

W6TB

Smart Bracelet

User Manual

IP67 Waterproof

APP Sync Settings

Features



TimeDisplay



Date/Day



12 Alarms



Stopwatch



Calories



Step Counter



Sleep Tracking



Vibration Reminder



Raise-to wake screen



Waterproof Design



Distance Tracking



App Support

Bracelet Instructions

Bracelet display order: (Press the button to scroll through:)

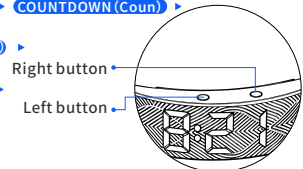
Time ▶ Date/Day ▶ STEP ▶ CALORIE (CALO) ▶ DISTANCE (DIST) ▶

SLEEP (SLEP) ▶ ALARM (AL) ▶ COUNTDOWN (Coun) ▶

Raise-to-wake screen (HON/OFF) ▶

12/24 TIME FORMAT (24/12-H) ▶

Vibration Level (VH/L/LL) ▶



Feature introduce and setting

The watch basic operation: Press the button swift functions or adjust numbers, hold the button into setting or confirm the settings.

1. **How to view time?** The watch display time, then display date.

How to set time? When display time, hold any button until the numbers are flashing, press button to adjust the correct time and hold button to confirm. The settings are Hour-Minute-Month-Date-Year.

2. **STEP:** Press button to check current steps. When display STEP, hold button then short press button to check the steps of 8 days.

3. **Default sleep tracking time:** 10:00 PM – 6:00 AM.

Sleep monitor: Press the button 6 times, when the watch displays SLEP, good means the sleeping of last night was good. nor is normal sleep. Poor is bad sleep.

4. **Alarm: Supports up to 12 alarms:** including the first 8 groups of ordinary alarm clocks A1-A8 and the last 4 groups of snooze alarm clocks AA, Ab, AC, and Ad.

Setting method: Press the button 7 times to display AL, hold button into A1--, hold button when "--" flashing, then short press the button to turn on alarm 1, when display ON, it means alarm 1 is turned on. Hold button into alarm 1 time

setting, press button to adjust time, hold button to confirm settings. It has 12 alarms.

Alarm Behavior:

When a normal alarm rings, press any button to stop it;

For snooze mode: Press any button → pauses for 15 seconds, then rings again; To fully stop it, shake the band up and down 15 times.

Weekly Alarm Settings (Customize Alarm Days)

By default, each alarm is set to repeat every day of the week (Monday through Sunday).

If you want to turn off specific days: Press the right button twice to enter the date display, after the date appears, the screen will switch to the day-of-week setting. Press and hold any button until the ON/OFF indicator starts flashing. Adjust settings: Press the left button to cycle through days: Mon, Tue, Wed, Thu, Fri, Sat, Sun. Press the right button to toggle: ON = alarm will ring on that day, OF = alarm is disabled for that day.

5. **When the screen display "Coun",** hold button until numbers are flashing, - press button to adjust time, hold button to confirm it and start counting up. The adjustable timer time is 1-99 minutes. When display count-up time, hold button until displaying "STOP", now timer is turned off.

6. **Smart Light:** Turn the wrist to see time. When display H ON/OFF, hold button until OF/ON flashing, press button to adjust, hold button to confirm. OF is turned off, ON is turned on.

7. **12/24 Hour Time format:** When display 12/24-H, press and hold the button to choose 12H time format or 24H time.

8. **Vibration Intensity Setting:** When the screen display VH/L/LL, hold any button until the letters flash, short press button to swift H/L/LL, hold button to confirm setting. H stands for strongest vibration, L stands for medium level, LL stands for the weakest vibration.

FCC Warning Statement:

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna.

Increase the separation between the equipment and receiver.

Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

Consult the dealer or an experienced radio/TV technician for help.

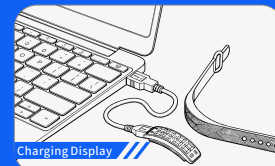
FCC Radiation Exposure Statement

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

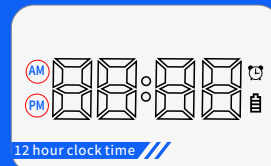
This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference

(2) This device must accept any interference received, including interference that may cause undesired operation.



Computers, plugs, power banks and other USB interfaces can charge the bracelet.



In the 12 hour clock, AM represents morning and PM represents afternoon



App Name: ATR-X

For Android phone download: Google Play

For iPhone download: APP Store

Wechat: ATRX

Guide for connecting the watch with mobile phones.

1. The watch can be connected with phones to synchronize time, set 12/24H time format, timer, alarms and edit reminding messages (only support editing up to 20 English characters on the phone APP). Meanwhile, user can set social media message reminding, check steps of 8 days and sleep status of 3 days.

2. After setting the timer, alarms, re-minding messages on APP, need to click One-Click Sync to synchronize the data to the watch.