

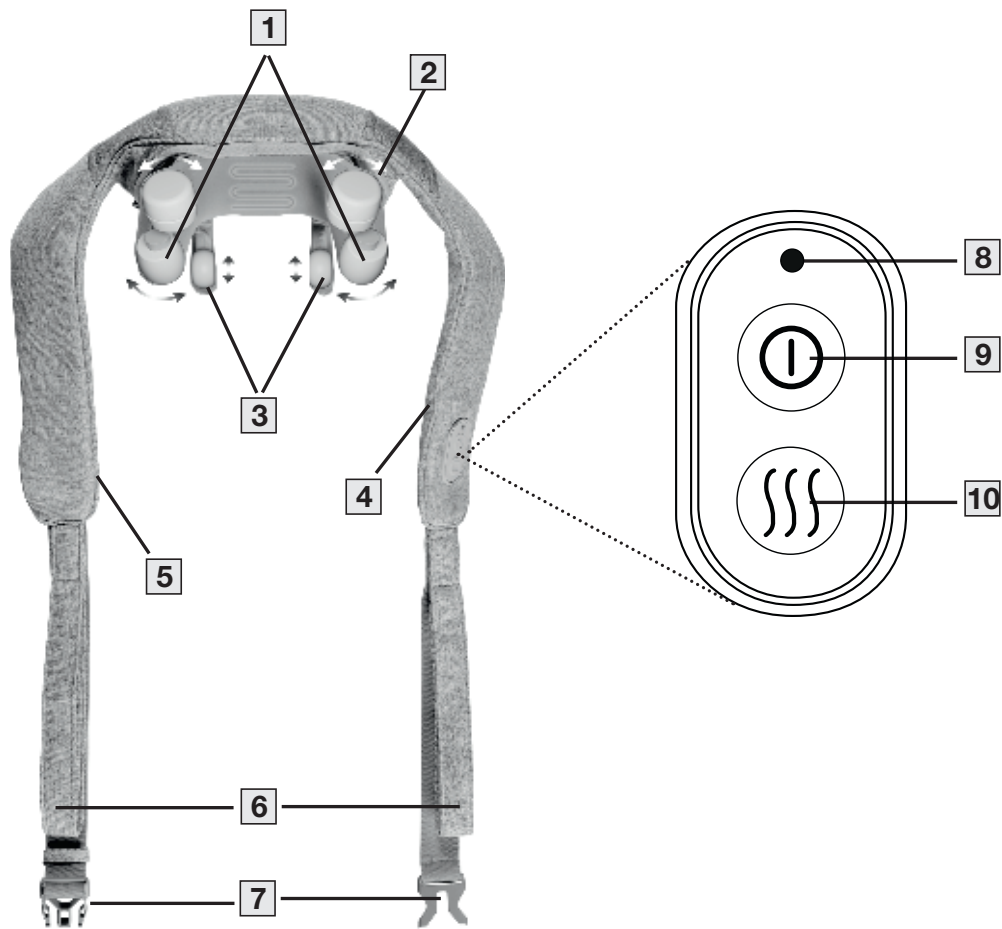
# beurer

## MG 154 Cordless Neck Massager



<b>EN</b> Cordless Neck Massager	
Instructions for use.....	4

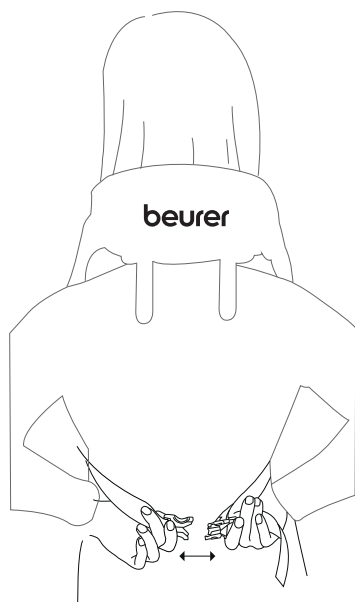




**A**



**B**





Read these instructions for use carefully. Follow the warnings and safety notes. Keep these instructions for use for future reference. Make the instructions for use accessible to other users. If the device is passed on, provide the instructions for use to the next user as well.

## **⚠ WARNING**

- The device is only intended for domestic/private use, not for commercial use.
- This device may be used by children over the age of 8 and by people with reduced physical, sensory or mental skills or a lack of experience or knowledge, provided that they are supervised or have been instructed on how to use the device safely, and are fully aware of the consequent risks of use.
- Children must not play with the device.
- Cleaning and user maintenance must not be performed by children unless supervised.
- If the mains connection cable of this device is damaged, it must be disposed of. If it cannot be removed, the device must be disposed of.
- The device has a hot surface. People who are not sensitive to heat must be careful when using the device.
- Do not insert any objects in the device apertures or in the moving parts. Ensure that the moving parts can move freely at all times.
- Apart from for maintenance work such as replacing the battery, you must not open or repair the device because faultless function is no longer guaranteed.

## **CONTENTS**

1. Included in delivery .....	5	7. Cleaning and maintenance .....	7
2. Signs and symbols .....	5	8. Accessories and/or replacement parts .....	7
3. Warnings and safety notes .....	5	9. What if there are problems? .....	7
4. Device description .....	6	10. Disposal .....	7
5. Initial use .....	6	11. Technical specifications .....	7
6. Usage .....	6	12. Guarantee / Service .....	7





# 1. INCLUDED IN DELIVERY













Check that the exterior of the cardboard delivery packaging is intact and make sure that all contents are present. Before use, ensure that there is no visible damage to the device, accessories and/or replacement parts and that all packaging material has been removed. If you have any doubts, do not use the device and contact your retailer or the specified Customer Service address.

- 1 cordless neck massager
- 1 removable cover
- 1 USB-C cable
- 1 copy of these instructions for use

# 2. SIGNS AND SYMBOLS

The following symbols are used on the device, in these instructions for use, on the packaging and on the type plate for the device:

 <b>DANGER</b>
Indicates an imminent danger. If it is not avoided, it will result in death or serious injury.
 <b>WARNING</b>
Indicates a potentially impending danger. If it is not avoided, there is a risk of death or serious injury.
 <b>CAUTION</b>
Indicates a potentially impending danger. If it is not avoided, slight or minor injuries may result.
 <b>NOTICE</b>
Indicates a potentially harmful situation. If it is not avoided, the product or something in its vicinity may be damaged.

 <b>Product information</b> Note on important information
 Read the instructions
 The electronic device must not be disposed of with household waste
 Do not dispose of batteries containing harmful substances with household waste
 Manufacturer
 <b>CE labelling</b> This product satisfies the requirements of the applicable European and national directives.
 Marking to identify the packaging material. A = material abbreviation, B = material number: 1-7 = plastics, 20-22 = paper and cardboard
 Separate the product and packaging elements and dispose of them in accordance with local regulations.
 The products demonstrably meet the requirements of the Technical Regulations of the EAEU
 Protected against solid foreign objects 12.5 mm in diameter and larger
 Direct current
 Polarity of d.c. power connector
 For indoor use only

 Must not be used by very young children (0-3 years old)
 Conformity assessed marking for the United Kingdom
 Importer
 Mild hand washing, maximum 30°C
 Do not bleach
 Do not dry clean
 Do not insert any needles!
 Do not iron
 Do not tumble dry

# 3. WARNINGS AND SAFETY NOTES

The device is only intended for the purpose described in these instructions for use. The manufacturer is not liable for damage resulting from improper or careless use. Failure to observe the following information may result in personal injury or material damage.

## Intended use

This device is designed to provide neck and shoulder massage. It cannot replace medical treatment. Do not use the device if one or several of the following warnings applies to you. If you are unsure whether the device is suitable for you, please consult your doctor.

## WARNING

- Do not use the device if you suffer from a medical abnormality (e.g. swelling, burns, inflammations) or injury in the area of the body to be massaged (e.g. herniated disc, open wound, lacerations, capillaries, varicose veins, acne, couperose, herpes or other skin diseases).
- Under no circumstances use the device for massages in the area around the heart if you wear a pacemaker – and consult your doctor regarding other parts of the body.
- Do not use the device during pregnancy.
- Do not use the device on the face (eyes), the larynx or other particularly sensitive body parts.
- Do not use the device for foot massage.
- Never use the device while sleeping.
- Do not use the device after the consumption of substances that lead to impaired cognitive function (e.g. pain medication, alcohol).
- Do not use the device in a vehicle.
- Do not use the device whilst undertaking any activity where an unexpected reaction could be dangerous.
- Consult your doctor before using the device if you suffer from a serious illness, have undergone surgery on your upper body or have a pacemaker, implants or other aids.
- Consult your doctor before using the device if you suffer from thrombosis, diabetes or pain, the cause of which is unknown.
- Danger of suffocation! Keep packaging material away from children.

## NOTICE

- Do not use the device on animals.
- Do not use the device for longer than 10 minutes (risk of overheating) and leave the device to cool down for at least 10 minutes before using it again.

## Electric shock

### ⚠ DANGER

- Never pick up a device that has fallen into water. Unplug the mains adapter immediately. Do not drop the device or subject it to any impacts.

### ⚠ WARNING

- As with every electrical device, use this device carefully and cautiously, in order to avoid hazards due to electric shock.
- Only use the device with the mains adapter provided and at the mains voltage specified on the mains adapter.
- Never use the device if there is visible damage to the device, accessories and/or replacement parts.
- Do not use the device during a storm.
- In the event of defects or operational faults, switch the device off immediately and disconnect it from the mains socket. Do not pull on the mains cable or on the device to disconnect the mains adapter or plug from the socket. Never hold or carry the device by the cable. Keep the cables away from hot surfaces. Do not crush, bend or twist the cables. Do not insert needles or any sharp objects.
- Ensure that the device and its components (e.g. control, mains adapter and cable) do not come into contact with water, steam or other liquids. Therefore, only use the device in dry rooms (e.g. never in the bath, sauna) and with dry hands.

## Repairs

### ⚠ WARNING

- Only qualified personnel may perform repairs on electrical devices. Repairs by unskilled people may put users in significant danger. For repairs, please contact Customer Services or an authorised retailer.
- Never attempt to repair the device yourself!
- If the mains adapter or the mains cable is damaged, this must be replaced by an authorised retailer.

## Risk of fire

### ⚠ WARNING

- There may be a risk of fire if the device is used improperly or these instructions for use are ignored!
- Never use the device underneath a cover, such as a blanket or pillow.
- Never use the device near petrol or other highly flammable substances.

## Handling

### ⚠ WARNING

- The device must be switched off after every use and before cleaning.
- Do not place your full weight (sitting, lying down or standing) on the moving parts of the device or place any objects on the device.
- Do not expose the device to high temperatures.

### ⚠ WARNING

## Notes on handling batteries

- If fluid from a battery cell comes into contact with your skin or eyes, wash the affected areas with water and seek medical assistance.
- **Choking hazard!** Small children could swallow and choke on batteries. Therefore, keep batteries out of the reach of small children!
- If a battery has leaked, put on protective gloves to dispose of the device.

- Protect batteries from excessive heat.
- **Risk of explosion!** Never throw batteries into a fire.
- Do not disassemble, split or crush the batteries.
- In order to achieve as long a battery service life as possible, fully charge the battery at least 2 times a year.
- Always switch the device off in advance of charging.
- Batteries must be charged correctly prior to use. The instructions from the manufacturer and the specifications regarding correct charging in these instructions for use must be observed at all times.

## 4. DEVICE DESCRIPTION

### Cordless neck massager with heat function

The associated illustrations are on page 3.

- 1 **Massage heads**
- 2 **Removable cover on the neck**
- 3 **Massage fingers**
- 4 **Battery compartment zipper**
- 5 **USB-C port**
- 6 **Handles**
- 7 **Back strap**
- 8 **LED display**
- 9 **ON/OFF button**
- 10 **Heat button**

## 5. INITIAL USE

### Charging the battery

Before using the device for the first time, you must charge it for a minimum of 3 hours. To do so, proceed as follows:

1. Remove all packaging material from the device.
2. Check the device and USB-C cable for damage.
3. Plug the supplied USB-C cable into the USB-C port on the device **5**.
4. Connect the other end of the USB-C cable to a USB power supply.
5. Ensure that the cable does not pose a trip hazard.
6. During charging, the LED display **8** will flash red. As soon as the LED display **8** is continuously lit up in white, disconnect the USB-C cable from the device and the USB power supply. The battery is now fully charged. A full battery charge is sufficient for around 2 hours of operation (at low speed without heat function). You must recharge the device as soon as the LED display **8** starts to flash red during use; otherwise it will automatically switch off.

## 6. USAGE

- **i** If the massage is painful or uncomfortable, stop the massage or change your position or the contact pressure. **The device has an automatic switch-off function and switches off automatically after 10 minutes of operation.**

### ⚠ CAUTION

- Do not use the massage function on the device for more than 10 minutes at a time. Longer massages can lead to overstimulation of the muscles, creating tension instead of aiding relaxation.

- Do not force or jam any part of your body, in particular your feet, hands and fingers, between the rotating massage heads **1** and their brackets in the device.

### Step 1: Set up the device

- Place the massager around your neck (see figure **A** **B** on fold-out page) .
- Place the back strap **7** around your back and fasten it at the back using the buckle (see figure **B** on fold-out page) .
- Set your preferred contact pressure using the handles **6** .

### Step 2: Switch the device on

To switch the device on, press and hold the ON/OFF button **9** for two seconds. The LED display **8** will light up in white. The massage heads will start to rotate **1** as the massage fingers **3** move up and down.

- i** To start with, carefully press the body area that you want to massage against the device. Then check whether the massage position is pleasant for you and if so, gradually shift your weight towards the device.

### Step 3: Set the speed

The device has two speed settings. To switch between speed settings during use, briefly press the ON/OFF button **9** . There is a 1 second pause during speed setting changes.

### Step 4: Switch on heat (optional)

The device has a heat function that you can switch on in addition to the massage. Press the heat button **10** to switch on the heat function. The LED display **8** will light up in red. Press the heat button **10** again to switch off the heat function. The LED display **8** lights up white again.

### Step 4: Switch the device off

To switch the device off, press and hold the ON/OFF button **9** for two seconds. The device has an automatic switch-off function. This means that the device switches off automatically after 10 minutes of operation.

## 7. CLEANING AND MAINTENANCE

### Cleaning

#### ⚠ WARNING

- Clean the device using only the methods specified. Under no circumstances may liquid enter the device, accessories and/or replacement parts.
- Small marks can be removed using a cloth or damp sponge, and some liquid delicate laundry detergent where necessary. Do not use any solvent-based cleaning products.
- Do not use the device again until it is completely dry.
- To remove the cover, open the zip at the back of the neck area **2** . The removable cover may only be hand washed in lukewarm water below 30°C. The cover must NOT be machine washed. Please note the symbols for care and cleaning on the label sewn into the cover. DO NOT leave the cover to dry in the sun.
- Do not use the device again until all components are completely dry.

### Storage

If you plan not to use the device for a long period of time, we recommend that you store it in the original packaging in a dry environment, ensuring other items are not loaded on top of it.

## 8. ACCESSORIES AND/OR REPLACEMENT PARTS

To purchase accessories and/or replacement parts, visit [www.beurer.com](http://www.beurer.com) or contact the corresponding service address (as per the service address list) for your country. Accessories and/or replacement parts are also available from retailers.

## 9. WHAT IF THERE ARE PROBLEMS?

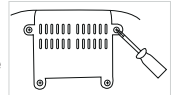
Problem	Possible cause	Solution
Massage heads <b>1</b> are rotating too slowly.	There is too much load on the massage heads <b>1</b> .	Reduce the contact pressure from your body. Release the massage heads.
The massage heads <b>1</b> are not moving.	The battery of the device is flat.	Charge the battery and switch on the device.

## 10. DISPOSAL

### Battery disposal

When disposing of the device, you must first remove the battery from the device. To do so, proceed as follows:

- Open the battery compartment zipper **4** .
- Remove the housing from the fabric cover.
- Remove the hook-and-loop fastener.
- Open the battery compartment of the housing using a screwdriver.
- Disconnect the plug connection and remove the battery.



Empty, completely flat batteries must be disposed of in specially designated collection boxes at recycling points or electronics retailers. You are legally required to dispose of the batteries.

The codes below are printed on batteries containing harmful substances:

Pb = battery contains lead

Cd = battery contains cadmium

Hg = battery contains mercury



Faulty or used batteries must be recycled in accordance with Directive 2006/66/EC and amendments thereto. Return the batteries and/or the device using the collection facilities provided.

For environmental reasons, do not dispose of the device in household waste at the end of its service life.

Dispose of the device at a suitable local collection or recycling point in your country. Dispose of the device in accordance with EC Directive Waste Electrical and Electronic Equipment (WEEE). If you have any questions, please contact the local authorities responsible for waste disposal.

## 11. TECHNICAL SPECIFICATIONS

Mains operation:	
Input	5.0 V $\overline{=}$ 2.0 A; 10.0 W
Dimensions (L x W x H)	Approx. 143 x 12.5 x 14.5 cm
Weight	Approx. 1165 g
Battery:	
Capacity	2000 mAh
Nominal voltage	7.4 V
Type designation	Lithium-ion

## 12. GUARANTEE / SERVICE

More information on the guarantee and guarantee conditions can be found in the guarantee leaflet supplied.

