



Contact us



Easy guide to wearing your Link2Care



Strap must be in direct contact with the skin.

WARNING:

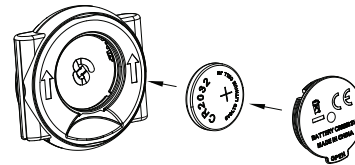
- Do not clean the transmitter or strap in a washing machine or dryer.
- Before hand washing the strap, detach the transmitter pod from the snaps.
- The transmitter pod should not be washed. To clean the pod, wipe with a damp cloth. Ensure the pod is fully dry before using.
- While washing the strap, make sure water is no warmer than 86°F.
- Ironing, bleaching or heating will damage the strap and pod.

BATTERY

The transmitter uses one CR2032 3V battery. The battery is already installed, and typically lasts one year. If you need a new battery, we recommend that you contact your studio to purchase a replacement.

REPLACING YOUR BATTERY

A. Remove the battery cover and set aside.



PAIRING

1. On your mobile device, download the **Link2Case Pro** mobile app.



2. Once signed in, navigate to the device page by tapping the **+** seleticon. Then, tap “Add Device.” Make sure Bluetooth is enabled on your mobile device.

3. Once your transmitter has been found, tap to select and complete pairing. If the pairing fails, you will see an error message prompting you to try again.



Quick Start Guide



Device Overview

A. Heart Rate Transmitter

a. Front View



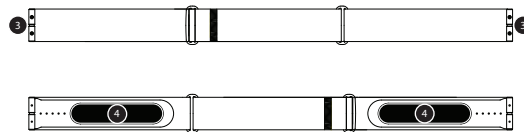
b. Rear View



- 1. Left & Right Strap Connectors
- 2. Battery Cover

P1

B. Chest Strap



- 3. Snap-On Button Connectors
- 4. Conductive Pads

GETTING STARTED

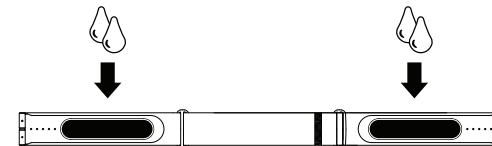
A. Unpacking the Product

- In this box, you will find:
- a. 1 - Heart Rate Transmitter
 - b. 1 - Adjustable Elastic Strap
 - c. 1 - CR2032 Battery (installed)
 - d. 1 - User Manual

P2

How to Wear the Chest Strap

1. Wet the conductive pads on the strap with a few drops of water or conductive gel to ensure direct contact to the skin.

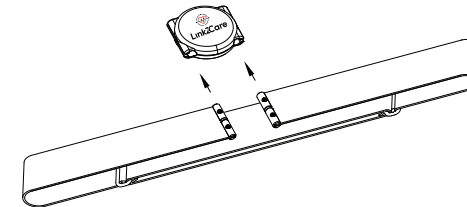


2. Secure the strap across your chest. To ensure an accurate heart rate signal, adjust the strap until it fits snugly below your chest (pectoral muscles).

3. Attach the transmitter to the strap, matching up the connector snaps (see image on page 4).

P3

4. Make sure the Link2Care logo is facing right side up and the arrows on the back of the transmitter are pointed up when the strap is being worn.



WARNING: Inaccurate heart rate data will be detected if the transmitter is worn upside down.

P4

