massage pad attachment can also be used for many months with daily use and proper care. If the fibres remain hard or the massage becomes unpleasant or if the fibres become heavily discoloured, the attachment must be replaced. If the appliance is used by several people, each user should use their own attachment for reasons of hygiene.

### Disposal



This product should not be disposed of together with domestic waste. Please hand in all electrical or electronic devices at a municipal or commercial collection point so that they can be disposed of in an environmentally acceptable manner. Consult your municipal authority for information about disposal. Please remove the batteries before disposing of the equipment. Do not dispose of old batteries with your household waste, but dispose of them at a battery collection station at a recycling site or in a shop. Consult your municipal authority or your dealer for information about disposal.

### Technical specifications

Name and model:	<b>medisana</b> Mini Massager <b>HM 300</b>
Power supply:	3.0 V --- , 2 x 1.5V batteries, type AAA (LR03)
Massage heads:	3
Operating conditions:	Temperature 10°C -40°C (50°F -104°F), rel. humidity up to 90 %
Storage conditions:	Temperature 2°C - 30°C (35.6°F -86°F), dry and dust-free
Dimensions:	approx. 8 x 10 x 9 cm
Weight:	approx. 0.2 kg
Article No.:	50026
EAN Code:	48 97138 50026 9

**In accordance with our policy of continual product improvement, we reserve the right to make technical and optical changes without notice.**

### Warranty and repair terms

Please contact your dealer or the service centre in case of a claim under the warranty. If you have to return the unit, please enclose a copy of your receipt and state what the defect is.

The following warranty terms apply:

1. The warranty period for **medisana** products is three years from date of purchase. In case of a warranty claim, the date of purchase has to be proven by means of the sales receipt or invoice.
2. Defects in material or workmanship will be removed free of charge within the warranty period.
3. Repairs under warranty do not extend the warranty period either for the unit or for the replacement parts.
4. The following is excluded under the warranty:
  - a. All damage which has arisen due to improper treatment, e.g. non-observance of the user instructions.
  - b. All damage which is due to repairs or tampering by the customer or unauthorised third parties.
  - c. Damage which has arisen during transport from the manufacturer to the consumer or during transport to the service centre.
  - d. Accessories which are subject to normal wear and tear.
5. Liability for direct or indirect consequential losses caused by the unit are excluded even if the damage to the unit is accepted as a warranty claim.



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