Top panel for
InfraCouch
Red Lights



RED LIGHT COUCH

User manual

www.vacuactivus.com
www.cryonick.com

T6000 Plus

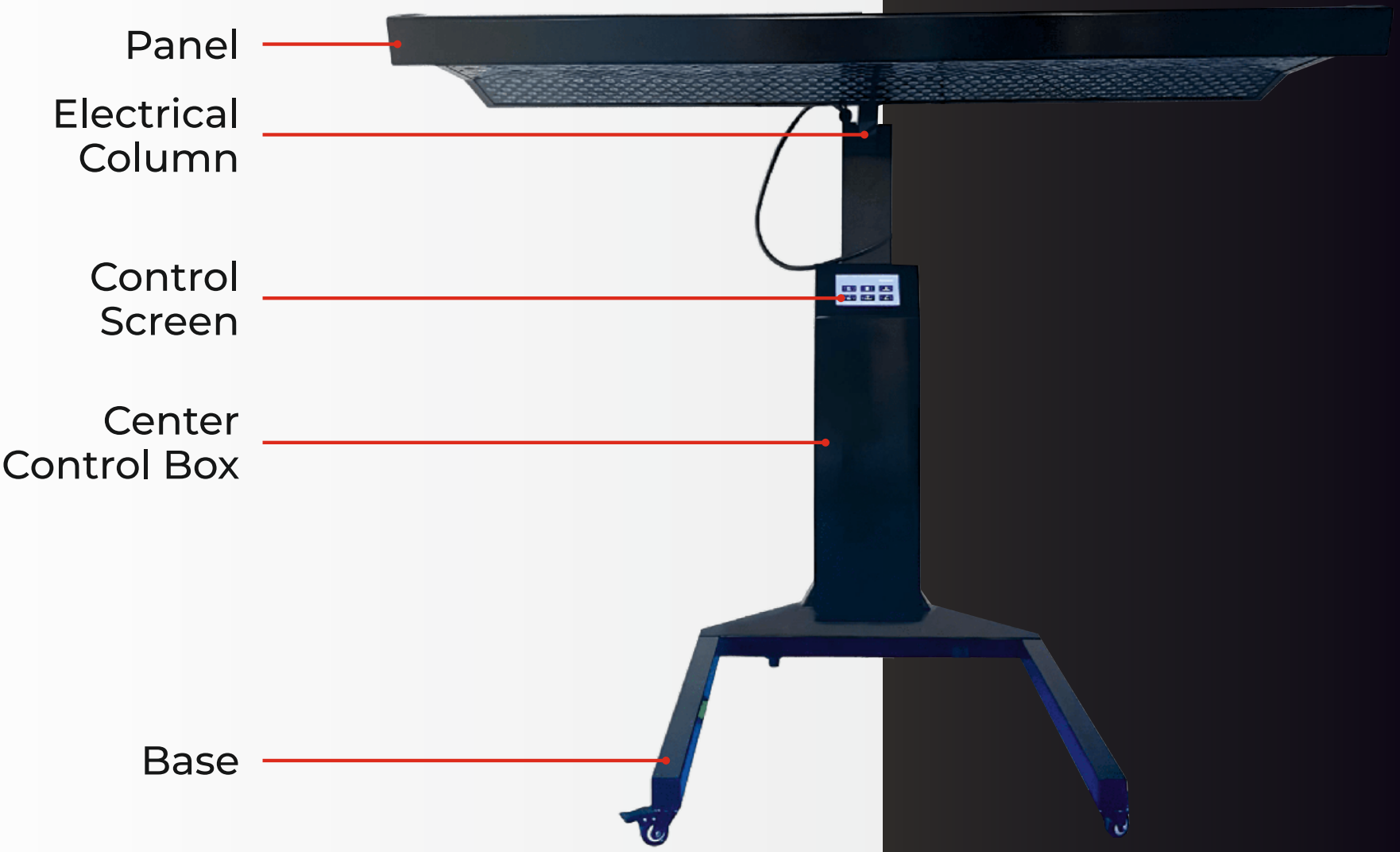


L(68.5)*W(41)*H(55)inch
630nm+660nm+810nm +830nm+850nm
150mW/c
1200W
Touch Control Screen
15’’
One Year

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RED LIGHT COUCH

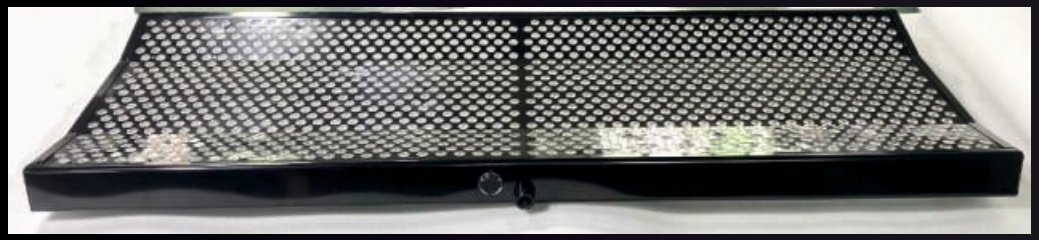
Series Panels Are Available in Black and White Color Options



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Pro Red light Therapy Accessories

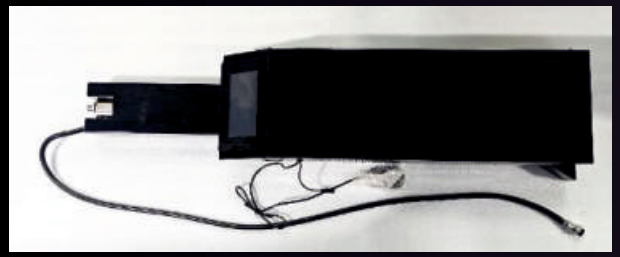
1.Red light Therapy panel



2. Electrical Column



3.Center Control Box



5. Accessories Bag



4.Base





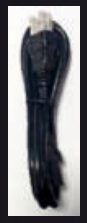
Base and center box connecting bolts



Electronical column and Center box connecting bolts



Limiting Bolts



Power cord



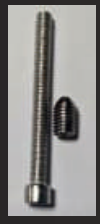
Allen wrench



Goggles



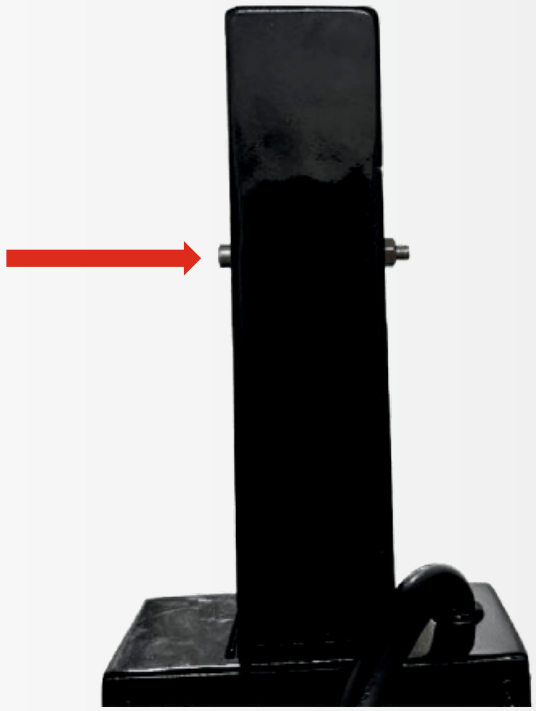
TENS Pad and connecting wire



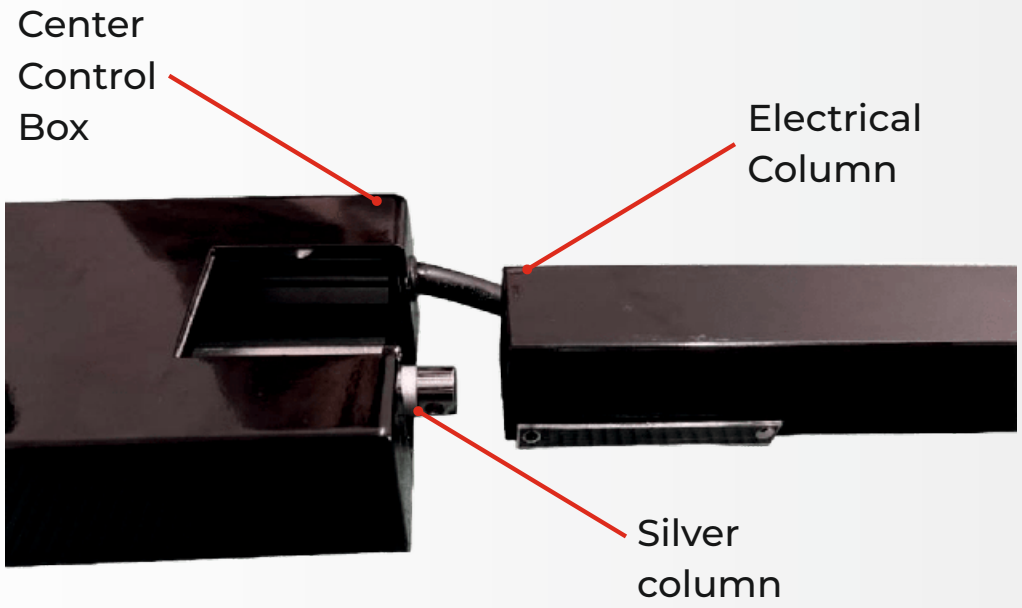
Spare parts

RED LIGHT COUCH

Panel Installing Steps



1.To insert the Electrical column into control box, The silver column need into the electrical column



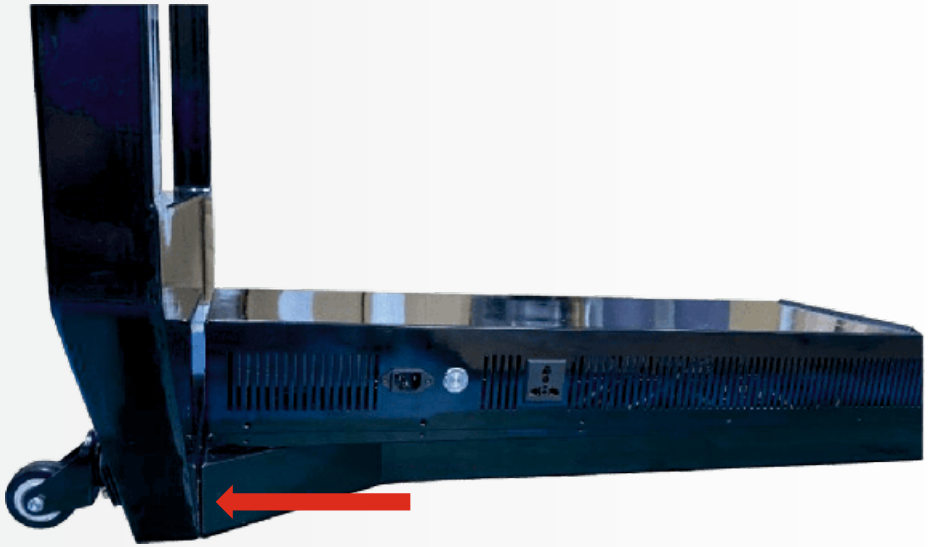
2.Adjust the electoral column and the silver column hole at the same Horizontal Line. To use the Bolts and Nuts to lock the electrical column and the silver column

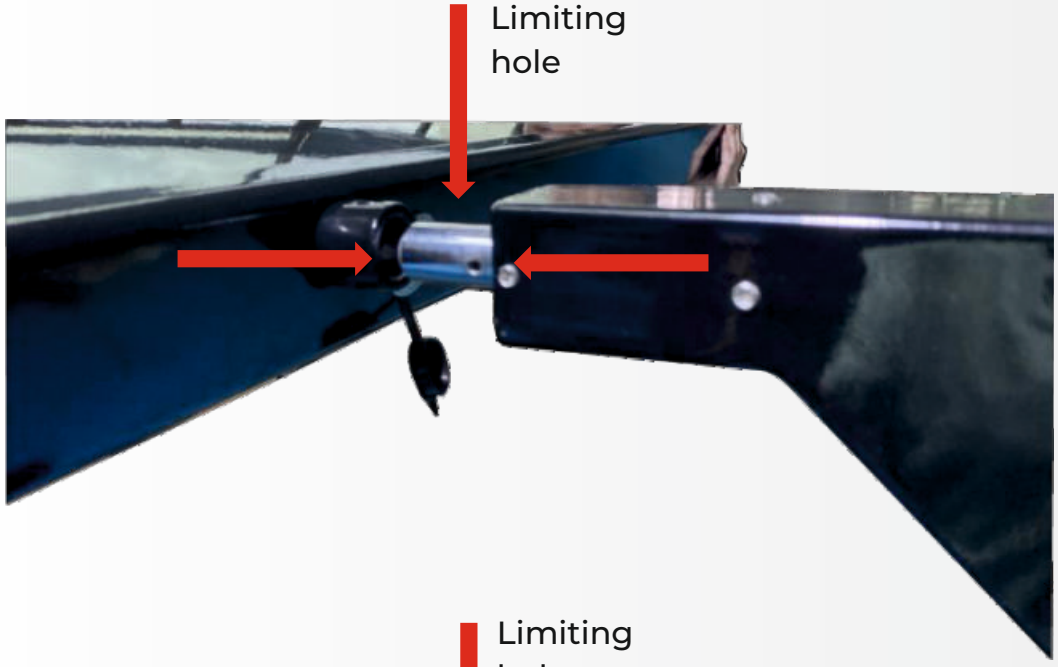
Installing Steps

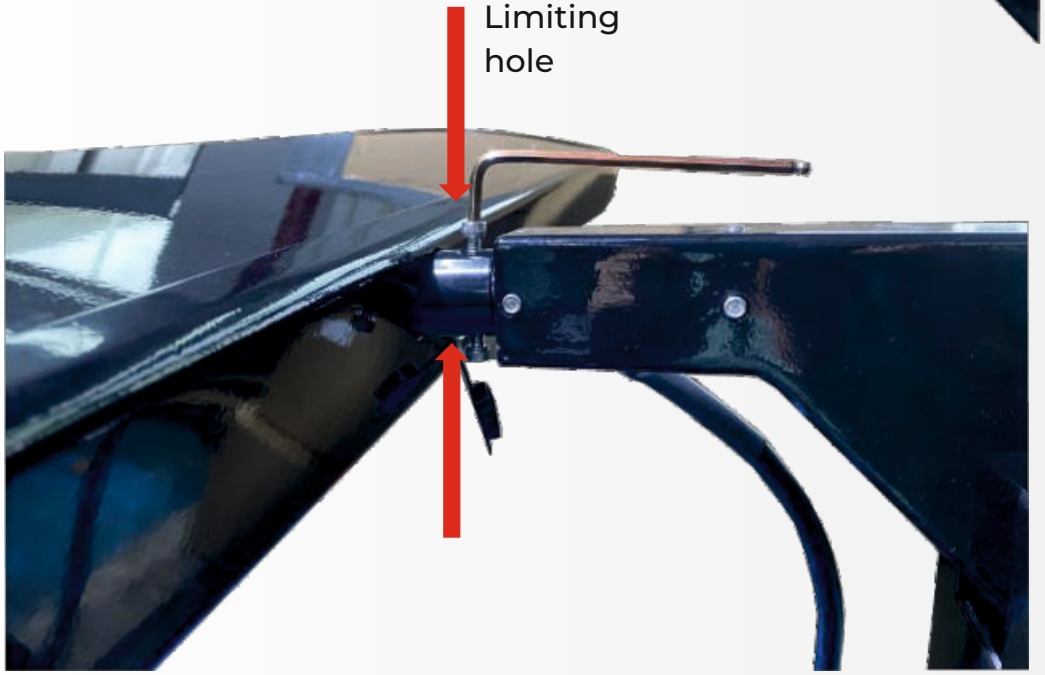
3. Place the central control box horizontally, and put the base vertically, as below.



4. Align hole position, To use the 8 Bolts to lock the center Control box and the base together.



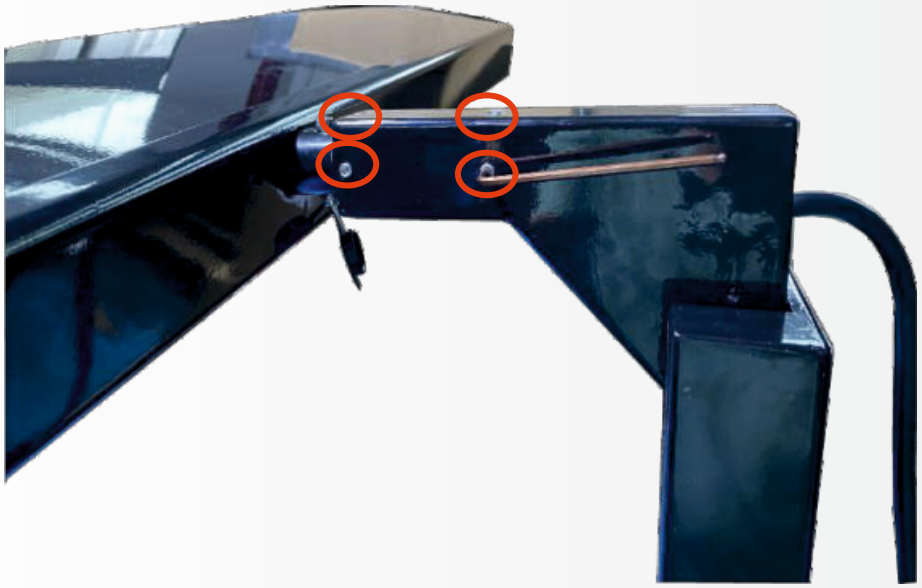


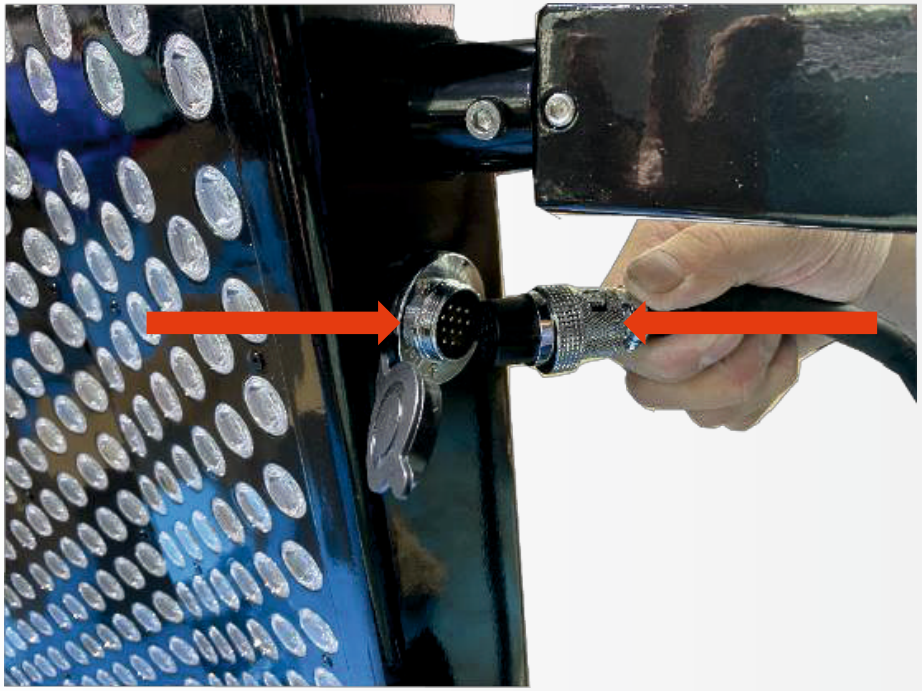


Installing Steps

5. Two men lift the panel, Align the middle hole with the silver
column, Insert into it.

6. Insert the two Bolts into Limiting holes, Tighten the bolts





Installing Steps

7. When you rotate the panel, if it is difficult to rotate, You can use Allen wrench to loosen the 8 bolts. If it is too easy to rotate, you can tighten the 8 bolts

8. Insert the power cord(from center control box) to the panel's port, and lock it.

Installing Steps

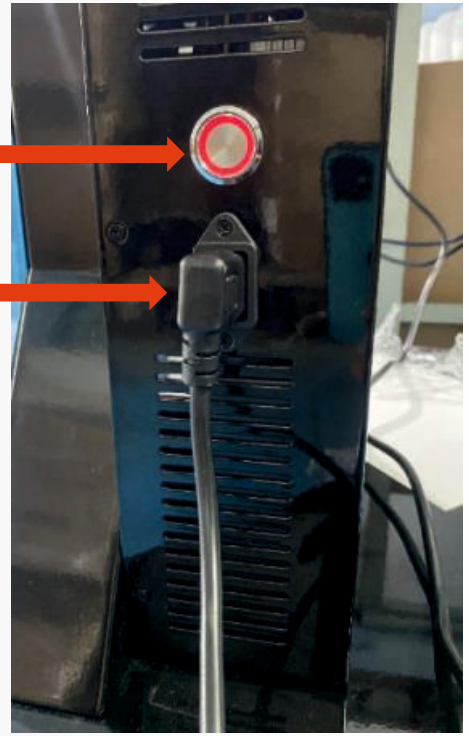
9. To insert the power cord one side into center control box power port, another side into wall outlet



10. Connect the power plug to the wall outlet and center control box power port. Press on main power key on the center control box, the device powered on

Main Power Key

Power port



After treatment finished, if you want to completely turn off the device you need press on the main power key to turn off.

Pulley base, free to move, it also can be locked



Free
move

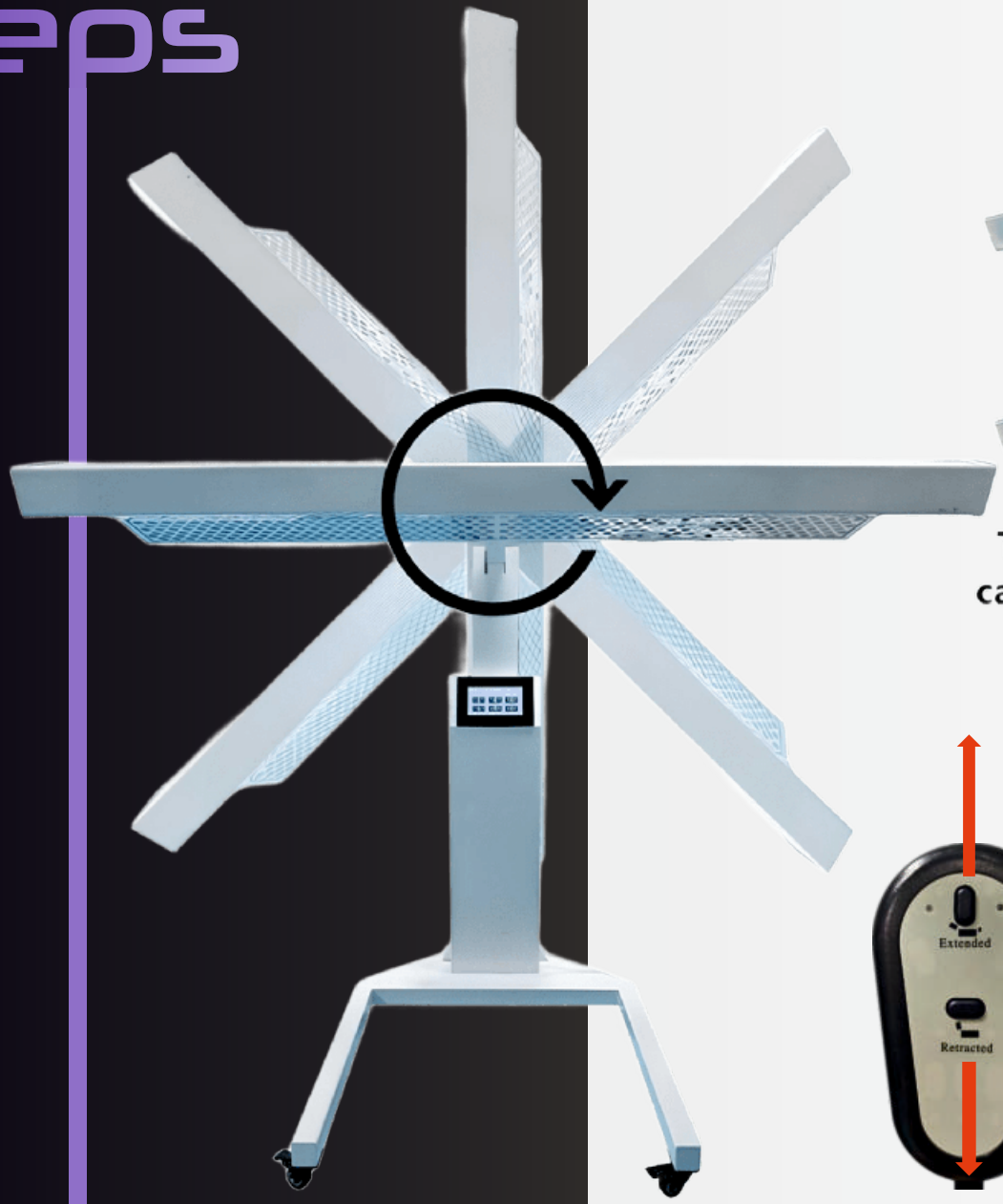


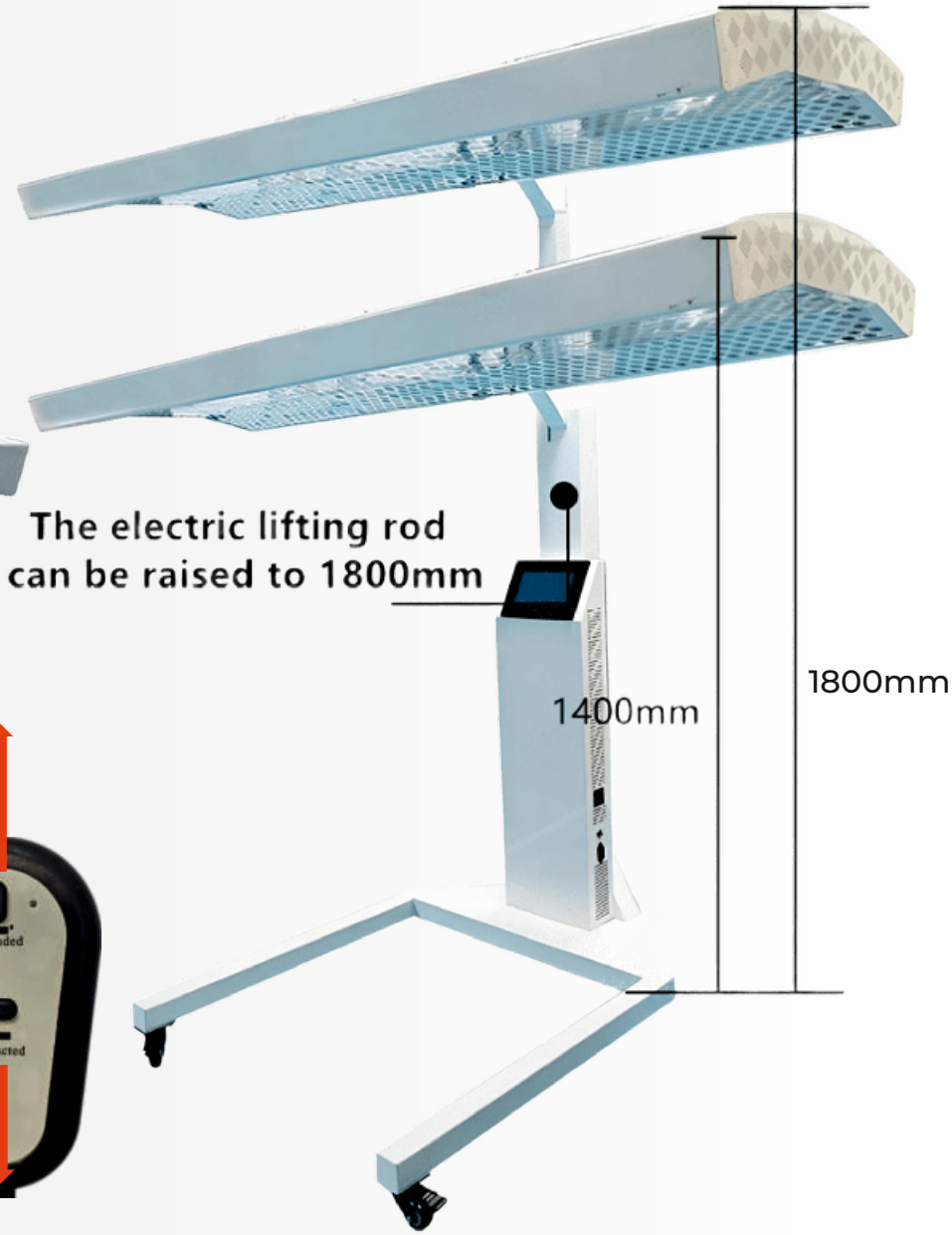
Press down
Lock it, can't move.

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Installing Steps

The LED Panel can 360° free rotating to any angle according to your requirement.







To adjust the panel height, when the distance between Panel and human body is 70cm, the irradiance is highest.
The treatment effect is the best.

The panel is curved design, the light is more concentrated



Plus Red Light Therapy Panel
DIY Touch Control System Instructions



Timer



Mode



Drimming



Pulse



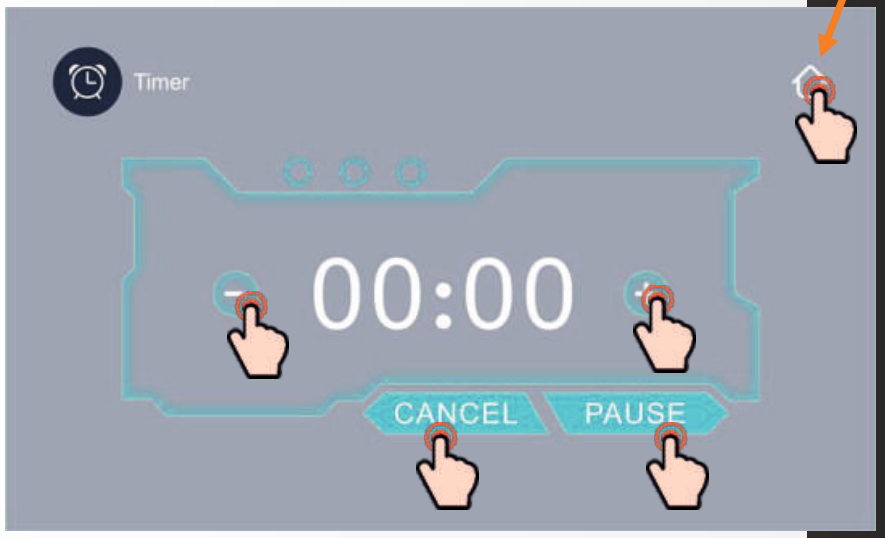
Tens pad



Music

RED LIGHT COUCH

Timer



Touch on home key, back to home page

You can touch on '+''-'to set per session treatment time 0-30 minutes. Touch on 'CANCEL' to cancel the timer setting. To touch on the 'PAUSE' when you want to leave, touch on 'PAUSE' again, it will continue timer.

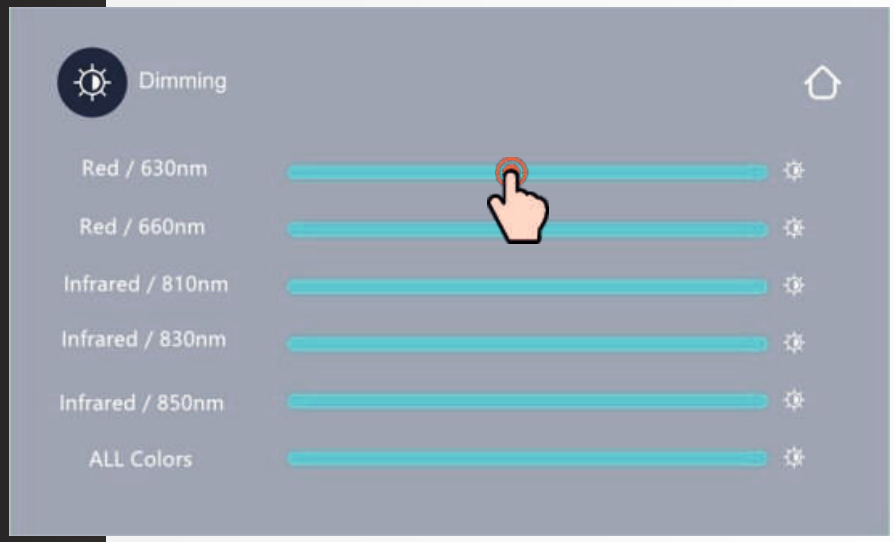
Mode



You can DIY to select the wavelength you need. Touch on the 'ON/OFF' can turn on/off all the wavelength lights. Note: The wavelength displayed on the screen is subject to the actual object you receive.

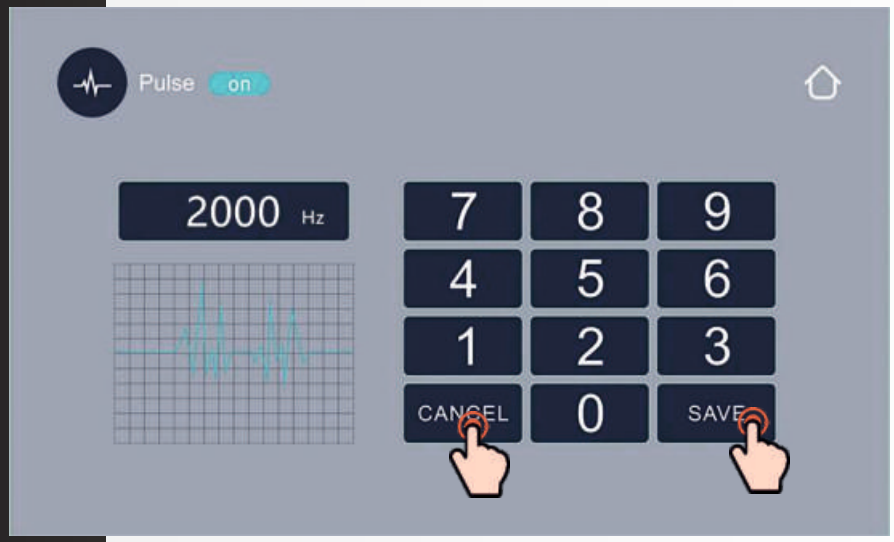
Dimming

You can slide your finger across the brightness bar to individually set each wavelength brightness. Note: The wavelength displayed on the screen is subject to the actual object you receive.



Pulse Mode

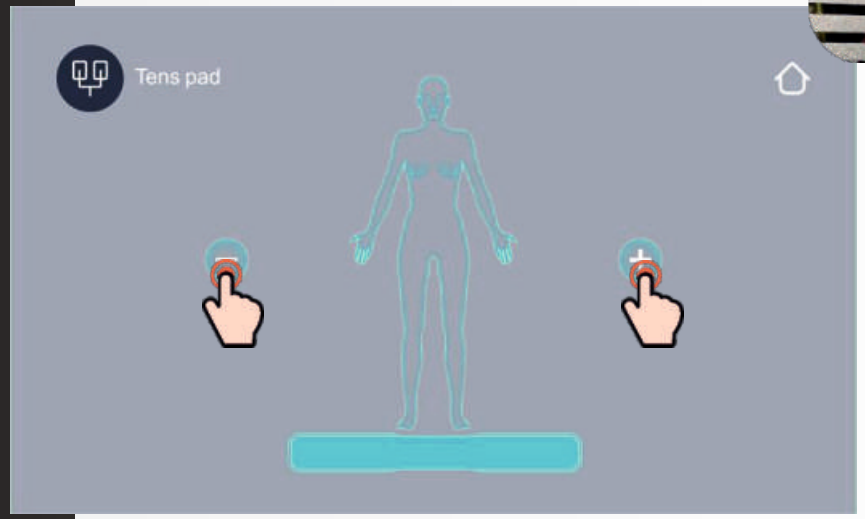
You can set 1Hz-2000Hz frequency pulse mode. Touch on ‘CANCEL’ to cancel default pulse mode frequency. Enter the pulse frequency value you want to set and touch on ‘SAVE’ , device will work on new frequency pulse mode. Commonly used frequencies are 10Hz and 40Hz



TENS PAD

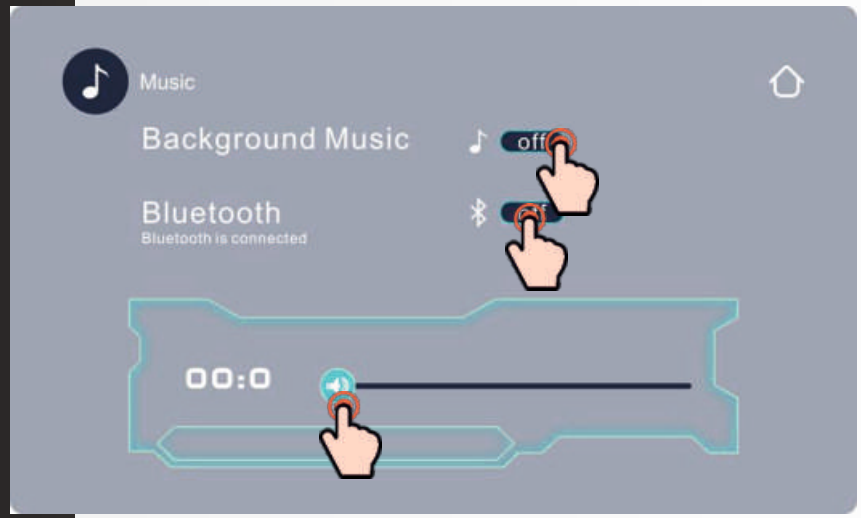


By using the grey TENS pad connecting wire to connect the TENS pad to TENS port. TENS port is place at the center control box side.
You can touch on ‘+’‘-’ increase or decrease the TENS pad treatment intensity 1-10 level.



Bluetooth Music Speaker

You can use your Phone/PAD to connect to the Red Light Therapy Panel’s Bluetooth music speaker to play your favorite music, Slide your finger to adjust the volume.





BLACK WAIST



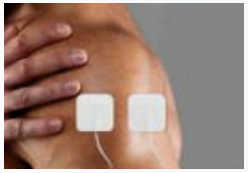
NECK



FOOT



ARM



SHOULDER



LEG



BACK



ABDOMEN



ELBOW



KNEE

Paste theTENS PAD on the muscular area of body.
Don't Paste TENS PAD on the bones.

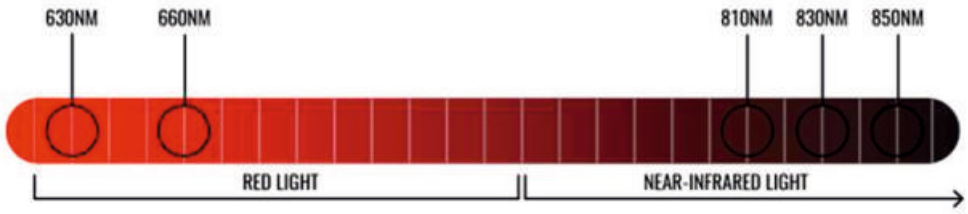
The TENS pad is not suitable for people with heart disease, Pacemaker installed, high blood pressure, and other neurological diseases, especially children and the elderly who need special attention.
If you experience any discomfort, turn it off immediately.

The TENS pad instruction

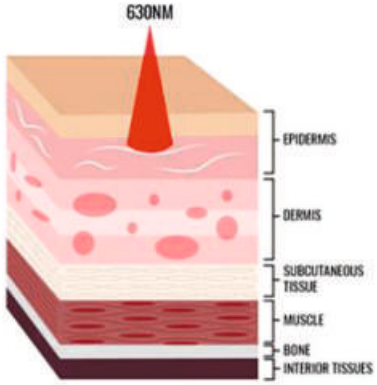
The human skin resistance is referenced to 1 megohm, and the TENS pad current is as follows

TENS PAD Intensity	TENS PAD Current
R01	3uA
R02	5uA
R03	8uA
R04	12uA
R05	15uA
R06	18uA
R07	22uA
R08	26uA
R09	30uA
R10	35uA

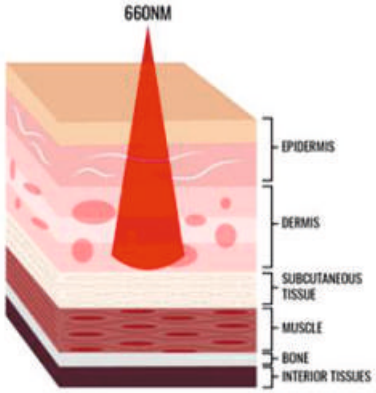
How to choose the wavelength?



630nm Wavelength Benefits

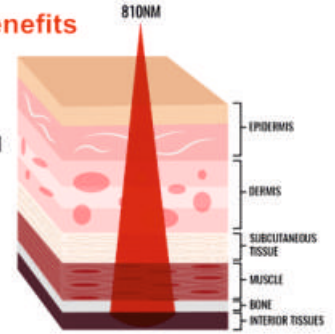


660nm Wavelength Benefits

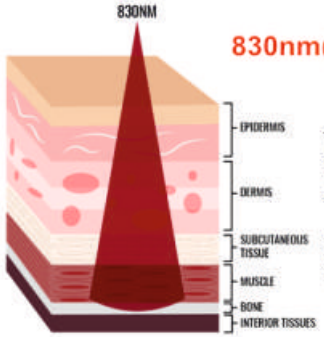


810nm(Near Infrared) Wavelength Benefits

The 810nm with an ablity to extend the skull intro brain,benefits of improving healing and recovery,recovery stroke in certain patient, recovery from traumatic brain injury, accelerated wound healing,and hair growth.



830nm(Near Infrared) Wavelength Benefits



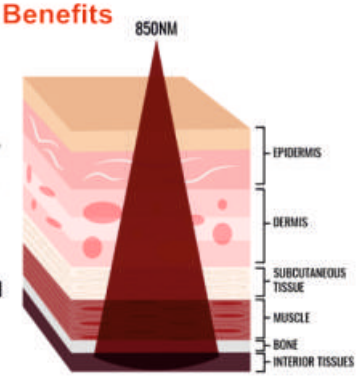
This wavelength is not absorbed by the body, it is able to penetrate deeper through skin and tissue.

Benefits of accelerated healing and reduce infection,improve bone recovery and growth.

850nm(Near Infrared) Wavelength Benefits

Near-infrared light wavelength is longer than red wavelenth,range 700-1000nm, which penetrate deeper into the tissue to the body's cells and pass through bone to assist with healing deeper wounds, muscle aches,nerve injury or joint pain.

Most of the people select the Near-infrared for treatment use.



1. For new customer, set 50% brightness, one session 10-15 minutes. After 2-3 session, when the customer get used to the panel, you increase the brightness to 100%, one session 30 minutes.
2. Different customer, the body condition is different, you can also set brightness according to customer's requirement.
3. For skin improves, you can choose only 630nm, or only 660nm, or 630+660 both.
4. For pain relief, enhance healing, health care, you can choose 810+830+850 combination.
5. If not have Specific purpose, you can choose 630+660+810+830+850 combination.
6. One treatment session should not exceed 30 minutes. You body can not absorb so many energy per day.
7. Do not advise to using the device on pregnant or children.
8. If the customer has other concerns, please consult their doctor first.

Using Guide

Frequently Asked Questions:

Is red light therapy safe? Are there any side effects?
This Red Light Therapy device uses only the red and near-infrared wavelengths that are clinically prevent to be effective and safe. However, we always recommend consulting with your healthcare provider for specific questions about any concerns or health conditions.

Will light therapy treatments cause detox symptoms?
It is possible that red light treatment can cause some detox-related symptoms while your body acclimates. If you experience these types of issues, we recommend stopping until the symptoms go away. Always start out with a lower time (10-15 mins) and intensity (10%-20% brightness) setting at first and increasing it over time.

Are the near infrared (NIR) lights not working?
NIR is just beyond the visible spectrum and is invisible to the naked eye. You will only actually be able to see a pink dot or a subtle pink glow emanating from the LEDs when they are on. Please be rest assured that there is significant amount of light energy from those LEDs and that your device is working correctly.

What is TENS massage therapy good for?
TENS is a noninvasive method for relieving pain by delivering small electrical impulses through electrodes with adhesive pads to attach them to a person' s skin.

Who is TENS not good for?
Pregnant women should avoid using TENS in the abdominal and pelvic regions, people with epilepsy who may have seizures and people with heart problems like a pacemaker or another type of electrical or metal implant should avoid using TENS.

RED LIGHT COUCH

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